

Grand Prix Puchar Polski
Lublin, 19- - 20-3-2016

Konkurencja 12
2016-03-19 - 11:08

M czyzn, 400m dowolny

OPEN
Wyniki

Punkty: FINA 2015

Pozycja			Wiek					Czas	Pkt.
1.	WOJDAK Wojciech		20	Unia O wi cim				3:54.40	827
	50m:	27.81 27.81	150m:	1:26.35 29.23	250m:	2:24.97 29.34	350m:	3:25.14 30.35	
	100m:	57.12 29.31	200m:	1:55.63 29.28	300m:	2:54.79 29.82	400m:	3:54.40 29.26	
2.	JURA Maciej		20	I sk Wrocław				3:58.23	788
	50m:	27.63 27.63	150m:	1:28.00 30.66	250m:	2:29.09 30.55	350m:	3:29.76 30.15	
	100m:	57.34 29.71	200m:	1:58.54 30.54	300m:	2:59.61 30.52	400m:	3:58.23 28.47	
3.	ARNDT Mateusz		18	Delfin Gdynia				4:01.48	756
	50m:	28.05 28.05	150m:	1:29.21 30.59	250m:	2:30.68 30.62	350m:	3:32.06 30.57	
	100m:	58.62 30.57	200m:	2:00.06 30.85	300m:	3:01.49 30.81	400m:	4:01.48 29.42	
4.	DUBIEL Adam		23	AZS AWF Warszawa				4:03.00	742
	50m:	27.89 27.89	150m:	1:28.23 30.42	250m:	2:29.68 30.66	350m:	3:32.17 31.31	
	100m:	57.81 29.92	200m:	1:59.02 30.79	300m:	3:00.86 31.18	400m:	4:03.00 30.83	
5.	OPALSKI Marcin		23	Warszawianka				4:04.16	732
	50m:	27.91 27.91	150m:	1:28.02 30.36	250m:	2:30.35 31.35	350m:	3:33.61 31.92	
	100m:	57.66 29.75	200m:	1:59.00 30.98	300m:	3:01.69 31.34	400m:	4:04.16 30.55	
6.	KLICH Kacper		22	I sk Wrocław				4:05.19	723
	50m:	28.18 28.18	150m:	1:29.63 30.94	250m:	2:32.57 31.36	350m:	3:35.20 31.40	
	100m:	58.69 30.51	200m:	2:01.21 31.58	300m:	3:03.80 31.23	400m:	4:05.19 29.99	
7.	STEPIE Konrad		20	AZS AWF Warszawa				4:05.68	718
	50m:	28.16 28.16	150m:	1:29.61 30.90	250m:	2:32.60 31.43	350m:	3:35.31 31.18	
	100m:	58.71 30.55	200m:	2:01.17 31.56	300m:	3:04.13 31.53	400m:	4:05.68 30.37	
8.	MAŁYSKA Bartosz SL		17	Skarpa Lublin				4:08.49	694
	50m:	29.08 29.08	150m:	1:31.68 31.50	250m:	2:35.04 31.98	350m:	3:38.36 31.50	
	100m:	1:00.18 31.10	200m:	2:03.06 31.38	300m:	3:06.86 31.82	400m:	4:08.49 30.13	
9.	NIEDZIAŁEK Dominik SL		18	Skarpa Lublin				4:08.98	690
	50m:	28.31 28.31	150m:	1:31.73 32.03	250m:	2:35.10 31.47	350m:	3:38.73 31.74	
	100m:	59.70 31.39	200m:	2:03.63 31.90	300m:	3:06.99 31.89	400m:	4:08.98 30.25	
10.	KACZOROWSKI Jakub		19	oliborz Warszawa				4:09.20	688
	50m:	28.80 28.80	150m:	1:31.35 31.43	250m:	2:34.53 31.49	350m:	3:38.10 31.71	
	100m:	59.92 31.12	200m:	2:03.04 31.69	300m:	3:06.39 31.86	400m:	4:09.20 31.10	
11.	KRASKA Jakub		16	Pi tka Konstantynów Ł.				4:10.16	680
	50m:	28.43 28.43	150m:	1:32.38 32.10	250m:	2:36.30 31.68	350m:	3:39.71 31.72	
	100m:	1:00.28 31.85	200m:	2:04.62 32.24	300m:	3:07.99 31.69	400m:	4:10.16 30.45	
12.	KACZMARSKI Marcin		22	AZS AWF Warszawa				4:10.60	677
	50m:	29.02 29.02	150m:	1:32.43 31.93	250m:	2:36.61 31.94	350m:	3:39.99 31.55	
	100m:	1:00.50 31.48	200m:	2:04.67 32.24	300m:	3:08.44 31.83	400m:	4:10.60 30.61	
13.	OLENDER Karol		20	AZS AWFis Gda sk				4:11.27	671
	50m:	29.49 29.49	150m:	1:33.11 31.94	250m:	2:36.69 31.56	350m:	3:40.42 31.67	
	100m:	1:01.17 31.68	200m:	2:05.13 32.02	300m:	3:08.75 32.06	400m:	4:11.27 30.85	
14.	KAROLCZAK Jan		15	BUKS Warszawa				4:12.21	664
	50m:	27.63 27.63	150m:	1:31.89 32.54	250m:	2:36.81 32.34	350m:	3:42.06 32.42	
	100m:	59.35 31.72	200m:	2:04.47 32.58	300m:	3:09.64 32.83	400m:	4:12.21 30.15	
15.	TRELA Karol SR		18	AZS AWF Katowice				4:16.53	631
	50m:	28.35 28.35	150m:	1:32.59 32.38	250m:	2:38.11 32.86	350m:	3:44.17 33.22	
	100m:	1:00.21 31.86	200m:	2:05.25 32.66	300m:	3:10.95 32.84	400m:	4:16.53 32.36	
16.	ZIAUKAS Simas		25	Kauno Centro SM				4:18.36	618
	50m:	28.95 28.95	150m:	1:33.14 32.37	250m:	2:38.58 33.08	350m:	3:45.46 33.59	
	100m:	1:00.77 31.82	200m:	2:05.50 32.36	300m:	3:11.87 33.29	400m:	4:18.36 32.90	
17.	FIKS Krzysztof		16	UKS 190 Łód				4:19.90	607
	50m:	30.06 30.06	150m:	1:36.56 33.89	250m:	2:43.51 33.89	350m:	3:50.31 33.52	
	100m:	1:02.67 32.61	200m:	2:09.62 33.06	300m:	3:16.79 33.28	400m:	4:19.90 29.59	

Grand Prix Puchar Polski
Lublin, 19- - 20-3-2016

Konkurencja 12, M czyzn, 400m dowolny, OPEN

Pozycja			Wiek				Czas		Pkt.																				
18.	U CIŁKO Michał	21	Juvenia Białystok	4:21.01	599	50m:	28.50	28.50	150m:	1:32.10	32.14	250m:	2:37.44	33.21	350m:	3:46.73	35.20	100m:	59.96	31.46	200m:	2:04.23	32.13	300m:	3:11.53	34.09	400m:	4:21.01	34.28
19.	WAWRZY CZAK Alan SL	17	Skarpa Lublin	4:25.15	571	50m:	30.46	30.46	150m:	1:37.02	33.67	250m:	2:44.99	34.03	350m:	3:53.52	34.53	100m:	1:03.35	32.89	200m:	2:10.96	33.94	300m:	3:18.99	34.00	400m:	4:25.15	31.63
20.	WO NIAK Maciej	16	UKS 190 Łódź	4:25.20	571	50m:	30.63	30.63	150m:	1:39.13	34.62	250m:	2:47.70	34.43	350m:	3:55.84	34.06	100m:	1:04.51	33.88	200m:	2:13.27	34.14	300m:	3:21.78	34.08	400m:	4:25.20	29.36
21.	CZERNIAK Konrad SL	18	Skarpa Lublin	4:26.07	565	50m:	30.03	30.03	150m:	1:37.34	33.75	250m:	2:44.95	33.70	350m:	3:52.45	34.26	100m:	1:03.59	33.56	200m:	2:11.25	33.91	300m:	3:18.19	33.24	400m:	4:26.07	33.62
22.	TARADY Jakub SZG	16	Korner Zielona Góra	4:26.50	563	50m:	29.64	29.64	150m:	1:37.39	34.41	250m:	2:46.31	34.73	350m:	3:55.04	34.12	100m:	1:02.98	33.34	200m:	2:11.58	34.19	300m:	3:20.92	34.61	400m:	4:26.50	31.46
23.	BEDNARZ Mateusz SL	17	Skarpa Lublin	4:27.09	559	50m:	31.53	31.53	150m:	1:39.97	34.57	250m:	2:48.35	34.19	350m:	3:56.08	33.52	100m:	1:05.40	33.87	200m:	2:14.16	34.19	300m:	3:22.56	34.21	400m:	4:27.09	31.01
24.	SOBEK Nikodem	14	Olimpijczyk 23 Lublin	4:27.46	557	50m:	31.44	31.44	150m:	1:39.86	33.98	250m:	2:48.38	34.12	350m:	3:56.11	33.71	100m:	1:05.88	34.44	200m:	2:14.26	34.40	300m:	3:22.40	34.02	400m:	4:27.46	31.35
25.	LATO Kacper SL	17	Skarpa Lublin	4:27.56	556	50m:	30.96	30.96	150m:	1:38.26	34.27	250m:	2:46.88	34.45	350m:	3:55.31	33.85	100m:	1:03.99	33.03	200m:	2:12.43	34.17	300m:	3:21.46	34.58	400m:	4:27.56	32.25
26.	MASIULIS Gedvydas	16	Kauno Centro SM	4:28.05	553	50m:	29.05	29.05	150m:	1:34.94	33.56	250m:	2:44.77	35.31	350m:	3:54.43	34.73	100m:	1:01.38	32.33	200m:	2:09.46	34.52	300m:	3:19.70	34.93	400m:	4:28.05	33.62
27.	KALINDRA Pijus	16	Kauno Centro SM	4:33.92	518	50m:	29.27	29.27	150m:	1:36.54	34.39	250m:	2:46.96	35.26	350m:	3:58.83	35.91	100m:	1:02.15	32.88	200m:	2:11.70	35.16	300m:	3:22.92	35.96	400m:	4:33.92	35.09
28.	KRZYMA SKI Kajetan	15	Gim 92 Ursynów W-wa	4:35.16	511	50m:	30.97	30.97	150m:	1:40.91	35.41	250m:	2:50.56	33.59	350m:	4:01.09	35.31	100m:	1:05.50	34.53	200m:	2:16.97	36.06	300m:	3:25.78	35.22	400m:	4:35.16	34.07
29.	LISAUSKAS Mantas	16	Kauno Centro SM	4:35.74	508	50m:	30.44	30.44	150m:	1:39.51	35.29	250m:	2:50.77	35.76	350m:	4:02.06	35.58	100m:	1:04.22	33.78	200m:	2:15.01	35.50	300m:	3:26.48	35.71	400m:	4:35.74	33.68
30.	SKUBA Marcin	18	Orka Zamo	4:36.36	504	50m:	30.99	30.99	150m:	1:40.79	35.02	250m:	2:51.27	35.27	350m:	4:02.44	36.04	100m:	1:05.77	34.78	200m:	2:16.00	35.21	300m:	3:26.40	35.13	400m:	4:36.36	33.92
31.	BARTNIK Mateusz	20	Olimpijczyk 23 Lublin	4:37.59	498	50m:	32.07	32.07	150m:	1:41.33	34.89	250m:	2:51.66	35.21	350m:	4:02.74	35.38	100m:	1:06.44	34.37	200m:	2:16.45	35.12	300m:	3:27.36	35.70	400m:	4:37.59	34.85
32.	KRAWCZAK Patryk	16	ak Biała Podl.	4:37.94	496	50m:	29.78	29.78	150m:	1:38.96	35.34	250m:	2:51.24	36.34	350m:	4:04.13	36.46	100m:	1:03.62	33.84	200m:	2:14.90	35.94	300m:	3:27.67	36.43	400m:	4:37.94	33.81
33.	SIEKACZY SKI Artur	14	Fala Kra nik	4:41.90	475	50m:	30.77	30.77	150m:	1:42.41	36.51	250m:	2:53.98	35.98	350m:	4:07.03	36.72	100m:	1:05.90	35.13	200m:	2:18.00	35.59	300m:	3:30.31	36.33	400m:	4:41.90	34.87
34.	WO NIAK Kamil	15	Wisła Puławy	4:42.13	474	50m:	32.63	32.63	150m:	1:43.77	35.74	250m:	2:55.87	36.09	350m:	4:07.58	35.58	100m:	1:08.03	35.40	200m:	2:19.78	36.01	300m:	3:32.00	36.13	400m:	4:42.13	34.55
35.	TARNAUSKAS Redas	15	Kauno Centro SM	4:48.80	442	50m:	31.03	31.03	150m:	1:43.54	36.57	250m:	2:58.81	37.70	350m:	4:13.90	37.62	100m:	1:06.97	35.94	200m:	2:21.11	37.57	300m:	3:36.28	37.47	400m:	4:48.80	34.90

Grand Prix Puchar Polski
Lublin, 19- - 20-3-2016

Konkurencja 12, M czynn, 400m dowolny, OPEN

Pozycja			Wiek				Czas	Pkt.
36.	KONCKI Bartłomiej		15	Wisła Puławy		4:51.17	431	
	50m:	32.93 32.93	150m:	1:46.30 36.93	250m:	3:00.93 37.30	350m:	4:15.32 36.96
	100m:	1:09.37 36.44	200m:	2:23.63 37.33	300m:	3:38.36 37.43	400m:	4:51.17 35.85
37.	DADOS Aleksander		15	Wisła Puławy		4:56.47	409	
	50m:	32.01 32.01	150m:	1:46.93 37.74	250m:	3:03.72 38.18	350m:	4:19.83 37.63
	100m:	1:09.19 37.18	200m:	2:25.54 38.61	300m:	3:42.20 38.48	400m:	4:56.47 36.64
38.	SZULIERZ Michał		15	Avia widnik		4:56.61	408	
	50m:	32.42 32.42	150m:	1:46.70 37.38	250m:	3:03.22 38.77	350m:	4:20.57 37.26
	100m:	1:09.32 36.90	200m:	2:24.45 37.75	300m:	3:43.31 40.09	400m:	4:56.61 36.04
39.	BO EK Filip		14	Fala Kra nik		5:12.50	349	
	50m:	34.16 34.16	150m:	1:53.63 40.61	250m:	3:13.85 40.14	350m:	4:34.67 40.29
	100m:	1:13.02 38.86	200m:	2:33.71 40.08	300m:	3:54.38 40.53	400m:	5:12.50 37.83
40.	MACHUL Aleksander		15	Wisła Puławy		5:27.39	303	
	50m:	34.77 34.77	150m:	1:57.07 41.51	250m:	3:21.47 41.48	350m:	4:46.86 42.33
	100m:	1:15.56 40.79	200m:	2:39.99 42.92	300m:	4:04.53 43.06	400m:	5:27.39 40.53