

Grand Prix Puchar Polski
Lublin, 19- - 20-3-2016

Konkurencja 22
2016-03-20 - 9:00

Kobiet, 400m zmienny

OPEN
Wyniki

Punkty: FINA 2015

Pozycja			Wiek				Czas				Pkt.
1.	TCHÓRZ Alicja		24 Juvenia Wrocław				4:52.07				776
	50m:	30.62 30.62	150m:	1:44.67 39.07	250m:	3:04.05 41.22	350m:	4:19.79 34.18	400m:	4:52.07 32.28	
	100m:	1:05.60 34.98	200m:	2:22.83 38.16	300m:	3:45.61 41.56					
2.	UKOWSKA Paula		23 Juvenia Wrocław				4:52.40				773
	50m:	30.93 30.93	150m:	1:43.39 37.36	250m:	3:04.66 44.42	350m:	4:20.91 32.49	400m:	4:52.40 31.49	
	100m:	1:06.03 35.10	200m:	2:20.24 36.85	300m:	3:48.42 43.76					
3.	ADAMCZYK Julia SL		17 AZS UMCS Lublin				4:59.72				718
	50m:	32.25 32.25	150m:	1:48.74 38.95	250m:	3:09.12 42.68	350m:	4:26.20 34.59	400m:	4:59.72 33.52	
	100m:	1:09.79 37.54	200m:	2:26.44 37.70	300m:	3:51.61 42.49					
4.	GRALEWSKA Kalina		20 Warszawianka				5:00.75				711
	50m:	31.28 31.28	150m:	1:46.90 39.06	250m:	3:08.36 42.94	350m:	4:27.16 34.59	400m:	5:00.75 33.59	
	100m:	1:07.84 36.56	200m:	2:25.42 38.52	300m:	3:52.57 44.21					
5.	PIECHOTA Paulina		17 UKS 190 Łódź				5:01.55				705
	50m:	32.27 32.27	150m:	1:49.14 39.67	250m:	3:11.04 43.93	350m:	4:28.93 33.67	400m:	5:01.55 32.62	
	100m:	1:09.47 37.20	200m:	2:27.11 37.97	300m:	3:55.26 44.22					
6.	JACEVICIUTE Ieva		15 Alytus SRC				5:13.25				629
	50m:	33.15 33.15	150m:	1:53.72 41.34	250m:	3:17.74 43.24	350m:	4:38.71 36.72	400m:	5:13.25 34.54	
	100m:	1:12.38 39.23	200m:	2:34.50 40.78	300m:	4:01.99 44.25					
7.	SAJECKA Zofia		18 Gim 92 Ursynów W-wa				5:16.28				611
	50m:	32.80 32.80	150m:	1:52.82 41.11	250m:	3:19.61 45.71	350m:	4:41.80 35.01	400m:	5:16.28 34.48	
	100m:	1:11.71 38.91	200m:	2:33.90 41.08	300m:	4:06.79 47.18					
8.	PAJ K Liliana SZG		17 Korner Zielona Góra				5:20.95				585
	50m:	33.58 33.58	150m:	1:54.69 40.19	250m:	3:20.39 46.40	350m:	4:44.61 37.74	400m:	5:20.95 36.34	
	100m:	1:14.50 40.92	200m:	2:33.99 39.30	300m:	4:06.87 46.48					
9.	LEWANDOWSKA Natalia SO		15 Unia O wi cim				5:26.06				557
	50m:	32.99 32.99	150m:	1:53.25 41.22	250m:	3:20.56 47.13	350m:	4:48.77 39.29	400m:	5:26.06 37.29	
	100m:	1:12.03 39.04	200m:	2:33.43 40.18	300m:	4:09.48 48.92					
10.	KRYPA Marta		14 Manta Warszawa-Włochy				5:26.97				553
	50m:	34.47 34.47	150m:	1:57.62 42.04	250m:	3:25.39 45.96	350m:	4:50.85 37.87	400m:	5:26.97 36.12	
	100m:	1:15.58 41.11	200m:	2:39.43 41.81	300m:	4:12.98 47.59					
11.	MIKOŁAJEK Aleksandra		16 Avia widnik				5:27.27				551
	50m:	34.21 34.21	150m:	1:59.68 44.65	250m:	3:27.86 45.31	350m:	4:51.23 37.61	400m:	5:27.27 36.04	
	100m:	1:15.03 40.82	200m:	2:42.55 42.87	300m:	4:13.62 45.76					
12.	MUDA Weronika SL		16 AZS UMCS Lublin				5:27.31				551
	50m:	33.81 33.81	150m:	1:57.19 43.01	250m:	3:24.81 45.73	350m:	4:49.79 38.27	400m:	5:27.31 37.52	
	100m:	1:14.18 40.37	200m:	2:39.08 41.89	300m:	4:11.52 46.71					
13.	WILCZEWSKA Aleksandra		14 Olimpia Lublin				5:31.00				533
	50m:	35.69 35.69	150m:	2:00.18 41.49	250m:	3:26.88 46.77	350m:	4:54.14 39.45	400m:	5:31.00 36.86	
	100m:	1:18.69 43.00	200m:	2:40.11 39.93	300m:	4:14.69 47.81					
14.	WIECZOREK Magdalena		18 Fala Kra nik				5:38.82				497
	50m:	34.29 34.29	150m:	2:02.07 44.71	250m:	3:31.13 46.33	350m:	4:59.54 39.49	400m:	5:38.82 39.28	
	100m:	1:17.36 43.07	200m:	2:44.80 42.73	300m:	4:20.05 48.92					