

Grand Prix Puchar Polski
Lublin, 19- - 20-3-2016

Konkurencja 23
2016-03-20 - 9:13

M czyzn, 400m zmienny

OPEN
Wyniki

Punkty: FINA 2015

Pozycja			Wiek						Czas	Pkt.
1.	SZWEDZKI Dawid		22		I sk Wrocław				4:26.81	763
	50m:	28.26 28.26	150m:	1:35.71 34.75	250m:	2:46.59 37.30	350m:	3:56.40 32.05		
	100m:	1:00.96 32.70	200m:	2:09.29 33.58	300m:	3:24.35 37.76	400m:	4:26.81 30.41		
2.	DUBIEL Adam		23		AZS AWF Warszawa				4:36.18	688
	50m:	27.85 27.85	150m:	1:34.65 34.46	250m:	2:48.45 39.66	350m:	4:03.58 33.49		
	100m:	1:00.19 32.34	200m:	2:08.79 34.14	300m:	3:30.09 41.64	400m:	4:36.18 32.60		
3.	LECHOWICZ Filip SO		19		Korona Kraków				4:41.47	650
	50m:	29.00 29.00	150m:	1:41.29 37.06	250m:	2:56.86 39.47	350m:	4:10.53 33.08		
	100m:	1:04.23 35.23	200m:	2:17.39 36.10	300m:	3:37.45 40.59	400m:	4:41.47 30.94		
4.	ŁAPOT RadosławSR		17		MOSM Katowice				4:42.75	641
	50m:	29.73 29.73	150m:	1:41.97 36.33	250m:	2:57.05 39.06	350m:	4:10.72 33.20		
	100m:	1:05.64 35.91	200m:	2:17.99 36.02	300m:	3:37.52 40.47	400m:	4:42.75 32.03		
5.	STEC Adam		19		MKP Szczecin				4:42.93	640
	50m:	29.62 29.62	150m:	1:39.25 35.20	250m:	2:54.75 41.44	350m:	4:09.75 32.71		
	100m:	1:04.05 34.43	200m:	2:13.31 34.06	300m:	3:37.04 42.29	400m:	4:42.93 33.18		
6.	ADAMCZYK Patryk SSz		19		MKP Szczecin				4:43.45	636
	50m:	28.51 28.51	150m:	1:39.74 37.52	250m:	2:58.26 41.88	350m:	4:13.24 32.60		
	100m:	1:02.22 33.71	200m:	2:16.38 36.64	300m:	3:40.64 42.38	400m:	4:43.45 30.21		
7.	BAŁABUCH Krystian		21		AZS AGH Kraków				4:43.83	634
	50m:	28.59 28.59	150m:	1:41.09 38.29	250m:	2:58.31 40.41	350m:	4:12.73 33.30		
	100m:	1:02.80 34.21	200m:	2:17.90 36.81	300m:	3:39.43 41.12	400m:	4:43.83 31.10		
8.	SOBCZYK Maciej		21		AZS AGH Kraków				4:46.95	613
	50m:	30.69 30.69	150m:	1:43.10 37.00	250m:	3:00.56 41.31	350m:	4:15.13 33.39		
	100m:	1:06.10 35.41	200m:	2:19.25 36.15	300m:	3:41.74 41.18	400m:	4:46.95 31.82		
9.	ZAKARAUSKAS Jonas		21		Kauno Centro SM				4:47.04	613
	50m:	27.94 27.94	150m:	1:39.89 38.99	250m:	3:00.46 41.94	350m:	4:15.72 32.01		
	100m:	1:00.90 32.96	200m:	2:18.52 38.63	300m:	3:43.71 43.25	400m:	4:47.04 31.32		
10.	KAROLCZAK Jan		15		BUKS Warszawa				4:48.01	606
	50m:	28.92 28.92	150m:	1:40.93 36.86	250m:	3:00.49 43.85	350m:	4:17.56 32.98		
	100m:	1:04.07 35.15	200m:	2:16.64 35.71	300m:	3:44.58 44.09	400m:	4:48.01 30.45		
11.	LITWA Krzysztof		20		AZS AGH Kraków				4:48.93	601
	50m:	28.96 28.96	150m:	1:40.74 38.00	250m:	2:59.41 41.69	350m:	4:16.23 34.22		
	100m:	1:02.74 33.78	200m:	2:17.72 36.98	300m:	3:42.01 42.60	400m:	4:48.93 32.70		
12.	PIETRZAK Dawid SSz		19		MKP Szczecin				4:49.20	599
	50m:	29.03 29.03	150m:	1:40.74 38.00	250m:	2:59.91 42.60	350m:	4:16.06 33.86		
	100m:	1:02.74 33.71	200m:	2:17.31 36.57	300m:	3:42.20 42.29	400m:	4:49.20 33.14		
13.	FIKS Krzysztof		16		UKS 190 Łód				4:52.23	580
	50m:	28.94 28.94	150m:	1:39.95 38.08	250m:	3:01.79 44.55	350m:	4:21.37 34.32		
	100m:	1:01.87 32.93	200m:	2:17.24 37.29	300m:	3:47.05 45.26	400m:	4:52.23 30.86		
14.	WO NIAK Maciej		16		UKS 190 Łód				4:52.28	580
	50m:	29.67 29.67	150m:	1:42.11 38.20	250m:	3:01.75 42.72	350m:	4:22.03 35.37		
	100m:	1:03.91 34.24	200m:	2:19.03 36.92	300m:	3:46.66 44.91	400m:	4:52.28 30.25		
15.	SOBEK Nikodem		14		Olimpijczyk 23 Lublin				4:54.55	567
	50m:	30.58 30.58	150m:	1:43.93 37.79	250m:	3:03.82 43.54	350m:	4:21.91 34.90		
	100m:	1:06.14 35.56	200m:	2:20.28 36.35	300m:	3:47.01 43.19	400m:	4:54.55 32.64		
16.	BISZKONT Damian		20		Avia widnik				4:59.55	539
	50m:	29.67 29.67	150m:	1:44.24 40.44	250m:	3:05.92 42.84	350m:	4:25.21 35.90		
	100m:	1:03.80 34.13	200m:	2:23.08 38.84	300m:	3:49.31 43.39	400m:	4:59.55 34.34		
17.	KOWALSKI Kacper		15		Gim 92 Ursynów W-wa				5:12.56	474
	50m:	31.18 31.18	150m:	1:47.63 39.27	250m:	3:12.99 46.69	350m:	4:36.92 37.19		
	100m:	1:08.36 37.18	200m:	2:26.30 38.67	300m:	3:59.73 46.74	400m:	5:12.56 35.64		

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Pozycja			Wiek				Czas		Pkt.
18.	JEDRZEJEWSKI Mateusz		16	GOS Raszyn				5:20.01	442
	50m: 31.82	31.82	150m: 1:52.87	43.07	250m: 3:19.90	45.35	350m: 4:44.17	38.40	
	100m: 1:09.80	37.98	200m: 2:34.55	41.68	300m: 4:05.77	45.87	400m: 5:20.01	35.84	
19.	WO NIAK Kamil		15	Wisła Puławy				5:23.32	428
	50m: 32.43	32.43	150m: 1:55.32	45.02	250m: 3:24.50	46.37	350m: 4:48.82	36.76	
	100m: 1:10.30	37.87	200m: 2:38.13	42.81	300m: 4:12.06	47.56	400m: 5:23.32	34.50	
20.	KRAWCZAK Patryk		16	ak Biała Podl.				5:23.71	427
	50m: 34.55	34.55	150m: 1:57.25	43.86	250m: 3:25.02	45.44	350m: 4:48.53	37.22	
	100m: 1:13.39	38.84	200m: 2:39.58	42.33	300m: 4:11.31	46.29	400m: 5:23.71	35.18	
21.	JEDRZEJEWSKI Albert		14	GOS Raszyn				5:31.69	397
	50m: 34.00	34.00	150m: 1:56.81	41.20	250m: 3:27.25	49.97	350m: 4:54.72	37.54	
	100m: 1:15.61	41.61	200m: 2:37.28	40.47	300m: 4:17.18	49.93	400m: 5:31.69	36.97	
22.	BO EK Filip		14	Fala Kra nik				5:59.25	312
	50m: 36.15	36.15	150m: 2:05.60	45.84	250m: 3:43.73	53.35	350m: 5:18.31	41.28	
	100m: 1:19.76	43.61	200m: 2:50.38	44.78	300m: 4:37.03	53.30	400m: 5:59.25	40.94	