



2016 Główny Mistrzostwa Województwa Lubelskiego
Lublin, 25- - 26-6-2016

Konkurencja 11
2016-06-25 - 11:55

Kobiet, 400m zmienny

12 lat i starsi
Wyniki

Rekord LOZP 4:53.06 ADAMCZYK Julia Szczecin 2016-05-28

Punkty: FINA 2016

Pozycja			Wiek				Czas		Pkt.
MŁODZIK									
1.	URAWSKA Kaja		13	Olimpia Lublin		5:43.22		478	
	50m: 36.74	36.74	150m: 2:04.94	44.91	250m: 3:36.61	48.81	350m: 5:05.58	40.22	
	100m: 1:20.03	43.29	200m: 2:47.80	42.86	300m: 4:25.36	48.75	400m: 5:43.22	37.64	
2.	LUTKIEWICZ Gabriela		13	Wisła Puławy		5:48.47		457	
	50m: 35.45	35.45	150m: 2:03.64	45.42	250m: 3:38.33	51.09	350m: 5:10.54	40.12	
	100m: 1:18.22	42.77	200m: 2:47.24	43.60	300m: 4:30.42	52.09	400m: 5:48.47	37.93	
3.	DRAGAN Julia		12	Lublinianka		6:03.05		404	
	50m: 40.75	40.75	150m: 2:19.04	47.91	250m: 3:55.92	50.13	350m: 5:25.63	39.37	
	100m: 1:31.13	50.38	200m: 3:05.79	46.75	300m: 4:46.26	50.34	400m: 6:03.05	37.42	
4.	WIKŁA Katarzyna		12	Lublinianka		6:21.03		349	
	50m: 43.64	43.64	150m: 2:27.38	49.11	250m: 4:05.33	49.71	350m: 5:40.09	43.24	
	100m: 1:38.27	54.63	200m: 3:15.62	48.24	300m: 4:56.85	51.52	400m: 6:21.03	40.94	
5.	BEDNARZ Julia		12	Orka Zamo		6:30.22		325	
	50m: 43.77	43.77	150m: 2:29.66	49.31	250m: 4:12.18	53.32	350m: 5:48.34	43.17	
	100m: 1:40.35	56.58	200m: 3:18.86	49.20	300m: 5:05.17	52.99	400m: 6:30.22	41.88	
6.	ROSI SKA Kornelia		13	Lublinianka		6:35.72		312	
	50m: 43.14	43.14	150m: 2:28.23	49.36	250m: 4:12.60	55.99	350m: 5:53.12	43.95	
	100m: 1:38.87	55.73	200m: 3:16.61	48.38	300m: 5:09.17	56.57	400m: 6:35.72	42.60	

JUNIOR

1.	WILCZEWSKA Aleksandra		14	Olimpia Lublin		5:23.48		571
	50m: 35.69	35.69	150m: 1:58.11	40.20	250m: 3:23.78	46.73	350m: 4:47.92	37.59
	100m: 1:17.91	42.22	200m: 2:37.05	38.94	300m: 4:10.33	46.55	400m: 5:23.48	35.56
2.	ŁYSAKOWSKA Julia SL		15	AZS UMCS Lublin		5:27.33		551
	50m: 34.73	34.73	150m: 1:58.67	43.11	250m: 3:27.33	49.40	350m: 4:52.77	37.04
	100m: 1:15.56	40.83	200m: 2:37.93	39.26	300m: 4:15.73	48.40	400m: 5:27.33	34.56
3.	TERLECKA Anna		14	Wodnik Krasnystaw		5:29.91		538
	50m: 34.12	34.12	150m: 1:59.23	44.19	250m: 3:24.95	43.82	350m: 4:51.61	41.28
	100m: 1:15.04	40.92	200m: 2:41.13	41.90	300m: 4:10.33	45.38	400m: 5:29.91	38.30
4.	MALINOWSKA Zuzanna		15	Olimpia Lublin		6:03.20		403
	50m: 36.44	36.44	150m: 2:06.41	45.50	250m: 3:45.39	54.28	350m: 5:21.86	42.20
	100m: 1:20.91	44.47	200m: 2:51.11	44.70	300m: 4:39.66	54.27	400m: 6:03.20	41.34

OPEN

1.	SAMUŁA Wiktoria SL		17	AZS UMCS Lublin		5:05.63		677
	50m: 31.48	31.48	150m: 1:48.50	40.73	250m: 3:09.34	41.14	350m: 4:30.10	38.26
	100m: 1:07.77	36.29	200m: 2:28.20	39.70	300m: 3:51.84	42.50	400m: 5:05.63	35.53
2.	OSINIAK Ewa		16	Olimpijczyk 23 Lublin		5:13.14		629
	50m: 33.29	33.29	150m: 1:53.41	40.68	250m: 3:18.67	45.15	350m: 4:38.87	34.88
	100m: 1:12.73	39.44	200m: 2:33.52	40.11	300m: 4:03.99	45.32	400m: 5:13.14	34.27
3.	MUDA Weronika SL		16	AZS UMCS Lublin		5:18.17		600
	50m: 33.65	33.65	150m: 1:55.34	42.98	250m: 3:20.90	43.93	350m: 4:42.14	36.79
	100m: 1:12.36	38.71	200m: 2:36.97	41.63	300m: 4:05.35	44.45	400m: 5:18.17	36.03
4.	WILCZEWSKA Aleksandra		14	Olimpia Lublin		5:23.48		571
	50m: 35.69	35.69	150m: 1:58.11	40.20	250m: 3:23.78	46.73	350m: 4:47.92	37.59
	100m: 1:17.91	42.22	200m: 2:37.05	38.94	300m: 4:10.33	46.55	400m: 5:23.48	35.56
5.	ŁYSAKOWSKA Julia SL		15	AZS UMCS Lublin		5:27.33		551
	50m: 34.73	34.73	150m: 1:58.67	43.11	250m: 3:27.33	49.40	350m: 4:52.77	37.04
	100m: 1:15.56	40.83	200m: 2:37.93	39.26	300m: 4:15.73	48.40	400m: 5:27.33	34.56



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Konkurencja 11, Kobiet, 400m zmienny, OPEN

Pozycja			Wiek				Czas	Pkt.
6.	TERLECKA Anna	14	Wodnik Krasnystaw		5:29.91	538		
	50m: 34.12 34.12	150m: 1:59.23	44.19	250m: 3:24.95	43.82	350m: 4:51.61	41.28	
	100m: 1:15.04 40.92	200m: 2:41.13	41.90	300m: 4:10.33	45.38	400m: 5:29.91	38.30	
7.	MIKOŁAJEK Aleksandra	16	Avia widnik		5:36.13	509		
	50m: 35.43 35.43	150m: 2:02.74	45.80	250m: 3:32.57	46.19	350m: 4:59.01	39.32	
	100m: 1:16.94 41.51	200m: 2:46.38	43.64	300m: 4:19.69	47.12	400m: 5:36.13	37.12	
8.	URAWSKA Kaja	13	Olimpia Lublin		5:43.22	478		
	50m: 36.74 36.74	150m: 2:04.94	44.91	250m: 3:36.61	48.81	350m: 5:05.58	40.22	
	100m: 1:20.03 43.29	200m: 2:47.80	42.86	300m: 4:25.36	48.75	400m: 5:43.22	37.64	
9.	LUTKIEWICZ Gabriela	13	Wisła Puławy		5:48.47	457		
	50m: 35.45 35.45	150m: 2:03.64	45.42	250m: 3:38.33	51.09	350m: 5:10.54	40.12	
	100m: 1:18.22 42.77	200m: 2:47.24	43.60	300m: 4:30.42	52.09	400m: 5:48.47	37.93	
10.	DRAGAN Julia	12	Lublinianka		6:03.05	404		
	50m: 40.75 40.75	150m: 2:19.04	47.91	250m: 3:55.92	50.13	350m: 5:25.63	39.37	
	100m: 1:31.13 50.38	200m: 3:05.79	46.75	300m: 4:46.26	50.34	400m: 6:03.05	37.42	
11.	MALINOWSKA Zuzanna	15	Olimpia Lublin		6:03.20	403		
	50m: 36.44 36.44	150m: 2:06.41	45.50	250m: 3:45.39	54.28	350m: 5:21.86	42.20	
	100m: 1:20.91 44.47	200m: 2:51.11	44.70	300m: 4:39.66	54.27	400m: 6:03.20	41.34	
12.	WIKŁA Katarzyna	12	Lublinianka		6:21.03	349		
	50m: 43.64 43.64	150m: 2:27.38	49.11	250m: 4:05.33	49.71	350m: 5:40.09	43.24	
	100m: 1:38.27 54.63	200m: 3:15.62	48.24	300m: 4:56.85	51.52	400m: 6:21.03	40.94	
13.	BEDNARZ Julia	12	Orka Zamo		6:30.22	325		
	50m: 43.77 43.77	150m: 2:29.66	49.31	250m: 4:12.18	53.32	350m: 5:48.34	43.17	
	100m: 1:40.35 56.58	200m: 3:18.86	49.20	300m: 5:05.17	52.99	400m: 6:30.22	41.88	
14.	ROSI SKA Kornelia	13	Lublinianka		6:35.72	312		
	50m: 43.14 43.14	150m: 2:28.23	49.36	250m: 4:12.60	55.99	350m: 5:53.12	43.95	
	100m: 1:38.87 55.73	200m: 3:16.61	48.38	300m: 5:09.17	56.57	400m: 6:35.72	42.60	
PK	KOWALSKA Dominika	16	Trójka Łód		5:20.65	586		
	50m: 33.71 33.71	150m: 1:57.01	44.87	250m: 3:23.36	43.66	350m: 4:44.39	36.54	
	100m: 1:12.14 38.43	200m: 2:39.70	42.69	300m: 4:07.85	44.49	400m: 5:20.65	36.26	
PK	KRÓL Oliwia	17	Trójka Łód		5:23.28	572		
	50m: 33.41 33.41	150m: 1:56.15	44.42	250m: 3:24.74	46.28	350m: 4:48.28	36.74	
	100m: 1:11.73 38.32	200m: 2:38.46	42.31	300m: 4:11.54	46.80	400m: 5:23.28	35.00	
PK	MISIORNY Anna	16	Trójka Łód		5:33.96	519		
	50m: 35.90 35.90	150m: 2:01.03	44.47	250m: 3:30.57	47.69	350m: 4:56.58	38.57	
	100m: 1:16.56 40.66	200m: 2:42.88	41.85	300m: 4:18.01	47.44	400m: 5:33.96	37.38	
PK	DESZCZKA Laura	15	Trójka Łód		5:39.32	495		
	50m: 37.53 37.53	150m: 2:03.87	44.31	250m: 3:34.74	48.25	350m: 5:01.60	39.08	
	100m: 1:19.56 42.03	200m: 2:46.49	42.62	300m: 4:22.52	47.78	400m: 5:39.32	37.72	
PK	CERLICH Oliwia	14	Ikar Mielec		5:42.41	481		
	50m: 36.67 36.67	150m: 2:05.64	44.80	250m: 3:39.42	50.80	350m: 5:06.48	37.01	
	100m: 1:20.84 44.17	200m: 2:48.62	42.98	300m: 4:29.47	50.05	400m: 5:42.41	35.93	
PK	KACPRZAK Patrycja	16	Trójka Łód		5:49.65	452		
	50m: 38.45 38.45	150m: 2:10.97	47.05	250m: 3:44.63	48.15	350m: 5:11.54	38.86	
	100m: 1:23.92 45.47	200m: 2:56.48	45.51	300m: 4:32.68	48.05	400m: 5:49.65	38.11	
PK	JARZ BEK Natalia	15	Trójka Łód		5:50.67	448		
	50m: 39.21 39.21	150m: 2:11.05	47.78	250m: 3:44.68	48.38	350m: 5:12.82	39.99	
	100m: 1:23.27 44.06	200m: 2:56.30	45.25	300m: 4:32.83	48.15	400m: 5:50.67	37.85	