



2016 Główny Mistrzostwa Województwa Lubelskiego
Lublin, 25- - 26-6-2016

Konkurencja 12
2016-06-25 - 12:15

M czynn, 400m zmienny

12 lat i starsi
Wyniki

Rekord LOZP 4:19.87 WITKOWSKI Jan Szczecin 2016-05-28

Punkty: FINA 2016

Pozycja	Wiek	Czas	Pkt.
MŁODZIK			
1. UŁANOWICZ Piotr	13 Lublinianka	5:30.86	400
50m: 35.34 35.34	150m: 1:58.81 41.96	250m: 3:27.50 47.76	350m: 4:52.72 38.60
100m: 1:16.85 41.51	200m: 2:39.74 40.93	300m: 4:14.12 46.62	400m: 5:30.86 38.14
2. ADAMCZYK Jan	13 Lublinianka	5:51.71	333
50m: 39.24 39.24	150m: 2:09.36 45.78	250m: 3:41.37 48.36	350m: 5:11.70 40.58
100m: 1:23.58 44.34	200m: 2:53.01 43.65	300m: 4:31.12 49.75	400m: 5:51.71 40.01
3. ZUBRZYCKI Kacper	12 Wisła Puławy	6:01.63	306
50m: 37.55 37.55	150m: 2:09.44 46.60	250m: 3:45.23 51.20	350m: 5:20.90 42.40
100m: 1:22.84 45.29	200m: 2:54.03 44.59	300m: 4:38.50 53.27	400m: 6:01.63 40.73

JUNIOR

1. WO NIAK Kamil	15 Wisła Puławy	5:11.06	481
50m: 31.86 31.86	150m: 1:52.03 42.75	250m: 3:17.68 44.06	350m: 4:38.02 35.00
100m: 1:09.28 37.42	200m: 2:33.62 41.59	300m: 4:03.02 45.34	400m: 5:11.06 33.04
2. DADOS Aleksander	15 Wisła Puławy	5:26.83	415
50m: 34.19 34.19	150m: 1:56.86 42.89	250m: 3:25.08 46.99	350m: 4:50.90 37.76
100m: 1:13.97 39.78	200m: 2:38.09 41.23	300m: 4:13.14 48.06	400m: 5:26.83 35.93

OPEN

1. MISIARZ Adrian	18 Sparta Biłgoraj	5:02.62	523
50m: 29.70 29.70	150m: 1:46.35 41.96	250m: 3:09.07 41.51	350m: 4:27.98 36.36
100m: 1:04.39 34.69	200m: 2:27.56 41.21	300m: 3:51.62 42.55	400m: 5:02.62 34.64
2. LIS Patryk	18 Avia widnik	5:06.75	502
50m: 30.45 30.45	150m: 1:46.77 40.59	250m: 3:11.25 44.48	350m: 4:32.61 36.70
100m: 1:06.18 35.73	200m: 2:26.77 40.00	300m: 3:55.91 44.66	400m: 5:06.75 34.14
3. WO NIAK Kamil	15 Wisła Puławy	5:11.06	481
50m: 31.86 31.86	150m: 1:52.03 42.75	250m: 3:17.68 44.06	350m: 4:38.02 35.00
100m: 1:09.28 37.42	200m: 2:33.62 41.59	300m: 4:03.02 45.34	400m: 5:11.06 33.04
4. MASIĄK Mateusz	16 Fala Kra nik	5:19.53	444
50m: 33.49 33.49	150m: 1:54.19 41.60	250m: 3:20.49 46.83	350m: 4:45.28 37.51
100m: 1:12.59 39.10	200m: 2:33.66 39.47	300m: 4:07.77 47.28	400m: 5:19.53 34.25
5. DADOS Aleksander	15 Wisła Puławy	5:26.83	415
50m: 34.19 34.19	150m: 1:56.86 42.89	250m: 3:25.08 46.99	350m: 4:50.90 37.76
100m: 1:13.97 39.78	200m: 2:38.09 41.23	300m: 4:13.14 48.06	400m: 5:26.83 35.93
6. UŁANOWICZ Piotr	13 Lublinianka	5:30.86	400
50m: 35.34 35.34	150m: 1:58.81 41.96	250m: 3:27.50 47.76	350m: 4:52.72 38.60
100m: 1:16.85 41.51	200m: 2:39.74 40.93	300m: 4:14.12 46.62	400m: 5:30.86 38.14
7. KRAWCZAK Patryk	16 ak Biała Podl.	5:34.70	386
50m: 34.14 34.14	150m: 2:01.11 45.31	250m: 3:30.36 46.31	350m: 4:57.66 39.47
100m: 1:15.80 41.66	200m: 2:44.05 42.94	300m: 4:18.19 47.83	400m: 5:34.70 37.04
8. ADAMCZYK Jan	13 Lublinianka	5:51.71	333
50m: 39.24 39.24	150m: 2:09.36 45.78	250m: 3:41.37 48.36	350m: 5:11.70 40.58
100m: 1:23.58 44.34	200m: 2:53.01 43.65	300m: 4:31.12 49.75	400m: 5:51.71 40.01
9. ZUBRZYCKI Kacper	12 Wisła Puławy	6:01.63	306
50m: 37.55 37.55	150m: 2:09.44 46.60	250m: 3:45.23 51.20	350m: 5:20.90 42.40
100m: 1:22.84 45.29	200m: 2:54.03 44.59	300m: 4:38.50 53.27	400m: 6:01.63 40.73



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PK KAŁUSOWSKI Jan	16	Trójka Łód	4:39.05	667		
50m: 29.88 29.88	150m: 1:40.75	37.17	250m: 2:56.30	39.30	350m: 4:08.16	32.76
100m: 1:03.58 33.70	200m: 2:17.00	36.25	300m: 3:35.40	39.10	400m: 4:39.05	30.89
PK CERLICH Maksymilian	16	Ikar Mielec	4:56.05	558		
50m: 30.27 30.27	150m: 1:45.36	39.43	250m: 3:05.13	41.85	350m: 4:22.26	35.71
100m: 1:05.93 35.66	200m: 2:23.28	37.92	300m: 3:46.55	41.42	400m: 4:56.05	33.79
PK URYNIUK Paweł	13	BUKS Warszawa	4:56.34	557		
50m: 30.28 30.28	150m: 1:45.62	39.72	250m: 3:06.36	41.96	350m: 4:23.55	34.22
100m: 1:05.90 35.62	200m: 2:24.40	38.78	300m: 3:49.33	42.97	400m: 4:56.34	32.79
PK BALCERAK Jakub	16	Trójka Łód	5:03.48	518		
50m: 32.18 32.18	150m: 1:50.74	40.07	250m: 3:14.89	46.18	350m: 4:32.91	30.49
100m: 1:10.67 38.49	200m: 2:28.71	37.97	300m: 4:02.42	47.53	400m: 5:03.48	30.57
PK FAJKOWSKI Piotr	15	Trójka Łód	5:05.48	508		
50m: 33.63 33.63	150m: 1:52.18	40.06	250m: 3:14.30	44.56	350m: 4:33.20	34.72
100m: 1:12.12 38.49	200m: 2:29.74	37.56	300m: 3:58.48	44.18	400m: 5:05.48	32.28
PK CIESZKO Mateusz	15	Trójka Łód	5:09.12	490		
50m: 31.58 31.58	150m: 1:50.22	41.57	250m: 3:15.67	45.49	350m: 4:35.62	35.44
100m: 1:08.65 37.07	200m: 2:30.18	39.96	300m: 4:00.18	44.51	400m: 5:09.12	33.50
PK KSI NICKI Dawid	14	Ikar Mielec	5:09.90	487		
50m: 32.43 32.43	150m: 1:52.59	42.39	250m: 3:16.71	43.55	350m: 4:36.03	36.05
100m: 1:10.20 37.77	200m: 2:33.16	40.57	300m: 3:59.98	43.27	400m: 5:09.90	33.87
PK KRYSIAK Michał	15	Trójka Łód	5:13.29	471		
50m: 32.04 32.04	150m: 1:51.63	42.17	250m: 3:19.48	47.46	350m: 4:40.18	34.11
100m: 1:09.46 37.42	200m: 2:32.02	40.39	300m: 4:06.07	46.59	400m: 5:13.29	33.11
PK WIEK Wiktor	13	BUKS Warszawa	5:16.01	459		
50m: 31.16 31.16	150m: 1:51.62	43.24	250m: 3:20.52	46.90	350m: 4:41.68	34.26
100m: 1:08.38 37.22	200m: 2:33.62	42.00	300m: 4:07.42	46.90	400m: 5:16.01	34.33
PK ZARYCHTA Marcel	13	Barakuda Starachowice	5:46.03	349		
50m: 36.78 36.78	150m: 2:02.96	43.37	250m: 3:37.51	51.43	350m: 5:07.73	39.18
100m: 1:19.59 42.81	200m: 2:46.08	43.12	300m: 4:28.55	51.04	400m: 5:46.03	38.30