

2016 Letnie Mistrzostwa Polski Juniorów 15 lat
Lublin, 15- - 17-7-2016

Konkurencja 12
2016-07-15 - 18:54

Chłopców, 400m zmienny

15 lat
Wyniki Finał

RP 15 lat 4:30.55 KAŁUSOWSKI Jan 00905 Ostrowiec Sw 2015-07-10

Punkty: FINA 2016

Pozycja			Wiek							Czas	Pkt.
Finał A											
1.	WARZOCHA Albert		15	Warta Pozna						4:39.23	665
	50m: 28.97	28.97	150m: 1:40.21	37.33	250m: 2:55.52	39.47	350m: 4:07.55	32.27			
	100m: 1:02.88	33.91	200m: 2:16.05	35.84	300m: 3:35.28	39.76	400m: 4:39.23	31.68			
2.	DUBAS Mateusz		15	Pi tka Chorzów						4:43.20	638
	50m: 29.40	29.40	150m: 1:41.00	37.75	250m: 2:55.84	37.91	350m: 4:09.64	34.53			
	100m: 1:03.25	33.85	200m: 2:17.93	36.93	300m: 3:35.11	39.27	400m: 4:43.20	33.56			
3.	ELGALAL Sami		15	149 Łód						4:45.02	626
	50m: 29.67	29.67	150m: 1:41.71	37.29	250m: 3:01.68	43.24	350m: 4:14.72	30.60			
	100m: 1:04.42	34.75	200m: 2:18.44	36.73	300m: 3:44.12	42.44	400m: 4:45.02	30.30			
4.	BARUSI SKI Kordian		15	Korona-Swim Kielce						4:46.13	618
	50m: 28.72	28.72	150m: 1:38.82	36.55	250m: 2:56.78	40.39	350m: 4:13.52	34.24			
	100m: 1:02.27	33.55	200m: 2:16.39	37.57	300m: 3:39.28	42.50	400m: 4:46.13	32.61			
5.	GUZY Marcel		15	Vega Dobrodzie						4:51.42	585
	50m: 30.29	30.29	150m: 1:44.66	38.41	250m: 3:01.89	39.94	350m: 4:17.16	35.14			
	100m: 1:06.25	35.96	200m: 2:21.95	37.29	300m: 3:42.02	40.13	400m: 4:51.42	34.26			
6.	MILBRANT Kacper		15	Salmo ory						4:52.62	578
	50m: 29.28	29.28	150m: 1:41.77	38.27	250m: 3:01.67	42.24	350m: 4:18.89	34.31			
	100m: 1:03.50	34.22	200m: 2:19.43	37.66	300m: 3:44.58	42.91	400m: 4:52.62	33.73			
7.	ZAREMBA Jakub		15	I sk Wrocław						4:52.68	578
	50m: 29.97	29.97	150m: 1:43.34	38.93	250m: 3:03.16	41.26	350m: 4:19.75	34.47			
	100m: 1:04.41	34.44	200m: 2:21.90	38.56	300m: 3:45.28	42.12	400m: 4:52.68	32.93			
8.	GRZYBOWSKI Artur		15	Znicz Koszalin						4:52.78	577
	50m: 29.85	29.85	150m: 1:42.83	38.10	250m: 3:03.59	43.24	350m: 4:21.00	33.21			
	100m: 1:04.73	34.88	200m: 2:20.35	37.52	300m: 3:47.79	44.20	400m: 4:52.78	31.78			
9.	KORZENIEWSKI Witold		15	Słowianka Gorzów Wlkp.						4:52.82	577
	50m: 31.00	31.00	150m: 1:45.54	38.12	250m: 3:05.34	42.97	350m: 4:21.77	33.50			
	100m: 1:07.42	36.42	200m: 2:22.37	36.83	300m: 3:48.27	42.93	400m: 4:52.82	31.05			
10.	WILEJTO Igor		15	Sambor Tczew						4:53.89	571
	50m: 31.56	31.56	150m: 1:45.35	38.56	250m: 3:05.37	43.18	350m: 4:22.57	33.49			
	100m: 1:06.79	35.23	200m: 2:22.19	36.84	300m: 3:49.08	43.71	400m: 4:53.89	31.32			
Finał B											
11.	SOLARSKI Antoni		15	Warta Pozna						4:51.90	582
	50m: 30.54	30.54	150m: 1:44.88	38.35	250m: 3:02.56	39.68	350m: 4:18.59	34.33			
	100m: 1:06.53	35.99	200m: 2:22.88	38.00	300m: 3:44.26	41.70	400m: 4:51.90	33.31			
12.	MUC Filip		15	MOS D browa Górnica						4:56.42	556
	50m: 31.48	31.48	150m: 1:47.54	39.82	250m: 3:07.62	41.69	350m: 4:23.91	33.99			
	100m: 1:07.72	36.24	200m: 2:25.93	38.39	300m: 3:49.92	42.30	400m: 4:56.42	32.51			
13.	KŁAK Marcin		15	Płetwal Szczytno						4:57.26	551
	50m: 30.06	30.06	150m: 1:45.53	40.56	250m: 3:05.37	41.79	350m: 4:24.41	35.85			
	100m: 1:04.97	34.91	200m: 2:23.58	38.05	300m: 3:48.56	43.19	400m: 4:57.26	32.85			
14.	WOLI SKI Igor		15	MKP Szczecin						4:58.52	544
	50m: 30.51	30.51	150m: 1:42.19	37.78	250m: 3:04.50	44.83	350m: 4:25.54	35.26			
	100m: 1:04.41	33.90	200m: 2:19.67	37.48	300m: 3:50.28	45.78	400m: 4:58.52	32.98			
15.	MALEC Mikołaj		15	Ikar Mielec						5:00.71	533
	50m: 31.24	31.24	150m: 1:44.81	37.46	250m: 3:05.32	44.10	350m: 4:25.59	35.62			
	100m: 1:07.35	36.11	200m: 2:21.22	36.41	300m: 3:49.97	44.65	400m: 5:00.71	35.12			
16.	WO NIAK Kamil		15	Wiśła Puławy						5:03.23	519
	50m: 30.82	30.82	150m: 1:50.12	43.37	250m: 3:15.53	43.25	350m: 4:34.56	34.62			
	100m: 1:06.75	35.93	200m: 2:32.28	42.16	300m: 3:59.94	44.41	400m: 5:03.23	28.67			

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Pozycja			Wiek					Czas	Pkt.
17.	OLEK Jakub		15	Słowianka Gorzów Wlkp.				5:03.24	519
	50m:	30.14 30.14	150m:	1:45.22 40.43	250m:	3:08.23 43.27	350m:	4:28.21 35.87	
	100m:	1:04.79 34.65	200m:	2:24.96 39.74	300m:	3:52.34 44.11	400m:	5:03.24 35.03	
18.	MICHALSKI Wojciech		15	Gilus Gilowice				5:03.73	517
	50m:	33.02 33.02	150m:	1:49.79 39.82	250m:	3:11.62 42.92	350m:	4:30.39 34.71	
	100m:	1:09.97 36.95	200m:	2:28.70 38.91	300m:	3:55.68 44.06	400m:	5:03.73 33.34	
19.	CIESZKO Mateusz		15	Trójka Łód				5:04.08	515
	50m:	30.78 30.78	150m:	1:47.75 40.74	250m:	3:10.17 43.26	350m:	4:29.65 35.26	
	100m:	1:07.01 36.23	200m:	2:26.91 39.16	300m:	3:54.39 44.22	400m:	5:04.08 34.43	
20.	KALINOWSKI Michał		15	Delfin Toru				5:08.13	495
	50m:	32.20 32.20	150m:	1:49.51 40.14	250m:	3:13.12 44.70	350m:	4:34.98 36.28	
	100m:	1:09.37 37.17	200m:	2:28.42 38.91	300m:	3:58.70 45.58	400m:	5:08.13 33.15	