

2016 Letnie Mistrzostwa Polski Juniorów 15 lat
Lublin, 15- - 17-7-2016

Konkurencja 20
2016-07-16 - 10:26

Chłopców, 400m dowolny

15 lat
Wyniki Eliminacje

RP 15 lat 4:01.28 WOJDAK Wojciech 03106 Oswiecim 2011-07-16

Punkty: FINA 2016

Pozycja			Wiek					Czas	Pkt.
1.	KRZYKAŁA Emil		15	Avia widnik				4:14.08	649 A
	50m:	29.32 29.32	150m:	1:34.82 32.83	250m:	2:40.26 32.32	350m:	3:44.10 31.75	
	100m:	1:01.99 32.67	200m:	2:07.94 33.12	300m:	3:12.35 32.09	400m:	4:14.08 29.98	
2.	PIOTROWSKI Kacper		15	I sk Wrocław				4:14.15	649 A
	50m:	29.28 29.28	150m:	1:34.26 32.77	250m:	2:39.58 32.49	350m:	3:44.25 32.05	
	100m:	1:01.49 32.21	200m:	2:07.09 32.83	300m:	3:12.20 32.62	400m:	4:14.15 29.90	
3.	KAROLCZAK Jan		15	G-8 Bielany W-wa				4:15.00	642 A
	50m:	28.74 28.74	150m:	1:33.29 32.54	250m:	2:38.92 33.15	350m:	3:44.89 32.75	
	100m:	1:00.75 32.01	200m:	2:05.77 32.48	300m:	3:12.14 33.22	400m:	4:15.00 30.11	
4.	MO CICKI Jakub SOL		15	Kormoran Olsztyn				4:15.46	639 A
	50m:	28.84 28.84	150m:	1:33.31 32.53	250m:	2:39.19 33.08	350m:	3:44.96 32.28	
	100m:	1:00.78 31.94	200m:	2:06.11 32.80	300m:	3:12.68 33.49	400m:	4:15.46 30.50	
5.	PAJ K Bartosz		15	BUKS Warszawa				4:18.76	615 A
	50m:	28.63 28.63	150m:	1:32.98 32.70	250m:	2:39.38 33.48	350m:	3:46.96 33.67	
	100m:	1:00.28 31.65	200m:	2:05.90 32.92	300m:	3:13.29 33.91	400m:	4:18.76 31.80	
6.	KRZYMA SKI Kajetan		15	Gim 92 Ursynów W-wa				4:19.28	611 A
	50m:	29.13 29.13	150m:	1:33.87 32.85	250m:	2:40.21 33.16	350m:	3:47.22 33.39	
	100m:	1:01.02 31.89	200m:	2:07.05 33.18	300m:	3:13.83 33.62	400m:	4:19.28 32.06	
7.	KORZENIEWSKI Witold		15	Słowianka Gorzów Wlkp.				4:19.41	610 A
	50m:	29.22 29.22	150m:	1:35.59 33.52	250m:	2:42.48 33.36	350m:	3:48.80 33.05	
	100m:	1:02.07 32.85	200m:	2:09.12 33.53	300m:	3:15.75 33.27	400m:	4:19.41 30.61	
8.	OPAŁA Krystian		15	Dwójka Morena Gda sk				4:19.51	609 A
	50m:	29.89 29.89	150m:	1:35.56 32.98	250m:	2:42.09 33.02	350m:	3:48.17 32.78	
	100m:	1:02.58 32.69	200m:	2:09.07 33.51	300m:	3:15.39 33.30	400m:	4:19.51 31.34	
9.	BUGAŁA Krzysztof		15	MKP Szczecin				4:19.81	607 A
	50m:	29.95 29.95	150m:	1:36.36 33.36	250m:	2:42.62 32.95	350m:	3:47.88 32.44	
	100m:	1:03.00 33.05	200m:	2:09.67 33.31	300m:	3:15.44 32.82	400m:	4:19.81 31.93	
10.	WILEJTO Igor		15	Sambor Tczew				4:19.99	606 A
	50m:	29.66 29.66	150m:	1:35.14 32.63	250m:	2:41.64 32.99	350m:	3:47.90 33.24	
	100m:	1:02.51 32.85	200m:	2:08.65 33.51	300m:	3:14.66 33.02	400m:	4:19.99 32.09	
11.	GŁUSZKOWSKI Mateusz		15	Cityzen Pozna				4:20.92	600 B
	50m:	30.26 30.26	150m:	1:36.53 33.07	250m:	2:42.39 33.08	350m:	3:48.07 32.46	
	100m:	1:03.46 33.20	200m:	2:09.31 32.78	300m:	3:15.61 33.22	400m:	4:20.92 32.85	
12.	MIGIELSKI Mateusz		15	Jedynka Łód				4:21.57	595 B
	50m:	29.75 29.75	150m:	1:35.66 33.30	250m:	2:42.03 33.16	350m:	3:49.12 33.61	
	100m:	1:02.36 32.61	200m:	2:08.87 33.21	300m:	3:15.51 33.48	400m:	4:21.57 32.45	
13.	ZAGRZEJEWSKI Tomasz		15	Gim 92 Ursynów W-wa				4:21.61	595 B
	50m:	28.79 28.79	150m:	1:35.17 33.89	250m:	2:42.68 33.90	350m:	3:49.85 32.87	
	100m:	1:01.28 32.49	200m:	2:08.78 33.61	300m:	3:16.98 34.30	400m:	4:21.61 31.76	
14.	RYTTER Igor		15	I sk Wrocław				4:21.66	594 B
	50m:	29.46 29.46	150m:	1:34.74 33.11	250m:	2:42.00 33.76	350m:	3:49.72 33.88	
	100m:	1:01.63 32.17	200m:	2:08.24 33.50	300m:	3:15.84 33.84	400m:	4:21.66 31.94	
15.	ZUBIK Stanisław		15	Polonia Warszawa				4:21.71	594 B
	50m:	29.85 29.85	150m:	1:36.64 33.54	250m:	2:43.45 33.46	350m:	3:50.06 33.39	
	100m:	1:03.10 33.25	200m:	2:09.99 33.35	300m:	3:16.67 33.22	400m:	4:21.71 31.65	
16.	DROZDA Jakub		15	Słowianka Gorzów Wlkp.				4:21.76	594 B
	50m:	29.97 29.97	150m:	1:36.00 33.15	250m:	2:42.70 32.93	350m:	3:49.83 33.19	
	100m:	1:02.85 32.88	200m:	2:09.77 33.77	300m:	3:16.64 33.94	400m:	4:21.76 31.93	
17.	KRYSIAK Michał		15	Trójka Łód				4:23.18	584 B
	50m:	30.05 30.05	150m:	1:36.63 33.48	250m:	2:43.23 33.21	350m:	3:50.26 33.68	
	100m:	1:03.15 33.10	200m:	2:10.02 33.39	300m:	3:16.58 33.35	400m:	4:23.18 32.92	

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Pozycja			Wiek						Czas	Pkt.		
18.	RESPONDEK	Remigiusz	15	Pi tka Chorzów				4:23.48	582	B		
	50m:	29.42	29.42	150m:	1:34.93	33.36	250m:	2:42.91	34.20	350m:	3:51.32	34.39
	100m:	1:01.57	32.15	200m:	2:08.71	33.78	300m:	3:16.93	34.02	400m:	4:23.48	32.16
19.	SZARPAK	Marcin	15	Pi tka Chorzów				4:23.54	582	B		
	50m:	28.98	28.98	150m:	1:35.47	33.81	250m:	2:43.25	33.99	350m:	3:51.21	33.28
	100m:	1:01.66	32.68	200m:	2:09.26	33.79	300m:	3:17.93	34.68	400m:	4:23.54	32.33
20.	MUSZY	SKI Jakub	15	MKP W growiec				4:23.61	581	B		
	50m:	29.61	29.61	150m:	1:35.01	33.08	250m:	2:42.72	34.03	350m:	3:50.70	34.12
	100m:	1:01.93	32.32	200m:	2:08.69	33.68	300m:	3:16.58	33.86	400m:	4:23.61	32.91
21.	WOJCIECHOWSKI	Jakub	15	Warta Pozna				4:23.78	580	R		
	50m:	29.90	29.90	150m:	1:35.74	33.10	250m:	2:42.99	33.89	350m:	3:51.24	34.07
	100m:	1:02.64	32.74	200m:	2:09.10	33.36	300m:	3:17.17	34.18	400m:	4:23.78	32.54
22.	NAWROCKI	Filip	15	Juvenia Wrocław				4:24.23	577	R		
	50m:	28.75	28.75	150m:	1:34.80	33.85	250m:	2:43.42	34.59	350m:	3:51.79	34.02
	100m:	1:00.95	32.20	200m:	2:08.83	34.03	300m:	3:17.77	34.35	400m:	4:24.23	32.44
23.	KARPIEL	Dominik	15	MOS D browa Górnicza				4:24.49	576			
	50m:	29.84	29.84	150m:	1:36.58	34.05	250m:	2:45.21	34.35	350m:	3:52.89	33.76
	100m:	1:02.53	32.69	200m:	2:10.86	34.28	300m:	3:19.13	33.92	400m:	4:24.49	31.60
24.	URBA	SKI Michał	15	Delfin Gdynia				4:24.59	575			
	50m:	29.69	29.69	150m:	1:37.52	34.27	250m:	2:45.74	34.43	350m:	3:52.99	33.50
	100m:	1:03.25	33.56	200m:	2:11.31	33.79	300m:	3:19.49	33.75	400m:	4:24.59	31.60
25.	GIRUL	Radosław	15	I sk Wrocław				4:25.50	569			
	50m:	30.36	30.36	150m:	1:35.93	33.20	250m:	2:43.14	33.68	350m:	3:51.94	34.57
	100m:	1:02.73	32.37	200m:	2:09.46	33.53	300m:	3:17.37	34.23	400m:	4:25.50	33.56
26.	LECH	Filip	15	Avia widnik				4:25.65	568			
	50m:	29.65	29.65	150m:	1:36.99	33.92	250m:	2:45.91	34.20	350m:	3:53.85	33.55
	100m:	1:03.07	33.42	200m:	2:11.71	34.72	300m:	3:20.30	34.39	400m:	4:25.65	31.80
27.	TWARDOWSKI	Piotr	15	Galicja Kraków				4:25.80	567			
	50m:	29.49	29.49	150m:	1:36.59	33.75	250m:	2:44.48	34.01	350m:	3:52.72	34.02
	100m:	1:02.84	33.35	200m:	2:10.47	33.88	300m:	3:18.70	34.22	400m:	4:25.80	33.08
28.	SUCHAN	Przemysław	15	Korona Kraków				4:25.89	566			
	50m:	30.82	30.82	150m:	1:39.48	34.22	250m:	2:47.45	33.07	350m:	3:53.39	32.94
	100m:	1:05.26	34.44	200m:	2:14.38	34.90	300m:	3:20.45	33.00	400m:	4:25.89	32.50
29.	FAJKOWSKI	Piotr	15	Trójka Łód				4:26.23	564			
	50m:	30.72	30.72	150m:	1:38.58	34.25	250m:	2:47.01	34.14	350m:	3:54.32	33.40
	100m:	1:04.33	33.61	200m:	2:12.87	34.29	300m:	3:20.92	33.91	400m:	4:26.23	31.91
30.	LESZEGA	Szymon	15	Delfin Gdynia				4:27.17	558			
	50m:	29.25	29.25	150m:	1:36.20	33.74	250m:	2:44.47	33.71	350m:	3:53.25	35.69
	100m:	1:02.46	33.21	200m:	2:10.76	34.56	300m:	3:17.56	33.09	400m:	4:27.17	33.92
31.	SENKOWSKI	Kacper	15	G-8 Bielany W-wa				4:27.76	555			
	50m:	29.76	29.76	150m:	1:37.11	34.51	250m:	2:45.74	33.93	350m:	3:55.06	34.59
	100m:	1:02.60	32.84	200m:	2:11.81	34.70	300m:	3:20.47	34.73	400m:	4:27.76	32.70
32.	KRÓL	Mateusz	15	Pi tnastka Bydgoszcz				4:28.24	552			
	50m:	29.44	29.44	150m:	1:37.20	34.52	250m:	2:46.61	34.62	350m:	3:56.32	34.60
	100m:	1:02.68	33.24	200m:	2:11.99	34.79	300m:	3:21.72	35.11	400m:	4:28.24	31.92
33.	WO NY	Wiktor	15	Shark Rudna				4:28.50	550			
	50m:	31.40	31.40	150m:	1:38.60	33.83	250m:	2:46.52	34.12	350m:	3:55.68	34.91
	100m:	1:04.77	33.37	200m:	2:12.40	33.80	300m:	3:20.77	34.25	400m:	4:28.50	32.82
34.	WÓJCIK	Paweł	15	Galicja Kraków				4:28.98	547			
	50m:	30.46	30.46	150m:	1:38.83	34.60	250m:	2:48.09	34.58	350m:	3:56.67	33.96
	100m:	1:04.23	33.77	200m:	2:13.51	34.68	300m:	3:22.71	34.62	400m:	4:28.98	32.31
35.	JOCHYMEK	Oskar	15	I sk Wrocław				4:29.25	546			
	50m:	30.69	30.69	150m:	1:38.63	34.14	250m:	2:47.89	34.67	350m:	3:56.54	34.37
	100m:	1:04.49	33.80	200m:	2:13.22	34.59	300m:	3:22.17	34.28	400m:	4:29.25	32.71

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Pozycja			Wiek					Czas	Pkt.
36.	KRASOWSKI Michał	15	Zryw Opole					4:29.64	543
	50m: 29.94 29.94	150m: 1:37.29	34.22	250m: 2:46.60	34.61	350m: 3:56.59	34.83		
	100m: 1:03.07 33.13	200m: 2:11.99	34.70	300m: 3:21.76	35.16	400m: 4:29.64	33.05		
37.	SZCZEREK Szymon	15	Włókniarz 1925 Kalisz					4:30.16	540
	50m: 29.97 29.97	150m: 1:36.82	33.84	250m: 2:46.17	34.84	350m: 3:55.83	34.54		
	100m: 1:02.98 33.01	200m: 2:11.33	34.51	300m: 3:21.29	35.12	400m: 4:30.16	34.33		
38.	JÓ KÓW Cezary	15	I sk Wrocław					4:30.58	538
	50m: 29.07 29.07	150m: 1:36.03	34.00	250m: 2:45.41	34.78	350m: 3:55.97	35.43		
	100m: 1:02.03 32.96	200m: 2:10.63	34.60	300m: 3:20.54	35.13	400m: 4:30.58	34.61		
39.	PRZYBYSZEWSKI Kamil SR	15	Victoria Racibórz					4:31.18	534
	50m: 29.60 29.60	150m: 1:36.70	34.24	250m: 2:46.98	35.32	350m: 3:57.54	35.10		
	100m: 1:02.46 32.86	200m: 2:11.66	34.96	300m: 3:22.44	35.46	400m: 4:31.18	33.64		
40.	KOWALCZYK Michał	15	Gilus Gilowice					4:31.25	534
	50m: 28.95 28.95	150m: 1:37.18	34.80	250m: 2:47.27	35.24	350m: 3:57.45	35.25		
	100m: 1:02.38 33.43	200m: 2:12.03	34.85	300m: 3:22.20	34.93	400m: 4:31.25	33.80		
41.	KOTO SKI Jakub	15	Wodnik Police					4:31.33	533
	50m: 29.80 29.80	150m: 1:37.32	34.09	250m: 2:48.12	35.54	350m: 3:58.40	34.88		
	100m: 1:03.23 33.43	200m: 2:12.58	35.26	300m: 3:23.52	35.40	400m: 4:31.33	32.93		
42.	NOWAK Aleksander	15	Nawa Skierniewice					4:31.78	530
	50m: 29.92 29.92	150m: 1:38.53	35.06	250m: 2:48.64	35.27	350m: 3:58.49	34.92		
	100m: 1:03.47 33.55	200m: 2:13.37	34.84	300m: 3:23.57	34.93	400m: 4:31.78	33.29		
43.	JANECKI Mateusz	15	Pałac Młodzie y Katowice					4:31.97	529
	50m: 30.40 30.40	150m: 1:39.35	35.06	250m: 2:49.18	34.83	350m: 3:58.30	34.09		
	100m: 1:04.29 33.89	200m: 2:14.35	35.00	300m: 3:24.21	35.03	400m: 4:31.97	33.67		
44.	WO NIAK Kamil	15	Wisła Puławy					4:31.99	529
	50m: 30.63 30.63	150m: 1:38.16	34.25	250m: 2:47.96	35.00	350m: 3:58.52	35.15		
	100m: 1:03.91 33.28	200m: 2:12.96	34.80	300m: 3:23.37	35.41	400m: 4:31.99	33.47		
45.	CZERWI SKI Łukasz	15	Jagiellonka Warszawa					4:32.09	529
	50m: 30.35 30.35	150m: 1:39.39	35.05	250m: 2:49.54	35.20	350m: 3:59.18	34.82		
	100m: 1:04.34 33.99	200m: 2:14.34	34.95	300m: 3:24.36	34.82	400m: 4:32.09	32.91		
46.	DŁU NIEWSKI Dawid	15	Orka Ciechanów					4:32.19	528
	50m: 29.75 29.75	150m: 1:38.85	34.65	250m: 2:49.78	35.48	350m: 3:59.96	34.70		
	100m: 1:04.20 34.45	200m: 2:14.30	35.45	300m: 3:25.26	35.48	400m: 4:32.19	32.23		
47.	BAŁDYGA Marceli SOL	15	Kormoran Olsztyn					4:32.61	526
	50m: 30.75 30.75	150m: 1:38.74	34.57	250m: 2:48.51	34.58	350m: 3:58.36	34.94		
	100m: 1:04.17 33.42	200m: 2:13.93	35.19	300m: 3:23.42	34.91	400m: 4:32.61	34.25		
48.	JUSKOWIAK Jakub	15	Warta Pozna					4:33.31	522
	50m: 30.29 30.29	150m: 1:37.44	34.23	250m: 2:47.43	34.69	350m: 3:58.81	36.26		
	100m: 1:03.21 32.92	200m: 2:12.74	35.30	300m: 3:22.55	35.12	400m: 4:33.31	34.50		
49.	KRAMARCZYK Jakub SO	15	Unia O wi cim					4:33.36	521
	50m: 30.84 30.84	150m: 1:40.06	34.97	250m: 2:50.46	35.02	350m: 3:59.91	34.62		
	100m: 1:05.09 34.25	200m: 2:15.44	35.38	300m: 3:25.29	34.83	400m: 4:33.36	33.45		
50.	JANIK Jakub SO	15	Unia O wi cim					4:33.52	520
	50m: 30.60 30.60	150m: 1:40.90	35.57	250m: 2:50.58	34.85	350m: 4:00.65	34.61		
	100m: 1:05.33 34.73	200m: 2:15.73	34.83	300m: 3:26.04	35.46	400m: 4:33.52	32.87		
51.	LINDE Miłosz SOL	15	Kormoran Olsztyn					4:33.55	520
	50m: 31.27 31.27	150m: 1:40.48	35.11	250m: 2:50.11	34.58	350m: 3:59.57	34.66		
	100m: 1:05.37 34.10	200m: 2:15.53	35.05	300m: 3:24.91	34.80	400m: 4:33.55	33.98		
52.	MICHALSKI Wojciech	15	Gilus Gilowice					4:33.61	520
	50m: 31.35 31.35	150m: 1:41.97	35.75	250m: 2:51.71	34.21	350m: 4:01.02	34.80		
	100m: 1:06.22 34.87	200m: 2:17.50	35.53	300m: 3:26.22	34.51	400m: 4:33.61	32.59		
53.	ZIÓŁKOWSKI Norbert	15	NKP Bielsko-Biała					4:33.69	519
	50m: 31.16 31.16	150m: 1:40.49	35.61	250m: 2:50.82	35.31	350m: 4:01.44	35.58		
	100m: 1:04.88 33.72	200m: 2:15.51	35.02	300m: 3:25.86	35.04	400m: 4:33.69	32.25		

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Pozycja			Wiek				Czas				Pkt.	
54.	PERZANKOWSKI	Maciej	15	Nawa Skierniewice			4:33.79				519	
	50m:	31.11	31.11	150m:	1:40.91	35.32	250m:	2:51.44	35.42	350m:	4:01.36	34.93
	100m:	1:05.59	34.48	200m:	2:16.02	35.11	300m:	3:26.43	34.99	400m:	4:33.79	32.43
55.	ZALEWSKI	Ronald	15	I sk Wrocław			4:34.26				516	
	50m:	30.83	30.83	150m:	1:40.27	35.48	250m:	2:50.44	35.03	350m:	4:01.00	35.06
	100m:	1:04.79	33.96	200m:	2:15.41	35.14	300m:	3:25.94	35.50	400m:	4:34.26	33.26
56.	LEWANDOWSKI	Mateusz	15	Trójka Łód			4:34.29				516	
	50m:	30.82	30.82	150m:	1:41.40	35.87	250m:	2:52.05	34.54	350m:	4:01.97	34.51
	100m:	1:05.53	34.71	200m:	2:17.51	36.11	300m:	3:27.46	35.41	400m:	4:34.29	32.32
57.	WAMKA	Mateusz	15	Pi tnastrka Bydgoszcz			4:34.44				515	
	50m:	30.06	30.06	150m:	1:38.44	34.50	250m:	2:49.09	35.62	350m:	4:00.26	35.39
	100m:	1:03.94	33.88	200m:	2:13.47	35.03	300m:	3:24.87	35.78	400m:	4:34.44	34.18
58.	SACZUK	Rafał	15	Wodnik Police			4:34.79				513	
	50m:	30.21	30.21	150m:	1:38.11	34.48	250m:	2:49.25	35.33	350m:	4:00.51	35.42
	100m:	1:03.63	33.42	200m:	2:13.92	35.81	300m:	3:25.09	35.84	400m:	4:34.79	34.28
59.	KRASNOD	BSKI Andrzej	15	oliborz Warszawa			4:34.81				513	
	50m:	30.60	30.60	150m:	1:41.05	35.78	250m:	2:51.97	35.26	350m:	4:02.33	35.10
	100m:	1:05.27	34.67	200m:	2:16.71	35.66	300m:	3:27.23	35.26	400m:	4:34.81	32.48
60.	SUCHAN	Łukasz	15	Korona Kraków			4:35.34				510	
	50m:	32.08	32.08	150m:	1:43.84	35.72	250m:	2:54.46	34.40	350m:	4:02.49	33.04
	100m:	1:08.12	36.04	200m:	2:20.06	36.22	300m:	3:29.45	34.99	400m:	4:35.34	32.85
61.	BORSUK	Łukasz	15	Fala Kra nik			4:36.20				505	
	50m:	30.68	30.68	150m:	1:39.96	35.01	250m:	2:50.70	35.44	350m:	4:02.50	36.01
	100m:	1:04.95	34.27	200m:	2:15.26	35.30	300m:	3:26.49	35.79	400m:	4:36.20	33.70
62.	WOSIEK	Dawid Soc	15	KSZO Ostrowiec w.			4:36.40				504	
	50m:	31.55	31.55	150m:	1:41.73	35.03	250m:	2:52.63	35.31	350m:	4:03.12	34.75
	100m:	1:06.70	35.15	200m:	2:17.32	35.59	300m:	3:28.37	35.74	400m:	4:36.40	33.28
63.	MOCZULSKI	Mateusz	15	Włóknierz 1925 Kalisz			4:37.86				496	
	50m:	30.81	30.81	150m:	1:39.43	34.73	250m:	2:50.53	35.79	350m:	4:03.04	36.23
	100m:	1:04.70	33.89	200m:	2:14.74	35.31	300m:	3:26.81	36.28	400m:	4:37.86	34.82
64.	WIRASZKA	Mateusz	15	Juvenia Wrocław			4:38.21				494	
	50m:	30.18	30.18	150m:	1:39.06	35.48	250m:	2:50.66	36.33	350m:	4:02.78	36.10
	100m:	1:03.58	33.40	200m:	2:14.33	35.27	300m:	3:26.68	36.02	400m:	4:38.21	35.43
65.	KONCKI	Bartłomiej	15	Wisła Puławy			4:38.52				493	
	50m:	30.96	30.96	150m:	1:39.82	34.79	250m:	2:51.42	35.48	350m:	4:03.30	36.03
	100m:	1:05.03	34.07	200m:	2:15.94	36.12	300m:	3:27.27	35.85	400m:	4:38.52	35.22
66.	KRZY ANOWSKI	Sławomir	15	Wodnik Police			4:38.77				491	
	50m:	32.51	32.51	150m:	1:41.45	34.82	250m:	2:52.63	35.77	350m:	4:04.74	36.13
	100m:	1:06.63	34.12	200m:	2:16.86	35.41	300m:	3:28.61	35.98	400m:	4:38.77	34.03
67.	JURCZAK	Kacper SOL	15	Kormoran Olsztyn			4:40.37				483	
	50m:	30.05	30.05	150m:	1:41.23	36.31	250m:	2:53.66	36.23	350m:	4:05.62	35.77
	100m:	1:04.92	34.87	200m:	2:17.43	36.20	300m:	3:29.85	36.19	400m:	4:40.37	34.75
68.	JASIONOWSKI	Mikołaj	15	Orka Ostrów Mazowiecka			4:40.56				482	
	50m:	29.67	29.67	150m:	1:38.72	34.97	250m:	2:51.86	37.46	350m:	4:06.08	36.31
	100m:	1:03.75	34.08	200m:	2:14.40	35.68	300m:	3:29.77	37.91	400m:	4:40.56	34.48
69.	MATUSIAK	Adrian	15	Posejdon Pułtusk			4:41.49				477	
	50m:	30.30	30.30	150m:	1:42.67	37.12	250m:	2:54.83	35.44	350m:	4:06.74	35.90
	100m:	1:05.55	35.25	200m:	2:19.39	36.72	300m:	3:30.84	36.01	400m:	4:41.49	34.75
70.	RATAJCZAK	Mateusz	15	Posnania Pozna			4:42.37				473	
	50m:	30.74	30.74	150m:	1:41.24	35.66	250m:	2:53.34	35.82	350m:	4:06.76	36.64
	100m:	1:05.58	34.84	200m:	2:17.52	36.28	300m:	3:30.12	36.78	400m:	4:42.37	35.61
71.	WYTYK	Marcel	15	Warta Pozna			4:43.88				465	
	50m:	29.75	29.75	150m:	1:41.39	36.40	250m:	2:55.42	36.69	350m:	4:09.90	36.52
	100m:	1:04.99	35.24	200m:	2:18.73	37.34	300m:	3:33.38	37.96	400m:	4:43.88	33.98

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Lublin, 15- - 17-7-2016

Konkurencja 20, Chłopców, 400m dowolny, Eliminacje, 15 lat

Pozycja			Wiek				Czas				Pkt.
72.	SKROCKI Maciej	15	MZOS Płock				4:44.19				464
	50m: 30.48	30.48	150m: 1:41.07	35.83	250m: 2:54.16	37.00	350m: 4:08.84	37.45			
	100m: 1:05.24	34.76	200m: 2:17.16	36.09	300m: 3:31.39	37.23	400m: 4:44.19	35.35			
73.	WI NIEWSKI Paweł	15	Wodnik 29 Katowice				4:44.88				460
	50m: 31.21	31.21	150m: 1:41.25	35.58	250m: 2:55.06	37.28	350m: 4:09.65	37.26			
	100m: 1:05.67	34.46	200m: 2:17.78	36.53	300m: 3:32.39	37.33	400m: 4:44.88	35.23			
74.	KIEDROWSKI Adam	15	G-8 Bielany W-wa				4:45.75				456
	50m: 32.50	32.50	150m: 1:46.14	37.17	250m: 3:01.21	37.49	350m: 4:14.06	36.10			
	100m: 1:08.97	36.47	200m: 2:23.72	37.58	300m: 3:37.96	36.75	400m: 4:45.75	31.69			
75.	DADOS Aleksander	15	Wisła Puławy				4:46.09				455
	50m: 31.12	31.12	150m: 1:42.61	36.50	250m: 2:56.62	36.92	350m: 4:10.92	37.10			
	100m: 1:06.11	34.99	200m: 2:19.70	37.09	300m: 3:33.82	37.20	400m: 4:46.09	35.17			
76.	LIBERA Daniel	15	Nawa Skierniewice				4:48.23				445
	50m: 32.89	32.89	150m: 1:45.32	36.76	250m: 2:58.70	36.95	350m: 4:12.59	36.85			
	100m: 1:08.56	35.67	200m: 2:21.75	36.43	300m: 3:35.74	37.04	400m: 4:48.23	35.64			
77.	PTAK Filip	15	Manta Kochłowice Ruda I.				4:49.06				441
	50m: 32.33	32.33	150m: 1:45.45	37.53	250m: 3:00.45	37.41	350m: 4:13.83	36.67			
	100m: 1:07.92	35.59	200m: 2:23.04	37.59	300m: 3:37.16	36.71	400m: 4:49.06	35.23			
78.	ONOSZKO Tomasz	15	Warta Pozna				4:50.45				434
	50m: 30.21	30.21	150m: 1:41.01	36.61	250m: 2:57.53	38.30	350m: 4:13.91	38.07			
	100m: 1:04.40	34.19	200m: 2:19.23	38.22	300m: 3:35.84	38.31	400m: 4:50.45	36.54			
79.	JAROSZEWSKI Jakub	15	oliborz Warszawa				4:50.77				433
	50m: 30.70	30.70	150m: 1:42.42	36.37	250m: 2:57.70	37.87	350m: 4:13.87	37.82			
	100m: 1:06.05	35.35	200m: 2:19.83	37.41	300m: 3:36.05	38.35	400m: 4:50.77	36.90			
80.	KU NIAK Mateusz	15	oliborz Warszawa				4:55.93				411
	50m: 32.18	32.18	150m: 1:46.59	38.21	250m: 3:03.00	38.38	350m: 4:19.53	38.30			
	100m: 1:08.38	36.20	200m: 2:24.62	38.03	300m: 3:41.23	38.23	400m: 4:55.93	36.40			
81.	MALEWSKI Bartłomiej	15	AZS UŁ-PŁ Łód				4:56.10				410
	50m: 31.69	31.69	150m: 1:46.77	38.61	250m: 3:03.59	38.24	350m: 4:20.55	38.57			
	100m: 1:08.16	36.47	200m: 2:25.35	38.58	300m: 3:41.98	38.39	400m: 4:56.10	35.55			
82.	KOTARSKI Jakub	15	BUKS Warszawa				4:56.13				410
	50m: 33.43	33.43	150m: 1:47.04	37.59	250m: 3:02.36	37.52	350m: 4:19.04	38.52			
	100m: 1:09.45	36.02	200m: 2:24.84	37.80	300m: 3:40.52	38.16	400m: 4:56.13	37.09			
83.	PAWLAK Mateusz	15	Posnania Pozna				5:00.79				391
	50m: 31.62	31.62	150m: 1:45.98	38.29	250m: 3:04.69	39.42	350m: 4:23.56	39.65			
	100m: 1:07.69	36.07	200m: 2:25.27	39.29	300m: 3:43.91	39.22	400m: 5:00.79	37.23			
84.	SEBASTIANOWICZ Maciej	15	MZOS Płock				5:02.98				383
	50m: 31.83	31.83	150m: 1:49.33	39.90	250m: 3:07.79	39.71	350m: 4:26.34	39.48			
	100m: 1:09.43	37.60	200m: 2:28.08	38.75	300m: 3:46.86	39.07	400m: 5:02.98	36.64			
85.	BRONIECKI Damian	15	MKP W growiec				5:07.86				365
	50m: 34.58	34.58	150m: 1:49.98	38.33	250m: 3:09.60	39.90	350m: 4:29.32	39.69			
	100m: 1:11.65	37.07	200m: 2:29.70	39.72	300m: 3:49.63	40.03	400m: 5:07.86	38.54			
86.	ZIEMIANEK Szymon	15	MKP W growiec				5:15.98				337
	50m: 34.24	34.24	150m: 1:56.44	41.51	250m: 3:18.59	41.02	350m: 4:38.78	39.79			
	100m: 1:14.93	40.69	200m: 2:37.57	41.13	300m: 3:58.99	40.40	400m: 5:15.98	37.20			