

2016 Zimowe Mistrzostwa Województwa Lubelskiego
Lublin, 3- - 4-12-2016

Konkurencja 17
2016-12-03 - 15:26

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Rekord LOZP 4:12.43 BARZYCKA Paulina 00503 Uster (SUI) 2005-01-29

Punkty: FINA 2016

Pozycja Wiek Czas Pkt. CR

MŁODZIK

1.	KURZYNA Aleksandra	13	Fala Kra nik	4:45.77	552	+0,79
	50m: 34.70 34.70	150m: 1:48.78 37.09	250m: 3:00.56 35.10	350m: 4:10.86 35.47		
	100m: 1:11.69 36.99	200m: 2:25.46 36.68	300m: 3:35.39 34.83	400m: 4:45.77 34.91		
2.	LUTKIEWICZ Gabriela	13	Wisła Puławy	4:49.56	531	+0,74
	50m: 33.78 33.78	150m: 1:46.38 36.72	250m: 2:59.79 36.58	350m: 4:13.66 37.24		
	100m: 1:09.66 35.88	200m: 2:23.21 36.83	300m: 3:36.42 36.63	400m: 4:49.56 35.90		
3.	URAWSKA Kaja	13	Olimpia Lublin	4:58.44	485	+0,54
	50m: 34.91 34.91	150m: 1:50.24 37.29	250m: 3:05.01 36.58	350m: 4:21.16 37.73		
	100m: 1:12.95 38.04	200m: 2:28.43 38.19	300m: 3:43.43 38.42	400m: 4:58.44 37.28		
4.	DWOJAK Wiktoria	12	Olimpia Lublin	5:01.15	472	+0,73
	50m: 34.25 34.25	150m: 1:50.49 38.34	250m: 3:07.24 38.41	350m: 4:24.32 38.18		
	100m: 1:12.15 37.90	200m: 2:28.83 38.34	300m: 3:46.14 38.90	400m: 5:01.15 36.83		
5.	KOŁODZIEJCZYK Oliwia	13	Olimpia Lublin	5:02.14	467	+0,51
	50m: 34.33 34.33	150m: 1:50.18 38.60	250m: 3:07.07 38.63	350m: 4:24.87 39.04		
	100m: 1:11.58 37.25	200m: 2:28.44 38.26	300m: 3:45.83 38.76	400m: 5:02.14 37.27		
6.	CICHOCKA Oliwia	13	Olimpijczyk 23 Lublin	5:02.87	464	+0,84
	50m: 35.36 35.36	150m: 1:52.35 38.57	250m: 3:09.23 38.39	350m: 4:25.82 38.54		
	100m: 1:13.78 38.42	200m: 2:30.84 38.49	300m: 3:47.28 38.05	400m: 5:02.87 37.05		
7.	MACHULAK Maja	13	Fala Kra nik	5:03.30	462	+0,65
	50m: 35.28 35.28	150m: 1:52.76 39.04	250m: 3:11.10 39.05	350m: 4:27.59 37.07		
	100m: 1:13.72 38.44	200m: 2:32.05 39.29	300m: 3:50.52 39.42	400m: 5:03.30 35.71		
8.	MALINO Julia	12	Orka Zamo	5:15.68	410	+0,62
	50m: 35.07 35.07	150m: 1:52.64 39.16	250m: 3:12.48 39.82	350m: 4:35.11 40.88		
	100m: 1:13.48 38.41	200m: 2:32.66 40.02	300m: 3:54.23 41.75	400m: 5:15.68 40.57		
9.	ANTONIAK Julia	12	Swim10 Puławy	5:17.85	401	+0,91
	50m: 36.34 36.34	150m: 1:56.56 39.91	250m: 3:16.34 40.27	350m: 4:37.21 40.87		
	100m: 1:16.65 40.31	200m: 2:36.07 39.51	300m: 3:56.34 40.00	400m: 5:17.85 40.64		
10.	KIERAGA Patrycja	12	Olimpijczyk 23 Lublin	5:22.84	383	+0,52
	50m: 34.32 34.32	150m: 1:55.72 41.89	250m: 3:18.27 40.97	350m: 4:42.30 41.30		
	100m: 1:13.83 39.51	200m: 2:37.30 41.58	300m: 4:01.00 42.73	400m: 5:22.84 40.54		
11.	RADKOWSKA Daria	13	Olimpijczyk 23 Lublin	5:24.05	379	+0,86
	50m: 36.32 36.32	150m: 1:58.91 41.52	250m: 3:22.37 41.96	350m: 4:44.15 40.08		
	100m: 1:17.39 41.07	200m: 2:40.41 41.50	300m: 4:04.07 41.70	400m: 5:24.05 39.90		
12.	HAUZNER Emilia	12	Orka Zamo	5:48.35	305	+0,83
	50m: 38.26 38.26	150m: 2:06.82 44.89	250m: 3:37.30 45.16	350m: 5:06.14 44.30		
	100m: 1:21.93 43.67	200m: 2:52.14 45.32	300m: 4:21.84 44.54	400m: 5:48.35 42.21		
13.	GŁOWALA Gabriela	12	Olimpijczyk 23 Lublin	5:51.73	296	+0,82
	50m: 38.41 38.41	150m: 2:07.33 44.98	250m: 3:38.90 45.68	350m: 5:08.45 44.64		
	100m: 1:22.35 43.94	200m: 2:53.22 45.89	300m: 4:23.81 44.91	400m: 5:51.73 43.28		
14.	KOŁCZ Gabriela	12	Wisła Puławy	5:53.63	291	+0,79
	50m: 38.90 38.90	150m: 2:09.77 46.17	250m: 3:41.20 46.15	350m: 5:11.21 44.46		
	100m: 1:23.60 44.70	200m: 2:55.05 45.28	300m: 4:26.75 45.55	400m: 5:53.63 42.42		

JUNIOR

1.	ŁYSAKOWSKA Julia SL	15	AZS UMCS Lublin	4:32.68	636	+0,87
	50m: 32.17 32.17	150m: 1:41.13 34.70	250m: 2:50.47 34.41	350m: 3:59.16 34.40		
	100m: 1:06.43 34.26	200m: 2:16.06 34.93	300m: 3:24.76 34.29	400m: 4:32.68 33.52		
2.	WILCZEWSKA Aleksandra	14	Olimpia Lublin	4:39.89	588	+0,75
	50m: 31.95 31.95	150m: 1:42.37 35.50	250m: 2:53.83 35.71	350m: 4:04.76 35.54		
	100m: 1:06.87 34.92	200m: 2:18.12 35.75	300m: 3:29.22 35.39	400m: 4:39.89 35.13		

2016 Zimowe Mistrzostwa Województwa Lubelskiego
Lublin, 3- 4-12-2016

Konkurencja 17, Dziewcz t, 400m dowolny, JUNIOR

Pozycja			Wiek				Czas	Pkt.	CR
3.	ÓŁKOWSKA Anna		15		Skarpa Lublin		4:49.00	534	+0,60
	50m:	33.47 33.47	150m:	1:46.28 36.45	250m:	3:00.14 37.08	350m:	4:14.32 37.13	
	100m:	1:09.83 36.36	200m:	2:23.06 36.78	300m:	3:37.19 37.05	400m:	4:49.00 34.68	
4.	SZEWCZYK Zofia		14		Fala Kra nik		4:50.31	527	+0,67
	50m:	34.23 34.23	150m:	1:48.00 37.07	250m:	3:01.37 36.19	350m:	4:14.64 36.49	
	100m:	1:10.93 36.70	200m:	2:25.18 37.18	300m:	3:38.15 36.78	400m:	4:50.31 35.67	
5.	BUGAŁA Martyna		14		Lublinianka		4:54.29	506	+0,78
	50m:	34.10 34.10	150m:	1:47.54 37.01	250m:	3:03.76 38.01	350m:	4:19.62 37.80	
	100m:	1:10.53 36.43	200m:	2:25.75 38.21	300m:	3:41.82 38.06	400m:	4:54.29 34.67	
6.	HAŁKA Wiktoria		15		Sparta Biłgoraj		4:58.75	483	+0,75
	50m:	34.43 34.43	150m:	1:50.80 38.16	250m:	3:06.82 38.06	350m:	4:20.39 36.68	
	100m:	1:12.64 38.21	200m:	2:28.76 37.96	300m:	3:43.71 36.89	400m:	4:58.75 38.36	
7.	ZYCH Natalia		15		UKS 51 Lublin		5:02.83	464	+0,82
	50m:	34.56 34.56	150m:	1:50.36 38.09	250m:	3:07.57 38.96	350m:	4:25.37 39.05	
	100m:	1:12.27 37.71	200m:	2:28.61 38.25	300m:	3:46.32 38.75	400m:	5:02.83 37.46	
8.	WI TEK Martyna		14		Skarpa Lublin		5:03.46	461	+0,72
	50m:	34.46 34.46	150m:	1:51.14 38.56	250m:	3:08.29 38.72	350m:	4:26.00 39.21	
	100m:	1:12.58 38.12	200m:	2:29.57 38.43	300m:	3:46.79 38.50	400m:	5:03.46 37.46	
9.	SZYNDLER Aleksandra		14		Swim10 Puławy		5:07.49	443	+0,70
	50m:	34.55 34.55	150m:	1:53.58 39.77	250m:	3:12.25 39.36	350m:	4:31.00 39.27	
	100m:	1:13.81 39.26	200m:	2:32.89 39.31	300m:	3:51.73 39.48	400m:	5:07.49 36.49	
10.	MALINOWSKA Zuzanna		15		Olimpia Lublin		5:10.41	431	+0,88
	50m:	34.92 34.92	150m:	1:51.71 38.80	250m:	3:11.69 39.85	350m:	4:31.45 39.80	
	100m:	1:12.91 37.99	200m:	2:31.84 40.13	300m:	3:51.65 39.96	400m:	5:10.41 38.96	
11.	KAPRO Aleksandra		15		Fala Kra nik		5:10.77	429	+0,92
	50m:	35.14 35.14	150m:	1:52.85 38.88	250m:	3:11.75 39.47	350m:	4:31.11 39.76	
	100m:	1:13.97 38.83	200m:	2:32.28 39.43	300m:	3:51.35 39.60	400m:	5:10.77 39.66	
12.	WOJTASZEK Oktawia		14		Fala Kra nik		5:16.21	407	+0,82
	50m:	35.42 35.42	150m:	1:52.52 38.87	250m:	3:12.63 40.32	350m:	4:34.62 41.45	
	100m:	1:13.65 38.23	200m:	2:32.31 39.79	300m:	3:53.17 40.54	400m:	5:16.21 41.59	

OPEN

1.	WOJCIECHOWSKA Joanna SL		18		Orlik Lublin		4:23.28	706	+0,69
	50m:	30.56 30.56	150m:	1:36.64 32.94	250m:	2:43.08 33.06	350m:	3:50.11 33.35	
	100m:	1:03.70 33.14	200m:	2:10.02 33.38	300m:	3:16.76 33.68	400m:	4:23.28 33.17	
2.	ŁYSAKOWSKA Julia SL		15		AZS UMCS Lublin		4:32.68	636	+0,87
	50m:	32.17 32.17	150m:	1:41.13 34.70	250m:	2:50.47 34.41	350m:	3:59.16 34.40	
	100m:	1:06.43 34.26	200m:	2:16.06 34.93	300m:	3:24.76 34.29	400m:	4:32.68 33.52	
3.	WILCZEWSKA Aleksandra		14		Olimpia Lublin		4:39.89	588	+0,75
	50m:	31.95 31.95	150m:	1:42.37 35.50	250m:	2:53.83 35.71	350m:	4:04.76 35.54	
	100m:	1:06.87 34.92	200m:	2:18.12 35.75	300m:	3:29.22 35.39	400m:	4:39.89 35.13	
4.	KURZYNA Aleksandra		13		Fala Kra nik		4:45.77	552	+0,79
	50m:	34.70 34.70	150m:	1:48.78 37.09	250m:	3:00.56 35.10	350m:	4:10.86 35.47	
	100m:	1:11.69 36.99	200m:	2:25.46 36.68	300m:	3:35.39 34.83	400m:	4:45.77 34.91	
5.	MIKOŁAJEK Weronika		16		Avia widnik		4:46.02	551	+0,67
	50m:	32.81 32.81	150m:	1:44.91 36.46	250m:	2:58.39 36.45	350m:	4:10.81 35.90	
	100m:	1:08.45 35.64	200m:	2:21.94 37.03	300m:	3:34.91 36.52	400m:	4:46.02 35.21	
6.	ÓŁKOWSKA Anna		15		Skarpa Lublin		4:49.00	534	+0,60
	50m:	33.47 33.47	150m:	1:46.28 36.45	250m:	3:00.14 37.08	350m:	4:14.32 37.13	
	100m:	1:09.83 36.36	200m:	2:23.06 36.78	300m:	3:37.19 37.05	400m:	4:49.00 34.68	
7.	LUTKIEWICZ Gabriela		13		Wisła Puławy		4:49.56	531	+0,74
	50m:	33.78 33.78	150m:	1:46.38 36.72	250m:	2:59.79 36.58	350m:	4:13.66 37.24	
	100m:	1:09.66 35.88	200m:	2:23.21 36.83	300m:	3:36.42 36.63	400m:	4:49.56 35.90	

2016 Zimowe Mistrzostwa Województwa Lubelskiego
Lublin, 3- - 4-12-2016

Konkurencja 17, Kobiet, 400m dowolny, OPEN

Pozycja			Wiek					Czas	Pkt.	CR
8.	SZEWCZYK Zofia		14	Fala Kra nik				4:50.31	527	+0,67
	50m:	34.23 34.23	150m:	1:48.00	37.07	250m:	3:01.37	36.19	350m:	4:14.64 36.49
	100m:	1:10.93 36.70	200m:	2:25.18	37.18	300m:	3:38.15	36.78	400m:	4:50.31 35.67
9.	BUGAŁA Martyna		14	Lublinianka				4:54.29	506	+0,78
	50m:	34.10 34.10	150m:	1:47.54	37.01	250m:	3:03.76	38.01	350m:	4:19.62 37.80
	100m:	1:10.53 36.43	200m:	2:25.75	38.21	300m:	3:41.82	38.06	400m:	4:54.29 34.67
10.	URAWSKA Kaja		13	Olimpia Lublin				4:58.44	485	+0,54
	50m:	34.91 34.91	150m:	1:50.24	37.29	250m:	3:05.01	36.58	350m:	4:21.16 37.73
	100m:	1:12.95 38.04	200m:	2:28.43	38.19	300m:	3:43.43	38.42	400m:	4:58.44 37.28
11.	HAŁKA Wiktoria		15	Sparta Biłgoraj				4:58.75	483	+0,75
	50m:	34.43 34.43	150m:	1:50.80	38.16	250m:	3:06.82	38.06	350m:	4:20.39 36.68
	100m:	1:12.64 38.21	200m:	2:28.76	37.96	300m:	3:43.71	36.89	400m:	4:58.75 38.36
12.	DWOJAK Wiktoria		12	Olimpia Lublin				5:01.15	472	+0,73
	50m:	34.25 34.25	150m:	1:50.49	38.34	250m:	3:07.24	38.41	350m:	4:24.32 38.18
	100m:	1:12.15 37.90	200m:	2:28.83	38.34	300m:	3:46.14	38.90	400m:	5:01.15 36.83
13.	KOŁODZIEJCZYK Oliwia		13	Olimpia Lublin				5:02.14	467	+0,51
	50m:	34.33 34.33	150m:	1:50.18	38.60	250m:	3:07.07	38.63	350m:	4:24.87 39.04
	100m:	1:11.58 37.25	200m:	2:28.44	38.26	300m:	3:45.83	38.76	400m:	5:02.14 37.27
14.	ZYCH Natalia		15	UKS 51 Lublin				5:02.83	464	+0,82
	50m:	34.56 34.56	150m:	1:50.36	38.09	250m:	3:07.57	38.96	350m:	4:25.37 39.05
	100m:	1:12.27 37.71	200m:	2:28.61	38.25	300m:	3:46.32	38.75	400m:	5:02.83 37.46
15.	CICHOCKA Oliwia		13	Olimpijczyk 23 Lublin				5:02.87	464	+0,84
	50m:	35.36 35.36	150m:	1:52.35	38.57	250m:	3:09.23	38.39	350m:	4:25.82 38.54
	100m:	1:13.78 38.42	200m:	2:30.84	38.49	300m:	3:47.28	38.05	400m:	5:02.87 37.05
16.	MACHULAK Maja		13	Fala Kra nik				5:03.30	462	+0,65
	50m:	35.28 35.28	150m:	1:52.76	39.04	250m:	3:11.10	39.05	350m:	4:27.59 37.07
	100m:	1:13.72 38.44	200m:	2:32.05	39.29	300m:	3:50.52	39.42	400m:	5:03.30 35.71
17.	WI TEK Martyna		14	Skarpa Lublin				5:03.46	461	+0,72
	50m:	34.46 34.46	150m:	1:51.14	38.56	250m:	3:08.29	38.72	350m:	4:26.00 39.21
	100m:	1:12.58 38.12	200m:	2:29.57	38.43	300m:	3:46.79	38.50	400m:	5:03.46 37.46
18.	SZYNDLER Aleksandra		14	Swim10 Puławy				5:07.49	443	+0,70
	50m:	34.55 34.55	150m:	1:53.58	39.77	250m:	3:12.25	39.36	350m:	4:31.00 39.27
	100m:	1:13.81 39.26	200m:	2:32.89	39.31	300m:	3:51.73	39.48	400m:	5:07.49 36.49
19.	MALINOWSKA Zuzanna		15	Olimpia Lublin				5:10.41	431	+0,88
	50m:	34.92 34.92	150m:	1:51.71	38.80	250m:	3:11.69	39.85	350m:	4:31.45 39.80
	100m:	1:12.91 37.99	200m:	2:31.84	40.13	300m:	3:51.65	39.96	400m:	5:10.41 38.96
20.	KAPRO Aleksandra		15	Fala Kra nik				5:10.77	429	+0,92
	50m:	35.14 35.14	150m:	1:52.85	38.88	250m:	3:11.75	39.47	350m:	4:31.11 39.76
	100m:	1:13.97 38.83	200m:	2:32.28	39.43	300m:	3:51.35	39.60	400m:	5:10.77 39.66
21.	MALINO Julia		12	Orka Zamo				5:15.68	410	+0,62
	50m:	35.07 35.07	150m:	1:52.64	39.16	250m:	3:12.48	39.82	350m:	4:35.11 40.88
	100m:	1:13.48 38.41	200m:	2:32.66	40.02	300m:	3:54.23	41.75	400m:	5:15.68 40.57
22.	WOJTASZEK Oktawia		14	Fala Kra nik				5:16.21	407	+0,82
	50m:	35.42 35.42	150m:	1:52.52	38.87	250m:	3:12.63	40.32	350m:	4:34.62 41.45
	100m:	1:13.65 38.23	200m:	2:32.31	39.79	300m:	3:53.17	40.54	400m:	5:16.21 41.59
23.	ANTONIAK Julia		12	Swim10 Puławy				5:17.85	401	+0,91
	50m:	36.34 36.34	150m:	1:56.56	39.91	250m:	3:16.34	40.27	350m:	4:37.21 40.87
	100m:	1:16.65 40.31	200m:	2:36.07	39.51	300m:	3:56.34	40.00	400m:	5:17.85 40.64
24.	KIERAGA Patrycja		12	Olimpijczyk 23 Lublin				5:22.84	383	+0,52
	50m:	34.32 34.32	150m:	1:55.72	41.89	250m:	3:18.27	40.97	350m:	4:42.30 41.30
	100m:	1:13.83 39.51	200m:	2:37.30	41.58	300m:	4:01.00	42.73	400m:	5:22.84 40.54
25.	RADKOWSKA Daria		13	Olimpijczyk 23 Lublin				5:24.05	379	+0,86
	50m:	36.32 36.32	150m:	1:58.91	41.52	250m:	3:22.37	41.96	350m:	4:44.15 40.08
	100m:	1:17.39 41.07	200m:	2:40.41	41.50	300m:	4:04.07	41.70	400m:	5:24.05 39.90

2016 Zimowe Mistrzostwa Województwa Lubelskiego
Lublin, 3- - 4-12-2016

Konkurencja 17, Kobiet, 400m dowolny, OPEN

Pozycja			Wiek				Czas	Pkt.	CR
26.	HAUZNER Emilia		12	Orka Zamo		5:48.35	305	+0,83	
	50m:	38.26 38.26	150m:	2:06.82 44.89	250m:	3:37.30 45.16	350m:	5:06.14 44.30	
	100m:	1:21.93 43.67	200m:	2:52.14 45.32	300m:	4:21.84 44.54	400m:	5:48.35 42.21	
27.	GŁOWALA Gabriela		12	Olimpijczyk 23 Lublin		5:51.73	296	+0,82	
	50m:	38.41 38.41	150m:	2:07.33 44.98	250m:	3:38.90 45.68	350m:	5:08.45 44.64	
	100m:	1:22.35 43.94	200m:	2:53.22 45.89	300m:	4:23.81 44.91	400m:	5:51.73 43.28	
28.	KOŁCZ Gabriela		12	Wisła Puławy		5:53.63	291	+0,79	
	50m:	38.90 38.90	150m:	2:09.77 46.17	250m:	3:41.20 46.15	350m:	5:11.21 44.46	
	100m:	1:23.60 44.70	200m:	2:55.05 45.28	300m:	4:26.75 45.55	400m:	5:53.63 42.42	
PK	AMILKIEWICZ Aleksandra		11	Olimpia Lublin		4:59.19	481	+0,61	
	50m:	33.08 33.08	150m:	1:48.63 37.98	250m:	3:05.72 38.27	350m:	4:22.51 38.01	
	100m:	1:10.65 37.57	200m:	2:27.45 38.82	300m:	3:44.50 38.78	400m:	4:59.19 36.68	