

2016 Zimowe Mistrzostwa Województwa Lubelskiego
Lublin, 3- - 4-12-2016

Konkurencja 18
2016-12-03 - 15:52

M czynzn, 400m dowolny

12 lat i starsi
Wyniki

Rekord LOZP 3:45.65 WITKOWSKI Jan 01003 Poznan 2012-11-25

Punkty: FINA 2016

Pozycja			Wiek			Czas	Pkt.	CR
MŁODZIK								
1.	JAKIMIAK Jakub	13	Huragan Mi	dzyrzec Podl.	4:23.24	524	+0,78	
	50m: 28.83 28.83	150m: 1:35.94 34.02	250m: 2:44.98 34.51	350m: 3:52.75 33.33				
	100m: 1:01.92 33.09	200m: 2:10.47 34.53	300m: 3:19.42 34.44	400m: 4:23.24 30.49				
2.	SWINTOZELSKI Maksymilian	13	Fala Kra	nik	4:32.29	473	+0,78	
	50m: 30.82 30.82	150m: 1:39.14 34.48	250m: 2:48.34 34.92	350m: 3:58.19 34.97				
	100m: 1:04.66 33.84	200m: 2:13.42 34.28	300m: 3:23.22 34.88	400m: 4:32.29 34.10				
3.	MRÓZ Adam	13	Orlik Lublin		4:40.05	435	+0,84	
	50m: 30.84 30.84	150m: 1:42.28 36.17	250m: 2:53.94 35.60	350m: 4:06.21 36.20				
	100m: 1:06.11 35.27	200m: 2:18.34 36.06	300m: 3:30.01 36.07	400m: 4:40.05 33.84				
4.	BORSUK Piotr	13	Fala Kra	nik	4:48.68	397		
	50m: 31.66 31.66	150m: 1:43.47 36.35	250m: 2:56.82 36.81	350m: 4:11.44 37.59				
	100m: 1:07.12 35.46	200m: 2:20.01 36.54	300m: 3:33.85 37.03	400m: 4:48.68 37.24				
5.	ZUZANIUK Igor	12	Olimpia Lublin		5:04.72	337	+0,57	
	50m: 34.38 34.38	150m: 1:51.26 38.80	250m: 3:08.21 38.64	350m: 4:26.28 38.70				
	100m: 1:12.46 38.08	200m: 2:29.57 38.31	300m: 3:47.58 39.37	400m: 5:04.72 38.44				
6.	MAZGA Oskar	12	Fala Kra	nik	5:05.28	336		
	50m: 34.55 34.55	150m: 1:50.82 38.85	250m: 3:08.58 38.80	350m: 4:27.05 39.11				
	100m: 1:11.97 37.42	200m: 2:29.78 38.96	300m: 3:47.94 39.36	400m: 5:05.28 38.23				
7.	WI Mateusz	13	Olimpijczyk 23 Lublin		5:05.94	333	+0,68	
	50m: 33.50 33.50	150m: 1:50.93 38.99	250m: 3:08.90 38.85	350m: 4:27.78 39.65				
	100m: 1:11.94 38.44	200m: 2:30.05 39.12	300m: 3:48.13 39.23	400m: 5:05.94 38.16				
8.	ABRASZEK Jakub	12	Orka Zamo		5:06.31	332	+0,47	
	50m: 33.86 33.86	150m: 1:50.64 39.22	250m: 3:10.48 39.90	350m: 4:29.13 39.01				
	100m: 1:11.42 37.56	200m: 2:30.58 39.94	300m: 3:50.12 39.64	400m: 5:06.31 37.18				
9.	DACKA Dawid	12	Swim10 Puławy		5:20.51	290		
	50m: 35.55 35.55	150m: 1:57.03 41.45	250m: 3:20.35 41.80	350m: 4:43.58 41.05				
	100m: 1:15.58 40.03	200m: 2:38.55 41.52	300m: 4:02.53 42.18	400m: 5:20.51 36.93				
10.	CHAŁAT Wojciech	12	Skarpa Lublin		5:37.35	249	+0,49	
	50m: 36.17 36.17	150m: 2:02.30 43.39	250m: 3:30.00 44.26	350m: 4:57.38 43.88				
	100m: 1:18.91 42.74	200m: 2:45.74 43.44	300m: 4:13.50 43.50	400m: 5:37.35 39.97				
JUNIOR								
1.	KRZYKAŁA Emil	15	Avia	widnik	4:02.26	672	+0,73	
	50m: 27.26 27.26	150m: 1:28.49 31.04	250m: 2:30.88 31.21	350m: 3:32.78 30.59				
	100m: 57.45 30.19	200m: 1:59.67 31.18	300m: 3:02.19 31.31	400m: 4:02.26 29.48				
2.	SZCZERBA Adam	14	Skarpa Lublin		4:03.93	658	+0,66	
	50m: 27.89 27.89	150m: 1:29.59 30.99	250m: 2:32.16 31.29	350m: 3:34.49 31.07				
	100m: 58.60 30.71	200m: 2:00.87 31.28	300m: 3:03.42 31.26	400m: 4:03.93 29.44				
3.	LECH Filip	15	Avia	widnik	4:15.51	573	+0,75	
	50m: 28.53 28.53	150m: 1:30.69 31.43	250m: 2:35.72 32.75	350m: 3:42.05 33.15				
	100m: 59.26 30.73	200m: 2:02.97 32.28	300m: 3:08.90 33.18	400m: 4:15.51 33.46				
4.	WO NIAK Kamil	15	Wisła Puławy		4:19.89	544	+0,71	
	50m: 29.40 29.40	150m: 1:34.49 32.89	250m: 2:41.22 33.49	350m: 3:48.19 33.46				
	100m: 1:01.60 32.20	200m: 2:07.73 33.24	300m: 3:14.73 33.51	400m: 4:19.89 31.70				
5.	KONCKI Bartłomiej	15	Wisła Puławy		4:21.17	536	+0,57	
	50m: 30.13 30.13	150m: 1:35.97 33.32	250m: 2:42.50 33.34	350m: 3:49.46 33.57				
	100m: 1:02.65 32.52	200m: 2:09.16 33.19	300m: 3:15.89 33.39	400m: 4:21.17 31.71				
6.	SIEKACZY SKI Artur	14	Fala Kra	nik	4:22.97	525	+0,73	
	50m: 29.81 29.81	150m: 1:37.06 33.99	250m: 2:44.15 33.21	350m: 3:50.82 32.90				
	100m: 1:03.07 33.26	200m: 2:10.94 33.88	300m: 3:17.92 33.77	400m: 4:22.97 32.15				

2016 Zimowe Mistrzostwa Województwa Lubelskiego
Lublin, 3- - 4-12-2016

Konkurencja 18, Chłopców, 400m dowolny, JUNIOR

Pozycja			Wiek						Czas	Pkt.	CR
7.	SOBIESZUK Kacper		14		Skarpa Lublin				4:27.51	499	+0,71
	50m:	29.18 29.18	150m:	1:36.92	34.22	250m:	2:45.60	34.41	350m:	3:54.50	34.31
	100m:	1:02.70 33.52	200m:	2:11.19	34.27	300m:	3:20.19	34.59	400m:	4:27.51	33.01
8.	DADOS Aleksander		15		Wisła Puławy				4:31.98	475	+0,89
	50m:	29.59 29.59	150m:	1:38.90	35.10	250m:	2:49.63	35.37	350m:	3:59.87	35.09
	100m:	1:03.80 34.21	200m:	2:14.26	35.36	300m:	3:24.78	35.15	400m:	4:31.98	32.11
9.	SZULIERZ Michał		15		Avia widnik				4:38.38	443	+0,67
	50m:	30.43 30.43	150m:	1:40.92	35.98	250m:	2:53.03	35.91	350m:	4:03.91	36.27
	100m:	1:04.94 34.51	200m:	2:17.12	36.20	300m:	3:27.64	34.61	400m:	4:38.38	34.47
10.	CHYRCHAŁA Rafał		14		Orka Zamo				4:53.89	376	+0,66
	50m:	33.35 33.35	150m:	1:46.82	37.09	250m:	3:02.44	37.99	350m:	4:18.20	37.68
	100m:	1:09.73 36.38	200m:	2:24.45	37.63	300m:	3:40.52	38.08	400m:	4:53.89	35.69
11.	BO EK Filip		14		Fala Kra nik				4:54.75	373	+0,76
	50m:	32.60 32.60	150m:	1:47.13	37.78	250m:	3:02.66	37.83	350m:	4:18.02	37.52
	100m:	1:09.35 36.75	200m:	2:24.83	37.70	300m:	3:40.50	37.84	400m:	4:54.75	36.73
12.	DERU Mateusz		14		Olimpia Lublin				5:03.43	342	+0,68
	50m:	33.91 33.91	150m:	1:50.00	38.66	250m:	3:07.86	38.95	350m:	4:26.05	39.17
	100m:	1:11.34 37.43	200m:	2:28.91	38.91	300m:	3:46.88	39.02	400m:	5:03.43	37.38

OPEN

1.	KRZYKAŁA Emil		15		Avia widnik				4:02.26	672	+0,73
	50m:	27.26 27.26	150m:	1:28.49	31.04	250m:	2:30.88	31.21	350m:	3:32.78	30.59
	100m:	57.45 30.19	200m:	1:59.67	31.18	300m:	3:02.19	31.31	400m:	4:02.26	29.48
2.	SZCZERBA Adam		14		Skarpa Lublin				4:03.93	658	+0,66
	50m:	27.89 27.89	150m:	1:29.59	30.99	250m:	2:32.16	31.29	350m:	3:34.49	31.07
	100m:	58.60 30.71	200m:	2:00.87	31.28	300m:	3:03.42	31.26	400m:	4:03.93	29.44
3.	LECH Filip		15		Avia widnik				4:15.51	573	+0,75
	50m:	28.53 28.53	150m:	1:30.69	31.43	250m:	2:35.72	32.75	350m:	3:42.05	33.15
	100m:	59.26 30.73	200m:	2:02.97	32.28	300m:	3:08.90	33.18	400m:	4:15.51	33.46
4.	WO NIAK Kamil		15		Wisła Puławy				4:19.89	544	+0,71
	50m:	29.40 29.40	150m:	1:34.49	32.89	250m:	2:41.22	33.49	350m:	3:48.19	33.46
	100m:	1:01.60 32.20	200m:	2:07.73	33.24	300m:	3:14.73	33.51	400m:	4:19.89	31.70
5.	KRAWCZAK Patryk		16		ak Biała Podl.				4:20.43	541	+0,65
	50m:	29.29 29.29	150m:	1:35.15	33.79	250m:	2:42.16	32.87	350m:	3:48.79	32.73
	100m:	1:01.36 32.07	200m:	2:09.29	34.14	300m:	3:16.06	33.90	400m:	4:20.43	31.64
6.	SKUBA Marcin		18		Orka Zamo				4:20.73	539	+0,65
	50m:	29.47 29.47	150m:	1:34.35	32.81	250m:	2:41.22	33.19	350m:	3:48.85	33.97
	100m:	1:01.54 32.07	200m:	2:08.03	33.68	300m:	3:14.88	33.66	400m:	4:20.73	31.88
7.	KONCKI Bartłomiej		15		Wisła Puławy				4:21.17	536	+0,57
	50m:	30.13 30.13	150m:	1:35.97	33.32	250m:	2:42.50	33.34	350m:	3:49.46	33.57
	100m:	1:02.65 32.52	200m:	2:09.16	33.19	300m:	3:15.89	33.39	400m:	4:21.17	31.71
8.	SIEKACZY SKI Artur		14		Fala Kra nik				4:22.97	525	+0,73
	50m:	29.81 29.81	150m:	1:37.06	33.99	250m:	2:44.15	33.21	350m:	3:50.82	32.90
	100m:	1:03.07 33.26	200m:	2:10.94	33.88	300m:	3:17.92	33.77	400m:	4:22.97	32.15
9.	JAKIMIAK Jakub		13		Huragan Mi dzyrzec Podl.				4:23.24	524	+0,78
	50m:	28.83 28.83	150m:	1:35.94	34.02	250m:	2:44.98	34.51	350m:	3:52.75	33.33
	100m:	1:01.92 33.09	200m:	2:10.47	34.53	300m:	3:19.42	34.44	400m:	4:23.24	30.49
10.	KRAWIEC Maciej		17		Fala Kra nik				4:25.08	513	+0,78
	50m:	29.49 29.49	150m:	1:36.51	33.95	250m:	2:44.18	33.59	350m:	3:51.56	33.97
	100m:	1:02.56 33.07	200m:	2:10.59	34.08	300m:	3:17.59	33.41	400m:	4:25.08	33.52
11.	SOBIESZUK Kacper		14		Skarpa Lublin				4:27.51	499	+0,71
	50m:	29.18 29.18	150m:	1:36.92	34.22	250m:	2:45.60	34.41	350m:	3:54.50	34.31
	100m:	1:02.70 33.52	200m:	2:11.19	34.27	300m:	3:20.19	34.59	400m:	4:27.51	33.01

2016 Zimowe Mistrzostwa Województwa Lubelskiego
Lublin, 3- - 4-12-2016

Konkurencja 18, M czyzn, 400m dowolny, OPEN

Pozycja			Wiek				Czas	Pkt.	CR
12.	SIEJO Mateusz		16	Lider Chełm			4:29.66	487	+0,70
	50m: 29.49	29.49	150m: 1:37.67	34.69	250m: 2:46.99	34.70	350m: 3:57.04	34.51	
	100m: 1:02.98	33.49	200m: 2:12.29	34.62	300m: 3:22.53	35.54	400m: 4:29.66	32.62	
13.	DADOS Aleksander		15	Wisła Puławy			4:31.98	475	+0,89
	50m: 29.59	29.59	150m: 1:38.90	35.10	250m: 2:49.63	35.37	350m: 3:59.87	35.09	
	100m: 1:03.80	34.21	200m: 2:14.26	35.36	300m: 3:24.78	35.15	400m: 4:31.98	32.11	
14.	SWINTOZELSKI Maksymilian		13	Fala Kra nik			4:32.29	473	+0,78
	50m: 30.82	30.82	150m: 1:39.14	34.48	250m: 2:48.34	34.92	350m: 3:58.19	34.97	
	100m: 1:04.66	33.84	200m: 2:13.42	34.28	300m: 3:23.22	34.88	400m: 4:32.29	34.10	
15.	S DŁAK Wiktor		17	Orka Zamo			4:34.13	464	+0,65
	50m: 29.62	29.62	150m: 1:37.28	34.53	250m: 2:47.45	35.28	350m: 3:59.03	35.97	
	100m: 1:02.75	33.13	200m: 2:12.17	34.89	300m: 3:23.06	35.61	400m: 4:34.13	35.10	
16.	SZULIERZ Michał		15	Avia widnik			4:38.38	443	+0,67
	50m: 30.43	30.43	150m: 1:40.92	35.98	250m: 2:53.03	35.91	350m: 4:03.91	36.27	
	100m: 1:04.94	34.51	200m: 2:17.12	36.20	300m: 3:27.64	34.61	400m: 4:38.38	34.47	
17.	MRÓZ Adam		13	Orlik Lublin			4:40.05	435	+0,84
	50m: 30.84	30.84	150m: 1:42.28	36.17	250m: 2:53.94	35.60	350m: 4:06.21	36.20	
	100m: 1:06.11	35.27	200m: 2:18.34	36.06	300m: 3:30.01	36.07	400m: 4:40.05	33.84	
18.	KURANTOWICZ Krzysztof		17	Orka Zamo			4:43.01	421	+0,72
	50m: 31.45	31.45	150m: 1:41.18	35.37	250m: 2:53.90	36.39	350m: 4:06.89	36.60	
	100m: 1:05.81	34.36	200m: 2:17.51	36.33	300m: 3:30.29	36.39	400m: 4:43.01	36.12	
19.	BORSUK Piotr		13	Fala Kra nik			4:48.68	397	
	50m: 31.66	31.66	150m: 1:43.47	36.35	250m: 2:56.82	36.81	350m: 4:11.44	37.59	
	100m: 1:07.12	35.46	200m: 2:20.01	36.54	300m: 3:33.85	37.03	400m: 4:48.68	37.24	
20.	CHYRCHAŁA Rafał		14	Orka Zamo			4:53.89	376	+0,66
	50m: 33.35	33.35	150m: 1:46.82	37.09	250m: 3:02.44	37.99	350m: 4:18.20	37.68	
	100m: 1:09.73	36.38	200m: 2:24.45	37.63	300m: 3:40.52	38.08	400m: 4:53.89	35.69	
21.	BO EK Filip		14	Fala Kra nik			4:54.75	373	+0,76
	50m: 32.60	32.60	150m: 1:47.13	37.78	250m: 3:02.66	37.83	350m: 4:18.02	37.52	
	100m: 1:09.35	36.75	200m: 2:24.83	37.70	300m: 3:40.50	37.84	400m: 4:54.75	36.73	
22.	DERU Mateusz		14	Olimpia Lublin			5:03.43	342	+0,68
	50m: 33.91	33.91	150m: 1:50.00	38.66	250m: 3:07.86	38.95	350m: 4:26.05	39.17	
	100m: 1:11.34	37.43	200m: 2:28.91	38.91	300m: 3:46.88	39.02	400m: 5:03.43	37.38	
23.	ZUZANIUK Igor		12	Olimpia Lublin			5:04.72	337	+0,57
	50m: 34.38	34.38	150m: 1:51.26	38.80	250m: 3:08.21	38.64	350m: 4:26.28	38.70	
	100m: 1:12.46	38.08	200m: 2:29.57	38.31	300m: 3:47.58	39.37	400m: 5:04.72	38.44	
24.	MIAZGA Oskar		12	Fala Kra nik			5:05.28	336	
	50m: 34.55	34.55	150m: 1:50.82	38.85	250m: 3:08.58	38.80	350m: 4:27.05	39.11	
	100m: 1:11.97	37.42	200m: 2:29.78	38.96	300m: 3:47.94	39.36	400m: 5:05.28	38.23	
25.	WI Mateusz		13	Olimpijczyk 23 Lublin			5:05.94	333	+0,68
	50m: 33.50	33.50	150m: 1:50.93	38.99	250m: 3:08.90	38.85	350m: 4:27.78	39.65	
	100m: 1:11.94	38.44	200m: 2:30.05	39.12	300m: 3:48.13	39.23	400m: 5:05.94	38.16	
26.	ABRASZEK Jakub		12	Orka Zamo			5:06.31	332	+0,47
	50m: 33.86	33.86	150m: 1:50.64	39.22	250m: 3:10.48	39.90	350m: 4:29.13	39.01	
	100m: 1:11.42	37.56	200m: 2:30.58	39.94	300m: 3:50.12	39.64	400m: 5:06.31	37.18	
27.	DACKA Dawid		12	Swim10 Puławy			5:20.51	290	
	50m: 35.55	35.55	150m: 1:57.03	41.45	250m: 3:20.35	41.80	350m: 4:43.58	41.05	
	100m: 1:15.58	40.03	200m: 2:38.55	41.52	300m: 4:02.53	42.18	400m: 5:20.51	36.93	
28.	CHAŁAT Wojciech		12	Skarpa Lublin			5:37.35	249	+0,49
	50m: 36.17	36.17	150m: 2:02.30	43.39	250m: 3:30.00	44.26	350m: 4:57.38	43.88	
	100m: 1:18.91	42.74	200m: 2:45.74	43.44	300m: 4:13.50	43.50	400m: 5:37.35	39.97	
NIE UK.	MYSZKA Kacper		16	Swim10 Puławy					