



2017 Memoriał Henryka Kosakowskiego
Lublin, 11- - 12-2-2017

Konkurencja 32
2017-02-12 - 12:13

M czyzn, 400m dowolny

10 lat i starsi
Wyniki

Rekord LOZP 3:50.57 WITKOWSKI Jan 01003 Londyn (GBR) 2016-05-16

Punkty: FINA 2016

Pozycja			Wiek				Czas				Pkt.	
10 - 12 lat												
1.	FRONCZAK Antoni		11				Jagiellonka Warszawa				5:17.23	333
	50m:	36.52 36.52	150m:	1:58.39 41.22	250m:	3:19.08 40.26	350m:	4:40.31 40.07	400m:	5:17.23 36.92		
	100m:	1:17.17 40.65	200m:	2:38.82 40.43	300m:	4:00.24 41.16	400m:	5:17.23 36.92				
2.	KONONCHUK Artem		11				Rivne Ukraina				5:42.23	265
	50m:	35.94 35.94	150m:	2:00.64 43.80	250m:	3:30.79 45.09	350m:	4:59.61 44.18	400m:	5:42.23 42.62		
	100m:	1:16.84 40.90	200m:	2:45.70 45.06	300m:	4:15.43 44.64	400m:	5:42.23 42.62				
3.	WRO SKI Szymon		11				Olimpia Lublin				5:57.31	233
	50m:	39.88 39.88	150m:	2:09.62 45.69	250m:	3:42.62 45.65	350m:	5:12.98 45.65	400m:	5:57.31 44.33		
	100m:	1:23.93 44.05	200m:	2:56.97 47.35	300m:	4:27.33 44.71	400m:	5:57.31 44.33				
4.	JAN EK Richard		11				Aquacity Poprad				6:10.19	210
	50m:	40.75 40.75	150m:	2:14.19 47.25	250m:	3:50.10 47.78	350m:	5:24.64 47.82	400m:	6:10.19 45.55		
	100m:	1:26.94 46.19	200m:	3:02.32 48.13	300m:	4:36.82 46.72	400m:	6:10.19 45.55				
13 - 14 lat												
1.	URYNIUK Paweł		14				G-8 Bielany Warszawa				4:20.60	602
	50m:	30.15 30.15	150m:	1:36.62 33.33	250m:	2:42.95 33.21	350m:	3:49.70 33.30	400m:	4:20.60 30.90		
	100m:	1:03.29 33.14	200m:	2:09.74 33.12	300m:	3:16.40 33.45	400m:	4:20.60 30.90				
2.	CHMIELEWSKI Krzysztof		13				Muszelka Warszawa				4:22.23	591
	50m:	30.23 30.23	150m:	1:36.34 33.30	250m:	2:43.04 33.26	350m:	3:49.92 33.01	400m:	4:22.23 32.31		
	100m:	1:03.04 32.81	200m:	2:09.78 33.44	300m:	3:16.91 33.87	400m:	4:22.23 32.31				
3.	RODKIEWICZ Radosław		14				Muszelka Warszawa				4:28.33	551
	50m:	30.55 30.55	150m:	1:37.73 33.81	250m:	2:46.23 34.09	350m:	3:54.91 34.19	400m:	4:28.33 33.42		
	100m:	1:03.92 33.37	200m:	2:12.14 34.41	300m:	3:20.72 34.49	400m:	4:28.33 33.42				
4.	GRABEK Oskar		14				Olimpijczyk 23 Lublin				4:36.13	506
	50m:	31.34 31.34	150m:	1:43.05 35.63	250m:	2:53.70 34.77	350m:	4:03.22 34.37	400m:	4:36.13 32.91		
	100m:	1:07.42 36.08	200m:	2:18.93 35.88	300m:	3:28.85 35.15	400m:	4:36.13 32.91				
5.	MRÓZ Adam		14				Orlik Lublin				4:41.48	477
	50m:	31.60 31.60	150m:	1:43.58 36.14	250m:	2:55.82 35.59	350m:	4:08.31 35.97	400m:	4:41.48 33.17		
	100m:	1:07.44 35.84	200m:	2:20.23 36.65	300m:	3:32.34 36.52	400m:	4:41.48 33.17				
6.	SWINTOZELSKI Maksymilian		14				Fala Kra nik				4:42.83	471
	50m:	32.48 32.48	150m:	1:43.05 35.73	250m:	2:55.25 36.32	350m:	4:07.82 36.21	400m:	4:42.83 35.01		
	100m:	1:07.32 34.84	200m:	2:18.93 35.88	300m:	3:31.61 36.36	400m:	4:42.83 35.01				
7.	BEDNAREK Przemysław		13				Muszelka Warszawa				4:46.40	453
	50m:	32.86 32.86	150m:	1:44.77 35.94	250m:	2:57.43 36.32	350m:	4:10.29 36.50	400m:	4:46.40 36.11		
	100m:	1:08.83 35.97	200m:	2:21.11 36.34	300m:	3:33.79 36.36	400m:	4:46.40 36.11				
8.	ZUBRZYCKI Kacper		13				Wisła Puławy				4:49.62	438
	50m:	32.19 32.19	150m:	1:46.59 37.54	250m:	3:00.53 36.98	350m:	4:14.88 36.89	400m:	4:49.62 34.74		
	100m:	1:09.05 36.86	200m:	2:23.55 36.96	300m:	3:37.99 37.46	400m:	4:49.62 34.74				
9.	MIAZGA Oskar		13				Fala Kra nik				5:01.58	388
	50m:	32.95 32.95	150m:	1:47.85 38.51	250m:	3:05.35 39.10	350m:	4:24.62 39.09	400m:	5:01.58 36.96		
	100m:	1:09.34 36.39	200m:	2:26.25 38.40	300m:	3:45.53 40.18	400m:	5:01.58 36.96				
10.	KOZIE SKI Oliwier		13				Wisła Puławy				5:10.94	354
	50m:	34.03 34.03	150m:	1:53.32 40.52	250m:	3:13.75 40.07	350m:	4:33.59 39.55	400m:	5:10.94 37.35		
	100m:	1:12.80 38.77	200m:	2:33.68 40.36	300m:	3:54.04 40.29	400m:	5:10.94 37.35				
11.	MOLITORIS Daniel		14				Aquacity Poprad				5:15.40	339
	50m:	32.66 32.66	150m:	1:50.00 39.94	250m:	3:13.60 42.15	350m:	4:36.93 40.99	400m:	5:15.40 38.47		
	100m:	1:10.06 37.40	200m:	2:31.45 41.45	300m:	3:55.94 42.34	400m:	5:15.40 38.47				



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Konkurencja 32, Chłopców, 400m dowolny, 13 - 14 lat

Pozycja			Wiek						Czas	Pkt.		
12.	SOBICH Mikołaj		13		Wisła Puławy				5:16.69	335		
	50m:	35.06	35.06	150m:	1:54.54	40.14	250m:	3:16.71	40.99	350m:	4:38.08	40.69
	100m:	1:14.40	39.34	200m:	2:35.72	41.18	300m:	3:57.39	40.68	400m:	5:16.69	38.61
13.	PELICA Tomasz		14		Olimpia Lublin				5:31.35	292		
	50m:	34.66	34.66	150m:	1:59.51	43.86	250m:	3:27.03	42.50	350m:	4:50.95	41.81
	100m:	1:15.65	40.99	200m:	2:44.53	45.02	300m:	4:09.14	42.11	400m:	5:31.35	40.40
14.	LEWTAK Szymon		13		Olimpia Lublin				5:33.19	288		
	50m:	35.34	35.34	150m:	1:57.95	42.51	250m:	3:24.87	43.91	350m:	4:52.90	43.69
	100m:	1:15.44	40.10	200m:	2:40.96	43.01	300m:	4:09.21	44.34	400m:	5:33.19	40.29
15.	JAN EK Martin		13		Aquacity Poprad				5:35.48	282		
	50m:	34.18	34.18	150m:	1:57.44	43.22	250m:	3:25.98	44.74	350m:	4:53.35	44.27
	100m:	1:14.22	40.04	200m:	2:41.24	43.80	300m:	4:09.08	43.10	400m:	5:35.48	42.13
16.	BREJ ÁK Pavol		14		Aquacity Poprad				5:58.51	231		
	50m:	38.12	38.12	150m:	2:09.11	46.00	250m:	3:42.00	47.06	350m:	5:13.87	45.24
	100m:	1:23.11	44.99	200m:	2:54.94	45.83	300m:	4:28.63	46.63	400m:	5:58.51	44.64

15 - 16 lat

1.	KRZYKAŁA Emil		16		Avia widnik				4:11.49	670		
	50m:	28.28	28.28	150m:	1:31.03	31.71	250m:	2:36.40	33.12	350m:	3:41.41	32.46
	100m:	59.32	31.04	200m:	2:03.28	32.25	300m:	3:08.95	32.55	400m:	4:11.49	30.08
2.	SZCZERBA Adam		15		Skarpa Lublin				4:16.50	631		
	50m:	29.21	29.21	150m:	1:33.78	32.54	250m:	2:39.68	33.25	350m:	3:45.47	32.79
	100m:	1:01.24	32.03	200m:	2:06.43	32.65	300m:	3:12.68	33.00	400m:	4:16.50	31.03
3.	JA KIEWICZ Adrian		15		Muszelka Warszawa				4:17.58	623		
	50m:	29.02	29.02	150m:	1:33.55	32.64	250m:	2:39.61	33.22	350m:	3:46.03	33.02
	100m:	1:00.91	31.89	200m:	2:06.39	32.84	300m:	3:13.01	33.40	400m:	4:17.58	31.55
4.	DOŁOWY Grzegorz		15		Muszelka Warszawa				4:27.86	554		
	50m:	30.34	30.34	150m:	1:37.37	33.87	250m:	2:45.60	34.11	350m:	3:54.57	34.26
	100m:	1:03.50	33.16	200m:	2:11.49	34.12	300m:	3:20.31	34.71	400m:	4:27.86	33.29
5.	WO NIAK Kamil		16		Wisła Puławy				4:27.97	553		
	50m:	30.56	30.56	150m:	1:38.01	34.22	250m:	2:46.24	34.25	350m:	3:55.36	34.45
	100m:	1:03.79	33.23	200m:	2:11.99	33.98	300m:	3:20.91	34.67	400m:	4:27.97	32.61
6.	SIEKACZY SKI Artur		15		Fala Kra nik				4:28.32	551		
	50m:	30.43	30.43	150m:	1:38.83	34.12	250m:	2:48.19	34.37	350m:	3:57.20	33.98
	100m:	1:04.71	34.28	200m:	2:13.82	34.99	300m:	3:23.22	35.03	400m:	4:28.32	31.12
7.	SOBEK Nikodem		15		Olimpijczyk 23 Lublin				4:28.38	551		
	50m:	29.85	29.85	150m:	1:37.46	33.67	250m:	2:45.21	34.00	350m:	3:55.13	35.30
	100m:	1:03.79	33.94	200m:	2:11.21	33.75	300m:	3:19.83	34.62	400m:	4:28.38	33.25
8.	RUTA Kamil		15		Muszelka Warszawa				4:28.46	550		
	50m:	30.34	30.34	150m:	1:37.25	33.69	250m:	2:46.01	34.23	350m:	3:55.10	34.38
	100m:	1:03.56	33.22	200m:	2:11.78	34.53	300m:	3:20.72	34.71	400m:	4:28.46	33.36
9.	KONCKI Bartłomiej		16		Wisła Puławy				4:31.34	533		
	50m:	30.91	30.91	150m:	1:38.57	34.24	250m:	2:48.30	35.11	350m:	3:57.68	35.17
	100m:	1:04.33	33.42	200m:	2:13.19	34.62	300m:	3:22.51	34.21	400m:	4:31.34	33.66
10.	BORSUK Łukasz		16		Fala Kra nik				4:38.65	492		
	50m:	30.08	30.08	150m:	1:38.22	34.44	250m:	2:49.12	36.02	350m:	4:02.00	36.43
	100m:	1:03.78	33.70	200m:	2:13.10	34.88	300m:	3:25.57	36.45	400m:	4:38.65	36.65
11.	DERU Mateusz		15		Olimpia Lublin				4:53.58	421		
	50m:	32.69	32.69	150m:	1:45.96	37.21	250m:	3:01.14	37.52	350m:	4:16.08	37.49
	100m:	1:08.75	36.06	200m:	2:23.62	37.66	300m:	3:38.59	37.45	400m:	4:53.58	37.50
12.	ZI BA Krzysztof		16		Orlik Przeworsk				4:59.77	395		
	50m:	31.51	31.51	150m:	1:47.66	39.16	250m:	3:06.39	39.46	350m:	4:24.02	38.15
	100m:	1:08.50	36.99	200m:	2:26.93	39.27	300m:	3:45.87	39.48	400m:	4:59.77	35.75



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Konkurencja 32, Chłopców, 400m dowolny, 15 - 16 lat

Pozycja			Wiek						Czas	Pkt.
13.	DADOS Aleksander		16		Wisła Puławy				5:02.01	386
	50m:	32.28 32.28	150m:	1:49.00	38.36	250m:	3:06.35	38.50	350m:	4:24.36 39.28
	100m:	1:10.64 38.36	200m:	2:27.85	38.85	300m:	3:45.08	38.73	400m:	5:02.01 37.65
14.	GONDEK Paweł		16		Orlik Przeworsk				5:07.86	365
	50m:	32.40 32.40	150m:	1:50.50	39.77	250m:	3:11.10	40.51	350m:	4:31.32 40.26
	100m:	1:10.73 38.33	200m:	2:30.59	40.09	300m:	3:51.06	39.96	400m:	5:07.86 36.54
15.	CHOMICZEWSKI Michał		15		Orlik Przeworsk				5:28.58	300
	50m:	36.37 36.37	150m:	1:58.42	41.63	250m:	3:23.17	42.23	350m:	4:48.56 42.59
	100m:	1:16.79 40.42	200m:	2:40.94	42.52	300m:	4:05.97	42.80	400m:	5:28.58 40.02

15 - 18 lat

1.	MAŁYSKA Bartosz SL		18		Skarpa Lublin				4:09.05	689
	50m:	27.76 27.76	150m:	1:28.83	30.93	250m:	2:32.70	32.22	350m:	3:37.90 32.73
	100m:	57.90 30.14	200m:	2:00.48	31.65	300m:	3:05.17	32.47	400m:	4:09.05 31.15
2.	KRZYKAŁA Emil		16		Avia widnik				4:11.49	670
	50m:	28.28 28.28	150m:	1:31.03	31.71	250m:	2:36.40	33.12	350m:	3:41.41 32.46
	100m:	59.32 31.04	200m:	2:03.28	32.25	300m:	3:08.95	32.55	400m:	4:11.49 30.08
3.	CHAŁAT Stanisław SL		18		Skarpa Lublin				4:16.18	633
	50m:	29.37 29.37	150m:	1:33.96	32.41	250m:	2:40.25	32.89	350m:	3:45.07 32.50
	100m:	1:01.55 32.18	200m:	2:07.36	33.40	300m:	3:12.57	32.32	400m:	4:16.18 31.11
4.	SZCZERBA Adam		15		Skarpa Lublin				4:16.50	631
	50m:	29.21 29.21	150m:	1:33.78	32.54	250m:	2:39.68	33.25	350m:	3:45.47 32.79
	100m:	1:01.24 32.03	200m:	2:06.43	32.65	300m:	3:12.68	33.00	400m:	4:16.50 31.03
5.	WAWRZY CZAK Alan SL		18		Skarpa Lublin				4:16.87	628
	50m:	29.02 29.02	150m:	1:32.59	31.95	250m:	2:38.31	32.76	350m:	3:44.92 33.17
	100m:	1:00.64 31.62	200m:	2:05.55	32.96	300m:	3:11.75	33.44	400m:	4:16.87 31.95
6.	JA KIEWICZ Adrian		15		Muszelka Warszawa				4:17.58	623
	50m:	29.02 29.02	150m:	1:33.55	32.64	250m:	2:39.61	33.22	350m:	3:46.03 33.02
	100m:	1:00.91 31.89	200m:	2:06.39	32.84	300m:	3:13.01	33.40	400m:	4:17.58 31.55
7.	BRYŁA Kamil SL		18		AZS UMCS Lublin				4:17.73	622
	50m:	29.03 29.03	150m:	1:33.94	32.72	250m:	2:40.67	33.30	350m:	3:48.38 33.58
	100m:	1:01.22 32.19	200m:	2:07.37	33.43	300m:	3:14.80	34.13	400m:	4:17.73 29.35
8.	BORKOWSKI Kacper SL		17		AZS UMCS Lublin				4:19.44	610
	50m:	30.36 30.36	150m:	1:36.92	33.38	250m:	2:43.95	33.18	350m:	3:49.06 31.90
	100m:	1:03.54 33.18	200m:	2:10.77	33.85	300m:	3:17.16	33.21	400m:	4:19.44 30.38
9.	MARCZUK Szymon SL		18		AZS UMCS Lublin				4:20.29	604
	50m:	29.64 29.64	150m:	1:37.05	33.80	250m:	2:44.28	33.63	350m:	3:50.46 32.17
	100m:	1:03.25 33.61	200m:	2:10.65	33.60	300m:	3:18.29	34.01	400m:	4:20.29 29.83
10.	DOŁOWY Grzegorz		15		Muszelka Warszawa				4:27.86	554
	50m:	30.34 30.34	150m:	1:37.37	33.87	250m:	2:45.60	34.11	350m:	3:54.57 34.26
	100m:	1:03.50 33.16	200m:	2:11.49	34.12	300m:	3:20.31	34.71	400m:	4:27.86 33.29
11.	WO NIAK Kamil		16		Wisła Puławy				4:27.97	553
	50m:	30.56 30.56	150m:	1:38.01	34.22	250m:	2:46.24	34.25	350m:	3:55.36 34.45
	100m:	1:03.79 33.23	200m:	2:11.99	33.98	300m:	3:20.91	34.67	400m:	4:27.97 32.61
12.	SIEKACZY SKI Artur		15		Fala Kra nik				4:28.32	551
	50m:	30.43 30.43	150m:	1:38.83	34.12	250m:	2:48.19	34.37	350m:	3:57.20 33.98
	100m:	1:04.71 34.28	200m:	2:13.82	34.99	300m:	3:23.22	35.03	400m:	4:28.32 31.12
13.	SOBEK Nikodem		15		Olimpijczyk 23 Lublin				4:28.38	551
	50m:	29.85 29.85	150m:	1:37.46	33.67	250m:	2:45.21	34.00	350m:	3:55.13 35.30
	100m:	1:03.79 33.94	200m:	2:11.21	33.75	300m:	3:19.83	34.62	400m:	4:28.38 33.25
14.	RUTA Kamil		15		Muszelka Warszawa				4:28.46	550
	50m:	30.34 30.34	150m:	1:37.25	33.69	250m:	2:46.01	34.23	350m:	3:55.10 34.38
	100m:	1:03.56 33.22	200m:	2:11.78	34.53	300m:	3:20.72	34.71	400m:	4:28.46 33.36



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Konkurencja 32, Chłopców, 400m dowolny, 15 - 18 lat

Pozycja			Wiek				Czas				Pkt.	
15.	KONCKI Bartłomiej		16				Wisła Puławy				4:31.34	533
	50m:	30.91	30.91	150m:	1:38.57	34.24	250m:	2:48.30	35.11	350m:	3:57.68	35.17
	100m:	1:04.33	33.42	200m:	2:13.19	34.62	300m:	3:22.51	34.21	400m:	4:31.34	33.66
16.	KRAWCZAK Patryk		17				ak Biała Podl.				4:33.87	518
	50m:	30.89	30.89	150m:	1:39.32	34.93	250m:	2:50.03	35.48	350m:	4:00.95	35.35
	100m:	1:04.39	33.50	200m:	2:14.55	35.23	300m:	3:25.60	35.57	400m:	4:33.87	32.92
17.	G SIOR Sebastian SL		18				AZS UMCS Lublin				4:36.51	504
	50m:	31.77	31.77	150m:	1:41.99	35.62	250m:	2:50.77	34.52	350m:	4:01.93	35.98
	100m:	1:06.37	34.60	200m:	2:16.25	34.26	300m:	3:25.95	35.18	400m:	4:36.51	34.58
18.	BORSUK Łukasz		16				Fala Kra nik				4:38.65	492
	50m:	30.08	30.08	150m:	1:38.22	34.44	250m:	2:49.12	36.02	350m:	4:02.00	36.43
	100m:	1:03.78	33.70	200m:	2:13.10	34.88	300m:	3:25.57	36.45	400m:	4:38.65	36.65
19.	DERU Mateusz		15				Olimpia Lublin				4:53.58	421
	50m:	32.69	32.69	150m:	1:45.96	37.21	250m:	3:01.14	37.52	350m:	4:16.08	37.49
	100m:	1:08.75	36.06	200m:	2:23.62	37.66	300m:	3:38.59	37.45	400m:	4:53.58	37.50
20.	ZI BA Krzysztof		16				Orlik Przeworsk				4:59.77	395
	50m:	31.51	31.51	150m:	1:47.66	39.16	250m:	3:06.39	39.46	350m:	4:24.02	38.15
	100m:	1:08.50	36.99	200m:	2:26.93	39.27	300m:	3:45.87	39.48	400m:	4:59.77	35.75
21.	DADOS Aleksander		16				Wisła Puławy				5:02.01	386
	50m:	32.28	32.28	150m:	1:49.00	38.36	250m:	3:06.35	38.50	350m:	4:24.36	39.28
	100m:	1:10.64	38.36	200m:	2:27.85	38.85	300m:	3:45.08	38.73	400m:	5:02.01	37.65
22.	GONDEK Paweł		16				Orlik Przeworsk				5:07.86	365
	50m:	32.40	32.40	150m:	1:50.50	39.77	250m:	3:11.10	40.51	350m:	4:31.32	40.26
	100m:	1:10.73	38.33	200m:	2:30.59	40.09	300m:	3:51.06	39.96	400m:	5:07.86	36.54
23.	CHOMICZEWSKI Michał		15				Orlik Przeworsk				5:28.58	300
	50m:	36.37	36.37	150m:	1:58.42	41.63	250m:	3:23.17	42.23	350m:	4:48.56	42.59
	100m:	1:16.79	40.42	200m:	2:40.94	42.52	300m:	4:05.97	42.80	400m:	5:28.58	40.02

OPEN

1.	MAJCHRZAK Kacper		25				Warta Pozna				4:00.60	765
	50m:	27.75	27.75	150m:	1:28.63	30.52	250m:	2:30.01	30.68	350m:	3:31.74	30.57
	100m:	58.11	30.36	200m:	1:59.33	30.70	300m:	3:01.17	31.16	400m:	4:00.60	28.86
2.	MAŁYSKA Bartosz SL		18				Skarpa Lublin				4:09.05	689
	50m:	27.76	27.76	150m:	1:28.83	30.93	250m:	2:32.70	32.22	350m:	3:37.90	32.73
	100m:	57.90	30.14	200m:	2:00.48	31.65	300m:	3:05.17	32.47	400m:	4:09.05	31.15
3.	KRZYKAŁA Emil		16				Avia widnik				4:11.49	670
	50m:	28.28	28.28	150m:	1:31.03	31.71	250m:	2:36.40	33.12	350m:	3:41.41	32.46
	100m:	59.32	31.04	200m:	2:03.28	32.25	300m:	3:08.95	32.55	400m:	4:11.49	30.08
4.	BRZOSTOWSKI Axel		21				AZS AWF Katowice				4:15.71	637
	50m:	29.60	29.60	150m:	1:34.59	32.54	250m:	2:39.84	32.62	350m:	3:44.63	32.45
	100m:	1:02.05	32.45	200m:	2:07.22	32.63	300m:	3:12.18	32.34	400m:	4:15.71	31.08
5.	CHAŁAT Stanisław SL		18				Skarpa Lublin				4:16.18	633
	50m:	29.37	29.37	150m:	1:33.96	32.41	250m:	2:40.25	32.89	350m:	3:45.07	32.50
	100m:	1:01.55	32.18	200m:	2:07.36	33.40	300m:	3:12.57	32.32	400m:	4:16.18	31.11
6.	SZCZERBA Adam		15				Skarpa Lublin				4:16.50	631
	50m:	29.21	29.21	150m:	1:33.78	32.54	250m:	2:39.68	33.25	350m:	3:45.47	32.79
	100m:	1:01.24	32.03	200m:	2:06.43	32.65	300m:	3:12.68	33.00	400m:	4:16.50	31.03
7.	WAWRZY CZAK Alan SL		18				Skarpa Lublin				4:16.87	628
	50m:	29.02	29.02	150m:	1:32.59	31.95	250m:	2:38.31	32.76	350m:	3:44.92	33.17
	100m:	1:00.64	31.62	200m:	2:05.55	32.96	300m:	3:11.75	33.44	400m:	4:16.87	31.95
8.	JA KIEWICZ Adrian		15				Muszelka Warszawa				4:17.58	623
	50m:	29.02	29.02	150m:	1:33.55	32.64	250m:	2:39.61	33.22	350m:	3:46.03	33.02
	100m:	1:00.91	31.89	200m:	2:06.39	32.84	300m:	3:13.01	33.40	400m:	4:17.58	31.55



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Pozycja				Wiek				Czas	Pkt.
9.	BRYŁA Kamil SL			18	AZS UMCS Lublin			4:17.73	622
	50m:	29.03	29.03	150m:	1:33.94	32.72	250m:	2:40.67	33.30
	100m:	1:01.22	32.19	200m:	2:07.37	33.43	300m:	3:14.80	34.13
							350m:	3:48.38	33.58
							400m:	4:17.73	29.35
10.	BORKOWSKI Kacper SL			17	AZS UMCS Lublin			4:19.44	610
	50m:	30.36	30.36	150m:	1:36.92	33.38	250m:	2:43.95	33.18
	100m:	1:03.54	33.18	200m:	2:10.77	33.85	300m:	3:17.16	33.21
							350m:	3:49.06	31.90
							400m:	4:19.44	30.38
11.	STOLARSKI Marcin			21	Warta Pozna			4:20.14	605
	50m:	29.58	29.58	150m:	1:35.33	33.22	250m:	2:42.06	32.85
	100m:	1:02.11	32.53	200m:	2:09.21	33.88	300m:	3:15.59	33.53
							350m:	3:48.87	33.28
							400m:	4:20.14	31.27
12.	MARCZUK Szymon SL			18	AZS UMCS Lublin			4:20.29	604
	50m:	29.64	29.64	150m:	1:37.05	33.80	250m:	2:44.28	33.63
	100m:	1:03.25	33.61	200m:	2:10.65	33.60	300m:	3:18.29	34.01
							350m:	3:50.46	32.17
							400m:	4:20.29	29.83
13.	URYNIUK Paweł			14	G-8 Bielany Warszawa			4:20.60	602
	50m:	30.15	30.15	150m:	1:36.62	33.33	250m:	2:42.95	33.21
	100m:	1:03.29	33.14	200m:	2:09.74	33.12	300m:	3:16.40	33.45
							350m:	3:49.70	33.30
							400m:	4:20.60	30.90
14.	CHMIELEWSKI Krzysztof			13	Muszelka Warszawa			4:22.23	591
	50m:	30.23	30.23	150m:	1:36.34	33.30	250m:	2:43.04	33.26
	100m:	1:03.04	32.81	200m:	2:09.78	33.44	300m:	3:16.91	33.87
							350m:	3:49.92	33.01
							400m:	4:22.23	32.31
15.	CZERNAK Konrad SL			19	Skarpa Lublin			4:27.51	556
	50m:	29.38	29.38	150m:	1:35.91	33.06	250m:	2:43.85	34.16
	100m:	1:02.85	33.47	200m:	2:09.69	33.78	300m:	3:19.14	35.29
							350m:	3:53.61	34.47
							400m:	4:27.51	33.90
16.	DOŁOWY Grzegorz			15	Muszelka Warszawa			4:27.86	554
	50m:	30.34	30.34	150m:	1:37.37	33.87	250m:	2:45.60	34.11
	100m:	1:03.50	33.16	200m:	2:11.49	34.12	300m:	3:20.31	34.71
							350m:	3:54.57	34.26
							400m:	4:27.86	33.29
17.	WO NIAK Kamil			16	Wisła Puławy			4:27.97	553
	50m:	30.56	30.56	150m:	1:38.01	34.22	250m:	2:46.24	34.25
	100m:	1:03.79	33.23	200m:	2:11.99	33.98	300m:	3:20.91	34.67
							350m:	3:55.36	34.45
							400m:	4:27.97	32.61
18.	SIEKACZY SKI Artur			15	Fala Kra nik			4:28.32	551
	50m:	30.43	30.43	150m:	1:38.83	34.12	250m:	2:48.19	34.37
	100m:	1:04.71	34.28	200m:	2:13.82	34.99	300m:	3:23.22	35.03
							350m:	3:57.20	33.98
							400m:	4:28.32	31.12
19.	RODKIEWICZ Radosław			14	Muszelka Warszawa			4:28.33	551
	50m:	30.55	30.55	150m:	1:37.73	33.81	250m:	2:46.23	34.09
	100m:	1:03.92	33.37	200m:	2:12.14	34.41	300m:	3:20.72	34.49
							350m:	3:54.91	34.19
							400m:	4:28.33	33.42
20.	SOBEK Nikodem			15	Olimpijczyk 23 Lublin			4:28.38	551
	50m:	29.85	29.85	150m:	1:37.46	33.67	250m:	2:45.21	34.00
	100m:	1:03.79	33.94	200m:	2:11.21	33.75	300m:	3:19.83	34.62
							350m:	3:55.13	35.30
							400m:	4:28.38	33.25
21.	RUTA Kamil			15	Muszelka Warszawa			4:28.46	550
	50m:	30.34	30.34	150m:	1:37.25	33.69	250m:	2:46.01	34.23
	100m:	1:03.56	33.22	200m:	2:11.78	34.53	300m:	3:20.72	34.71
							350m:	3:55.10	34.38
							400m:	4:28.46	33.36
22.	KONCKI Bartłomiej			16	Wisła Puławy			4:31.34	533
	50m:	30.91	30.91	150m:	1:38.57	34.24	250m:	2:48.30	35.11
	100m:	1:04.33	33.42	200m:	2:13.19	34.62	300m:	3:22.51	34.21
							350m:	3:57.68	35.17
							400m:	4:31.34	33.66
23.	KRAWCZAK Patryk			17	ak Biała Podl.			4:33.87	518
	50m:	30.89	30.89	150m:	1:39.32	34.93	250m:	2:50.03	35.48
	100m:	1:04.39	33.50	200m:	2:14.55	35.23	300m:	3:25.60	35.57
							350m:	4:00.95	35.35
							400m:	4:33.87	32.92
24.	GRABEK Oskar			14	Olimpijczyk 23 Lublin			4:36.13	506
	50m:	31.34	31.34	150m:	1:43.05	35.63	250m:	2:53.70	34.77
	100m:	1:07.42	36.08	200m:	2:18.93	35.88	300m:	3:28.85	35.15
							350m:	4:03.22	34.37
							400m:	4:36.13	32.91
25.	G SIOR Sebastian SL			18	AZS UMCS Lublin			4:36.51	504
	50m:	31.77	31.77	150m:	1:41.99	35.62	250m:	2:50.77	34.52
	100m:	1:06.37	34.60	200m:	2:16.25	34.26	300m:	3:25.95	35.18
							350m:	4:01.93	35.98
							400m:	4:36.51	34.58



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Pozycja			Wiek				Czas	Pkt.
26.	BORSUK Łukasz		16	Fala Kra nik		4:38.65	492	
	50m:	30.08 30.08	150m:	1:38.22 34.44	250m:	2:49.12 36.02	350m:	4:02.00 36.43
	100m:	1:03.78 33.70	200m:	2:13.10 34.88	300m:	3:25.57 36.45	400m:	4:38.65 36.65
27.	MRÓZ Adam		14	Orlik Lublin		4:41.48	477	
	50m:	31.60 31.60	150m:	1:43.58 36.14	250m:	2:55.82 35.59	350m:	4:08.31 35.97
	100m:	1:07.44 35.84	200m:	2:20.23 36.65	300m:	3:32.34 36.52	400m:	4:41.48 33.17
28.	SWINTOZELSKI Maksymilian		14	Fala Kra nik		4:42.83	471	
	50m:	32.48 32.48	150m:	1:43.05 35.73	250m:	2:55.25 36.32	350m:	4:07.82 36.21
	100m:	1:07.32 34.84	200m:	2:18.93 35.88	300m:	3:31.61 36.36	400m:	4:42.83 35.01
29.	BEDNAREK Przemysław		13	Muszelka Warszawa		4:46.40	453	
	50m:	32.86 32.86	150m:	1:44.77 35.94	250m:	2:57.43 36.32	350m:	4:10.29 36.50
	100m:	1:08.83 35.97	200m:	2:21.11 36.34	300m:	3:33.79 36.36	400m:	4:46.40 36.11
30.	ZUBRZYCKI Kacper		13	Wisła Puławy		4:49.62	438	
	50m:	32.19 32.19	150m:	1:46.59 37.54	250m:	3:00.53 36.98	350m:	4:14.88 36.89
	100m:	1:09.05 36.86	200m:	2:23.55 36.96	300m:	3:37.99 37.46	400m:	4:49.62 34.74
31.	DERU Mateusz		15	Olimpia Lublin		4:53.58	421	
	50m:	32.69 32.69	150m:	1:45.96 37.21	250m:	3:01.14 37.52	350m:	4:16.08 37.49
	100m:	1:08.75 36.06	200m:	2:23.62 37.66	300m:	3:38.59 37.45	400m:	4:53.58 37.50
32.	ZI BA Krzysztof		16	Orlik Przeworsk		4:59.77	395	
	50m:	31.51 31.51	150m:	1:47.66 39.16	250m:	3:06.39 39.46	350m:	4:24.02 38.15
	100m:	1:08.50 36.99	200m:	2:26.93 39.27	300m:	3:45.87 39.48	400m:	4:59.77 35.75
33.	MIAZGA Oskar		13	Fala Kra nik		5:01.58	388	
	50m:	32.95 32.95	150m:	1:47.85 38.51	250m:	3:05.35 39.10	350m:	4:24.62 39.09
	100m:	1:09.34 36.39	200m:	2:26.25 38.40	300m:	3:45.53 40.18	400m:	5:01.58 36.96
34.	DADOS Aleksander		16	Wisła Puławy		5:02.01	386	
	50m:	32.28 32.28	150m:	1:49.00 38.36	250m:	3:06.35 38.50	350m:	4:24.36 39.28
	100m:	1:10.64 38.36	200m:	2:27.85 38.85	300m:	3:45.08 38.73	400m:	5:02.01 37.65
35.	GONDEK Paweł		16	Orlik Przeworsk		5:07.86	365	
	50m:	32.40 32.40	150m:	1:50.50 39.77	250m:	3:11.10 40.51	350m:	4:31.32 40.26
	100m:	1:10.73 38.33	200m:	2:30.59 40.09	300m:	3:51.06 39.96	400m:	5:07.86 36.54
36.	KOZIE SKI Oliwier		13	Wisła Puławy		5:10.94	354	
	50m:	34.03 34.03	150m:	1:53.32 40.52	250m:	3:13.75 40.07	350m:	4:33.59 39.55
	100m:	1:12.80 38.77	200m:	2:33.68 40.36	300m:	3:54.04 40.29	400m:	5:10.94 37.35
37.	MOLITORIS Daniel		14	Aquacity Poprad		5:15.40	339	
	50m:	32.66 32.66	150m:	1:50.00 39.94	250m:	3:13.60 42.15	350m:	4:36.93 40.99
	100m:	1:10.06 37.40	200m:	2:31.45 41.45	300m:	3:55.94 42.34	400m:	5:15.40 38.47
38.	SOBICH Mikołaj		13	Wisła Puławy		5:16.69	335	
	50m:	35.06 35.06	150m:	1:54.54 40.14	250m:	3:16.71 40.99	350m:	4:38.08 40.69
	100m:	1:14.40 39.34	200m:	2:35.72 41.18	300m:	3:57.39 40.68	400m:	5:16.69 38.61
39.	FRONCZAK Antoni		11	Jagiellonka Warszawa		5:17.23	333	
	50m:	36.52 36.52	150m:	1:58.39 41.22	250m:	3:19.08 40.26	350m:	4:40.31 40.07
	100m:	1:17.17 40.65	200m:	2:38.82 40.43	300m:	4:00.24 41.16	400m:	5:17.23 36.92
40.	CHOMICZEWSKI Michał		15	Orlik Przeworsk		5:28.58	300	
	50m:	36.37 36.37	150m:	1:58.42 41.63	250m:	3:23.17 42.23	350m:	4:48.56 42.59
	100m:	1:16.79 40.42	200m:	2:40.94 42.52	300m:	4:05.97 42.80	400m:	5:28.58 40.02
41.	PELICA Tomasz		14	Olimpia Lublin		5:31.35	292	
	50m:	34.66 34.66	150m:	1:59.51 43.86	250m:	3:27.03 42.50	350m:	4:50.95 41.81
	100m:	1:15.65 40.99	200m:	2:44.53 45.02	300m:	4:09.14 42.11	400m:	5:31.35 40.40
42.	LEWTAK Szymon		13	Olimpia Lublin		5:33.19	288	
	50m:	35.34 35.34	150m:	1:57.95 42.51	250m:	3:24.87 43.91	350m:	4:52.90 43.69
	100m:	1:15.44 40.10	200m:	2:40.96 43.01	300m:	4:09.21 44.34	400m:	5:33.19 40.29



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Pozycja					Wiek					Czas	Pkt.	
43.	JAN EK Martin				13	Aquacity Poprad				5:35.48	282	
	50m:	34.18	34.18	150m:	1:57.44	43.22	250m:	3:25.98	44.74	350m:	4:53.35	44.27
	100m:	1:14.22	40.04	200m:	2:41.24	43.80	300m:	4:09.08	43.10	400m:	5:35.48	42.13
44.	KONONCHUK Artem				11	Rivne Ukraina				5:42.23	265	
	50m:	35.94	35.94	150m:	2:00.64	43.80	250m:	3:30.79	45.09	350m:	4:59.61	44.18
	100m:	1:16.84	40.90	200m:	2:45.70	45.06	300m:	4:15.43	44.64	400m:	5:42.23	42.62
45.	WRO SKI Szymon				11	Olimpia Lublin				5:57.31	233	
	50m:	39.88	39.88	150m:	2:09.62	45.69	250m:	3:42.62	45.65	350m:	5:12.98	45.65
	100m:	1:23.93	44.05	200m:	2:56.97	47.35	300m:	4:27.33	44.71	400m:	5:57.31	44.33
46.	BREJ ÁK Pavol				14	Aquacity Poprad				5:58.51	231	
	50m:	38.12	38.12	150m:	2:09.11	46.00	250m:	3:42.00	47.06	350m:	5:13.87	45.24
	100m:	1:23.11	44.99	200m:	2:54.94	45.83	300m:	4:28.63	46.63	400m:	5:58.51	44.64
47.	JAN EK Richard				11	Aquacity Poprad				6:10.19	210	
	50m:	40.75	40.75	150m:	2:14.19	47.25	250m:	3:50.10	47.78	350m:	5:24.64	47.82
	100m:	1:26.94	46.19	200m:	3:02.32	48.13	300m:	4:36.82	46.72	400m:	6:10.19	45.55