

2017 Zimowe Mistrzostwa Polski Juniorów Młodszych - 14 lat  
Lublin, 3- - 5-3-2017

Konkurencja 11  
2017-03-03 - 18:40

Dziewcz t, 400m zmienny

14 lat  
Wyniki Finał

Rekord Polski 14 lat 4:52.79 KNOP Aleksandra 01605 Lublin 2017-03-03

Punkty: FINA 2016

Pozycja			Wiek			Czas	Pkt.	
<b>Finał A</b>								
1.	KNOP Aleksandra		14	UKS 190 Łód		<b>4:46.42</b>	743	
	<i>WYNIK LEPSZY OD REKORDU POLSKI JUNIORÓW 14 LAT</i>							
	50m: 30.72	30.72	150m: 1:41.63	36.05	250m: 2:59.13	41.56	350m: 4:14.58	33.97
	100m: 1:05.58	34.86	200m: 2:17.57	35.94	300m: 3:40.61	41.48	400m: 4:46.42	31.84
2.	DUJANI Iva		14	Gim92 Ursynów W-wa		<b>4:59.62</b>	649	
	50m: 31.20	31.20	150m: 1:45.29	38.16	250m: 3:06.49	42.83	350m: 4:25.95	36.00
	100m: 1:07.13	35.93	200m: 2:23.66	38.37	300m: 3:49.95	43.46	400m: 4:59.62	33.67
3.	CYNARSKA Weronika		14	Muszelka Warszawa		<b>5:02.20</b>	632	
	50m: 33.78	33.78	150m: 1:50.92	39.18	250m: 3:12.84	42.78	350m: 4:29.31	33.63
	100m: 1:11.74	37.96	200m: 2:30.06	39.14	300m: 3:55.68	42.84	400m: 5:02.20	32.89
4.	CYNARSKA Natalia		14	Muszelka Warszawa		<b>5:03.44</b>	625	
	50m: 33.38	33.38	150m: 1:48.60	37.58	250m: 3:09.42	43.70	350m: 4:28.35	34.94
	100m: 1:11.02	37.64	200m: 2:25.72	37.12	300m: 3:53.41	43.99	400m: 5:03.44	35.09
5.	MACIEJEWSKA Beata		14	UKS SP 149 Łód		<b>5:05.31</b>	613	
	50m: 33.21	33.21	150m: 1:52.17	39.41	250m: 3:13.55	42.51	350m: 4:31.41	34.75
	100m: 1:12.76	39.55	200m: 2:31.04	38.87	300m: 3:56.66	43.11	400m: 5:05.31	33.90
6.	GRO Weronika		14	Pi tnatka Bydgoszcz		<b>5:06.97</b>	603	
	50m: 32.56	32.56	150m: 1:47.87	38.31	250m: 3:11.76	44.83	350m: 4:31.42	34.99
	100m: 1:09.56	37.00	200m: 2:26.93	39.06	300m: 3:56.43	44.67	400m: 5:06.97	35.55
7.	HERBREDER Gabriela		14	Gim92 Ursynów W-wa		<b>5:11.75</b>	576	
	50m: 32.46	32.46	150m: 1:52.19	40.94	250m: 3:16.32	44.06	350m: 4:37.20	36.61
	100m: 1:11.25	38.79	200m: 2:32.26	40.07	300m: 4:00.59	44.27	400m: 5:11.75	34.55
8.	URBANIAK Dominika		14	UKS 190 Łód		<b>5:15.25</b>	557	
	50m: 32.48	32.48	150m: 1:50.78	40.37	250m: 3:15.83	44.80	350m: 4:38.79	37.21
	100m: 1:10.41	37.93	200m: 2:31.03	40.25	300m: 4:01.58	45.75	400m: 5:15.25	36.46
9.	BADZIAN Natalia		14	Muszelka Warszawa		<b>5:15.36</b>	556	
	50m: 32.02	32.02	150m: 1:49.89	41.19	250m: 3:15.87	44.61	350m: 4:39.68	36.76
	100m: 1:08.70	36.68	200m: 2:31.26	41.37	300m: 4:02.92	47.05	400m: 5:15.36	35.68
10.	MO D AN Milena		14	Shark Rudna		<b>5:21.47</b>	525	
	50m: 34.30	34.30	150m: 1:55.41	41.37	250m: 3:22.25	45.78	350m: 4:44.91	37.37
	100m: 1:14.04	39.74	200m: 2:36.47	41.06	300m: 4:07.54	45.29	400m: 5:21.47	36.56
<b>Finał B</b>								
11.	DACH Wiktoria SO		14	Unia O wi cim		<b>5:12.79</b>	570	
	50m: 32.40	32.40	150m: 1:54.26	43.02	250m: 3:17.81	41.57	350m: 4:37.16	37.25
	100m: 1:11.24	38.84	200m: 2:36.24	41.98	300m: 3:59.91	42.10	400m: 5:12.79	35.63
12.	FR CKIEWICZ Martyna		14	TP Zielona Góra		<b>5:16.40</b>	551	
	50m: 31.81	31.81	150m: 1:49.80	40.61	250m: 3:15.12	45.66	350m: 4:39.81	39.09
	100m: 1:09.19	37.38	200m: 2:29.46	39.66	300m: 4:00.72	45.60	400m: 5:16.40	36.59
13.	LUTKIEWICZ Gabriela		14	Wisła Puławy		<b>5:16.86</b>	549	
	50m: 33.30	33.30	150m: 1:52.89	40.63	250m: 3:17.99	45.50	350m: 4:41.27	36.86
	100m: 1:12.26	38.96	200m: 2:32.49	39.60	300m: 4:04.41	46.42	400m: 5:16.86	35.59
14.	MALINA Amelia		14	Górnik Sosnowiec		<b>5:18.23</b>	541	
	50m: 33.40	33.40	150m: 1:53.34	41.00	250m: 3:18.94	45.33	350m: 4:42.89	36.45
	100m: 1:12.34	38.94	200m: 2:33.61	40.27	300m: 4:06.44	47.50	400m: 5:18.23	35.34
15.	FUKS Aleksandra		14	Gilus Gilowice		<b>5:18.74</b>	539	
	50m: 33.65	33.65	150m: 1:53.32	40.92	250m: 3:18.33	44.49	350m: 4:42.92	38.75
	100m: 1:12.40	38.75	200m: 2:33.84	40.52	300m: 4:04.17	45.84	400m: 5:18.74	35.82

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Pozycja			Wiek					Czas	Pkt.
16.	JODŁOWSKA Zuzanna		14	Galicja Kraków				<b>5:19.57</b>	535
	50m:	33.10 33.10	150m:	1:52.94	40.79	250m:	3:17.21 45.09	350m:	4:42.61 39.19
	100m:	1:12.15 39.05	200m:	2:32.12	39.18	300m:	4:03.42 46.21	400m:	5:19.57 36.96
17.	DOMORADZKA Aleksandra		14	Olimpijczyk Suwałki				<b>5:25.29</b>	507
	50m:	34.84 34.84	150m:	1:55.84	40.28	250m:	3:23.24 45.95	350m:	4:49.52 38.55
	100m:	1:15.56 40.72	200m:	2:37.29	41.45	300m:	4:10.97 47.73	400m:	5:25.29 35.77
18.	TASAK Aleksandra		14	Galicja Kraków				<b>5:26.77</b>	500
	50m:	34.08 34.08	150m:	1:54.19	40.72	250m:	3:21.88 47.77	350m:	4:48.80 39.07
	100m:	1:13.47 39.39	200m:	2:34.11	39.92	300m:	4:09.73 47.85	400m:	5:26.77 37.97
19.	KURZYNA Aleksandra		14	Fala Kra nik				<b>5:28.34</b>	493
	50m:	35.53 35.53	150m:	1:58.94	41.05	250m:	3:26.72 46.28	350m:	4:51.94 37.82
	100m:	1:17.89 42.36	200m:	2:40.44	41.50	300m:	4:14.12 47.40	400m:	5:28.34 36.40
20.	KOŁODZIEJCZYK Oliwia		14	Olimpia Lublin				<b>5:35.78</b>	461
	50m:	33.92 33.92	150m:	1:59.93	44.04	250m:	3:30.98 48.57	350m:	4:58.99 38.27
	100m:	1:15.89 41.97	200m:	2:42.41	42.48	300m:	4:20.72 49.74	400m:	5:35.78 36.79