

2017 Zimowe Mistrzostwa Polski Juniorów Młodszych - 14 lat
Lublin, 3- - 5-3-2017

Konkurencja 19
2017-03-04 - 17:29

Dziewcz t, 400m dowolny

14 lat
Wyniki Finał

Rekord Polski 14 lat 4:16.92 KILIJA SKA Donata 00612 Gorzow Wielkopolski 2009-11-28

Punkty: FINA 2016

Pozycja			Wiek			Czas	Pkt.	
Finał A								
1.	KNOP Aleksandra		14	UKS 190 Łód		4:14.20	785	
	<i>WYNIK LEPSZY OD REKORDU POLSKI JUNIORÓW 14 LAT</i>							
	50m: 28.34	28.34	150m: 1:31.51	31.89	250m: 2:36.90	32.77	350m: 3:42.56	32.76
	100m: 59.62	31.28	200m: 2:04.13	32.62	300m: 3:09.80	32.90	400m: 4:14.20	31.64
2.	KLIMEK Marta SO		14	Unia O wi cim		4:26.89	678	
	50m: 29.34	29.34	150m: 1:35.74	33.86	250m: 2:44.59	34.52	350m: 3:53.46	34.42
	100m: 1:01.88	32.54	200m: 2:10.07	34.33	300m: 3:19.04	34.45	400m: 4:26.89	33.43
3.	URBANIAK Dominika		14	UKS 190 Łód		4:28.10	669	
	50m: 29.81	29.81	150m: 1:36.44	33.93	250m: 2:46.00	34.75	350m: 3:55.21	34.43
	100m: 1:02.51	32.70	200m: 2:11.25	34.81	300m: 3:20.78	34.78	400m: 4:28.10	32.89
4.	D BROWSKA Wiktoria		14	Jagiellonka Warszawa		4:30.09	654	
	50m: 30.30	30.30	150m: 1:37.14	34.12	250m: 2:46.59	34.64	350m: 3:57.21	35.25
	100m: 1:03.02	32.72	200m: 2:11.95	34.81	300m: 3:21.96	35.37	400m: 4:30.09	32.88
5.	SŁOWIK Martyna		14	IKS Konstancin		4:30.92	648	
	50m: 30.98	30.98	150m: 1:38.69	34.12	250m: 2:47.39	34.39	350m: 3:56.86	34.75
	100m: 1:04.57	33.59	200m: 2:13.00	34.31	300m: 3:22.11	34.72	400m: 4:30.92	34.06
6.	CYNARSKA Weronika		14	Muszelka Warszawa		4:33.45	630	
	50m: 30.40	30.40	150m: 1:37.68	34.11	250m: 2:47.29	34.99	350m: 3:58.80	35.81
	100m: 1:03.57	33.17	200m: 2:12.30	34.62	300m: 3:22.99	35.70	400m: 4:33.45	34.65
7.	POGO Milena		14	MOS D browa Górnicza		4:33.54	630	
	50m: 31.91	31.91	150m: 1:41.08	35.03	250m: 2:50.88	34.67	350m: 4:00.72	34.78
	100m: 1:06.05	34.14	200m: 2:16.21	35.13	300m: 3:25.94	35.06	400m: 4:33.54	32.82
8.	KAWKA Nina		14	Gim92 Ursynów W-wa		4:34.21	625	
	50m: 31.08	31.08	150m: 1:41.17	35.42	250m: 2:51.39	34.91	350m: 4:01.47	34.82
	100m: 1:05.75	34.67	200m: 2:16.48	35.31	300m: 3:26.65	35.26	400m: 4:34.21	32.74
9.	ZIEMACKA Julia		14	Muszelka Warszawa		4:41.33	579	
	50m: 31.60	31.60	150m: 1:41.51	35.63	250m: 2:54.06	36.42	350m: 4:06.62	35.96
	100m: 1:05.88	34.28	200m: 2:17.64	36.13	300m: 3:30.66	36.60	400m: 4:41.33	34.71
10.	GARBARCZYK Weronika		14	MKP Szczecin		4:42.37	572	
	50m: 30.14	30.14	150m: 1:39.93	35.79	250m: 2:53.76	37.10	350m: 4:07.44	36.48
	100m: 1:04.14	34.00	200m: 2:16.66	36.73	300m: 3:30.96	37.20	400m: 4:42.37	34.93
Finał B								
11.	HAŁADYN Karolina		14	UKS 190 Łód		4:37.45	603	
	50m: 31.20	31.20	150m: 1:39.95	34.75	250m: 2:51.18	35.91	350m: 4:02.84	35.84
	100m: 1:05.20	34.00	200m: 2:15.27	35.32	300m: 3:27.00	35.82	400m: 4:37.45	34.61
12.	SZYMA SKA Julia		14	UKS 190 Łód		4:39.00	593	
	50m: 31.81	31.81	150m: 1:42.39	35.49	250m: 2:53.78	35.91	350m: 4:04.62	35.34
	100m: 1:06.90	35.09	200m: 2:17.87	35.48	300m: 3:29.28	35.50	400m: 4:39.00	34.38
13.	FUKS Aleksandra		14	Gilus Gilowice		4:40.77	582	
	50m: 31.32	31.32	150m: 1:41.06	35.36	250m: 2:53.87	36.68	350m: 4:06.69	36.41
	100m: 1:05.70	34.38	200m: 2:17.19	36.13	300m: 3:30.28	36.41	400m: 4:40.77	34.08
14.	AMBRO Y Antonina		14	Ochota Warszawa		4:41.10	580	
	50m: 30.89	30.89	150m: 1:43.45	36.53	250m: 2:55.14	36.05	350m: 4:06.40	35.55
	100m: 1:06.92	36.03	200m: 2:19.09	35.64	300m: 3:30.85	35.71	400m: 4:41.10	34.70
15.	CIOCH-GRADZIK Wiktoria		14	Pałac Młodzie y Katowice		4:41.39	578	
	50m: 32.31	32.31	150m: 1:42.61	35.65	250m: 2:54.77	36.09	350m: 4:06.99	35.98
	100m: 1:06.96	34.65	200m: 2:18.68	36.07	300m: 3:31.01	36.24	400m: 4:41.39	34.40

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Pozycja			Wiek				Czas				Pkt.	
16.	MOLENDĄ Dominika SG		14				abianka Gda sk				4:42.67	571
	50m:	31.51 31.51	150m:	1:43.20	36.16	250m:	2:55.92	36.44	350m:	4:08.90	36.18	
	100m:	1:07.04 35.53	200m:	2:19.48	36.28	300m:	3:32.72	36.80	400m:	4:42.67	33.77	
17.	KULIK Wiktoria SOL		14				Kormoran Olsztyn				4:43.13	568
	50m:	31.47 31.47	150m:	1:42.20	35.76	250m:	2:54.90	36.56	350m:	4:07.97	36.33	
	100m:	1:06.44 34.97	200m:	2:18.34	36.14	300m:	3:31.64	36.74	400m:	4:43.13	35.16	
18.	WYGNAŁ Maja SR		14				Victoria Racibórz				4:43.26	567
	50m:	31.24 31.24	150m:	1:41.45	35.67	250m:	2:54.28	36.56	350m:	4:08.05	36.85	
	100m:	1:05.78 34.54	200m:	2:17.72	36.27	300m:	3:31.20	36.92	400m:	4:43.26	35.21	
19.	KOZANECKA Laura		14				UKS 190 Łód				4:44.61	559
	50m:	31.63 31.63	150m:	1:42.25	35.91	250m:	2:55.52	36.79	350m:	4:09.30	36.83	
	100m:	1:06.34 34.71	200m:	2:18.73	36.48	300m:	3:32.47	36.95	400m:	4:44.61	35.31	
20.	KUZIÓW Martyna SO		14				Unia O wi cim				4:44.80	558
	50m:	31.03 31.03	150m:	1:41.77	35.92	250m:	2:54.79	36.77	350m:	4:08.83	36.65	
	100m:	1:05.85 34.82	200m:	2:18.02	36.25	300m:	3:32.18	37.39	400m:	4:44.80	35.97	