

2017 Arena Grand Prix - Puchar Polski
Lublin, 8- - 9-4-2017

Konkurencja 20
2017-04-08 - 20:15

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Rekord Polski OPEN 4:04.23 JEDRZEJCZAK Otylia 00114 Melbourne (AUS) 2007-03-25

Punkty: FINA 2017

Pozycja			Wiek					Czas	Pkt.	
JUNIOR MŁODSZY 14 LAT										
1.	CYNARSKA Weronika		14	Muszelka Warszawa				4:34.86	636	
	50m:	31.21 31.21	150m:	1:39.97	34.77	250m:	2:50.37	35.44	350m:	4:00.99 35.23
	100m:	1:05.20 33.99	200m:	2:14.93	34.96	300m:	3:25.76	35.39	400m:	4:34.86 33.87
2.	KULIK Wiktoria SOL		14	Kormoran Olsztyn				4:47.44	556	
	50m:	33.20 33.20	150m:	1:45.99	36.70	250m:	2:59.11	36.31	350m:	4:12.15 36.46
	100m:	1:09.29 36.09	200m:	2:22.80	36.81	300m:	3:35.69	36.58	400m:	4:47.44 35.29
3.	SŁOWIK Martyna		14	IKS Konstancin				4:47.54	556	
	50m:	33.03 33.03	150m:	1:45.82	36.69	250m:	2:58.43	36.43	350m:	4:11.99 36.82
	100m:	1:09.13 36.10	200m:	2:22.00	36.18	300m:	3:35.17	36.74	400m:	4:47.54 35.55
4.	KOŁODZIEJCZYK Oliwia		14	Olimpia Lublin				4:49.58	544	
	50m:	33.09 33.09	150m:	1:45.93	37.15	250m:	3:00.79	37.43	350m:	4:14.85 36.74
	100m:	1:08.78 35.69	200m:	2:23.36	37.43	300m:	3:38.11	37.32	400m:	4:49.58 34.73
5.	HAŁADYN Karolina		14	UKS 190 Łód				4:51.69	532	
	50m:	33.37 33.37	150m:	1:47.13	37.48	250m:	3:01.98	37.89	350m:	4:16.34 37.38
	100m:	1:09.65 36.28	200m:	2:24.09	36.96	300m:	3:38.96	36.98	400m:	4:51.69 35.35
6.	ZBROJEWSKA Zofia		14	Trójka Łód				4:51.80	532	
	50m:	33.15 33.15	150m:	1:48.07	37.57	250m:	3:03.20	37.69	350m:	4:17.26 36.50
	100m:	1:10.50 37.35	200m:	2:25.51	37.44	300m:	3:40.76	37.56	400m:	4:51.80 34.54
7.	URBANIAK Dominika		14	UKS 190 Łód				4:55.41	512	
	50m:	33.63 33.63	150m:	1:47.62	37.22	250m:	3:03.10	37.69	350m:	4:18.42 37.50
	100m:	1:10.40 36.77	200m:	2:25.41	37.79	300m:	3:40.92	37.82	400m:	4:55.41 36.99
8.	CICHOCKA Oliwia		14	Olimpijczyk 23 Lublin				4:55.78	510	
	50m:	34.22 34.22	150m:	1:48.95	38.02	250m:	3:04.83	38.00	350m:	4:19.99 37.30
	100m:	1:10.93 36.71	200m:	2:26.83	37.88	300m:	3:42.69	37.86	400m:	4:55.78 35.79
9.	KURZYNA Aleksandra		14	Fala Kra nik				4:58.13	498	
	50m:	33.38 33.38	150m:	1:48.38	38.09	250m:	3:05.19	37.80	350m:	4:22.13 38.49
	100m:	1:10.29 36.91	200m:	2:27.39	39.01	300m:	3:43.64	38.45	400m:	4:58.13 36.00
10.	KOSTRZEWSKA Maria		14	UKS 190 Łód				4:59.99	489	
	50m:	34.14 34.14	150m:	1:50.28	38.24	250m:	3:07.29	38.15	350m:	4:23.08 37.44
	100m:	1:12.04 37.90	200m:	2:29.14	38.86	300m:	3:45.64	38.35	400m:	4:59.99 36.91
11.	RADKOWSKA Daria		14	Olimpijczyk 23 Lublin				5:02.17	479	
	50m:	34.14 34.14	150m:	1:50.77	38.81	250m:	3:08.61	38.99	350m:	4:26.33 38.32
	100m:	1:11.96 37.82	200m:	2:29.62	38.85	300m:	3:48.01	39.40	400m:	5:02.17 35.84
12.	JASKUŁOWSKA Zofia		14	IKS Konstancin				5:03.72	471	
	50m:	33.61 33.61	150m:	1:50.08	38.84	250m:	3:09.02	39.76	350m:	4:26.20 38.35
	100m:	1:11.24 37.63	200m:	2:29.26	39.18	300m:	3:47.85	38.83	400m:	5:03.72 37.52
13.	CIESIELSKA Natalia		14	UKS SP 149 Łód				5:11.21	438	
	50m:	35.79 35.79	150m:	1:54.29	39.46	250m:	3:13.68	40.11	350m:	4:32.98 39.41
	100m:	1:14.83 39.04	200m:	2:33.57	39.28	300m:	3:53.57	39.89	400m:	5:11.21 38.23
14.	NIEWIADOMSKA Nikola		14	Manta Kochłowice Ruda I.				5:15.48	421	
	50m:	35.07 35.07	150m:	1:55.23	40.24	250m:	3:16.99	41.00	350m:	4:36.94 39.74
	100m:	1:14.99 39.92	200m:	2:35.99	40.76	300m:	3:57.20	40.21	400m:	5:15.48 38.54

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Konkurencja 20, Kobiet, 400m dowolny

JUNIOR MŁODSZY 15 LAT

1.	KRYSZKOWSKA Natalia	15	MZOS Płock	4:37.92	615
	50m: 31.71 31.71	150m: 1:41.73	35.09	250m: 2:52.34	35.20
	100m: 1:06.64 34.93	200m: 2:17.14	35.41	300m: 3:28.02	35.68
				350m: 4:03.54	35.52
				400m: 4:37.92	34.38
2.	RACZEWSKA Emilia SOL	15	Kormoran Olsztyn	4:43.69	579
	50m: 32.45 32.45	150m: 1:44.04	35.97	250m: 2:56.52	36.28
	100m: 1:08.07 35.62	200m: 2:20.24	36.20	300m: 3:33.16	36.64
				350m: 4:09.26	36.10
				400m: 4:43.69	34.43
3.	PAWŁOWSKA Barbara	15	UKS 190 Łód	4:44.65	573
	50m: 32.76 32.76	150m: 1:44.60	35.89	250m: 2:57.32	36.38
	100m: 1:08.71 35.95	200m: 2:20.94	36.34	300m: 3:33.77	36.45
				350m: 4:09.83	36.06
				400m: 4:44.65	34.82
4.	KRAWCZYK Paulina	15	IKS Konstancin	4:49.70	543
	50m: 31.48 31.48	150m: 1:44.39	37.08	250m: 2:59.27	37.38
	100m: 1:07.31 35.83	200m: 2:21.89	37.50	300m: 3:36.71	37.44
				350m: 4:13.79	37.08
				400m: 4:49.70	35.91
5.	TOMASZEWSKA Magdalena	15	Wisła Puławy	4:52.45	528
	50m: 32.82 32.82	150m: 1:47.09	37.82	250m: 3:02.51	37.79
	100m: 1:09.27 36.45	200m: 2:24.72	37.63	300m: 3:39.84	37.33
				350m: 4:16.97	37.13
				400m: 4:52.45	35.48
6.	SZEWCZYK Zofia	15	Fala Kra nik	4:54.32	518
	50m: 33.91 33.91	150m: 1:49.25	37.76	250m: 3:04.45	37.23
	100m: 1:11.49 37.58	200m: 2:27.22	37.97	300m: 3:41.81	37.36
				350m: 4:18.92	37.11
				400m: 4:54.32	35.40
7.	CHOMICZKA Zofia	15	Pirania Targówek	4:55.65	511
	50m: 33.22 33.22	150m: 1:46.56	37.23	250m: 3:03.05	38.23
	100m: 1:09.33 36.11	200m: 2:24.82	38.26	300m: 3:40.72	37.67
				350m: 4:18.72	38.00
				400m: 4:55.65	36.93
8.	WRÓBLEWSKA Amelia	15	Pirania Targówek	4:57.54	501
	50m: 32.61 32.61	150m: 1:46.87	38.07	250m: 3:04.35	38.62
	100m: 1:08.80 36.19	200m: 2:25.73	38.86	300m: 3:43.37	39.02
				350m: 4:22.05	38.68
				400m: 4:57.54	35.49
9.	KURZEPA Adrianna	15	Pirania Targówek	4:59.54	491
	50m: 33.83 33.83	150m: 1:48.93	37.80	250m: 3:06.41	38.84
	100m: 1:11.13 37.30	200m: 2:27.57	38.64	300m: 3:44.77	38.36
				350m: 4:23.35	38.58
				400m: 4:59.54	36.19
10.	SZYMCZAK Patrycja	15	Manta Kochłowice Ruda I.	5:07.20	456
	50m: 33.89 33.89	150m: 1:51.20	39.25	250m: 3:10.14	39.35
	100m: 1:11.95 38.06	200m: 2:30.79	39.59	300m: 3:49.52	39.38
				350m: 4:28.88	39.36
				400m: 5:07.20	38.32
11.	POLASIK Natalia	15	Medyk Gi ycko	5:16.11	418
	50m: 34.97 34.97	150m: 1:55.49	40.80	250m: 3:16.92	40.53
	100m: 1:14.69 39.72	200m: 2:36.39	40.90	300m: 3:57.56	40.64
				350m: 4:37.02	39.46
				400m: 5:16.11	39.09
12.	SIUDA Paulina	15	Pirania Targówek	5:17.60	412
	50m: 34.63 34.63	150m: 1:55.22	40.83	250m: 3:17.60	40.99
	100m: 1:14.39 39.76	200m: 2:36.61	41.39	300m: 3:58.35	40.75
				350m: 4:38.74	40.39
				400m: 5:17.60	38.86
13.	SZYNDLER Aleksandra	15	Swim10 Puławy	5:18.22	410
	50m: 34.90 34.90	150m: 1:55.77	40.27	250m: 3:17.41	40.54
	100m: 1:15.50 40.60	200m: 2:36.87	41.10	300m: 3:58.60	41.19
				350m: 4:39.56	40.96
				400m: 5:18.22	38.66

JUNIOR MŁODSZY 16 LAT

1.	WICHA Karolina Soc	16	KSZO Ostrowiec wi.	4:27.18	693
	50m: 31.99 31.99	150m: 1:40.53	34.25	250m: 2:48.36	33.44
	100m: 1:06.28 34.29	200m: 2:14.92	34.39	300m: 3:22.33	33.97
				350m: 3:54.71	32.38
				400m: 4:27.18	32.47
2.	KOSSAKOWSKA Dominika	16	SiKReT Gliwice	4:33.32	647
	50m: 31.46 31.46	150m: 1:40.43	34.66	250m: 2:51.19	35.35
	100m: 1:05.77 34.31	200m: 2:15.84	35.41	300m: 3:26.36	35.17
				350m: 4:00.31	33.95
				400m: 4:33.32	33.01
3.	PIECHOTA Karolina	16	UKS 190 Łód	4:35.08	635
	50m: 32.30 32.30	150m: 1:41.45	34.48	250m: 2:50.85	34.76
	100m: 1:06.97 34.67	200m: 2:16.09	34.64	300m: 3:25.79	34.94
				350m: 4:00.67	34.88
				400m: 4:35.08	34.41
4.	KRAUZE Alicja	16	WOPR Malbork	4:36.09	628
	50m: 31.76 31.76	150m: 1:42.03	35.53	250m: 2:53.33	35.66
	100m: 1:06.50 34.74	200m: 2:17.67	35.64	300m: 3:28.44	35.11
				350m: 4:03.12	34.68
				400m: 4:36.09	32.97

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Konkurencja 20, Dziewcz t, 400m dowolny, JUNIOR MŁODSZY 16 LAT

Pozycja			Wiek				Czas				Pkt.	
5.	ŁYSAKOWSKA Julia SL		16				AZS UMCS Lublin				4:43.58	579
	50m:	33.05	33.05	150m:	1:45.36	36.55	250m:	2:56.87	35.95	350m:	4:08.56	35.96
	100m:	1:08.81	35.76	200m:	2:20.92	35.56	300m:	3:32.60	35.73	400m:	4:43.58	35.02
6.	SZELUGA Wiktoria SOL		16				Kormoran Olsztyn				4:48.72	549
	50m:	32.97	32.97	150m:	1:45.19	36.14	250m:	2:58.57	36.68	350m:	4:12.45	36.65
	100m:	1:09.05	36.08	200m:	2:21.89	36.70	300m:	3:35.80	37.23	400m:	4:48.72	36.27
7.	ULICKA Alicja		16				Nawa Skierniewice				4:54.02	520
	50m:	33.60	33.60	150m:	1:47.93	37.72	250m:	3:03.57	37.64	350m:	4:18.52	37.18
	100m:	1:10.21	36.61	200m:	2:25.93	38.00	300m:	3:41.34	37.77	400m:	4:54.02	35.50
8.	POPIEL Anna		16				CKS-SMS Szczecin				5:01.91	480
	50m:	32.78	32.78	150m:	1:47.84	38.23	250m:	3:05.36	39.12	350m:	4:24.43	39.83
	100m:	1:09.61	36.83	200m:	2:26.24	38.40	300m:	3:44.60	39.24	400m:	5:01.91	37.48
9.	HAŁKA Wiktoria		16				Sparta Biłgoraj				5:01.93	480
	50m:	34.24	34.24	150m:	1:51.69	39.15	250m:	3:10.28	39.57	350m:	4:28.37	38.76
	100m:	1:12.54	38.30	200m:	2:30.71	39.02	300m:	3:49.61	39.33	400m:	5:01.93	33.56
10.	GR Z Gabriela		16				Motyl Stalowa Wola				5:05.13	465
	50m:	34.19	34.19	150m:	1:51.28	38.97	250m:	3:09.60	39.04	350m:	4:28.06	38.49
	100m:	1:12.31	38.12	200m:	2:30.56	39.28	300m:	3:49.57	39.97	400m:	5:05.13	37.07

JUNIOR 17 - 18 LAT

1.	PIECHOTA Paulina		18				UKS 190 Łód				4:18.77	763
	50m:	30.84	30.84	150m:	1:36.27	32.54	250m:	2:41.37	32.44	350m:	3:46.77	32.53
	100m:	1:03.73	32.89	200m:	2:08.93	32.66	300m:	3:14.24	32.87	400m:	4:18.77	32.00
2.	ANDRZEJEWSKA Kamila SL		18				AZS UMCS Lublin				4:27.19	693
	50m:	31.65	31.65	150m:	1:40.29	34.30	250m:	2:49.15	34.24	350m:	3:55.64	32.80
	100m:	1:05.99	34.34	200m:	2:14.91	34.62	300m:	3:22.84	33.69	400m:	4:27.19	31.55
3.	PISAREK Justyna SO		17				Unia O wi cim				4:33.66	645
	50m:	31.13	31.13	150m:	1:40.55	35.08	250m:	2:50.73	35.06	350m:	4:00.24	34.38
	100m:	1:05.47	34.34	200m:	2:15.67	35.12	300m:	3:25.86	35.13	400m:	4:33.66	33.42
4.	POGORZELSKA Inez		17				GOS Raszyn				4:36.55	625
	50m:	31.15	31.15	150m:	1:41.55	35.72	250m:	2:53.24	35.69	350m:	4:03.70	35.06
	100m:	1:05.83	34.68	200m:	2:17.55	36.00	300m:	3:28.64	35.40	400m:	4:36.55	32.85
5.	SZAFRA SKA Julia Soc		17				KSZO Ostrowiec wi.				4:36.72	623
	50m:	31.94	31.94	150m:	1:40.62	34.76	250m:	2:50.74	35.06	350m:	4:02.03	35.79
	100m:	1:05.86	33.92	200m:	2:15.68	35.06	300m:	3:26.24	35.50	400m:	4:36.72	34.69
6.	GÓRSKA Julia		17				Warszawianka				4:38.45	612
	50m:	31.79	31.79	150m:	1:41.29	35.03	250m:	2:52.65	35.82	350m:	4:04.57	35.59
	100m:	1:06.26	34.47	200m:	2:16.83	35.54	300m:	3:28.98	36.33	400m:	4:38.45	33.88
7.	TOMO Martyna		17				Skarpa Lublin				4:41.76	591
	50m:	32.75	32.75	150m:	1:43.43	35.76	250m:	2:54.80	35.66	350m:	4:06.67	36.10
	100m:	1:07.67	34.92	200m:	2:19.14	35.71	300m:	3:30.57	35.77	400m:	4:41.76	35.09
8.	BARYŁA Julia SSz		17				MKP Szczecin				4:41.81	590
	50m:	31.83	31.83	150m:	1:41.96	35.81	250m:	2:55.08	36.52	350m:	4:07.12	36.18
	100m:	1:06.15	34.32	200m:	2:18.56	36.60	300m:	3:30.94	35.86	400m:	4:41.81	34.69
9.	WÓJTOWICZ Julia SL		17				Skarpa Lublin				4:51.83	531
	50m:	33.47	33.47	150m:	1:46.98	36.62	250m:	3:01.39	37.13	350m:	4:16.01	36.59
	100m:	1:10.36	36.89	200m:	2:24.26	37.28	300m:	3:39.42	38.03	400m:	4:51.83	35.82
10.	ABRAMOWICZ Julia		17				IKS Konstancin				4:55.93	510
	50m:	32.25	32.25	150m:	1:47.88	37.95	250m:	3:03.70	37.84	350m:	4:19.35	37.61
	100m:	1:09.93	37.68	200m:	2:25.86	37.98	300m:	3:41.74	38.04	400m:	4:55.93	36.58
11.	MAŁKUS Amelia		17				Ostrobramska W-wa				5:15.19	422
	50m:	34.49	34.49	150m:	1:54.89	40.77	250m:	3:16.55	41.30	350m:	4:37.00	39.95
	100m:	1:14.12	39.63	200m:	2:35.25	40.36	300m:	3:57.05	40.50	400m:	5:15.19	38.19

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Konkurencja 20, Kobiet, 400m dowolny

OPEN

1.	BURSKA Justyna	22	AZS UWM Olsztyn	4:15.53	792
	50m: 30.82 30.82	150m: 1:35.87 32.59	250m: 2:39.75 31.92	350m: 3:43.90 32.20	
	100m: 1:03.28 32.46	200m: 2:07.83 31.96	300m: 3:11.70 31.95	400m: 4:15.53 31.63	
2.	PIECHOTA Paulina	18	UKS 190 Łódź	4:18.77	763
	50m: 30.84 30.84	150m: 1:36.27 32.54	250m: 2:41.37 32.44	350m: 3:46.77 32.53	
	100m: 1:03.73 32.89	200m: 2:08.93 32.66	300m: 3:14.24 32.87	400m: 4:18.77 32.00	
	UKOWSKA Paula	24	I sk Wrocław	4:18.77	763
	50m: 30.61 30.61	150m: 1:36.55 32.82	250m: 2:42.24 32.67	350m: 3:47.36 32.42	
	100m: 1:03.73 33.12	200m: 2:09.57 33.02	300m: 3:14.94 32.70	400m: 4:18.77 31.41	
4.	JANKOWSKA Klaudia	19	Gim 92 Ursynów W-wa	4:20.06	751
	50m: 30.49 30.49	150m: 1:36.92 33.13	250m: 2:42.75 32.96	350m: 3:48.78 33.25	
	100m: 1:03.79 33.30	200m: 2:09.79 32.87	300m: 3:15.53 32.78	400m: 4:20.06 31.28	
5.	KARPISZ Milena	20	Pi tka Konstantinów Łódzki	4:23.57	722
	50m: 31.12 31.12	150m: 1:37.46 33.12	250m: 2:43.59 33.12	350m: 3:50.42 33.44	
	100m: 1:04.34 33.22	200m: 2:10.47 33.01	300m: 3:16.98 33.39	400m: 4:23.57 33.15	
6.	WICHA Karolina Soc	16	KSZO Ostrowiec wi.	4:27.18	693
	50m: 31.99 31.99	150m: 1:40.53 34.25	250m: 2:48.36 33.44	350m: 3:54.71 32.38	
	100m: 1:06.28 34.29	200m: 2:14.92 34.39	300m: 3:22.33 33.97	400m: 4:27.18 32.47	
7.	ANDRZEJEWSKA Kamila SL	18	AZS UMCS Lublin	4:27.19	693
	50m: 31.65 31.65	150m: 1:40.29 34.30	250m: 2:49.15 34.24	350m: 3:55.64 32.80	
	100m: 1:05.99 34.34	200m: 2:14.91 34.62	300m: 3:22.84 33.69	400m: 4:27.19 31.55	
8.	ZACHOSZCZ Joanna	24	AZS UWM Olsztyn	4:27.37	691
	50m: 31.17 31.17	150m: 1:38.95 33.90	250m: 2:46.54 33.83	350m: 3:54.37 33.96	
	100m: 1:05.05 33.88	200m: 2:12.71 33.76	300m: 3:20.41 33.87	400m: 4:27.37 33.00	
9.	WOJCIECHOWSKA Joanna SL	19	Orlik Lublin	4:30.06	671
	50m: 32.15 32.15	150m: 1:40.06 33.82	250m: 2:48.44 34.05	350m: 3:56.75 34.08	
	100m: 1:06.24 34.09	200m: 2:14.39 34.33	300m: 3:22.67 34.23	400m: 4:30.06 33.31	
10.	W CŁAWIAK Irena	19	Gim 92 Ursynów W-wa	4:30.31	669
	50m: 30.57 30.57	150m: 1:38.19 34.40	250m: 2:47.26 34.90	350m: 3:56.82 35.19	
	100m: 1:03.79 33.22	200m: 2:12.36 34.17	300m: 3:21.63 34.37	400m: 4:30.31 33.49	
11.	KOSSAKOWSKA Dominika	16	SiKReT Gliwice	4:33.32	647
	50m: 31.46 31.46	150m: 1:40.43 34.66	250m: 2:51.19 35.35	350m: 4:00.31 33.95	
	100m: 1:05.77 34.31	200m: 2:15.84 35.41	300m: 3:26.36 35.17	400m: 4:33.32 33.01	
12.	PISAREK Justyna SO	17	Unia O wi cim	4:33.66	645
	50m: 31.13 31.13	150m: 1:40.55 35.08	250m: 2:50.73 35.06	350m: 4:00.24 34.38	
	100m: 1:05.47 34.34	200m: 2:15.67 35.12	300m: 3:25.86 35.13	400m: 4:33.66 33.42	
13.	CYNARSKA Weronika	14	Muszelka Warszawa	4:34.86	636
	50m: 31.21 31.21	150m: 1:39.97 34.77	250m: 2:50.37 35.44	350m: 4:00.99 35.23	
	100m: 1:05.20 33.99	200m: 2:14.93 34.96	300m: 3:25.76 35.39	400m: 4:34.86 33.87	
14.	PIECHOTA Karolina	16	UKS 190 Łódź	4:35.08	635
	50m: 32.30 32.30	150m: 1:41.45 34.48	250m: 2:50.85 34.76	350m: 4:00.67 34.88	
	100m: 1:06.97 34.67	200m: 2:16.09 34.64	300m: 3:25.79 34.94	400m: 4:35.08 34.41	
15.	KRAUZE Alicja	16	WOPR Malbork	4:36.09	628
	50m: 31.76 31.76	150m: 1:42.03 35.53	250m: 2:53.33 35.66	350m: 4:03.12 34.68	
	100m: 1:06.50 34.74	200m: 2:17.67 35.64	300m: 3:28.44 35.11	400m: 4:36.09 32.97	
16.	POGORZELSKA Inez	17	GOS Raszyn	4:36.55	625
	50m: 31.15 31.15	150m: 1:41.55 35.72	250m: 2:53.24 35.69	350m: 4:03.70 35.06	
	100m: 1:05.83 34.68	200m: 2:17.55 36.00	300m: 3:28.64 35.40	400m: 4:36.55 32.85	
17.	SZAFRA SKA Julia Soc	17	KSZO Ostrowiec wi.	4:36.72	623
	50m: 31.94 31.94	150m: 1:40.62 34.76	250m: 2:50.74 35.06	350m: 4:02.03 35.79	
	100m: 1:05.86 33.92	200m: 2:15.68 35.06	300m: 3:26.24 35.50	400m: 4:36.72 34.69	
18.	KRYSZKOWSKA Natalia	15	MZOS Płock	4:37.92	615
	50m: 31.71 31.71	150m: 1:41.73 35.09	250m: 2:52.34 35.20	350m: 4:03.54 35.52	
	100m: 1:06.64 34.93	200m: 2:17.14 35.41	300m: 3:28.02 35.68	400m: 4:37.92 34.38	

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19.	GÓRSKA Julia		17	Warszawianka				4:38.45	612		
	50m:	31.79 31.79	150m:	1:41.29	35.03	250m:	2:52.65	35.82	350m:	4:04.57	35.59
	100m:	1:06.26 34.47	200m:	2:16.83	35.54	300m:	3:28.98	36.33	400m:	4:38.45	33.88
20.	TOMO Martyna		17	Skarpa Lublin				4:41.76	591		
	50m:	32.75 32.75	150m:	1:43.43	35.76	250m:	2:54.80	35.66	350m:	4:06.67	36.10
	100m:	1:07.67 34.92	200m:	2:19.14	35.71	300m:	3:30.57	35.77	400m:	4:41.76	35.09
21.	BARYŁA Julia SSz		17	MKP Szczecin				4:41.81	590		
	50m:	31.83 31.83	150m:	1:41.96	35.81	250m:	2:55.08	36.52	350m:	4:07.12	36.18
	100m:	1:06.15 34.32	200m:	2:18.56	36.60	300m:	3:30.94	35.86	400m:	4:41.81	34.69
22.	ŁYSAKOWSKA Julia SL		16	AZS UMCS Lublin				4:43.58	579		
	50m:	33.05 33.05	150m:	1:45.36	36.55	250m:	2:56.87	35.95	350m:	4:08.56	35.96
	100m:	1:08.81 35.76	200m:	2:20.92	35.56	300m:	3:32.60	35.73	400m:	4:43.58	35.02
23.	RACZEWSKA Emilia SOL		15	Kormoran Olsztyn				4:43.69	579		
	50m:	32.45 32.45	150m:	1:44.04	35.97	250m:	2:56.52	36.28	350m:	4:09.26	36.10
	100m:	1:08.07 35.62	200m:	2:20.24	36.20	300m:	3:33.16	36.64	400m:	4:43.69	34.43
24.	PAWŁOWSKA Barbara		15	UKS 190 Łód				4:44.65	573		
	50m:	32.76 32.76	150m:	1:44.60	35.89	250m:	2:57.32	36.38	350m:	4:09.83	36.06
	100m:	1:08.71 35.95	200m:	2:20.94	36.34	300m:	3:33.77	36.45	400m:	4:44.65	34.82
25.	KULIK Wiktoria SOL		14	Kormoran Olsztyn				4:47.44	556		
	50m:	33.20 33.20	150m:	1:45.99	36.70	250m:	2:59.11	36.31	350m:	4:12.15	36.46
	100m:	1:09.29 36.09	200m:	2:22.80	36.81	300m:	3:35.69	36.58	400m:	4:47.44	35.29
26.	SŁOWIK Martyna		14	IKS Konstancin				4:47.54	556		
	50m:	33.03 33.03	150m:	1:45.82	36.69	250m:	2:58.43	36.43	350m:	4:11.99	36.82
	100m:	1:09.13 36.10	200m:	2:22.00	36.18	300m:	3:35.17	36.74	400m:	4:47.54	35.55
27.	SZELUGA Wiktoria SOL		16	Kormoran Olsztyn				4:48.72	549		
	50m:	32.97 32.97	150m:	1:45.19	36.14	250m:	2:58.57	36.68	350m:	4:12.45	36.65
	100m:	1:09.05 36.08	200m:	2:21.89	36.70	300m:	3:35.80	37.23	400m:	4:48.72	36.27
28.	KOŁODZIEJCZYK Oliwia		14	Olimpia Lublin				4:49.58	544		
	50m:	33.09 33.09	150m:	1:45.93	37.15	250m:	3:00.79	37.43	350m:	4:14.85	36.74
	100m:	1:08.78 35.69	200m:	2:23.36	37.43	300m:	3:38.11	37.32	400m:	4:49.58	34.73
29.	KRAWCZYK Paulina		15	IKS Konstancin				4:49.70	543		
	50m:	31.48 31.48	150m:	1:44.39	37.08	250m:	2:59.27	37.38	350m:	4:13.79	37.08
	100m:	1:07.31 35.83	200m:	2:21.89	37.50	300m:	3:36.71	37.44	400m:	4:49.70	35.91
30.	HAŁADYŃ Karolina		14	UKS 190 Łód				4:51.69	532		
	50m:	33.37 33.37	150m:	1:47.13	37.48	250m:	3:01.98	37.89	350m:	4:16.34	37.38
	100m:	1:09.65 36.28	200m:	2:24.09	36.96	300m:	3:38.96	36.98	400m:	4:51.69	35.35
31.	ZBROJEWSKA Zofia		14	Trójka Łód				4:51.80	532		
	50m:	33.15 33.15	150m:	1:48.07	37.57	250m:	3:03.20	37.69	350m:	4:17.26	36.50
	100m:	1:10.50 37.35	200m:	2:25.51	37.44	300m:	3:40.76	37.56	400m:	4:51.80	34.54
32.	WÓJTOWICZ Julia SL		17	Skarpa Lublin				4:51.83	531		
	50m:	33.47 33.47	150m:	1:46.98	36.62	250m:	3:01.39	37.13	350m:	4:16.01	36.59
	100m:	1:10.36 36.89	200m:	2:24.26	37.28	300m:	3:39.42	38.03	400m:	4:51.83	35.82
33.	TOMASZEWSKA Magdalena		15	Wisła Puławy				4:52.45	528		
	50m:	32.82 32.82	150m:	1:47.09	37.82	250m:	3:02.51	37.79	350m:	4:16.97	37.13
	100m:	1:09.27 36.45	200m:	2:24.72	37.63	300m:	3:39.84	37.33	400m:	4:52.45	35.48
34.	ULICKA Alicja		16	Nawa Skierniewice				4:54.02	520		
	50m:	33.60 33.60	150m:	1:47.93	37.72	250m:	3:03.57	37.64	350m:	4:18.52	37.18
	100m:	1:10.21 36.61	200m:	2:25.93	38.00	300m:	3:41.34	37.77	400m:	4:54.02	35.50
35.	SZEWCZYK Zofia		15	Fala Kra nik				4:54.32	518		
	50m:	33.91 33.91	150m:	1:49.25	37.76	250m:	3:04.45	37.23	350m:	4:18.92	37.11
	100m:	1:11.49 37.58	200m:	2:27.22	37.97	300m:	3:41.81	37.36	400m:	4:54.32	35.40
36.	URBANIĄK Dominika		14	UKS 190 Łód				4:55.41	512		
	50m:	33.63 33.63	150m:	1:47.62	37.22	250m:	3:03.10	37.69	350m:	4:18.42	37.50
	100m:	1:10.40 36.77	200m:	2:25.41	37.79	300m:	3:40.92	37.82	400m:	4:55.41	36.99

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37.	CHOMICKA Zofia		15	Pirania Targówek				4:55.65	511
	50m: 33.22	33.22	150m: 1:46.56	37.23	250m: 3:03.05	38.23	350m: 4:18.72	38.00	
	100m: 1:09.33	36.11	200m: 2:24.82	38.26	300m: 3:40.72	37.67	400m: 4:55.65	36.93	
38.	CICHOCKA Oliwia		14	Olimpijczyk 23 Lublin				4:55.78	510
	50m: 34.22	34.22	150m: 1:48.95	38.02	250m: 3:04.83	38.00	350m: 4:19.99	37.30	
	100m: 1:10.93	36.71	200m: 2:26.83	37.88	300m: 3:42.69	37.86	400m: 4:55.78	35.79	
39.	ABRAMOWICZ Julia		17	IKS Konstancin				4:55.93	510
	50m: 32.25	32.25	150m: 1:47.88	37.95	250m: 3:03.70	37.84	350m: 4:19.35	37.61	
	100m: 1:09.93	37.68	200m: 2:25.86	37.98	300m: 3:41.74	38.04	400m: 4:55.93	36.58	
40.	WRÓBLEWSKA Amelia		15	Pirania Targówek				4:57.54	501
	50m: 32.61	32.61	150m: 1:46.87	38.07	250m: 3:04.35	38.62	350m: 4:22.05	38.68	
	100m: 1:08.80	36.19	200m: 2:25.73	38.86	300m: 3:43.37	39.02	400m: 4:57.54	35.49	
41.	KURZYNA Aleksandra		14	Fala Kra nik				4:58.13	498
	50m: 33.38	33.38	150m: 1:48.38	38.09	250m: 3:05.19	37.80	350m: 4:22.13	38.49	
	100m: 1:10.29	36.91	200m: 2:27.39	39.01	300m: 3:43.64	38.45	400m: 4:58.13	36.00	
42.	KURZEPA Adrianna		15	Pirania Targówek				4:59.54	491
	50m: 33.83	33.83	150m: 1:48.93	37.80	250m: 3:06.41	38.84	350m: 4:23.35	38.58	
	100m: 1:11.13	37.30	200m: 2:27.57	38.64	300m: 3:44.77	38.36	400m: 4:59.54	36.19	
43.	KOSTRZEWSKA Maria		14	UKS 190 Łód				4:59.99	489
	50m: 34.14	34.14	150m: 1:50.28	38.24	250m: 3:07.29	38.15	350m: 4:23.08	37.44	
	100m: 1:12.04	37.90	200m: 2:29.14	38.86	300m: 3:45.64	38.35	400m: 4:59.99	36.91	
44.	POPIEL Anna		16	CKS-SMS Szczecin				5:01.91	480
	50m: 32.78	32.78	150m: 1:47.84	38.23	250m: 3:05.36	39.12	350m: 4:24.43	39.83	
	100m: 1:09.61	36.83	200m: 2:26.24	38.40	300m: 3:44.60	39.24	400m: 5:01.91	37.48	
45.	HAŁKA Wiktoria		16	Sparta Biłgoraj				5:01.93	480
	50m: 34.24	34.24	150m: 1:51.69	39.15	250m: 3:10.28	39.57	350m: 4:28.37	38.76	
	100m: 1:12.54	38.30	200m: 2:30.71	39.02	300m: 3:49.61	39.33	400m: 5:01.93	33.56	
46.	RADKOWSKA Daria		14	Olimpijczyk 23 Lublin				5:02.17	479
	50m: 34.14	34.14	150m: 1:50.77	38.81	250m: 3:08.61	38.99	350m: 4:26.33	38.32	
	100m: 1:11.96	37.82	200m: 2:29.62	38.85	300m: 3:48.01	39.40	400m: 5:02.17	35.84	
47.	JASKUŁOWSKA Zofia		14	IKS Konstancin				5:03.72	471
	50m: 33.61	33.61	150m: 1:50.08	38.84	250m: 3:09.02	39.76	350m: 4:26.20	38.35	
	100m: 1:11.24	37.63	200m: 2:29.26	39.18	300m: 3:47.85	38.83	400m: 5:03.72	37.52	
48.	GR Z Gabriela		16	Motyl Stalowa Wola				5:05.13	465
	50m: 34.19	34.19	150m: 1:51.28	38.97	250m: 3:09.60	39.04	350m: 4:28.06	38.49	
	100m: 1:12.31	38.12	200m: 2:30.56	39.28	300m: 3:49.57	39.97	400m: 5:05.13	37.07	
49.	SZYMCZAK Patrycja		15	Manta Kochłowice Ruda I.				5:07.20	456
	50m: 33.89	33.89	150m: 1:51.20	39.25	250m: 3:10.14	39.35	350m: 4:28.88	39.36	
	100m: 1:11.95	38.06	200m: 2:30.79	39.59	300m: 3:49.52	39.38	400m: 5:07.20	38.32	
50.	CIESIELSKA Natalia		14	UKS SP 149 Łód				5:11.21	438
	50m: 35.79	35.79	150m: 1:54.29	39.46	250m: 3:13.68	40.11	350m: 4:32.98	39.41	
	100m: 1:14.83	39.04	200m: 2:33.57	39.28	300m: 3:53.57	39.89	400m: 5:11.21	38.23	
51.	MAŁKUS Amelia		17	Ostrobramska W-wa				5:15.19	422
	50m: 34.49	34.49	150m: 1:54.89	40.77	250m: 3:16.55	41.30	350m: 4:37.00	39.95	
	100m: 1:14.12	39.63	200m: 2:35.25	40.36	300m: 3:57.05	40.50	400m: 5:15.19	38.19	
52.	NIEWIADOMSKA Nikola		14	Manta Kochłowice Ruda I.				5:15.48	421
	50m: 35.07	35.07	150m: 1:55.23	40.24	250m: 3:16.99	41.00	350m: 4:36.94	39.74	
	100m: 1:14.99	39.92	200m: 2:35.99	40.76	300m: 3:57.20	40.21	400m: 5:15.48	38.54	
53.	POLASIK Natalia		15	Medyk Gi ycko				5:16.11	418
	50m: 34.97	34.97	150m: 1:55.49	40.80	250m: 3:16.92	40.53	350m: 4:37.02	39.46	
	100m: 1:14.69	39.72	200m: 2:36.39	40.90	300m: 3:57.56	40.64	400m: 5:16.11	39.09	
54.	SIUDA Paulina		15	Pirania Targówek				5:17.60	412
	50m: 34.63	34.63	150m: 1:55.22	40.83	250m: 3:17.60	40.99	350m: 4:38.74	40.39	
	100m: 1:14.39	39.76	200m: 2:36.61	41.39	300m: 3:58.35	40.75	400m: 5:17.60	38.86	

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55.	SZYNDLER Aleksandra			15	Swim10 Puławy				5:18.22	410		
	50m:	34.90	34.90	150m:	1:55.77	40.27	250m:	3:17.41	40.54	350m:	4:39.56	40.96
	100m:	1:15.50	40.60	200m:	2:36.87	41.10	300m:	3:58.60	41.19	400m:	5:18.22	38.66