

2017 Arena Grand Prix - Puchar Polski
Lublin, 8- - 9-4-2017

Konkurencja 23
2017-04-09 - 11:28

M czynzn, 400m zmienny

14 lat i starsi
Wyniki

Rekord Polski OPEN 4:12.28 MATCZAK Mateusz 00905 Belgrade (SRB) 2009-07-11

Punkty: FINA 2017

Pozycja			Wiek					Czas	Pkt.		
JUNIOR MŁODSZY 14 LAT											
1.	UŁANOWICZ Piotr		14	Lublinianka				5:03.41	519		
	50m:	32.11 32.11	150m:	1:46.94	38.26	250m:	3:09.38	44.35	350m:	4:29.22	35.26
	100m:	1:08.68 36.57	200m:	2:25.03	38.09	300m:	3:53.96	44.58	400m:	5:03.41	34.19
2.	G STAŁ Jan		14	Warszawianka				5:04.58	513		
	50m:	31.72 31.72	150m:	1:47.59	39.90	250m:	3:11.04	45.11	350m:	4:31.50	35.11
	100m:	1:07.69 35.97	200m:	2:25.93	38.34	300m:	3:56.39	45.35	400m:	5:04.58	33.08
3.	LABICH Wiktor		14	Trójka Łód				5:11.39	480		
	50m:	34.00 34.00	150m:	1:55.26	41.59	250m:	3:18.25	42.77	350m:	4:38.81	35.98
	100m:	1:13.67 39.67	200m:	2:35.48	40.22	300m:	4:02.83	44.58	400m:	5:11.39	32.58
4.	ROGUSKI Mateusz		14	Muszelka Warszawa				5:13.39	471		
	50m:	32.58 32.58	150m:	1:51.73	41.59	250m:	3:16.73	45.47	350m:	4:39.10	35.37
	100m:	1:10.14 37.56	200m:	2:31.26	39.53	300m:	4:03.73	47.00	400m:	5:13.39	34.29
5.	MARKOWSKI Kacper		14	G-8 Bielany W-wa				5:13.99	468		
	50m:	32.93 32.93	150m:	1:52.92	41.09	250m:	3:17.77	43.71	350m:	4:38.90	36.21
	100m:	1:11.83 38.90	200m:	2:34.06	41.14	300m:	4:02.69	44.92	400m:	5:13.99	35.09
6.	TOMASZOWSKI Michał		14	Park Wodny Tarnowskie Góry				5:15.13	463		
	50m:	32.57 32.57	150m:	1:51.53	40.84	250m:	3:18.56	45.97	350m:	4:40.70	35.83
	100m:	1:10.69 38.12	200m:	2:32.59	41.06	300m:	4:04.87	46.31	400m:	5:15.13	34.43
7.	MRÓZ Adam		14	Orlik Lublin				5:16.77	456		
	50m:	33.33 33.33	150m:	1:54.80	42.86	250m:	3:20.91	45.41	350m:	4:44.46	37.48
	100m:	1:11.94 38.61	200m:	2:35.50	40.70	300m:	4:06.98	46.07	400m:	5:16.77	32.31
8.	SWOJNÓG Igor		14	Park Wodny Tarnowskie Góry				5:17.25	454		
	50m:	31.49 31.49	150m:	1:52.31	43.39	250m:	3:21.39	47.04	350m:	4:43.05	34.91
	100m:	1:08.92 37.43	200m:	2:34.35	42.04	300m:	4:08.14	46.75	400m:	5:17.25	34.20
9.	KARPI SKI Jakub		14	Park Wodny Tarnowskie Góry				5:18.66	448		
	50m:	32.65 32.65	150m:	1:52.51	42.04	250m:	3:21.06	48.49	350m:	4:45.02	35.36
	100m:	1:10.47 37.82	200m:	2:32.57	40.06	300m:	4:09.66	48.60	400m:	5:18.66	33.64
10.	ADAMCZYK Jan		14	Lublinianka				5:22.28	433		
	50m:	34.21 34.21	150m:	1:56.57	42.42	250m:	3:23.66	45.96	350m:	4:46.61	36.37
	100m:	1:14.15 39.94	200m:	2:37.70	41.13	300m:	4:10.24	46.58	400m:	5:22.28	35.67

JUNIOR MŁODSZY 15 LAT

1.	RAJCA Wiktor		15	UKS 190 Łód				4:47.23	611		
	50m:	30.22 30.22	150m:	1:42.46	38.05	250m:	3:00.47	41.00	350m:	4:14.88	33.80
	100m:	1:04.41 34.19	200m:	2:19.47	37.01	300m:	3:41.08	40.61	400m:	4:47.23	32.35
2.	JA KIEWICZ Adrian		15	Muszelka Warszawa				4:53.24	574		
	50m:	30.25 30.25	150m:	1:42.30	38.51	250m:	3:04.05	44.06	350m:	4:21.92	33.31
	100m:	1:03.79 33.54	200m:	2:19.99	37.69	300m:	3:48.61	44.56	400m:	4:53.24	31.32
3.	KRZYWANIA Oskar		15	UKS SP 149 Łód				4:56.87	554		
	50m:	30.71 30.71	150m:	1:45.58	38.32	250m:	3:06.78	43.07	350m:	4:24.23	33.88
	100m:	1:07.26 36.55	200m:	2:23.71	38.13	300m:	3:50.35	43.57	400m:	4:56.87	32.64
4.	RUTA Kamil		15	Muszelka Warszawa				5:04.19	515		
	50m:	31.23 31.23	150m:	1:46.97	39.31	250m:	3:10.59	43.84	350m:	4:29.78	34.46
	100m:	1:07.66 36.43	200m:	2:26.75	39.78	300m:	3:55.32	44.73	400m:	5:04.19	34.41
5.	SIEKACZY SKI Artur		15	Fala Kra nik				5:04.70	512		
	50m:	32.32 32.32	150m:	1:49.18	38.17	250m:	3:13.27	46.20	350m:	4:33.65	34.51
	100m:	1:11.01 38.69	200m:	2:27.07	37.89	300m:	3:59.14	45.87	400m:	5:04.70	31.05

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Konkurencja 23, Chłopców, 400m zmienny, JUNIOR MŁODSZY 15 LAT

Pozycja			Wiek					Czas	Pkt.
6.	KOMAR Rafał SOL		15	Kormoran Olsztyn				5:04.96	511
	50m:	32.60 32.60	150m:	1:50.65 39.77	250m:	3:12.18 43.49	350m:	4:32.27 35.68	
	100m:	1:10.88 38.28	200m:	2:28.69 38.04	300m:	3:56.59 44.41	400m:	5:04.96 32.69	
7.	WORONKO Krzysztof		15	Medyk Gi ycko				5:06.14	505
	50m:	30.70 30.70	150m:	1:45.94 38.74	250m:	3:09.58 46.18	350m:	4:31.96 35.52	
	100m:	1:07.20 36.50	200m:	2:23.40 37.46	300m:	3:56.44 46.86	400m:	5:06.14 34.18	
8.	DOŁOWY Grzegorz		15	Muszelka Warszawa				5:10.21	485
	50m:	32.47 32.47	150m:	1:49.80 40.76	250m:	3:15.51 46.68	350m:	4:36.70 34.63	
	100m:	1:09.04 36.57	200m:	2:28.83 39.03	300m:	4:02.07 46.56	400m:	5:10.21 33.51	
9.	BOBORYK Wojciech		15	Delfin Gdynia				5:11.36	480
	50m:	31.67 31.67	150m:	1:50.14 40.49	250m:	3:14.12 44.74	350m:	4:36.35 37.27	
	100m:	1:09.65 37.98	200m:	2:29.38 39.24	300m:	3:59.08 44.96	400m:	5:11.36 35.01	
10.	GO DZIASZEK Krystian		15	Bobry D bica				5:12.08	476
	50m:	32.95 32.95	150m:	1:53.24 41.94	250m:	3:18.30 44.61	350m:	4:37.68 34.80	
	100m:	1:11.30 38.35	200m:	2:33.69 40.45	300m:	4:02.88 44.58	400m:	5:12.08 34.40	

JUNIOR MŁODSZY 16 LAT

1.	ELGALAL Sami		16	UKS SP 149 Łód				4:48.22	605
	50m:	29.07 29.07	150m:	1:41.80 37.23	250m:	3:00.60 42.52	350m:	4:15.77 33.00	
	100m:	1:04.57 35.50	200m:	2:18.08 36.28	300m:	3:42.77 42.17	400m:	4:48.22 32.45	
2.	SUCHA SKI Przemysław		16	Park Wodny Tarnowskie Góry				4:49.99	594
	50m:	30.55 30.55	150m:	1:43.93 36.42	250m:	3:00.73 42.08	350m:	4:17.21 33.43	
	100m:	1:07.51 36.96	200m:	2:18.65 34.72	300m:	3:43.78 43.05	400m:	4:49.99 32.78	
3.	KAMI SKI Damian		16	Znicz Koszalin				4:53.20	575
	50m:	29.03 29.03	150m:	1:41.63 38.38	250m:	3:03.55 44.04	350m:	4:21.19 33.10	
	100m:	1:03.25 34.22	200m:	2:19.51 37.88	300m:	3:48.09 44.54	400m:	4:53.20 32.01	
4.	GRZYBOWSKI Artur		16	Znicz Koszalin				5:00.41	534
	50m:	30.70 30.70	150m:	1:45.11 39.44	250m:	3:07.78 44.32	350m:	4:28.21 34.73	
	100m:	1:05.67 34.97	200m:	2:23.46 38.35	300m:	3:53.48 45.70	400m:	5:00.41 32.20	
5.	DUBIEL Kornel SG		16	abianka Gda sk				5:00.44	534
	50m:	31.13 31.13	150m:	1:45.15 37.84	250m:	3:06.27 43.39	350m:	4:26.03 35.48	
	100m:	1:07.31 36.18	200m:	2:22.88 37.73	300m:	3:50.55 44.28	400m:	5:00.44 34.41	
6.	WO NIAK Kamil		16	Wisła Puławy				5:01.27	530
	50m:	31.06 31.06	150m:	1:47.88 40.64	250m:	3:11.29 43.11	350m:	4:29.51 34.45	
	100m:	1:07.24 36.18	200m:	2:28.18 40.30	300m:	3:55.06 43.77	400m:	5:01.27 31.76	
7.	KONCKI Bartłmiej		16	Wisła Puławy				5:05.51	508
	50m:	33.04 33.04	150m:	1:50.19 39.24	250m:	3:12.57 43.20	350m:	4:32.16 35.21	
	100m:	1:10.95 37.91	200m:	2:29.37 39.18	300m:	3:56.95 44.38	400m:	5:05.51 33.35	
8.	DADOS Aleksander		16	Wisła Puławy				5:17.10	454
	50m:	32.15 32.15	150m:	1:52.78 41.87	250m:	3:19.45 45.96	350m:	4:43.66 37.31	
	100m:	1:10.91 38.76	200m:	2:33.49 40.71	300m:	4:06.35 46.90	400m:	5:17.10 33.44	

JUNIOR 17 - 18 LAT

1.	KAŁUSOWSKI Jan		17	Trójka Łód				4:30.87	729
	50m:	29.32 29.32	150m:	1:38.48 36.28	250m:	2:52.52 38.34	350m:	4:01.31 31.31	
	100m:	1:02.20 32.88	200m:	2:14.18 35.70	300m:	3:30.00 37.48	400m:	4:30.87 29.56	
2.	CIASTO Sebastian SO		18	Unia O wi cim				4:37.15	681
	50m:	30.33 30.33	150m:	1:40.08 35.87	250m:	2:54.97 38.69	350m:	4:05.91 32.07	
	100m:	1:04.21 33.88	200m:	2:16.28 36.20	300m:	3:33.84 38.87	400m:	4:37.15 31.24	
3.	ŁAPOT Radosław SR		18	MOS Katowice				4:39.78	662
	50m:	29.43 29.43	150m:	1:39.55 36.15	250m:	2:55.51 40.66	350m:	4:08.66 32.67	
	100m:	1:03.40 33.97	200m:	2:14.85 35.30	300m:	3:35.99 40.48	400m:	4:39.78 31.12	

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Konkurencja 23, Chłopców, 400m zmienny, JUNIOR 17 - 18 LAT

Pozycja			Wiek					Czas	Pkt.
4.	MA KA Filip		17	UKS 190 Łód			4:39.83	661	
	50m: 30.04	30.04	150m: 1:40.04	35.94	250m: 2:55.41	39.85	350m: 4:09.27	33.74	
	100m: 1:04.10	34.06	200m: 2:15.56	35.52	300m: 3:35.53	40.12	400m: 4:39.83	30.56	
5.	KEMPA Mikołaj SO		18	MMKS K dzierzyn Ko le			4:44.38	630	
	50m: 29.71	29.71	150m: 1:40.66	38.30	250m: 2:58.46	39.94	350m: 4:13.91	33.69	
	100m: 1:02.36	32.65	200m: 2:18.52	37.86	300m: 3:40.22	41.76	400m: 4:44.38	30.47	
6.	WAWRZY CZAK Alan SL		18	Skarpa Lublin			4:44.57	629	
	50m: 29.79	29.79	150m: 1:42.61	38.51	250m: 2:59.94	40.89	350m: 4:13.68	32.47	
	100m: 1:04.10	34.31	200m: 2:19.05	36.44	300m: 3:41.21	41.27	400m: 4:44.57	30.89	
7.	PAWLACZYK Patryk		17	UKS 190 Łód			4:52.31	580	
	50m: 30.43	30.43	150m: 1:41.76	36.65	250m: 3:02.61	44.96	350m: 4:20.66	33.09	
	100m: 1:05.11	34.68	200m: 2:17.65	35.89	300m: 3:47.57	44.96	400m: 4:52.31	31.65	
8.	MAYERBERG Kacper SO		17	Unia O wi cim			4:53.20	575	
	50m: 29.81	29.81	150m: 1:43.72	39.54	250m: 3:05.24	43.19	350m: 4:22.39	33.99	
	100m: 1:04.18	34.37	200m: 2:22.05	38.33	300m: 3:48.40	43.16	400m: 4:53.20	30.81	
9.	WA KOWICZ Bła ej		18	Warszawianka			4:53.54	573	
	50m: 29.28	29.28	150m: 1:41.16	38.94	250m: 3:03.11	43.99	350m: 4:21.24	33.93	
	100m: 1:02.22	32.94	200m: 2:19.12	37.96	300m: 3:47.31	44.20	400m: 4:53.54	32.30	
10.	WOZNIAK Kamil		17	Fregata Kolbuszowa			5:02.17	525	
	50m: 30.72	30.72	150m: 1:47.95	40.92	250m: 3:10.54	41.51	350m: 4:28.74	34.98	
	100m: 1:07.03	36.31	200m: 2:29.03	41.08	300m: 3:53.76	43.22	400m: 5:02.17	33.43	
11.	PAWŁOWSKI Bogdan		17	Bobry D bica			5:13.73	469	
	50m: 30.22	30.22	150m: 1:47.63	39.88	250m: 3:16.18	48.24	350m: 4:38.43	35.34	
	100m: 1:07.75	37.53	200m: 2:27.94	40.31	300m: 4:03.09	46.91	400m: 5:13.73	35.30	
12.	P TLAK Tadeusz		17	Warszawianka			5:17.66	452	
	50m: 31.14	31.14	150m: 1:56.46	43.20	250m: 3:21.98	41.85	350m: 4:42.55	37.40	
	100m: 1:13.26	42.12	200m: 2:40.13	43.67	300m: 4:05.15	43.17	400m: 5:17.66	35.11	
OPEN									
1.	KUBKOWSKI Bartłomiej		22	Kormoran Olsztyn			4:30.07	736	
	50m: 29.32	29.32	150m: 1:38.30	35.78	250m: 2:50.97	37.67	350m: 4:00.87	31.65	
	100m: 1:02.52	33.20	200m: 2:13.30	35.00	300m: 3:29.22	38.25	400m: 4:30.07	29.20	
2.	ZBUTOWICZ Karol SOL		19	Kormoran Olsztyn			4:30.50	732	
	50m: 28.73	28.73	150m: 1:38.44	36.35	250m: 2:50.96	37.59	350m: 4:00.61	32.06	
	100m: 1:02.09	33.36	200m: 2:13.37	34.93	300m: 3:28.55	37.59	400m: 4:30.50	29.89	
3.	KĄLUSOWSKI Jan		17	Trójka Łód			4:30.87	729	
	50m: 29.32	29.32	150m: 1:38.48	36.28	250m: 2:52.52	38.34	350m: 4:01.31	31.31	
	100m: 1:02.20	32.88	200m: 2:14.18	35.70	300m: 3:30.00	37.48	400m: 4:30.87	29.56	
4.	CIASTO Sebastian SO		18	Unia O wi cim			4:37.15	681	
	50m: 30.33	30.33	150m: 1:40.08	35.87	250m: 2:54.97	38.69	350m: 4:05.91	32.07	
	100m: 1:04.21	33.88	200m: 2:16.28	36.20	300m: 3:33.84	38.87	400m: 4:37.15	31.24	
5.	GŁYK Wojciech		25	AZS AWF Katowice			4:39.30	665	
	50m: 29.57	29.57	150m: 1:41.64	38.01	250m: 2:57.94	39.12	350m: 4:09.38	31.36	
	100m: 1:03.63	34.06	200m: 2:18.82	37.18	300m: 3:38.02	40.08	400m: 4:39.30	29.92	
6.	ŁAPOT Radosław SR		18	MOS Katowice			4:39.78	662	
	50m: 29.43	29.43	150m: 1:39.55	36.15	250m: 2:55.51	40.66	350m: 4:08.66	32.67	
	100m: 1:03.40	33.97	200m: 2:14.85	35.30	300m: 3:35.99	40.48	400m: 4:39.78	31.12	
7.	MA KA Filip		17	UKS 190 Łód			4:39.83	661	
	50m: 30.04	30.04	150m: 1:40.04	35.94	250m: 2:55.41	39.85	350m: 4:09.27	33.74	
	100m: 1:04.10	34.06	200m: 2:15.56	35.52	300m: 3:35.53	40.12	400m: 4:39.83	30.56	
8.	LECHOWICZ Filip		20	AZS AGH Kraków			4:40.18	659	
	50m: 29.51	29.51	150m: 1:41.93	37.48	250m: 2:56.67	39.49	350m: 4:10.09	33.33	
	100m: 1:04.45	34.94	200m: 2:17.18	35.25	300m: 3:36.76	40.09	400m: 4:40.18	30.09	

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Konkurencja 23, M czyzn, 400m zmienny, OPEN

Pozycja					Wiek					Czas	Pkt.	
9.	KEMPA Mikołaj SO				18	MMKS K dzierzyn Ko le				4:44.38	630	
	50m:	29.71	29.71	150m:	1:40.66	38.30	250m:	2:58.46	39.94	350m:	4:13.91	33.69
	100m:	1:02.36	32.65	200m:	2:18.52	37.86	300m:	3:40.22	41.76	400m:	4:44.38	30.47
10.	WAWRZY CZAK Alan SL				18	Skarpa Lublin				4:44.57	629	
	50m:	29.79	29.79	150m:	1:42.61	38.51	250m:	2:59.94	40.89	350m:	4:13.68	32.47
	100m:	1:04.10	34.31	200m:	2:19.05	36.44	300m:	3:41.21	41.27	400m:	4:44.57	30.89
11.	HOJDA Bartłomiej				19	Unia O wi cim				4:45.28	624	
	50m:	30.86	30.86	150m:	1:42.91	36.83	250m:	2:58.15	39.84	350m:	4:12.75	33.68
	100m:	1:06.08	35.22	200m:	2:18.31	35.40	300m:	3:39.07	40.92	400m:	4:45.28	32.53
12.	RAJCA Wiktor				15	UKS 190 Łód				4:47.23	611	
	50m:	30.22	30.22	150m:	1:42.46	38.05	250m:	3:00.47	41.00	350m:	4:14.88	33.80
	100m:	1:04.41	34.19	200m:	2:19.47	37.01	300m:	3:41.08	40.61	400m:	4:47.23	32.35
13.	MACHNIK Mikołaj				24	AZS AWF Katowice				4:47.87	607	
	50m:	30.18	30.18	150m:	1:46.56	39.84	250m:	3:03.97	39.35	350m:	4:16.22	33.55
	100m:	1:06.72	36.54	200m:	2:24.62	38.06	300m:	3:42.67	38.70	400m:	4:47.87	31.65
14.	ELGALAL Sami				16	UKS SP 149 Łód				4:48.22	605	
	50m:	29.07	29.07	150m:	1:41.80	37.23	250m:	3:00.60	42.52	350m:	4:15.77	33.00
	100m:	1:04.57	35.50	200m:	2:18.08	36.28	300m:	3:42.77	42.17	400m:	4:48.22	32.45
15.	SUCHA SKI Przemysław				16	Park Wodny Tarnowskie Góry				4:49.99	594	
	50m:	30.55	30.55	150m:	1:43.93	36.42	250m:	3:00.73	42.08	350m:	4:17.21	33.43
	100m:	1:07.51	36.96	200m:	2:18.65	34.72	300m:	3:43.78	43.05	400m:	4:49.99	32.78
16.	OPALSKI Marcin				24	Warszawianka				4:51.07	587	
	50m:	29.25	29.25	150m:	1:43.56	39.11	250m:	3:04.83	43.08	350m:	4:21.02	31.40
	100m:	1:04.45	35.20	200m:	2:21.75	38.19	300m:	3:49.62	44.79	400m:	4:51.07	30.05
17.	PAWLACZYK Patryk				17	UKS 190 Łód				4:52.31	580	
	50m:	30.43	30.43	150m:	1:41.76	36.65	250m:	3:02.61	44.96	350m:	4:20.66	33.09
	100m:	1:05.11	34.68	200m:	2:17.65	35.89	300m:	3:47.57	44.96	400m:	4:52.31	31.65
18.	KA MIERCZAK Wojciech				20	Warszawianka				4:52.35	580	
	50m:	30.70	30.70	150m:	1:46.19	40.31	250m:	3:06.08	41.21	350m:	4:20.66	33.49
	100m:	1:05.88	35.18	200m:	2:24.87	38.68	300m:	3:47.17	41.09	400m:	4:52.35	31.69
19.	KAMI SKI Damian				16	Znicz Koszalin				4:53.20	575	
	50m:	29.03	29.03	150m:	1:41.63	38.38	250m:	3:03.55	44.04	350m:	4:21.19	33.10
	100m:	1:03.25	34.22	200m:	2:19.51	37.88	300m:	3:48.09	44.54	400m:	4:53.20	32.01
	MAYERBERG Kacper SO				17	Unia O wi cim				4:53.20	575	
	50m:	29.81	29.81	150m:	1:43.72	39.54	250m:	3:05.24	43.19	350m:	4:22.39	33.99
	100m:	1:04.18	34.37	200m:	2:22.05	38.33	300m:	3:48.40	43.16	400m:	4:53.20	30.81
21.	JA KIEWICZ Adrian				15	Muszelka Warszawa				4:53.24	574	
	50m:	30.25	30.25	150m:	1:42.30	38.51	250m:	3:04.05	44.06	350m:	4:21.92	33.31
	100m:	1:03.79	33.54	200m:	2:19.99	37.69	300m:	3:48.61	44.56	400m:	4:53.24	31.32
22.	WA KOWICZ Bła ej				18	Warszawianka				4:53.54	573	
	50m:	29.28	29.28	150m:	1:41.16	38.94	250m:	3:03.11	43.99	350m:	4:21.24	33.93
	100m:	1:02.22	32.94	200m:	2:19.12	37.96	300m:	3:47.31	44.20	400m:	4:53.54	32.30
23.	KRZYWANIA Oskar				15	UKS SP 149 Łód				4:56.87	554	
	50m:	30.71	30.71	150m:	1:45.58	38.32	250m:	3:06.78	43.07	350m:	4:24.23	33.88
	100m:	1:07.26	36.55	200m:	2:23.71	38.13	300m:	3:50.35	43.57	400m:	4:56.87	32.64
24.	GRZYBOWSKI Artur				16	Znicz Koszalin				5:00.41	534	
	50m:	30.70	30.70	150m:	1:45.11	39.44	250m:	3:07.78	44.32	350m:	4:28.21	34.73
	100m:	1:05.67	34.97	200m:	2:23.46	38.35	300m:	3:53.48	45.70	400m:	5:00.41	32.20
25.	DUBIEL Kornel SG				16	abianka Gda sk				5:00.44	534	
	50m:	31.13	31.13	150m:	1:45.15	37.84	250m:	3:06.27	43.39	350m:	4:26.03	35.48
	100m:	1:07.31	36.18	200m:	2:22.88	37.73	300m:	3:50.55	44.28	400m:	5:00.44	34.41
26.	WO NIAK Kamil				16	Wiśla Puławy				5:01.27	530	
	50m:	31.06	31.06	150m:	1:47.88	40.64	250m:	3:11.29	43.11	350m:	4:29.51	34.45
	100m:	1:07.24	36.18	200m:	2:28.18	40.30	300m:	3:55.06	43.77	400m:	5:01.27	31.76

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Pozycja					Wiek					Czas	Pkt.	
27.	WOZNIAK Kamil				17	Fregata Kolbuszowa				5:02.17	525	
	50m:	30.72	30.72	150m:	1:47.95	40.92	250m:	3:10.54	41.51	350m:	4:28.74	34.98
	100m:	1:07.03	36.31	200m:	2:29.03	41.08	300m:	3:53.76	43.22	400m:	5:02.17	33.43
28.	UŁANOWICZ Piotr				14	Lublinianka				5:03.41	519	
	50m:	32.11	32.11	150m:	1:46.94	38.26	250m:	3:09.38	44.35	350m:	4:29.22	35.26
	100m:	1:08.68	36.57	200m:	2:25.03	38.09	300m:	3:53.96	44.58	400m:	5:03.41	34.19
29.	RUTA Kamil				15	Muszelka Warszawa				5:04.19	515	
	50m:	31.23	31.23	150m:	1:46.97	39.31	250m:	3:10.59	43.84	350m:	4:29.78	34.46
	100m:	1:07.66	36.43	200m:	2:26.75	39.78	300m:	3:55.32	44.73	400m:	5:04.19	34.41
30.	D BSKI Dominik SSz				19	MKP Szczecin				5:04.27	514	
	50m:	31.12	31.12	150m:	1:49.19	41.71	250m:	3:11.85	43.57	350m:	4:30.64	34.89
	100m:	1:07.48	36.36	200m:	2:28.28	39.09	300m:	3:55.75	43.90	400m:	5:04.27	33.63
31.	G STAŁ Jan				14	Warszawianka				5:04.58	513	
	50m:	31.72	31.72	150m:	1:47.59	39.90	250m:	3:11.04	45.11	350m:	4:31.50	35.11
	100m:	1:07.69	35.97	200m:	2:25.93	38.34	300m:	3:56.39	45.35	400m:	5:04.58	33.08
32.	SIEKACZY SKI Artur				15	Fala Kra nik				5:04.70	512	
	50m:	32.32	32.32	150m:	1:49.18	38.17	250m:	3:13.27	46.20	350m:	4:33.65	34.51
	100m:	1:11.01	38.69	200m:	2:27.07	37.89	300m:	3:59.14	45.87	400m:	5:04.70	31.05
33.	KOMAR Rafał SOL				15	Kormoran Olsztyn				5:04.96	511	
	50m:	32.60	32.60	150m:	1:50.65	39.77	250m:	3:12.18	43.49	350m:	4:32.27	35.68
	100m:	1:10.88	38.28	200m:	2:28.69	38.04	300m:	3:56.59	44.41	400m:	5:04.96	32.69
34.	KONCKI Bartłmiej				16	Wisła Puławy				5:05.51	508	
	50m:	33.04	33.04	150m:	1:50.19	39.24	250m:	3:12.57	43.20	350m:	4:32.16	35.21
	100m:	1:10.95	37.91	200m:	2:29.37	39.18	300m:	3:56.95	44.38	400m:	5:05.51	33.35
35.	WORONKO Krzysztof				15	Medyk Gi ycko				5:06.14	505	
	50m:	30.70	30.70	150m:	1:45.94	38.74	250m:	3:09.58	46.18	350m:	4:31.96	35.52
	100m:	1:07.20	36.50	200m:	2:23.40	37.46	300m:	3:56.44	46.86	400m:	5:06.14	34.18
36.	DOŁOWY Grzegorz				15	Muszelka Warszawa				5:10.21	485	
	50m:	32.47	32.47	150m:	1:49.80	40.76	250m:	3:15.51	46.68	350m:	4:36.70	34.63
	100m:	1:09.04	36.57	200m:	2:28.83	39.03	300m:	4:02.07	46.56	400m:	5:10.21	33.51
37.	BOBORYK Wojciech				15	Delfin Gdynia				5:11.36	480	
	50m:	31.67	31.67	150m:	1:50.14	40.49	250m:	3:14.12	44.74	350m:	4:36.35	37.27
	100m:	1:09.65	37.98	200m:	2:29.38	39.24	300m:	3:59.08	44.96	400m:	5:11.36	35.01
38.	LABICH Wiktor				14	Trójka Łód				5:11.39	480	
	50m:	34.00	34.00	150m:	1:55.26	41.59	250m:	3:18.25	42.77	350m:	4:38.81	35.98
	100m:	1:13.67	39.67	200m:	2:35.48	40.22	300m:	4:02.83	44.58	400m:	5:11.39	32.58
39.	GO DZIASZEK Krystian				15	Boby D bica				5:12.08	476	
	50m:	32.95	32.95	150m:	1:53.24	41.94	250m:	3:18.30	44.61	350m:	4:37.68	34.80
	100m:	1:11.30	38.35	200m:	2:33.69	40.45	300m:	4:02.88	44.58	400m:	5:12.08	34.40
40.	ROGUSKI Mateusz				14	Muszelka Warszawa				5:13.39	471	
	50m:	32.58	32.58	150m:	1:51.73	41.59	250m:	3:16.73	45.47	350m:	4:39.10	35.37
	100m:	1:10.14	37.56	200m:	2:31.26	39.53	300m:	4:03.73	47.00	400m:	5:13.39	34.29
41.	PAWŁOWSKI Bogdan				17	Boby D bica				5:13.73	469	
	50m:	30.22	30.22	150m:	1:47.63	39.88	250m:	3:16.18	48.24	350m:	4:38.43	35.34
	100m:	1:07.75	37.53	200m:	2:27.94	40.31	300m:	4:03.09	46.91	400m:	5:13.73	35.30
42.	MARKOWSKI Kacper				14	G-8 Bielany W-wa				5:13.99	468	
	50m:	32.93	32.93	150m:	1:52.92	41.09	250m:	3:17.77	43.71	350m:	4:38.90	36.21
	100m:	1:11.83	38.90	200m:	2:34.06	41.14	300m:	4:02.69	44.92	400m:	5:13.99	35.09
43.	TOMASZOWSKI Michał				14	Park Wodny Tarnowskie Góry				5:15.13	463	
	50m:	32.57	32.57	150m:	1:51.53	40.84	250m:	3:18.56	45.97	350m:	4:40.70	35.83
	100m:	1:10.69	38.12	200m:	2:32.59	41.06	300m:	4:04.87	46.31	400m:	5:15.13	34.43
44.	MRÓZ Adam				14	Orlik Lublin				5:16.77	456	
	50m:	33.33	33.33	150m:	1:54.80	42.86	250m:	3:20.91	45.41	350m:	4:44.46	37.48
	100m:	1:11.94	38.61	200m:	2:35.50	40.70	300m:	4:06.98	46.07	400m:	5:16.77	32.31

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Pozycja			Wiek						Czas	Pkt.		
45.	DADOS Aleksander		16		Wisła Puławy				5:17.10	454		
	50m:	32.15	32.15	150m:	1:52.78	41.87	250m:	3:19.45	45.96	350m:	4:43.66	37.31
	100m:	1:10.91	38.76	200m:	2:33.49	40.71	300m:	4:06.35	46.90	400m:	5:17.10	33.44
46.	SWOJNÓG Igor		14		Park Wodny Tarnowskie Góry				5:17.25	454		
	50m:	31.49	31.49	150m:	1:52.31	43.39	250m:	3:21.39	47.04	350m:	4:43.05	34.91
	100m:	1:08.92	37.43	200m:	2:34.35	42.04	300m:	4:08.14	46.75	400m:	5:17.25	34.20
47.	P TLAK Tadeusz		17		Warszawianka				5:17.66	452		
	50m:	31.14	31.14	150m:	1:56.46	43.20	250m:	3:21.98	41.85	350m:	4:42.55	37.40
	100m:	1:13.26	42.12	200m:	2:40.13	43.67	300m:	4:05.15	43.17	400m:	5:17.66	35.11
48.	KARPI SKI Jakub		14		Park Wodny Tarnowskie Góry				5:18.66	448		
	50m:	32.65	32.65	150m:	1:52.51	42.04	250m:	3:21.06	48.49	350m:	4:45.02	35.36
	100m:	1:10.47	37.82	200m:	2:32.57	40.06	300m:	4:09.66	48.60	400m:	5:18.66	33.64
49.	ADAMCZYK Jan		14		Lublinianka				5:22.28	433		
	50m:	34.21	34.21	150m:	1:56.57	42.42	250m:	3:23.66	45.96	350m:	4:46.61	36.37
	100m:	1:14.15	39.94	200m:	2:37.70	41.13	300m:	4:10.24	46.58	400m:	5:22.28	35.67
DYSKW.	SOBCZYK Maciej		22		AZS AGH Kraków							
	<i>K1 - Kopni cie delfinowe po pierwszym kopni ciu do stylu klasycznego (po starcie lub nawrocie)</i>											