

2017 Główne Mistrzostwa Polski Seniorów i Młodzie ovców  
Lublin, 18. - 21.5.2017

Event 18 Men, 400m Medley 14 years and older  
19.05.2017 - 18:18 Results Finals

Rekord Polski 4:12.28 MATCZAK Mateusz 00905 Belgrade (SRB) 11.07.2009

Points: FINA 2017

| Rank           |   |         | Age   |                               |         | Time           | Pts   | RT      |       |       |         |       |
|----------------|---|---------|-------|-------------------------------|---------|----------------|-------|---------|-------|-------|---------|-------|
| <b>Final A</b> |   |         |       |                               |         |                |       |         |       |       |         |       |
| 1.             | SZWEDZKI Dawid  |         | 23    | Slask Wroclaw                 |         | <b>4:17.88</b> | 845   | +0,67   |       |       |         |       |
|                | <i>MINIMUM - M BUDAPESZT, MINIMUM - UNIWERSJADA TAJPEJ</i>              |         |       |                               |         |                |       |         |       |       |         |       |
|                | 50m:  | 27.95   | 27.95 | 150m:                         | 1:34.37 | 34.43          | 250m: | 2:42.50 | 35.07 | 350m: | 3:48.78 | 30.68 |
|                | 100m:   | 59.94   | 31.99 | 200m:                         | 2:07.43 | 33.06          | 300m: | 3:18.10 | 35.60 | 400m: | 4:17.88 | 29.10 |
| 2.             | WAGROWSKI Marcel  |         | 18    | Olimpijczyk Aleksandrow Lodz. |         | <b>4:21.46</b> | 811   | +0,74   |       |       |         |       |
|                | <i>MINIMUM - M JUNIORÓW INDIANAPOLIS, MINIMUM - ME JUNIORÓW NETANYA</i> |         |       |                               |         |                |       |         |       |       |         |       |
|                | 50m:  | 28.02   | 28.02 | 150m:                         | 1:34.27 | 34.51          | 250m: | 2:44.43 | 36.54 | 350m: | 3:51.25 | 29.91 |
|                | 100m:   | 59.76   | 31.74 | 200m:                         | 2:07.89 | 33.62          | 300m: | 3:21.34 | 36.91 | 400m: | 4:21.46 | 30.21 |
| 3.             | BUJAK Dominik   |         | 18    | Salos Cortile Kielce          |         | <b>4:23.44</b> | 792   | +0,68   |       |       |         |       |
|                | <i>MINIMUM - M JUNIORÓW INDIANAPOLIS, MINIMUM - ME JUNIORÓW NETANYA</i> |         |       |                               |         |                |       |         |       |       |         |       |
|                | 50m:  | 28.39   | 28.39 | 150m:                         | 1:34.82 | 34.18          | 250m: | 2:45.09 | 36.89 | 350m: | 3:53.22 | 30.68 |
|                | 100m:   | 1:00.64 | 32.25 | 200m:                         | 2:08.20 | 33.38          | 300m: | 3:22.54 | 37.45 | 400m: | 4:23.44 | 30.22 |
| 4.             | KUBKOWSKI Bartlomiej  |         | 22    | Kormoran Olsztyn              |         | <b>4:25.38</b> | 775   | +0,79   |       |       |         |       |
|                | 50m:  | 28.58   | 28.58 | 150m:                         | 1:36.27 | 35.32          | 250m: | 2:47.47 | 36.89 | 350m: | 3:55.51 | 30.64 |
|                | 100m:   | 1:00.95 | 32.37 | 200m:                         | 2:10.58 | 34.31          | 300m: | 3:24.87 | 37.40 | 400m: | 4:25.38 | 29.87 |
| 5.             | KALUSOWSKI Jan  |         | 17    | Trojka Lodz                   |         | <b>4:25.98</b> | 770   | +0,67   |       |       |         |       |
|                | <i>MINIMUM - ME JUNIORÓW NETANYA</i>                                    |         |       |                               |         |                |       |         |       |       |         |       |
|                | 50m:  | 28.87   | 28.87 | 150m:                         | 1:36.50 | 34.79          | 250m: | 2:48.12 | 36.70 | 350m: | 3:56.00 | 30.77 |
|                | 100m:   | 1:01.71 | 32.84 | 200m:                         | 2:11.42 | 34.92          | 300m: | 3:25.23 | 37.11 | 400m: | 4:25.98 | 29.98 |
| 6.             | ZBUTOWICZ Karol SOL   |         | 19    | Kormoran Olsztyn              |         | <b>4:27.34</b> | 758   | +0,68   |       |       |         |       |
|                | 50m:  | 28.44   | 28.44 | 150m:                         | 1:36.23 | 34.68          | 250m: | 2:46.23 | 36.89 | 350m: | 3:56.06 | 32.34 |
|                | 100m:   | 1:01.55 | 33.11 | 200m:                         | 2:09.34 | 33.11          | 300m: | 3:23.72 | 37.49 | 400m: | 4:27.34 | 31.28 |
| 7.             | KOZIEJKO Bartlomiej SOL   |         | 17    | Kormoran Olsztyn              |         | <b>4:29.35</b> | 741   | +0,70   |       |       |         |       |
|                | 50m:  | 29.13   | 29.13 | 150m:                         | 1:38.40 | 35.74          | 250m: | 2:51.76 | 38.05 | 350m: | 4:00.46 | 30.29 |
|                | 100m:   | 1:02.66 | 33.53 | 200m:                         | 2:13.71 | 35.31          | 300m: | 3:30.17 | 38.41 | 400m: | 4:29.35 | 28.89 |
| 8.             | LECHOWICZ Filip   |         | 20    | AZS AGH Krakow                |         | <b>4:31.37</b> | 725   | +0,72   |       |       |         |       |
|                | 50m:  | 28.88   | 28.88 | 150m:                         | 1:38.32 | 35.21          | 250m: | 2:50.30 | 38.09 | 350m: | 4:01.16 | 32.29 |
|                | 100m:   | 1:03.11 | 34.23 | 200m:                         | 2:12.21 | 33.89          | 300m: | 3:28.87 | 38.57 | 400m: | 4:31.37 | 30.21 |
| 9.             | CIASTON Sebastian SO  |         | 18    | Unia Oswiecim                 |         | <b>4:34.03</b> | 704   | +0,68   |       |       |         |       |
|                | 50m:  | 29.16   | 29.16 | 150m:                         | 1:39.11 | 35.85          | 250m: | 2:52.27 | 37.54 | 350m: | 4:02.60 | 31.93 |
|                | 100m:   | 1:03.26 | 34.10 | 200m:                         | 2:14.73 | 35.62          | 300m: | 3:30.67 | 38.40 | 400m: | 4:34.03 | 31.43 |
| 10.            | HOJDA Bartlomiej SO   |         | 19    | Unia Oswiecim                 |         | <b>4:37.55</b> | 678   | +0,70   |       |       |         |       |
|                | 50m:  | 29.73   | 29.73 | 150m:                         | 1:39.78 | 35.89          | 250m: | 2:53.41 | 38.48 | 350m: | 4:05.56 | 32.63 |
|                | 100m:   | 1:03.89 | 34.16 | 200m:                         | 2:14.93 | 35.15          | 300m: | 3:32.93 | 39.52 | 400m: | 4:37.55 | 31.99 |
| <b>Final B</b> |   |         |       |                               |         |                |       |         |       |       |         |       |
| 11.            | OLLER Krzysztof SOL   |         | 17    | Kormoran Olsztyn              |         | <b>4:36.14</b> | 688   | +0,73   |       |       |         |       |
|                | 50m:  | 28.83   | 28.83 | 150m:                         | 1:38.33 | 36.24          | 250m: | 2:54.51 | 40.90 | 350m: | 4:06.24 | 31.95 |
|                | 100m:   | 1:02.09 | 33.26 | 200m:                         | 2:13.61 | 35.28          | 300m: | 3:34.29 | 39.78 | 400m: | 4:36.14 | 29.90 |
| 12.            | WARZOCHA Albert   |         | 16    | Cityzen Poznan                |         | <b>4:36.34</b> | 687   | +0,83   |       |       |         |       |
|                | 50m:  | 29.58   | 29.58 | 150m:                         | 1:40.38 | 35.40          | 250m: | 2:55.34 | 39.14 | 350m: | 4:07.20 | 31.84 |
|                | 100m:   | 1:04.98 | 35.40 | 200m:                         | 2:16.20 | 35.82          | 300m: | 3:35.36 | 40.02 | 400m: | 4:36.34 | 29.14 |
| 13.            | LAPOT Radoslaw SR   |         | 18    | MOS Katowice                  |         | <b>4:37.49</b> | 678   | +0,73   |       |       |         |       |
|                | 50m:  | 29.58   | 29.58 | 150m:                         | 1:40.67 | 35.98          | 250m: | 2:55.97 | 40.10 | 350m: | 4:07.24 | 30.56 |
|                | 100m:   | 1:04.69 | 35.11 | 200m:                         | 2:15.87 | 35.20          | 300m: | 3:36.68 | 40.71 | 400m: | 4:37.49 | 30.25 |
| 14.            | SACHA Kamil   |         | 16    | MOS Dabrowa Gornicza          |         | <b>4:37.69</b> | 677   | +0,60   |       |       |         |       |
|                | 50m:  | 29.42   | 29.42 | 150m:                         | 1:39.92 | 36.34          | 250m: | 2:55.76 | 39.20 | 350m: | 4:07.49 | 31.75 |
|                | 100m:   | 1:03.58 | 34.16 | 200m:                         | 2:16.56 | 36.64          | 300m: | 3:35.74 | 39.98 | 400m: | 4:37.69 | 30.20 |

2017 Główny Mistrzostwa Polski Seniorów i Młodzie ovców  
Lublin, 18. - 21.5.2017

Event 18, Men, 400m Medley, Final, 14 years and older

| Rank |                     |         |       |       | Age     |                      |       |         |       | Time           | Pts     | RT    |
|------|---------------------|---------|-------|-------|---------|----------------------|-------|---------|-------|----------------|---------|-------|
| 15.  | POWROZNIK Konrad    |         |       |       | 20      | MOS Dabrowa Gornicza |       |         |       | <b>4:37.92</b> | 675     | +0,68 |
|      | 50m:                | 29.04   | 29.04 | 150m: | 1:39.40 | 36.22                | 250m: | 2:55.10 | 39.94 | 350m:          | 4:06.71 | 31.13 |
|      | 100m:               | 1:03.18 | 34.14 | 200m: | 2:15.16 | 35.76                | 300m: | 3:35.58 | 40.48 | 400m:          | 4:37.92 | 31.21 |
| 16.  | WAWRZYNCZAK Alan SL |         |       |       | 18      | Skarpa Lublin        |       |         |       | <b>4:39.64</b> | 663     | +0,74 |
|      | 50m:                | 29.41   | 29.41 | 150m: | 1:39.47 | 36.67                | 250m: | 2:55.45 | 40.25 | 350m:          | 4:08.46 | 32.36 |
|      | 100m:               | 1:02.80 | 33.39 | 200m: | 2:15.20 | 35.73                | 300m: | 3:36.10 | 40.65 | 400m:          | 4:39.64 | 31.18 |
| 17.  | BARUSINSKI Kordian  |         |       |       | 16      | Salos Cortile Kielce |       |         |       | <b>4:40.30</b> | 658     | +0,75 |
|      | 50m:                | 28.78   | 28.78 | 150m: | 1:38.70 | 36.38                | 250m: | 2:55.60 | 40.54 | 350m:          | 4:09.41 | 32.13 |
|      | 100m:               | 1:02.32 | 33.54 | 200m: | 2:15.06 | 36.36                | 300m: | 3:37.28 | 41.68 | 400m:          | 4:40.30 | 30.89 |
| 18.  | ELGALAL Sami        |         |       |       | 16      | UKS SP 149 Lodz      |       |         |       | <b>4:40.32</b> | 658     | +0,73 |
|      | 50m:                | 28.87   | 28.87 | 150m: | 1:40.52 | 36.68                | 250m: | 2:56.58 | 40.10 | 350m:          | 4:10.05 | 31.64 |
|      | 100m:               | 1:03.84 | 34.97 | 200m: | 2:16.48 | 35.96                | 300m: | 3:38.41 | 41.83 | 400m:          | 4:40.32 | 30.27 |
| 19.  | WOZNIAK Maciej      |         |       |       | 17      | UKS 190 Lodz         |       |         |       | <b>4:44.68</b> | 628     | +0,76 |
|      | 50m:                | 28.34   | 28.34 | 150m: | 1:38.64 | 37.01                | 250m: | 2:56.28 | 41.25 | 350m:          | 4:13.04 | 33.59 |
|      | 100m:               | 1:01.63 | 33.29 | 200m: | 2:15.03 | 36.39                | 300m: | 3:39.45 | 43.17 | 400m:          | 4:44.68 | 31.64 |
| 20.  | SOBCZYK Maciej      |         |       |       | 22      | AZS AGH Krakow       |       |         |       | <b>4:45.22</b> | 624     | +0,75 |
|      | 50m:                | 30.01   | 30.01 | 150m: | 1:41.88 | 37.36                | 250m: | 2:58.86 | 40.83 | 350m:          | 4:12.53 | 33.12 |
|      | 100m:               | 1:04.52 | 34.51 | 200m: | 2:18.03 | 36.15                | 300m: | 3:39.41 | 40.55 | 400m:          | 4:45.22 | 32.69 |