

2017 Główne Mistrzostwa Polski Seniorów i Młodzie owców
Lublin, 18. - 21.5.2017

Event 28
20.05.2017 - 11:28

Men, 400m Freestyle

14 years and older
Results Prelim

Rekord Polski 3:45.71 STANCZYK Przemyslaw 00116 Chiba (JPN) 21.08.2007

Points: FINA 2017

Rank				Age						Time	Pts	RT
1.	WOJDAK Wojciech			21	BOSiR Brzesko					3:53.59	836	+0,72
	50m:	27.13	27.13	150m:	1:25.82	29.55	250m:	2:24.91	29.45	350m:	3:24.09	29.47
	100m:	56.27	29.14	200m:	1:55.46	29.64	300m:	2:54.62	29.71	400m:	3:53.59	29.50
2.	KRAWCZYK Pawel			18	BUKS Warszawa					3:56.64	804	+0,83
	50m:	27.02	27.02	150m:	1:25.62	29.60	250m:	2:26.01	30.34	350m:	3:27.30	30.69
	100m:	56.02	29.00	200m:	1:55.67	30.05	300m:	2:56.61	30.60	400m:	3:56.64	29.34
3.	ZABOROWSKI Filip			23	MKP Szczecin					3:57.12	799	+0,70
	50m:	27.62	27.62	150m:	1:27.39	30.01	250m:	2:27.97	30.07	350m:	3:28.14	30.02
	100m:	57.38	29.76	200m:	1:57.90	30.51	300m:	2:58.12	30.15	400m:	3:57.12	28.98
4.	KALUZYSKI Antoni			18	MUKP Warszawianka					3:57.18	798	+0,77
	50m:	27.37	27.37	150m:	1:27.53	30.30	250m:	2:28.01	29.77	350m:	3:28.02	29.88
	100m:	57.23	29.86	200m:	1:58.24	30.71	300m:	2:58.14	30.13	400m:	3:57.18	29.16
5.	KLICH Kacper			23	Slask Wroclaw					3:57.30	797	+0,69
	50m:	27.21	27.21	150m:	1:26.23	29.59	250m:	2:26.41	30.02	350m:	3:27.58	30.72
	100m:	56.64	29.43	200m:	1:56.39	30.16	300m:	2:56.86	30.45	400m:	3:57.30	29.72
6.	FURTEK Pawel			22	MKP Szczecin					3:58.95	781	+0,80
	50m:	27.41	27.41	150m:	1:27.27	30.05	250m:	2:28.15	30.43	350m:	3:29.01	30.41
	100m:	57.22	29.81	200m:	1:57.72	30.45	300m:	2:58.60	30.45	400m:	3:58.95	29.94
7.	ARNDT Mateusz			19	Delfin Gdynia					3:59.57	775	+0,72
	50m:	27.77	27.77	150m:	1:28.50	30.49	250m:	2:29.18	30.07	350m:	3:29.53	29.91
	100m:	58.01	30.24	200m:	1:59.11	30.61	300m:	2:59.62	30.44	400m:	3:59.57	30.04
8.	DUBIEL Adam			24	AZS AWF Warszawa					4:00.00	770	+0,69
	50m:	27.66	27.66	150m:	1:28.19	30.62	250m:	2:29.52	30.83	350m:	3:29.85	30.02
	100m:	57.57	29.91	200m:	1:58.69	30.50	300m:	2:59.83	30.31	400m:	4:00.00	30.15
9.	GLYK Wojciech			25	AZS AWF Katowice					4:00.81	763	+0,77
	50m:	27.49	27.49	150m:	1:27.17	30.30	250m:	2:28.60	31.11	350m:	3:30.31	30.82
	100m:	56.87	29.38	200m:	1:57.49	30.32	300m:	2:59.49	30.89	400m:	4:00.81	30.50
10.	BUJAK Piotr			20	Salos Cortile Kielce					4:00.93	762	+0,78
	50m:	28.14	28.14	150m:	1:28.32	30.25	250m:	2:29.01	30.28	350m:	3:30.66	30.88
	100m:	58.07	29.93	200m:	1:58.73	30.41	300m:	2:59.78	30.77	400m:	4:00.93	30.27
11.	KOZIEJKO Bartlomiej SOL			17	Kormoran Olsztyn					4:02.53	747	+0,65
	50m:	28.03	28.03	150m:	1:28.55	30.16	250m:	2:29.59	30.48	350m:	3:31.71	31.18
	100m:	58.39	30.36	200m:	1:59.11	30.56	300m:	3:00.53	30.94	400m:	4:02.53	30.82
12.	BIS Daniel			22	AZS AWF Warszawa					4:02.71	745	+0,78
	50m:	28.20	28.20	150m:	1:28.86	30.54	250m:	2:30.28	30.78	350m:	3:31.71	30.92
	100m:	58.32	30.12	200m:	1:59.50	30.64	300m:	3:00.79	30.51	400m:	4:02.71	31.00
13.	JASZCZAK Wiktor			20	Slask Wroclaw					4:02.98	742	+0,70
	50m:	28.01	28.01	150m:	1:28.76	30.81	250m:	2:30.89	31.24	350m:	3:33.09	31.08
	100m:	57.95	29.94	200m:	1:59.65	30.89	300m:	3:02.01	31.12	400m:	4:02.98	29.89
14.	JURA Maciej			21	Slask Wroclaw					4:03.03	742	+0,76
	50m:	27.80	27.80	150m:	1:28.32	30.31	250m:	2:29.95	30.82	350m:	3:32.88	31.64
	100m:	58.01	30.21	200m:	1:59.13	30.81	300m:	3:01.24	31.29	400m:	4:03.03	30.15
15.	PIORO Artur			26	Palac Mlodziezy Katowice					4:03.28	740	+0,80
	<i>WYNIK LEPSZY OD REKORDU POLSKI NIESŁYSZ CYCH SENIORÓW</i>											
	50m:	27.75	27.75	150m:	1:29.42	31.15	250m:	2:32.02	31.27	350m:	3:34.28	30.69
	100m:	58.27	30.52	200m:	2:00.75	31.33	300m:	3:03.59	31.57	400m:	4:03.28	29.00
16.	ROJ Konrad SSZ			19	MKP Szczecin					4:03.57	737	+0,75
	50m:	27.83	27.83	150m:	1:28.93	30.83	250m:	2:31.33	31.25	350m:	3:34.31	31.52
	100m:	58.10	30.27	200m:	2:00.08	31.15	300m:	3:02.79	31.46	400m:	4:03.57	29.26

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Event 28, Men, 400m Freestyle, Prelim, 14 years and older

Rank			Age			Time	Pts	RT
17.	PIOTROWSKI Kacper SWR		16	Slask Wroclaw		4:03.89	734	+0,76
	50m:	27.57 27.57	150m:	1:29.59	31.55	250m:	2:32.33	31.52
	100m:	58.04 30.47	200m:	2:00.81	31.22	300m:	3:03.16	30.83
						350m:	3:34.62	31.46
						400m:	4:03.89	29.27
18.	DUTKOWIAK Wojciech SWR		17	Slask Wroclaw		4:04.23	731	+0,75
	50m:	27.87 27.87	150m:	1:29.30	31.08	250m:	2:31.82	31.16
	100m:	58.22 30.35	200m:	2:00.66	31.36	300m:	3:03.25	31.43
						350m:	3:34.33	31.08
						400m:	4:04.23	29.90
19.	MALYSKA Bartosz SL		18	Skarpa Lublin		4:04.59	728	+0,68
	50m:	28.05 28.05	150m:	1:30.02	31.23	250m:	2:31.84	30.55
	100m:	58.79 30.74	200m:	2:01.29	31.27	300m:	3:03.16	31.32
						350m:	3:34.52	31.36
						400m:	4:04.59	30.07
20.	KAROLCZAK Jan		16	G-8 Bielany W-wa		4:05.17	723	+0,74
	50m:	27.53 27.53	150m:	1:29.07	30.68	250m:	2:30.95	30.83
	100m:	58.39 30.86	200m:	2:00.12	31.05	300m:	3:03.01	32.06
						350m:	3:34.32	31.31
						400m:	4:05.17	30.85
21.	KIELCZEWSKI Amadeusz SSz		17	MKP Szczecin		4:05.21	722	+0,71
	50m:	26.91 26.91	150m:	1:26.95	30.60	250m:	2:29.64	31.51
	100m:	56.35 29.44	200m:	1:58.13	31.18	300m:	3:01.63	31.99
						350m:	3:34.01	32.38
						400m:	4:05.21	31.20
22.	OSSES Arkadiusz		22	Warta Poznan		4:05.32	721	+0,64
	50m:	28.08 28.08	150m:	1:29.40	30.88	250m:	2:31.65	31.20
	100m:	58.52 30.44	200m:	2:00.45	31.05	300m:	3:03.52	31.87
						350m:	3:34.66	31.14
						400m:	4:05.32	30.66
23.	MOSCICKI Jakub SOL		16	Kormoran Olsztyn		4:07.55	702	+0,77
	50m:	27.84 27.84	150m:	1:30.36	31.68	250m:	2:34.21	32.15
	100m:	58.68 30.84	200m:	2:02.06	31.70	300m:	3:06.10	31.89
						350m:	3:37.60	31.50
						400m:	4:07.55	29.95
24.	ORLICZ Filip		15	G-8 Bielany W-wa		4:07.63	701	+0,57
	50m:	27.39 27.39	150m:	1:28.55	30.91	250m:	2:32.02	31.83
	100m:	57.64 30.25	200m:	2:00.19	31.64	300m:	3:03.73	31.71
						350m:	3:35.87	32.14
						400m:	4:07.63	31.76
25.	CHODAN Alan SOL		19	Kormoran Olsztyn		4:08.45	694	+0,69
	50m:	27.47 27.47	150m:	1:29.70	31.07	250m:	2:32.65	31.73
	100m:	58.63 31.16	200m:	2:00.92	31.22	300m:	3:04.83	32.18
						350m:	3:36.57	31.74
						400m:	4:08.45	31.88
26.	KASZTELAN Mateusz SOL		19	Kormoran Olsztyn		4:08.87	691	+0,78
	50m:	27.59 27.59	150m:	1:28.06	30.40	250m:	2:29.72	30.81
	100m:	57.66 30.07	200m:	1:58.91	30.85	300m:	3:01.80	32.08
						350m:	3:34.80	33.00
						400m:	4:08.87	34.07
27.	GOLENIEC Lukasz		20	AZS AWF Katowice		4:09.24	688	+0,71
	50m:	28.09 28.09	150m:	1:30.24	31.55	250m:	2:34.73	32.39
	100m:	58.69 30.60	200m:	2:02.34	32.10	300m:	3:06.87	32.14
						350m:	3:38.91	32.04
						400m:	4:09.24	30.33
28.	PAWLACZYK Patryk		17	UKS 190 Lodz		4:09.92	682	+0,47
	50m:	28.66 28.66	150m:	1:31.89	31.76	250m:	2:36.72	32.46
	100m:	1:00.13 31.47	200m:	2:04.26	32.37	300m:	3:08.88	32.16
						350m:	3:40.68	31.80
						400m:	4:09.92	29.24
29.	KALKOWSKI Dawid SOL		17	Kormoran Olsztyn		4:10.45	678	+0,68
	50m:	28.49 28.49	150m:	1:31.61	31.95	250m:	2:35.96	32.22
	100m:	59.66 31.17	200m:	2:03.74	32.13	300m:	3:07.69	31.73
						350m:	3:39.71	32.02
						400m:	4:10.45	30.74
30.	CHALAT Stanislaw SL		18	Skarpa Lublin		4:10.47	678	+0,66
	50m:	29.62 29.62	150m:	1:34.23	32.50	250m:	2:38.60	32.19
	100m:	1:01.73 32.11	200m:	2:06.41	32.18	300m:	3:10.31	31.71
						350m:	3:41.25	30.94
						400m:	4:10.47	29.22
31.	BORKOWSKI Kacper SL		17	AZS UMCS Lublin		4:11.12	673	+0,70
	50m:	28.64 28.64	150m:	1:33.50	32.74	250m:	2:37.78	31.89
	100m:	1:00.76 32.12	200m:	2:05.89	32.39	300m:	3:09.80	32.02
						350m:	3:41.53	31.73
						400m:	4:11.12	29.59
32.	BRUZDZIAK Maciej SOL		19	Kormoran Olsztyn		4:11.17	672	+0,71
	50m:	28.04 28.04	150m:	1:29.27	30.84	250m:	2:33.57	32.49
	100m:	58.43 30.39	200m:	2:01.08	31.81	300m:	3:06.10	32.53
						350m:	3:38.88	32.78
						400m:	4:11.17	32.29
33.	KACZOROWSKI Jakub		20	G-8 Bielany W-wa		4:12.28	663	+0,77
	50m:	28.12 28.12	150m:	1:31.64	32.32	250m:	2:36.86	32.68
	100m:	59.32 31.20	200m:	2:04.18	32.54	300m:	3:09.42	32.56
						350m:	3:41.77	32.35
						400m:	4:12.28	30.51
34.	KOMOSA Maciej SWwa		18	Polonia Warszawa		4:13.68	652	+0,60
	50m:	28.51 28.51	150m:	1:32.22	32.19	250m:	2:37.71	32.65
	100m:	1:00.03 31.52	200m:	2:05.06	32.84	300m:	3:09.69	31.98
						350m:	3:42.28	32.59
						400m:	4:13.68	31.40

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Rank			Age					Time	Pts	RT
35.	TARADYS Jakub SZG		17	TP Zielona Gora				4:14.31	648	+0,75
	50m:	29.53 29.53	150m:	1:34.53	32.60	250m:	2:40.33 32.79	350m:	3:45.15 32.41	
	100m:	1:01.93 32.40	200m:	2:07.54	33.01	300m:	3:12.74 32.41	400m:	4:14.31 29.16	
36.	STEC Kacper		18	Kmita Zabierzow				4:14.51	646	+0,74
	50m:	28.49 28.49	150m:	1:31.96	32.15	250m:	2:37.57 32.86	350m:	3:43.29 32.67	
	100m:	59.81 31.32	200m:	2:04.71	32.75	300m:	3:10.62 33.05	400m:	4:14.51 31.22	
37.	FIKS Krzysztof		17	UKS 190 Lodz				4:14.98	642	+0,50
	50m:	29.45 29.45	150m:	1:34.22	32.82	250m:	2:40.07 32.93	350m:	3:45.40 32.52	
	100m:	1:01.40 31.95	200m:	2:07.14	32.92	300m:	3:12.88 32.81	400m:	4:14.98 29.58	
38.	STOSZEK Szymon		18	AZS PWSZ Raciborz				4:15.03	642	+0,79
	50m:	28.19 28.19	150m:	1:31.74	32.22	250m:	2:36.71 32.37	350m:	3:42.91 33.23	
	100m:	59.52 31.33	200m:	2:04.34	32.60	300m:	3:09.68 32.97	400m:	4:15.03 32.12	
39.	KEMPA Mikolaj SO		18	MMKS Kedzierzyn Kozle				4:15.24	640	+0,78
	50m:	29.05 29.05	150m:	1:33.74	32.83	250m:	2:39.48 32.86	350m:	3:44.76 32.67	
	100m:	1:00.91 31.86	200m:	2:06.62	32.88	300m:	3:12.09 32.61	400m:	4:15.24 30.48	
40.	ZIELINSKI Konrad		14	UKS 190 Lodz				4:16.17	634	+0,81
	50m:	29.36 29.36	150m:	1:33.83	32.38	250m:	2:39.61 32.92	350m:	3:45.61 32.90	
	100m:	1:01.45 32.09	200m:	2:06.69	32.86	300m:	3:12.71 33.10	400m:	4:16.17 30.56	
41.	DURAJCZYK Michal		20	AZS AWF Warszawa				4:16.25	633	+0,66
	50m:	28.93 28.93	150m:	1:32.03	32.03	250m:	2:37.63 33.15	350m:	3:44.87 33.46	
	100m:	1:00.00 31.07	200m:	2:04.48	32.45	300m:	3:11.41 33.78	400m:	4:16.25 31.38	
42.	DUDKIEWICZ Kacper		15	Zoliborz Warszawa				4:17.90	621	+0,77
	50m:	29.06 29.06	150m:	1:33.48	32.49	250m:	2:39.53 33.10	350m:	3:46.07 33.31	
	100m:	1:00.99 31.93	200m:	2:06.43	32.95	300m:	3:12.76 33.23	400m:	4:17.90 31.83	
43.	WILEJTO Igor		16	Dwojka Tczew				4:17.97	620	+0,66
	50m:	29.72 29.72	150m:	1:35.07	32.94	250m:	2:40.76 32.83	350m:	3:46.90 32.96	
	100m:	1:02.13 32.41	200m:	2:07.93	32.86	300m:	3:13.94 33.18	400m:	4:17.97 31.07	
	STAWARUK Michal		18	Jedynka Lodz				4:17.97	620	+0,78
	50m:	29.36 29.36	150m:	1:34.11	32.06	250m:	2:38.89 32.98	350m:	3:46.01 34.00	
	100m:	1:02.05 32.69	200m:	2:05.91	31.80	300m:	3:12.01 33.12	400m:	4:17.97 31.96	
45.	URYNIUK Pawel		14	G-8 Bielany W-wa				4:18.40	617	+0,74
	50m:	29.71 29.71	150m:	1:35.32	32.89	250m:	2:40.93 32.81	350m:	3:46.68 32.31	
	100m:	1:02.43 32.72	200m:	2:08.12	32.80	300m:	3:14.37 33.44	400m:	4:18.40 31.72	
46.	DEBSKI Dominik SSz		19	MKP Szczecin				4:18.90	614	+0,70
	50m:	28.81 28.81	150m:	1:32.22	32.36	250m:	2:38.58 33.42	350m:	3:46.29 34.02	
	100m:	59.86 31.05	200m:	2:05.16	32.94	300m:	3:12.27 33.69	400m:	4:18.90 32.61	
47.	RYBAK Konrad SOL		19	Pirania Targowek				4:19.45	610	+0,80
	50m:	28.87 28.87	150m:	1:33.89	32.57	250m:	2:40.01 32.95	350m:	3:46.49 33.02	
	100m:	1:01.32 32.45	200m:	2:07.06	33.17	300m:	3:13.47 33.46	400m:	4:19.45 32.96	
48.	BRYLA Kamil SL		18	AZS UMCS Lublin				4:20.05	606	+0,67
	50m:	27.59 27.59	150m:	1:31.44	32.88	250m:	2:38.63 33.83	350m:	3:46.97 34.43	
	100m:	58.56 30.97	200m:	2:04.80	33.36	300m:	3:12.54 33.91	400m:	4:20.05 33.08	
49.	KOLANOWSKI Wiktor SK		18	Galicja Krakow				4:20.11	605	+0,77
	50m:	28.92 28.92	150m:	1:35.46	33.55	250m:	2:41.49 32.96	350m:	3:47.89 33.29	
	100m:	1:01.91 32.99	200m:	2:08.53	33.07	300m:	3:14.60 33.11	400m:	4:20.11 32.22	
50.	ZDZIEBLO Piotr		15	Salmo Zory				4:20.60	602	+0,73
	50m:	29.54 29.54	150m:	1:35.11	32.88	250m:	2:40.97 32.72	350m:	3:48.04 33.09	
	100m:	1:02.23 32.69	200m:	2:08.25	33.14	300m:	3:14.95 33.98	400m:	4:20.60 32.56	
51.	JAKIMIAK Jakub		14	Huragan Miedzyrzec Podl.				4:21.34	597	+0,77
	50m:	28.74 28.74	150m:	1:35.21	33.77	250m:	2:43.46 34.12	350m:	3:51.12 33.72	
	100m:	1:01.44 32.70	200m:	2:09.34	34.13	300m:	3:17.40 33.94	400m:	4:21.34 30.22	
52.	CZERNIAK Konrad SL		19	Skarpa Lublin				4:23.37	583	+0,70
	50m:	29.37 29.37	150m:	1:35.41	33.54	250m:	2:42.15 33.92	350m:	3:50.34 34.34	
	100m:	1:01.87 32.50	200m:	2:08.23	32.82	300m:	3:16.00 33.85	400m:	4:23.37 33.03	

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Lublin, 18. - 21.5.2017

Event 28, Men, 400m Freestyle, Prelim, 14 years and older

Rank			Age					Time	Pts	RT
53.	SOBOLEWSKI Dawid SOL		15	Kormoran Olsztyn				4:23.40	583	+0,67
	50m:	29.71 29.71	150m:	1:36.60	33.67	250m:	2:43.32	33.43	350m:	3:50.52 33.59
	100m:	1:02.93 33.22	200m:	2:09.89	33.29	300m:	3:16.93	33.61	400m:	4:23.40 32.88
54.	SOBCZYK Maciej		22	AZS AGH Krakow				4:25.11	572	+0,75
	50m:	29.12 29.12	150m:	1:34.92	33.65	250m:	2:43.58	34.81	350m:	3:51.47 34.23
	100m:	1:01.27 32.15	200m:	2:08.77	33.85	300m:	3:17.24	33.66	400m:	4:25.11 33.64
55.	SENKOWSKI Kacper		16	G-8 Bielany W-wa				4:25.26	571	+0,74
	50m:	29.15 29.15	150m:	1:35.76	33.81	250m:	2:43.92	34.34	350m:	3:52.50 34.00
	100m:	1:01.95 32.80	200m:	2:09.58	33.82	300m:	3:18.50	34.58	400m:	4:25.26 32.76
56.	WOZNY Wiktor		16	Shark Rudna				4:26.09	565	+0,78
	50m:	29.73 29.73	150m:	1:35.86	33.51	250m:	2:44.46	34.39	350m:	3:53.16 34.11
	100m:	1:02.35 32.62	200m:	2:10.07	34.21	300m:	3:19.05	34.59	400m:	4:26.09 32.93
57.	WLODARCZYK Maciej		18	Pingwiny Warszawa				4:26.45	563	+0,83
	50m:	30.88 30.88	150m:	1:39.57	35.17	250m:	2:46.81	33.23	350m:	3:53.35 33.48
	100m:	1:04.40 33.52	200m:	2:13.58	34.01	300m:	3:19.87	33.06	400m:	4:26.45 33.10
58.	WOZNIAK Kamil		17	Fregata Kolbuszowa				4:27.01	559	
	50m:	30.83 30.83	150m:	1:38.01	33.08	250m:	2:45.75	34.06	350m:	3:53.92 33.65
	100m:	1:04.93 34.10	200m:	2:11.69	33.68	300m:	3:20.27	34.52	400m:	4:27.01 33.09
59.	KRZYKALA Emil		16	Avia Swidnik				4:27.65	555	+0,71
	50m:	26.11 26.11	150m:	1:24.77	29.64	250m:	2:37.45	43.06	350m:	3:52.78 37.24
	100m:	55.13 29.02	200m:	1:54.39	29.62	300m:	3:15.54	38.09	400m:	4:27.65 34.87
60.	CZERWINSKI Lukasz		16	Jagiellonka Warszawa				4:27.92	554	+0,66
	50m:	29.57 29.57	150m:	1:37.16	34.00	250m:	2:45.49	34.06	350m:	3:54.49 34.37
	100m:	1:03.16 33.59	200m:	2:11.43	34.27	300m:	3:20.12	34.63	400m:	4:27.92 33.43
61.	WOZNIAK Kamil		16	Wisla Pulawy				4:28.21	552	+0,75
	50m:	29.77 29.77	150m:	1:36.00	33.58	250m:	2:44.86	34.40	350m:	3:54.42 34.48
	100m:	1:02.42 32.65	200m:	2:10.46	34.46	300m:	3:19.94	35.08	400m:	4:28.21 33.79
62.	TASARZ Kacper		14	Dwojka Tczew				4:28.75	549	+0,88
	50m:	31.45 31.45	150m:	1:39.59	34.26	250m:	2:47.94	34.14	350m:	3:55.68 33.55
	100m:	1:05.33 33.88	200m:	2:13.80	34.21	300m:	3:22.13	34.19	400m:	4:28.75 33.07
63.	KURDZIEKO Nikodem SOL		15	Kormoran Olsztyn				4:29.77	542	+0,76
	50m:	30.65 30.65	150m:	1:38.54	34.37	250m:	2:47.11	34.40	350m:	3:56.12 34.64
	100m:	1:04.17 33.52	200m:	2:12.71	34.17	300m:	3:21.48	34.37	400m:	4:29.77 33.65
64.	SZAJNICKI Szymon		17	Shark Rudna				4:30.60	537	+0,71
	50m:	29.67 29.67	150m:	1:37.83	34.46	250m:	2:47.29	34.95	350m:	3:57.10 35.05
	100m:	1:03.37 33.70	200m:	2:12.34	34.51	300m:	3:22.05	34.76	400m:	4:30.60 33.50
65.	KOWALCZYK Michal		15	Zoliborz Warszawa				4:30.92	535	+0,73
	50m:	30.43 30.43	150m:	1:39.07	34.68	250m:	2:48.98	34.92	350m:	3:58.30 34.49
	100m:	1:04.39 33.96	200m:	2:14.06	34.99	300m:	3:23.81	34.83	400m:	4:30.92 32.62
66.	KONCKI Bartlomiej		16	Wisla Pulawy				4:31.27	533	+0,67
	50m:	30.37 30.37	150m:	1:37.75	34.14	250m:	2:47.33	34.96	350m:	3:57.49 34.85
	100m:	1:03.61 33.24	200m:	2:12.37	34.62	300m:	3:22.64	35.31	400m:	4:31.27 33.78
67.	KRAWCZAK Patryk		17	Zak Biala Podl.				4:32.71	525	+0,70
	50m:	30.45 30.45	150m:	1:38.44	34.26	250m:	2:47.73	34.19	350m:	3:59.14 35.39
	100m:	1:04.18 33.73	200m:	2:13.54	35.10	300m:	3:23.75	36.02	400m:	4:32.71 33.57
68.	KRASOWSKI Michal		16	Zryw				4:33.60	520	+0,65
	50m:	30.42 30.42	150m:	1:37.01	33.56	250m:	2:46.05	34.99	350m:	3:57.72 36.11
	100m:	1:03.45 33.03	200m:	2:11.06	34.05	300m:	3:21.61	35.56	400m:	4:33.60 35.88
69.	CHEREDIS Jakub		15	G-8 Bielany W-wa				4:37.09	500	+0,75
	50m:	30.61 30.61	150m:	1:41.49	35.90	250m:	2:53.22	35.20	350m:	4:06.02 36.35
	100m:	1:05.59 34.98	200m:	2:18.02	36.53	300m:	3:29.67	36.45	400m:	4:37.09 31.07
70.	MROZ Adam		14	Orlik Lublin				4:39.54	487	+0,84
	50m:	31.82 31.82	150m:	1:43.52	35.46	250m:	2:54.84	35.25	350m:	4:06.24 35.39
	100m:	1:08.06 36.24	200m:	2:19.59	36.07	300m:	3:30.85	36.01	400m:	4:39.54 33.30

2017 Główne Mistrzostwa Polski Seniorów i Młodzie ovców
Lublin, 18. - 21.5.2017

Event 28, Men, 400m Freestyle, Prelim, 14 years and older

Rank			Age					Time	Pts	RT
71.	SOKOLOWSKI Fabian		14	Dwojka Morena Gdansk				4:43.56	467	+0,64
	50m:	32.29 32.29	150m:	1:45.23	37.03	250m:	2:58.29	36.34	350m:	4:09.84 35.59
	100m:	1:08.20 35.91	200m:	2:21.95	36.72	300m:	3:34.25	35.96	400m:	4:43.56 33.72
72.	SZULIERZ Michal		16	Avia Swidnik				4:48.01	446	+0,75
	50m:	30.91 30.91	150m:	1:43.71	37.75	250m:	2:59.60	37.04	350m:	4:13.45 36.34
	100m:	1:05.96 35.05	200m:	2:22.56	38.85	300m:	3:37.11	37.51	400m:	4:48.01 34.56
73.	GRZEGRZOLKA Albert		14	G-8 Bielany W-wa				4:52.88	424	+0,76
	50m:	32.12 32.12	150m:	1:45.75	37.80	250m:	3:01.07	37.32	350m:	4:17.76 38.77
	100m:	1:07.95 35.83	200m:	2:23.75	38.00	300m:	3:38.99	37.92	400m:	4:52.88 35.12
74.	GREGORCZYK Jan		15	Zoliborz Warszawa				5:00.35	393	+0,79
	50m:	32.47 32.47	150m:	1:47.98	38.39	250m:	3:05.26	38.55	350m:	4:23.57 38.89
	100m:	1:09.59 37.12	200m:	2:26.71	38.73	300m:	3:44.68	39.42	400m:	5:00.35 36.78
75.	SZCZYPEK Mateusz		21	Delfin Garwolin				5:13.26	346	+0,74
	50m:	32.69 32.69	150m:	1:48.93	38.86	250m:	3:11.26	41.28	350m:	4:34.35 41.67
	100m:	1:10.07 37.38	200m:	2:29.98	41.05	300m:	3:52.68	41.42	400m:	5:13.26 38.91