

2017 Letnie Mistrzostwa Polski Juniorów 15 lat  
Lublin, 14. - 16.7.2017

Konkurencja 11  
14.07.2017 - 11:44

Dziewcz t, 400m zmienny

15 lat  
Wyniki Eliminacje

REKORD POLSKI JUNIORÓW 15 LAT 4:49.27 SZCZEPANIAK Karolina 00114 Gorzow Wlkp. 30.11.2007

Punkty: FINA 2017

Pozycja			Wiek			Czas	Pkt.	
1.	WILCZEWSKA Aleksandra		15	Olimpia Lublin		<b>5:06.87</b>	653	A
	50m:	33.76 33.76	150m:	1:51.07 39.02	250m:	3:12.71 43.95	350m:	4:32.15 35.65
	100m:	1:12.05 38.29	200m:	2:28.76 37.69	300m:	3:56.50 43.79	400m:	5:06.87 34.72
2.	RAJCA Olivia		15	UKS 190 Łódź		<b>5:07.29</b>	651	A
	50m:	32.31 32.31	150m:	1:50.11 41.33	250m:	3:14.58 45.01	350m:	4:35.03 35.30
	100m:	1:08.78 36.47	200m:	2:29.57 39.46	300m:	3:59.73 45.15	400m:	5:07.29 32.26
3.	BANACZKOWSKA Aleksandra SOc		15	KSZO Ostrowiec w.		<b>5:07.99</b>	646	A
	50m:	32.65 32.65	150m:	1:50.98 40.12	250m:	3:12.56 41.45	350m:	4:31.72 37.33
	100m:	1:10.86 38.21	200m:	2:31.11 40.13	300m:	3:54.39 41.83	400m:	5:07.99 36.27
4.	BUKO Martyna		15	Medyk Gi ycko		<b>5:09.51</b>	637	A
	50m:	33.32 33.32	150m:	1:50.69 40.97	250m:	3:13.65 42.73	350m:	4:33.72 36.01
	100m:	1:09.72 36.40	200m:	2:30.92 40.23	300m:	3:57.71 44.06	400m:	5:09.51 35.79
5.	D BROWSKA Tatiana		15	UKS 190 Łódź		<b>5:09.84</b>	635	A
	50m:	32.10 32.10	150m:	1:51.02 41.34	250m:	3:14.53 44.05	350m:	4:35.11 36.01
	100m:	1:09.68 37.58	200m:	2:30.48 39.46	300m:	3:59.10 44.57	400m:	5:09.84 34.73
6.	ZAR BA-PARADOWSKA Julia		15	BUKS Warszawa		<b>5:10.86</b>	629	A
	50m:	32.07 32.07	150m:	1:49.77 41.22	250m:	3:14.33 44.49	350m:	4:35.24 36.91
	100m:	1:08.55 36.48	200m:	2:29.84 40.07	300m:	3:58.33 44.00	400m:	5:10.86 35.62
7.	PROCHOWNIK Martyna SO		15	Unia O wi cim		<b>5:13.77</b>	611	A
	50m:	32.67 32.67	150m:	1:51.60 41.62	250m:	3:18.35 45.55	350m:	4:38.44 35.10
	100m:	1:09.98 37.31	200m:	2:32.80 41.20	300m:	4:03.34 44.99	400m:	5:13.77 35.33
8.	KRYPA Marta		15	Manta W-wa Włochy		<b>5:14.05</b>	610	A
	50m:	32.12 32.12	150m:	1:51.16 40.78	250m:	3:17.06 43.96	350m:	4:38.93 36.84
	100m:	1:10.38 38.26	200m:	2:33.10 41.94	300m:	4:02.09 45.03	400m:	5:14.05 35.12
9.	KROSTA Emilia		15	Wodnik Siemianowice l.		<b>5:14.17</b>	609	A
	50m:	33.12 33.12	150m:	1:51.46 40.62	250m:	3:16.53 43.86	350m:	4:38.79 36.84
	100m:	1:10.84 37.72	200m:	2:32.67 41.21	300m:	4:01.95 45.42	400m:	5:14.17 35.38
10.	SOBIAK Zuzanna		15	Warta Pozna		<b>5:17.66</b>	589	A
	50m:	32.63 32.63	150m:	1:49.18 38.92	250m:	3:15.79 47.57	350m:	4:41.56 37.22
	100m:	1:10.26 37.63	200m:	2:28.22 39.04	300m:	4:04.34 48.55	400m:	5:17.66 36.10
11.	KRÓL Wiktoria		15	Galicja Kraków		<b>5:19.37</b>	580	B
	50m:	34.76 34.76	150m:	1:54.91 40.38	250m:	3:21.22 46.26	350m:	4:43.94 35.88
	100m:	1:14.53 39.77	200m:	2:34.96 40.05	300m:	4:08.06 46.84	400m:	5:19.37 35.43
12.	CERLICH Oliwia		15	Ikar Mielec		<b>5:19.51</b>	579	B
	50m:	33.55 33.55	150m:	1:55.09 42.09	250m:	3:22.65 45.51	350m:	4:44.96 35.61
	100m:	1:13.00 39.45	200m:	2:37.14 42.05	300m:	4:09.35 46.70	400m:	5:19.51 34.55
13.	NOWAK Zuzanna SO		15	Unia O wi cim		<b>5:21.47</b>	568	B
	50m:	32.53 32.53	150m:	1:51.89 41.13	250m:	3:19.36 46.96	350m:	4:44.77 36.33
	100m:	1:10.76 38.23	200m:	2:32.40 40.51	300m:	4:08.44 49.08	400m:	5:21.47 36.70
14.	MIŁEK Marcelina		15	Galicja Kraków		<b>5:24.76</b>	551	B
	50m:	33.16 33.16	150m:	1:54.71 42.57	250m:	3:21.53 45.58	350m:	4:46.98 37.75
	100m:	1:12.14 38.98	200m:	2:35.95 41.24	300m:	4:09.23 47.70	400m:	5:24.76 37.78
15.	PAWŁOWSKA Julia SO		15	Unia O wi cim		<b>5:26.42</b>	543	B
	50m:	34.42 34.42	150m:	1:58.14 44.14	250m:	3:24.88 42.26	350m:	4:48.55 39.12
	100m:	1:14.00 39.58	200m:	2:42.62 44.48	300m:	4:09.43 44.55	400m:	5:26.42 37.87
16.	KAPCI SKA Maja SO		15	Unia O wi cim		<b>5:27.65</b>	537	B
	50m:	34.61 34.61	150m:	1:56.35 42.17	250m:	3:25.01 47.83	350m:	4:50.89 37.48
	100m:	1:14.18 39.57	200m:	2:37.18 40.83	300m:	4:13.41 48.40	400m:	5:27.65 36.76

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Pozycja			Wiek				Czas	Pkt.
17.	JASZCZUK Ewa SOL	15	Kormoran Olsztyn		<b>5:28.23</b>	534	B	
	50m: 34.47 34.47	150m: 1:55.82 43.04	250m: 3:27.32 48.54	350m: 4:52.68 36.09				
	100m: 1:12.78 38.31	200m: 2:38.78 42.96	300m: 4:16.59 49.27	400m: 5:28.23 35.55				
18.	KURASI SKA Oliwia SOc	15	KSZO Ostrowiec w.		<b>5:31.22</b>	520	B	
	50m: 35.36 35.36	150m: 1:58.34 42.12	250m: 3:26.02 47.28	350m: 4:53.47 39.81				
	100m: 1:16.22 40.86	200m: 2:38.74 40.40	300m: 4:13.66 47.64	400m: 5:31.22 37.75				
19.	KUMOREK Kamila	15	Galicja Kraków		<b>5:41.57</b>	474	B	
	50m: 35.05 35.05	150m: 2:01.32 43.95	250m: 3:32.06 47.79	350m: 5:02.27 40.31				
	100m: 1:17.37 42.32	200m: 2:44.27 42.95	300m: 4:21.96 49.90	400m: 5:41.57 39.30				
20.	SZPIEGOWSKA Wiktoria	15	I sk Wrocław		<b>5:41.59</b>	474	B	
	50m: 36.05 36.05	150m: 2:03.48 43.50	250m: 3:34.49 48.50	350m: 5:03.44 39.03				
	100m: 1:19.98 43.93	200m: 2:45.99 42.51	300m: 4:24.41 49.92	400m: 5:41.59 38.15				
21.	PROCE Marta	15	Rekin wiebodzice		<b>5:45.09</b>	459	R	
	50m: 35.53 35.53	150m: 2:02.21 42.62	250m: 3:34.97 50.70	350m: 5:05.35 38.88				
	100m: 1:19.59 44.06	200m: 2:44.27 42.06	300m: 4:26.47 51.50	400m: 5:45.09 39.74				
22.	GLEJZER Marcelina	15	Rekin wiebodzice		<b>5:50.28</b>	439	R	
	50m: 35.45 35.45	150m: 2:04.79 46.45	250m: 3:38.54 47.63	350m: 5:08.60 41.37				
	100m: 1:18.34 42.89	200m: 2:50.91 46.12	300m: 4:27.23 48.69	400m: 5:50.28 41.68				