

2017 Zimowe Mistrzostwa Województwa Lubelskiego  
Lublin, 9. - 10.12.2017

Konkurencja 11  
09.12.2017 - 12:02

Kobiet, 400m zmienny

12 lat i starsi  
Wyniki

Punkty: FINA 2017

Pozycja			Rok ur.					Czas	Pkt.
<b>MŁODZIK</b>									
1.	AMILKIEWICZ Aleksandra		05	Olimpia Lublin				<b>5:13.32</b>	567
	50m:	32.98 32.98	150m:	1:51.08 39.37	250m:	3:13.63 43.43	350m:	4:36.93 38.54	
	100m:	1:11.71 38.73	200m:	2:30.20 39.12	300m:	3:58.39 44.76	400m:	5:13.32 36.39	
2.	DRAGAN Julia		04	Olimpia Lublin				<b>5:14.55</b>	561
	<i>WYNIK LEPSZY OD REKORDU POLSKI NIESŁYSZ CYCH SENIORÓW</i>								
	50m:	33.79 33.79	150m:	1:55.21 41.50	250m:	3:18.89 43.24	350m:	4:39.02 36.59	
	100m:	1:13.71 39.92	200m:	2:35.65 40.44	300m:	4:02.43 43.54	400m:	5:14.55 35.53	
3.	GAZDA Małgorzata		04	Olimpijczyk 23 Lublin				<b>5:19.20</b>	537
	50m:	34.92 34.92	150m:	1:55.57 39.45	250m:	3:20.34 45.33	350m:	4:43.11 37.37	
	100m:	1:16.12 41.20	200m:	2:35.01 39.44	300m:	4:05.74 45.40	400m:	5:19.20 36.09	
4.	MALEC Klaudia		04	Orka Zamo				<b>5:22.21</b>	522
	50m:	34.88 34.88	150m:	1:59.31 41.77	250m:	3:23.55 43.23	350m:	4:47.91 39.68	
	100m:	1:17.54 42.66	200m:	2:40.32 41.01	300m:	4:08.23 44.68	400m:	5:22.21 34.30	
5.	BEDNARZ Julia		04	Orka Zamo				<b>5:23.48</b>	516
	50m:	34.85 34.85	150m:	1:57.70 41.34	250m:	3:22.53 44.18	350m:	4:46.64 39.11	
	100m:	1:16.36 41.51	200m:	2:38.35 40.65	300m:	4:07.53 45.00	400m:	5:23.48 36.84	
6.	SIOMA Zuzanna		04	Orka Zamo				<b>5:56.55</b>	385
	50m:	36.76 36.76	150m:	2:04.86 44.15	250m:	3:42.27 54.13	350m:	5:16.48 40.34	
	100m:	1:20.71 43.95	200m:	2:48.14 43.28	300m:	4:36.14 53.87	400m:	5:56.55 40.07	
7.	SOSNÓWKA Oliwia		05	Fala Kra nik				<b>6:07.99</b>	350
	50m:	37.62 37.62	150m:	2:12.10 48.70	250m:	3:50.69 51.42	350m:	5:25.18 42.90	
	100m:	1:23.40 45.78	200m:	2:59.27 47.17	300m:	4:42.28 51.59	400m:	6:07.99 42.81	

**JUNIOR**

1.	WILCZEWSKA Aleksandra		02	Olimpia Lublin				<b>4:56.51</b>	670
	50m:	31.94 31.94	150m:	1:46.23 37.38	250m:	3:04.79 41.91	350m:	4:22.32 35.56	
	100m:	1:08.85 36.91	200m:	2:22.88 36.65	300m:	3:46.76 41.97	400m:	4:56.51 34.19	
2.	KOŁODZIEJCZYK Oliwia		03	Olimpia Lublin				<b>5:23.43</b>	516
	50m:	33.91 33.91	150m:	1:55.87 42.65	250m:	3:25.46 47.82	350m:	4:48.65 36.99	
	100m:	1:13.22 39.31	200m:	2:37.64 41.77	300m:	4:11.66 46.20	400m:	5:23.43 34.78	
3.	KURZYNA Aleksandra		03	Fala Kra nik				<b>5:37.98</b>	452
	50m:	36.97 36.97	150m:	2:04.03 43.55	250m:	3:33.40 47.27	350m:	5:00.78 39.08	
	100m:	1:20.48 43.51	200m:	2:46.13 42.10	300m:	4:21.70 48.30	400m:	5:37.98 37.20	

DYSKW. LUTKIEWICZ Gabriela 03 Wisła Puławy  
*G4 - Wykonanie wi cej ni jednego poci gni cia ramieniem (ramionami) w pozycji na piersiach w trakcie nawrotu*

**OPEN**

1.	WILCZEWSKA Aleksandra		02	Olimpia Lublin				<b>4:56.51</b>	670
	50m:	31.94 31.94	150m:	1:46.23 37.38	250m:	3:04.79 41.91	350m:	4:22.32 35.56	
	100m:	1:08.85 36.91	200m:	2:22.88 36.65	300m:	3:46.76 41.97	400m:	4:56.51 34.19	
2.	AMILKIEWICZ Aleksandra		05	Olimpia Lublin				<b>5:13.32</b>	567
	50m:	32.98 32.98	150m:	1:51.08 39.37	250m:	3:13.63 43.43	350m:	4:36.93 38.54	
	100m:	1:11.71 38.73	200m:	2:30.20 39.12	300m:	3:58.39 44.76	400m:	5:13.32 36.39	
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4.	GAZDA Małgorzata		04	Olimpijczyk 23 Lublin				<b>5:19.20</b>	537
	50m:	34.92 34.92	150m:	1:55.57 39.45	250m:	3:20.34 45.33	350m:	4:43.11 37.37	
	100m:	1:16.12 41.20	200m:	2:35.01 39.44	300m:	4:05.74 45.40	400m:	5:19.20 36.09	
5.	MALEC Klaudia		04	Orka Zamo				<b>5:22.21</b>	522
	50m:	34.88 34.88	150m:	1:59.31 41.77	250m:	3:23.55 43.23	350m:	4:47.91 39.68	
	100m:	1:17.54 42.66	200m:	2:40.32 41.01	300m:	4:08.23 44.68	400m:	5:22.21 34.30	
6.	KOŁODZIEJCZYK Oliwia		03	Olimpia Lublin				<b>5:23.43</b>	516
	50m:	33.91 33.91	150m:	1:55.87 42.65	250m:	3:25.46 47.82	350m:	4:48.65 36.99	
	100m:	1:13.22 39.31	200m:	2:37.64 41.77	300m:	4:11.66 46.20	400m:	5:23.43 34.78	
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	50m:	36.97 36.97	150m:	2:04.03 43.55	250m:	3:33.40 47.27	350m:	5:00.78 39.08	
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10.	SOSNÓWKA Oliwia		05	Fala Kra nik				<b>6:07.99</b>	350
	50m:	37.62 37.62	150m:	2:12.10 48.70	250m:	3:50.69 51.42	350m:	5:25.18 42.90	
	100m:	1:23.40 45.78	200m:	2:59.27 47.17	300m:	4:42.28 51.59	400m:	6:07.99 42.81	
DYSKW.	LUTKIEWICZ Gabriela		03	Wisła Puławy					
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