

2017 Zimowe Mistrzostwa Województwa Lubelskiego  
Lublin, 9. - 10.12.2017

Konkurencja 18  
09.12.2017 - 16:19

Mężczyzn, 400m dowolny

12 lat i starsi  
Wyniki

Punkty: FINA 2017

Pozycja			Rok ur.					Czas	Pkt.
<b>MŁODZIK</b>									
1.	ZUBRZYCKI Kacper		04	Wisła Puławy			<b>4:29.87</b>	486	
	50m: 29.39	29.39	150m: 1:37.37	34.62	250m: 2:46.75	34.82	350m: 3:56.78	35.09	
	100m: 1:02.75	33.36	200m: 2:11.93	34.56	300m: 3:21.69	34.94	400m: 4:29.87	33.09	
2.	ZUZANIUK Igor		04	Olimpia Lublin			<b>4:30.42</b>	483	
	50m: 29.73	29.73	150m: 1:37.32	34.14	250m: 2:46.27	34.17	350m: 3:56.41	35.15	
	100m: 1:03.18	33.45	200m: 2:12.10	34.78	300m: 3:21.26	34.99	400m: 4:30.42	34.01	
3.	POLSKI Mateusz		04	UKS 51 Lublin			<b>4:35.93</b>	455	
	50m: 30.97	30.97	150m: 1:38.88	34.44	250m: 2:49.55	35.20	350m: 4:01.85	36.56	
	100m: 1:04.44	33.47	200m: 2:14.35	35.47	300m: 3:25.29	35.74	400m: 4:35.93	34.08	
4.	MUZYKA Igor		05	Swim 10 Puławy			<b>4:45.20</b>	412	
	50m: 31.71	31.71	150m: 1:42.60	35.81	250m: 2:55.51	36.30	350m: 4:08.67	36.20	
	100m: 1:06.79	35.08	200m: 2:19.21	36.61	300m: 3:32.47	36.96	400m: 4:45.20	36.53	
5.	SŁAWACKI Wojciech		05	Wodnik Krasnystaw			<b>4:52.56</b>	381	
	50m: 31.99	31.99	150m: 1:44.60	36.99	250m: 3:00.20	37.80	350m: 4:15.74	37.87	
	100m: 1:07.61	35.62	200m: 2:22.40	37.80	300m: 3:37.87	37.67	400m: 4:52.56	36.82	
6.	LEWTAK Szymon		04	Olimpia Lublin			<b>4:52.93</b>	380	
	50m: 32.19	32.19	150m: 1:46.24	37.99	250m: 3:03.46	38.67	350m: 4:17.42	36.71	
	100m: 1:08.25	36.06	200m: 2:24.79	38.55	300m: 3:40.71	37.25	400m: 4:52.93	35.51	
7.	CHAŁAT Wojciech		04	Skarpa Lublin			<b>5:04.56</b>	338	
	50m: 33.51	33.51	150m: 1:50.91	38.63	250m: 3:08.12	38.30	350m: 4:26.74	38.47	
	100m: 1:12.28	38.77	200m: 2:29.82	38.91	300m: 3:48.27	40.15	400m: 5:04.56	37.82	
8.	KAŁUSZY SKI Jakub		05	Technik-Orion Radzy Podl.			<b>5:20.09</b>	291	
	50m: 35.49	35.49	150m: 1:55.01	40.58	250m: 3:18.09	41.55	350m: 4:41.88	41.36	
	100m: 1:14.43	38.94	200m: 2:36.54	41.53	300m: 4:00.52	42.43	400m: 5:20.09	38.21	
9.	RYMARZ Jakub		05	Orka Zamo			<b>5:20.22</b>	291	
	50m: 35.62	35.62	150m: 1:58.13	41.99	250m: 3:21.66	41.49	350m: 4:44.09	41.10	
	100m: 1:16.14	40.52	200m: 2:40.17	42.04	300m: 4:02.99	41.33	400m: 5:20.22	36.13	
10.	CHMIEL Paweł		05	Eska Janów Lubelski			<b>5:50.04</b>	222	
	50m: 38.74	38.74	150m: 2:07.51	45.05	250m: 3:39.07	45.52	350m: 5:07.84	43.43	
	100m: 1:22.46	43.72	200m: 2:53.55	46.04	300m: 4:24.41	45.34	400m: 5:50.04	42.20	
11.	DOKUDOWIEC Kacper		05	Technik-Orion Radzy Podl.			<b>6:36.04</b>	153	
	50m: 39.75	39.75	150m: 2:20.25	51.52	250m: 4:05.71	53.47	350m: 5:50.73	51.78	
	100m: 1:28.73	48.98	200m: 3:12.24	51.99	300m: 4:58.95	53.24	400m: 6:36.04	45.31	
<b>JUNIOR</b>									
1.	JAKIMIAK Jakub		03	Huragan Mi dzyrzec Podl.			<b>4:03.50</b>	662	
	50m: 27.84	27.84	150m: 1:29.30	30.97	250m: 2:31.95	31.28	350m: 3:34.64	30.93	
	100m: 58.33	30.49	200m: 2:00.67	31.37	300m: 3:03.71	31.76	400m: 4:03.50	28.86	
2.	SZCZERBA Adam		02	AZS UMCS Lublin			<b>4:03.89</b>	659	
	50m: 27.73	27.73	150m: 1:29.00	30.80	250m: 2:31.62	31.45	350m: 3:34.04	31.02	
	100m: 58.20	30.47	200m: 2:00.17	31.17	300m: 3:03.02	31.40	400m: 4:03.89	29.85	
3.	ZARYCHTA Marcel		03	Olimpia Lublin			<b>4:19.15</b>	549	
	50m: 28.28	28.28	150m: 1:32.72	32.87	250m: 2:39.64	33.33	350m: 3:46.81	33.56	
	100m: 59.85	31.57	200m: 2:06.31	33.59	300m: 3:13.25	33.61	400m: 4:19.15	32.34	
4.	MRÓZ Adam		03	Olimpijczyk 23 Lublin			<b>4:22.70</b>	527	
	50m: 30.17	30.17	150m: 1:37.17	33.58	250m: 2:44.21	32.74	350m: 3:51.94	33.76	
	100m: 1:03.59	33.42	200m: 2:11.47	34.30	300m: 3:18.18	33.97	400m: 4:22.70	30.76	
5.	SWINTOZELSKI Maksymilian		03	Fala Kra nik			<b>4:29.51</b>	488	
	50m: 30.36	30.36	150m: 1:37.86	33.93	250m: 2:46.37	34.33	350m: 3:55.81	34.79	
	100m: 1:03.93	33.57	200m: 2:12.04	34.18	300m: 3:21.02	34.65	400m: 4:29.51	33.70	

2017 Zimowe Mistrzostwa Województwa Lubelskiego  
Lublin, 9. - 10.12.2017

Konkurencja 18, Chłopców, 400m dowolny, JUNIOR

Pozycja			Rok ur.					Czas	Pkt.			
6.	POGODA Filip		03	Olimpijczyk 23 Lublin				<b>4:30.87</b>	481			
	50m:	28.95	28.95	150m:	1:38.14	34.90	250m:	2:48.99	35.60	350m:	3:57.87	34.57
	100m:	1:03.24	34.29	200m:	2:13.39	35.25	300m:	3:23.30	34.31	400m:	4:30.87	33.00
7.	ADAMCZYK Jan		03	Olimpijczyk 23 Lublin				<b>4:31.41</b>	478			
	50m:	30.67	30.67	150m:	1:38.70	34.90	250m:	2:48.14	34.50	350m:	3:57.84	34.77
	100m:	1:03.80	33.13	200m:	2:13.64	34.94	300m:	3:23.07	34.93	400m:	4:31.41	33.57
8.	KASPERSKI Patryk		03	Fala Kra nik				<b>4:31.72</b>	476			
	50m:	30.77	30.77	150m:	1:39.96	35.18	250m:	2:49.21	34.94	350m:	3:58.72	34.40
	100m:	1:04.78	34.01	200m:	2:14.27	34.31	300m:	3:24.32	35.11	400m:	4:31.72	33.00
9.	BO EK Filip		02	Fala Kra nik				<b>4:38.96</b>	440			
	50m:	30.02	30.02	150m:	1:39.22	35.00	250m:	2:49.83	35.15	350m:	4:01.93	36.51
	100m:	1:04.22	34.20	200m:	2:14.68	35.46	300m:	3:25.42	35.59	400m:	4:38.96	37.03
10.	KOROLCZUK Kacper		03	AZS AWF Biała Podl.				<b>4:52.35</b>	382			
	50m:	31.92	31.92	150m:	1:46.34	38.10	250m:	3:02.29	37.93	350m:	4:18.72	37.75
	100m:	1:08.24	36.32	200m:	2:24.36	38.02	300m:	3:40.97	38.68	400m:	4:52.35	33.63
11.	WI Mateusz		03	Olimpijczyk 23 Lublin				<b>4:58.00</b>	361			
	50m:	32.41	32.41	150m:	1:46.77	37.55	250m:	3:03.59	38.50	350m:	4:20.88	38.81
	100m:	1:09.22	36.81	200m:	2:25.09	38.32	300m:	3:42.07	38.48	400m:	4:58.00	37.12
12.	OSZAJCA Gabriel		03	Sparta Biłgoraj				<b>5:06.15</b>	333			
	50m:	31.39	31.39	150m:	1:46.44	38.60	250m:	3:07.75	40.74	350m:	4:28.79	39.84
	100m:	1:07.84	36.45	200m:	2:27.01	40.57	300m:	3:48.95	41.20	400m:	5:06.15	37.36
13.	BRUS Marcel		03	Olimpia Lublin				<b>5:06.99</b>	330			
	50m:	32.32	32.32	150m:	1:47.43	38.63	250m:	3:06.50	40.07	350m:	4:27.92	40.73
	100m:	1:08.80	36.48	200m:	2:26.43	39.00	300m:	3:47.19	40.69	400m:	5:06.99	39.07

OPEN

1.	KRZYKAŁA Emil		01	Avia widnik				<b>4:02.51</b>	670			
	50m:	26.74	26.74	150m:	1:27.25	30.60	250m:	2:29.35	31.14	350m:	3:31.89	31.38
	100m:	56.65	29.91	200m:	1:58.21	30.96	300m:	3:00.51	31.16	400m:	4:02.51	30.62
2.	JAKIMIAK Jakub		03	Huragan Mi dzyrzec Podl.				<b>4:03.50</b>	662			
	50m:	27.84	27.84	150m:	1:29.30	30.97	250m:	2:31.95	31.28	350m:	3:34.64	30.93
	100m:	58.33	30.49	200m:	2:00.67	31.37	300m:	3:03.71	31.76	400m:	4:03.50	28.86
3.	SZCZERBA Adam		02	AZS UMCS Lublin				<b>4:03.89</b>	659			
	50m:	27.73	27.73	150m:	1:29.00	30.80	250m:	2:31.62	31.45	350m:	3:34.04	31.02
	100m:	58.20	30.47	200m:	2:00.17	31.17	300m:	3:03.02	31.40	400m:	4:03.89	29.85
4.	KONCKI Bartłomiej		01	Wisła Puławy				<b>4:08.49</b>	623			
	50m:	29.01	29.01	150m:	1:31.41	31.43	250m:	2:34.21	31.25	350m:	3:37.55	31.68
	100m:	59.98	30.97	200m:	2:02.96	31.55	300m:	3:05.87	31.66	400m:	4:08.49	30.94
5.	WO NIAK Kamil		01	Wisła Puławy				<b>4:17.72</b>	558			
	50m:	29.21	29.21	150m:	1:33.67	32.49	250m:	2:39.19	32.82	350m:	3:45.76	33.02
	100m:	1:01.18	31.97	200m:	2:06.37	32.70	300m:	3:12.74	33.55	400m:	4:17.72	31.96
6.	ZARYCHTA Marcel		03	Olimpia Lublin				<b>4:19.15</b>	549			
	50m:	28.28	28.28	150m:	1:32.72	32.87	250m:	2:39.64	33.33	350m:	3:46.81	33.56
	100m:	59.85	31.57	200m:	2:06.31	33.59	300m:	3:13.25	33.61	400m:	4:19.15	32.34
7.	BORSUK Łukasz		01	Fala Kra nik				<b>4:19.78</b>	545			
	50m:	30.03	30.03	150m:	1:36.66	33.45	250m:	2:43.04	32.57	350m:	3:48.42	32.75
	100m:	1:03.21	33.18	200m:	2:10.47	33.81	300m:	3:15.67	32.63	400m:	4:19.78	31.36
8.	GRABEK Filip SL		99	AZS UMCS Lublin				<b>4:21.79</b>	532			
	50m:	29.78	29.78	150m:	1:36.06	33.46	250m:	2:42.43	32.47	350m:	3:48.62	33.38
	100m:	1:02.60	32.82	200m:	2:09.96	33.90	300m:	3:15.24	32.81	400m:	4:21.79	33.17
9.	MRÓZ Adam		03	Olimpijczyk 23 Lublin				<b>4:22.70</b>	527			
	50m:	30.17	30.17	150m:	1:37.17	33.58	250m:	2:44.21	32.74	350m:	3:51.94	33.76
	100m:	1:03.59	33.42	200m:	2:11.47	34.30	300m:	3:18.18	33.97	400m:	4:22.70	30.76

2017 Zimowe Mistrzostwa Województwa Lubelskiego  
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Konkurencja 18, M czynn, 400m dowolny, OPEN

Pozycja			Rok ur.							Czas	Pkt.
10.	DADOS Aleksander		01	Wiśła Puławy						<b>4:23.47</b>	522
	50m:	27.93 27.93	150m:	1:33.34	33.47	250m:	2:41.90	34.20	350m:	3:51.27	34.57
	100m:	59.87 31.94	200m:	2:07.70	34.36	300m:	3:16.70	34.80	400m:	4:23.47	32.20
11.	SWINTOZELSKI Maksymilian		03	Fala Kra nik						<b>4:29.51</b>	488
	50m:	30.36 30.36	150m:	1:37.86	33.93	250m:	2:46.37	34.33	350m:	3:55.81	34.79
	100m:	1:03.93 33.57	200m:	2:12.04	34.18	300m:	3:21.02	34.65	400m:	4:29.51	33.70
12.	ZUBRZYCKI Kacper		04	Wiśła Puławy						<b>4:29.87</b>	486
	50m:	29.39 29.39	150m:	1:37.37	34.62	250m:	2:46.75	34.82	350m:	3:56.78	35.09
	100m:	1:02.75 33.36	200m:	2:11.93	34.56	300m:	3:21.69	34.94	400m:	4:29.87	33.09
13.	ZUZANIUK Igor		04	Olimpia Lublin						<b>4:30.42</b>	483
	50m:	29.73 29.73	150m:	1:37.32	34.14	250m:	2:46.27	34.17	350m:	3:56.41	35.15
	100m:	1:03.18 33.45	200m:	2:12.10	34.78	300m:	3:21.26	34.99	400m:	4:30.42	34.01
14.	POGODA Filip		03	Olimpijczyk 23 Lublin						<b>4:30.87</b>	481
	50m:	28.95 28.95	150m:	1:38.14	34.90	250m:	2:48.99	35.60	350m:	3:57.87	34.57
	100m:	1:03.24 34.29	200m:	2:13.39	35.25	300m:	3:23.30	34.31	400m:	4:30.87	33.00
15.	ADAMCZYK Jan		03	Olimpijczyk 23 Lublin						<b>4:31.41</b>	478
	50m:	30.67 30.67	150m:	1:38.70	34.90	250m:	2:48.14	34.50	350m:	3:57.84	34.77
	100m:	1:03.80 33.13	200m:	2:13.64	34.94	300m:	3:23.07	34.93	400m:	4:31.41	33.57
16.	KASPERSKI Patryk		03	Fala Kra nik						<b>4:31.72</b>	476
	50m:	30.77 30.77	150m:	1:39.96	35.18	250m:	2:49.21	34.94	350m:	3:58.72	34.40
	100m:	1:04.78 34.01	200m:	2:14.27	34.31	300m:	3:24.32	35.11	400m:	4:31.72	33.00
17.	SZULIERZ Michał		01	Avia widnik						<b>4:31.94</b>	475
	50m:	29.74 29.74	150m:	1:37.47	34.51	250m:	2:48.40	35.74	350m:	3:58.87	34.69
	100m:	1:02.96 33.22	200m:	2:12.66	35.19	300m:	3:24.18	35.78	400m:	4:31.94	33.07
18.	POLSKI Mateusz		04	UKS 51 Lublin						<b>4:35.93</b>	455
	50m:	30.97 30.97	150m:	1:38.88	34.44	250m:	2:49.55	35.20	350m:	4:01.85	36.56
	100m:	1:04.44 33.47	200m:	2:14.35	35.47	300m:	3:25.29	35.74	400m:	4:35.93	34.08
19.	BO EK Filip		02	Fala Kra nik						<b>4:38.96</b>	440
	50m:	30.02 30.02	150m:	1:39.22	35.00	250m:	2:49.83	35.15	350m:	4:01.93	36.51
	100m:	1:04.22 34.20	200m:	2:14.68	35.46	300m:	3:25.42	35.59	400m:	4:38.96	37.03
20.	KURANTOWICZ Krzysztof		99	Orka Zamo						<b>4:40.98</b>	431
	50m:	30.36 30.36	150m:	1:40.35	35.65	250m:	2:52.94	36.29	350m:	4:05.98	36.33
	100m:	1:04.70 34.34	200m:	2:16.65	36.30	300m:	3:29.65	36.71	400m:	4:40.98	35.00
21.	MUZYKA Igor		05	Swim 10 Puławy						<b>4:45.20</b>	412
	50m:	31.71 31.71	150m:	1:42.60	35.81	250m:	2:55.51	36.30	350m:	4:08.67	36.20
	100m:	1:06.79 35.08	200m:	2:19.21	36.61	300m:	3:32.47	36.96	400m:	4:45.20	36.53
22.	KOROLCZUK Kacper		03	AZS AWF Biała Podl.						<b>4:52.35</b>	382
	50m:	31.92 31.92	150m:	1:46.34	38.10	250m:	3:02.29	37.93	350m:	4:18.72	37.75
	100m:	1:08.24 36.32	200m:	2:24.36	38.02	300m:	3:40.97	38.68	400m:	4:52.35	33.63
23.	SŁAWACKI Wojciech		05	Wodnik Krasnystaw						<b>4:52.56</b>	381
	50m:	31.99 31.99	150m:	1:44.60	36.99	250m:	3:00.20	37.80	350m:	4:15.74	37.87
	100m:	1:07.61 35.62	200m:	2:22.40	37.80	300m:	3:37.87	37.67	400m:	4:52.56	36.82
24.	LEWTAK Szymon		04	Olimpia Lublin						<b>4:52.93</b>	380
	50m:	32.19 32.19	150m:	1:46.24	37.99	250m:	3:03.46	38.67	350m:	4:17.42	36.71
	100m:	1:08.25 36.06	200m:	2:24.79	38.55	300m:	3:40.71	37.25	400m:	4:52.93	35.51
25.	WI Mateusz		03	Olimpijczyk 23 Lublin						<b>4:58.00</b>	361
	50m:	32.41 32.41	150m:	1:46.77	37.55	250m:	3:03.59	38.50	350m:	4:20.88	38.81
	100m:	1:09.22 36.81	200m:	2:25.09	38.32	300m:	3:42.07	38.48	400m:	4:58.00	37.12
26.	CHAŁAT Wojciech		04	Skarpa Lublin						<b>5:04.56</b>	338
	50m:	33.51 33.51	150m:	1:50.91	38.63	250m:	3:08.12	38.30	350m:	4:26.74	38.47
	100m:	1:12.28 38.77	200m:	2:29.82	38.91	300m:	3:48.27	40.15	400m:	5:04.56	37.82
27.	OSZAJCA Gabriel		03	Sparta Biłgoraj						<b>5:06.15</b>	333
	50m:	31.39 31.39	150m:	1:46.44	38.60	250m:	3:07.75	40.74	350m:	4:28.79	39.84
	100m:	1:07.84 36.45	200m:	2:27.01	40.57	300m:	3:48.95	41.20	400m:	5:06.15	37.36

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Konkurencja 18, M czynn, 400m dowolny, OPEN

Pozycja			Rok ur.					Czas	Pkt.
28.	BRUS Marcel		03	Olimpia Lublin			<b>5:06.99</b>	330	
	50m: 32.32	32.32	150m: 1:47.43	38.63	250m: 3:06.50	40.07	350m: 4:27.92	40.73	
	100m: 1:08.80	36.48	200m: 2:26.43	39.00	300m: 3:47.19	40.69	400m: 5:06.99	39.07	
29.	KĄŁUSZY SKI Jakub		05	Technik-Orion Radzy Podl.			<b>5:20.09</b>	291	
	50m: 35.49	35.49	150m: 1:55.01	40.58	250m: 3:18.09	41.55	350m: 4:41.88	41.36	
	100m: 1:14.43	38.94	200m: 2:36.54	41.53	300m: 4:00.52	42.43	400m: 5:20.09	38.21	
30.	RYMARZ Jakub		05	Orka Zamo			<b>5:20.22</b>	291	
	50m: 35.62	35.62	150m: 1:58.13	41.99	250m: 3:21.66	41.49	350m: 4:44.09	41.10	
	100m: 1:16.14	40.52	200m: 2:40.17	42.04	300m: 4:02.99	41.33	400m: 5:20.22	36.13	
31.	CHMIEL Paweł		05	Eska Janów Lubelski			<b>5:50.04</b>	222	
	50m: 38.74	38.74	150m: 2:07.51	45.05	250m: 3:39.07	45.52	350m: 5:07.84	43.43	
	100m: 1:22.46	43.72	200m: 2:53.55	46.04	300m: 4:24.41	45.34	400m: 5:50.04	42.20	
32.	DOKUDOWIEC Kacper		05	Technik-Orion Radzy Podl.			<b>6:36.04</b>	153	
	50m: 39.75	39.75	150m: 2:20.25	51.52	250m: 4:05.71	53.47	350m: 5:50.73	51.78	
	100m: 1:28.73	48.98	200m: 3:12.24	51.99	300m: 4:58.95	53.24	400m: 6:36.04	45.31	
PK	JA KIEWICZ Adrian		02	Muszelka Warszawa			<b>4:05.63</b>	645	
	50m: 27.88	27.88	150m: 1:29.87	31.30	250m: 2:32.76	31.49	350m: 3:35.39	31.22	
	100m: 58.57	30.69	200m: 2:01.27	31.40	300m: 3:04.17	31.41	400m: 4:05.63	30.24	
PK	CHMIELEWSKI Krzysztof		04	Muszelka Warszawa			<b>4:07.29</b>	632	
	50m: 28.34	28.34	150m: 1:30.43	31.26	250m: 2:33.60	31.57	350m: 3:36.58	31.40	
	100m: 59.17	30.83	200m: 2:02.03	31.60	300m: 3:05.18	31.58	400m: 4:07.29	30.71	
PK	DOŁOWY Grzegorz		02	Muszelka Warszawa			<b>4:09.66</b>	614	
	50m: 28.88	28.88	150m: 1:31.46	31.40	250m: 2:34.94	31.91	350m: 3:38.64	31.74	
	100m: 1:00.06	31.18	200m: 2:03.03	31.57	300m: 3:06.90	31.96	400m: 4:09.66	31.02	
PK	CHMIELEWSKI Michał		04	Muszelka Warszawa			<b>4:11.94</b>	597	
	50m: 28.71	28.71	150m: 1:31.65	31.84	250m: 2:35.99	32.12	350m: 3:40.67	32.47	
	100m: 59.81	31.10	200m: 2:03.87	32.22	300m: 3:08.20	32.21	400m: 4:11.94	31.27	
PK	RUTA Kamil		02	Muszelka Warszawa			<b>4:15.36</b>	574	
	50m: 29.28	29.28	150m: 1:32.24	31.79	250m: 2:37.13	32.66	350m: 3:43.10	33.11	
	100m: 1:00.45	31.17	200m: 2:04.47	32.23	300m: 3:09.99	32.86	400m: 4:15.36	32.26	
PK	ROGUSKI Mateusz		03	Muszelka Warszawa			<b>4:18.89</b>	551	
	50m: 30.10	30.10	150m: 1:35.81	32.95	250m: 2:41.40	32.84	350m: 3:47.06	32.77	
	100m: 1:02.86	32.76	200m: 2:08.56	32.75	300m: 3:14.29	32.89	400m: 4:18.89	31.83	
PK	RODKIEWICZ Radosław		03	Muszelka Warszawa			<b>4:20.36</b>	541	
	50m: 29.47	29.47	150m: 1:33.42	32.24	250m: 2:38.52	32.93	350m: 3:46.51	34.10	
	100m: 1:01.18	31.71	200m: 2:05.59	32.17	300m: 3:12.41	33.89	400m: 4:20.36	33.85	