

2018 Memoriał Henryka Kosakowskiego
Lublin, 17.2.2018

Konkurencja 6, M czyzn, 400m dowolny, OPEN

Pozycja				Wiek					Czas	Pkt.		
16.	ROGUSKI Mateusz			15	Muszelka Warszawa				4:28.96	11,1		
	50m:	30.07	30.07	150m:	1:37.44	34.14	250m:	2:46.28	34.68	350m:	3:55.40	34.42
	100m:	1:03.30	33.23	200m:	2:11.60	34.16	300m:	3:20.98	34.70	400m:	4:28.96	33.56
17.	GUZY Marcel			17	Vega Dobrodzie				4:30.94	8,0		
	50m:	30.12	30.12	150m:	1:37.76	33.89	250m:	2:47.12	34.82	350m:	3:56.95	34.83
	100m:	1:03.87	33.75	200m:	2:12.30	34.54	300m:	3:22.12	35.00	400m:	4:30.94	33.99
18.	ANTCZAK Bartosz			15	Polonia Warszawa				4:32.47	10,1		
	50m:	29.85	29.85	150m:	1:37.01	34.44	250m:	2:47.25	35.46	350m:	3:58.52	35.88
	100m:	1:02.57	32.72	200m:	2:11.79	34.78	300m:	3:22.64	35.39	400m:	4:32.47	33.95
19.	SWINTOZELSKI Maksymilian			15	Fala Kra nik				4:32.56	10,1		
	50m:	30.48	30.48	150m:	1:37.61	34.19	250m:	2:47.76	35.02	350m:	3:58.54	35.16
	100m:	1:03.42	32.94	200m:	2:12.74	35.13	300m:	3:23.38	35.62	400m:	4:32.56	34.02
20.	BEDNAREK Przemysław			14	Muszelka Warszawa				4:33.74	11,7		
	50m:	31.10	31.10	150m:	1:38.67	34.33	250m:	2:48.11	34.65	350m:	3:58.92	35.35
	100m:	1:04.34	33.24	200m:	2:13.46	34.79	300m:	3:23.57	35.46	400m:	4:33.74	34.82
21.	WO NIAK Kamil			17	Wisła Puławy				4:36.68	6,4		
	50m:	30.46	30.46	150m:	1:39.59	35.26	250m:	2:49.93	34.80	350m:	4:02.74	36.32
	100m:	1:04.33	33.87	200m:	2:15.13	35.54	300m:	3:26.42	36.49	400m:	4:36.68	33.94
22.	KASPERSKI Patryk			15	Fala Kra nik				4:43.83	7,0		
	50m:	31.67	31.67	150m:	1:43.70	36.52	250m:	2:56.50	36.42	350m:	4:08.88	36.01
	100m:	1:07.18	35.51	200m:	2:20.08	36.38	300m:	3:32.87	36.37	400m:	4:43.83	34.95
23.	MIAZGA Oskar			14	Fala Kra nik				4:48.33	7,8		
	50m:	31.38	31.38	150m:	1:42.33	36.02	250m:	2:56.67	37.46	350m:	4:13.20	38.34
	100m:	1:06.31	34.93	200m:	2:19.21	36.88	300m:	3:34.86	38.19	400m:	4:48.33	35.13
24.	DERU Mateusz			16	Olimpia Lublin				5:02.37			
	50m:	31.18	31.18	150m:	1:44.53	37.56	250m:	3:02.24	39.77	350m:	4:23.03	40.85
	100m:	1:06.97	35.79	200m:	2:22.47	37.94	300m:	3:42.18	39.94	400m:	5:02.37	39.34
25.	LEWTAK Szymon			14	Olimpia Lublin				5:13.00	1,2		
	50m:	32.54	32.54	150m:	1:50.84	40.19	250m:	3:12.46	40.37	350m:	4:34.13	40.26
	100m:	1:10.65	38.11	200m:	2:32.09	41.25	300m:	3:53.87	41.41	400m:	5:13.00	38.87