

2018 Arena Grand Prix Puchar Polski
Lublin, 10. - 11.3.2018

Konkurencja 23
11.03.2018 - 8:48

M czyzn, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2017

Pozycja	Wiek				Czas				Pkt.
JUNIOR MŁODSZY 14 LAT									
1.	CHMIELEWSKI Krzysztof	14	IUKS „Muszelka” Warszawa	4:50.99	588				
	50m: 30.23 30.23	150m: 1:41.35	36.48	250m: 3:00.95	44.48	350m: 4:19.82	32.52		
	100m: 1:04.87 34.64	200m: 2:16.47	35.12	300m: 3:47.30	46.35	400m: 4:50.99	31.17		
2.	WIECZORKOWSKI Nikodem	14	UKS „Dwójka” Tczew	5:09.07	491				
	50m: 33.09 33.09	150m: 1:53.30	41.64	250m: 3:18.26	45.14	350m: 4:37.07	34.05		
	100m: 1:11.66 38.57	200m: 2:33.12	39.82	300m: 4:03.02	44.76	400m: 5:09.07	32.00		
3.	KORONKIEWICZ Antoni	14	SKF KS „Fenix” O arów Maz.	5:11.58	479				
	50m: 32.03 32.03	150m: 1:52.88	42.57	250m: 3:16.82	41.79	350m: 4:36.33	36.03		
	100m: 1:10.31 38.28	200m: 2:35.03	42.15	300m: 4:00.30	43.48	400m: 5:11.58	35.25		
4.	SKIBIAK Hubert	14	UKS 190 Łód	5:13.35	471				
	50m: 33.50 33.50	150m: 1:53.74	39.65	250m: 3:19.59	46.72	350m: 4:40.46	33.83		
	100m: 1:14.09 40.59	200m: 2:32.87	39.13	300m: 4:06.63	47.04	400m: 5:13.35	32.89		
5.	BEDNAREK Przemysław	14	IUKS „Muszelka” Warszawa	5:17.65	452				
	50m: 33.75 33.75	150m: 1:53.28	40.85	250m: 3:21.23	47.55	350m: 4:44.20	35.57		
	100m: 1:12.43 38.68	200m: 2:33.68	40.40	300m: 4:08.63	47.40	400m: 5:17.65	33.45		
6.	LASKI Filip	14	SKF KS „Fenix” O arów Maz.	5:18.35	449				
	50m: 32.87 32.87	150m: 1:54.42	41.78	250m: 3:20.35	44.53	350m: 4:43.90	37.34		
	100m: 1:12.64 39.77	200m: 2:35.82	41.40	300m: 4:06.56	46.21	400m: 5:18.35	34.45		
7.	EGLE Miłosz	14	MKS Park Wodny Tarn. Góry	5:26.85	415				
	50m: 33.09 33.09	150m: 1:53.95	40.81	250m: 3:22.58	48.59	350m: 4:50.14	37.75		
	100m: 1:13.14 40.05	200m: 2:33.99	40.04	300m: 4:12.39	49.81	400m: 5:26.85	36.71		
8.	STANISŁAWSKI Bartosz	14	UKS SP-149 Łód	5:29.25	406				
	50m: 31.60 31.60	150m: 1:51.18	42.10	250m: 3:22.59	51.05	350m: 4:52.70	39.03		
	100m: 1:09.08 37.48	200m: 2:31.54	40.36	300m: 4:13.67	51.08	400m: 5:29.25	36.55		
9.	ŁYSONIEWSKI Oskar	14	MKS Trójka Łód	5:39.70	369				
	50m: 35.02 35.02	150m: 2:00.25	43.22	250m: 3:31.60	50.54	350m: 5:01.72	40.06		
	100m: 1:17.03 42.01	200m: 2:41.06	40.81	300m: 4:21.66	50.06	400m: 5:39.70	37.98		
DYSKW.	CHMIELEWSKI Michał	14	IUKS „Muszelka” Warszawa	4:56.78					
	<i>K1 - Pływak wykonał kopni cie delfinowe po pierwszym kopni ciu do stylu klasycznego (pierwszy ruch po starcie lub nawrocie)</i>								
	50m: 30.66 30.66	150m: 1:41.96	35.94	250m: 3:04.01	45.49	350m: 4:24.47	33.32		
	100m: 1:06.02 35.36	200m: 2:18.52	36.56	300m: 3:51.15	47.14	400m: 4:56.78	32.31		
JUNIOR MŁODSZY 15 LAT									
1.	LABICH Wiktor	15	MKS Trójka Łód	4:52.99	576				
	50m: 30.86 30.86	150m: 1:46.21	39.42	250m: 3:05.58	40.77	350m: 4:20.85	33.09		
	100m: 1:06.79 35.93	200m: 2:24.81	38.60	300m: 3:47.76	42.18	400m: 4:52.99	32.14		
2.	ZUBIK Jan	15	UKP „Polonia Warszawa”	4:53.48	573				
	50m: 30.23 30.23	150m: 1:42.18	36.68	250m: 3:01.65	43.35	350m: 4:20.16	34.33		
	100m: 1:05.50 35.27	200m: 2:18.30	36.12	300m: 3:45.83	44.18	400m: 4:53.48	33.32		
3.	WIEK Wiktor	15	BUKS Warszawa	4:55.81	560				
	50m: 29.47 29.47	150m: 1:43.82	39.96	250m: 3:07.16	45.04	350m: 4:23.34	32.51		
	100m: 1:03.86 34.39	200m: 2:22.12	38.30	300m: 3:50.83	43.67	400m: 4:55.81	32.47		
4.	MRÓZ Adam	15	UKS Olimpijczyk 23	4:57.96	548				
	50m: 30.42 30.42	150m: 1:46.70	40.16	250m: 3:07.65	42.57	350m: 4:25.86	35.97		
	100m: 1:06.54 36.12	200m: 2:25.08	38.38	300m: 3:49.89	42.24	400m: 4:57.96	32.10		
5.	ZACHARZY SKI Norbert	15	UKS „Wodnik Krasnystaw”	4:58.33	546				
	50m: 30.69 30.69	150m: 1:47.09	41.09	250m: 3:07.33	41.54	350m: 4:25.28	35.96		
	100m: 1:06.00 35.31	200m: 2:25.79	38.70	300m: 3:49.32	41.99	400m: 4:58.33	33.05		

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Konkurencja 23, Chłopców, 400m zmienny, JUNIOR MŁODSZY 15 LAT

Pozycja			Wiek						Czas	Pkt.
6.	WI NIEWSKI Adam	15	SPiR Aqua yradów						5:01.08	531
	50m: 30.98 30.98	150m: 1:46.93	39.92	250m: 3:09.47	43.04	350m: 4:27.95	34.55			
	100m: 1:07.01 36.03	200m: 2:26.43	39.50	300m: 3:53.40	43.93	400m: 5:01.08	33.13			
7.	ANTCZAK Bartosz	15	UKP „Polonia Warszawa”						5:01.31	529
	50m: 30.66 30.66	150m: 1:46.43	39.51	250m: 3:08.31	42.61	350m: 4:27.44	36.25			
	100m: 1:06.92 36.26	200m: 2:25.70	39.27	300m: 3:51.19	42.88	400m: 5:01.31	33.87			
8.	TOMASZOWSKI Michał	15	MKS Park Wodny Tarn. Góry						5:04.46	513
	50m: 31.26 31.26	150m: 1:48.72	39.89	250m: 3:11.82	43.92	350m: 4:30.23	33.89			
	100m: 1:08.83 37.57	200m: 2:27.90	39.18	300m: 3:56.34	44.52	400m: 5:04.46	34.23			
9.	ROGUSKI Mateusz	15	IUKS „Muszelka” Warszawa						5:08.31	494
	50m: 31.58 31.58	150m: 1:48.04	39.70	250m: 3:12.92	46.28	350m: 4:34.50	35.26			
	100m: 1:08.34 36.76	200m: 2:26.64	38.60	300m: 3:59.24	46.32	400m: 5:08.31	33.81			
10.	TASARZ Kacper	15	UKS „Dwójka” Tczew						5:10.80	482
	50m: 30.88 30.88	150m: 1:47.72	41.35	250m: 3:15.09	46.11	350m: 4:36.24	34.66			
	100m: 1:06.37 35.49	200m: 2:28.98	41.26	300m: 4:01.58	46.49	400m: 5:10.80	34.56			
11.	KAPAŁA Szymon	15	MTP Kormoran Olsztyn						5:12.52	474
	50m: 33.03 33.03	150m: 1:52.57	41.32	250m: 3:17.69	44.26	350m: 4:38.69	35.88			
	100m: 1:11.25 38.22	200m: 2:33.43	40.86	300m: 4:02.81	45.12	400m: 5:12.52	33.83			
12.	JACHYM Maciej	15	KS Rekin wiebodzice						5:13.87	468
	50m: 32.59 32.59	150m: 1:52.66	42.63	250m: 3:18.05	44.26	350m: 4:39.47	36.55			
	100m: 1:10.03 37.44	200m: 2:33.79	41.13	300m: 4:02.92	44.87	400m: 5:13.87	34.40			
13.	MARKOWSKI Kacper	15	UKP „Polonia Warszawa”						5:18.36	449
	50m: 31.73 31.73	150m: 1:50.95	40.65	250m: 3:18.65	45.93	350m: 4:42.02	37.93			
	100m: 1:10.30 38.57	200m: 2:32.72	41.77	300m: 4:04.09	45.44	400m: 5:18.36	36.34			
14.	TUMIALIS Maciej	15	MUKS „Olimpijczyk” Suwałki						5:23.72	427
	50m: 32.92 32.92	150m: 1:54.76	42.72	250m: 3:24.31	48.77	350m: 4:48.78	36.23			
	100m: 1:12.04 39.12	200m: 2:35.54	40.78	300m: 4:12.55	48.24	400m: 5:23.72	34.94			
15.	MANDZIUK Kewin	15	UKS „ORKA” Zamo						5:37.25	377
	50m: 33.66 33.66	150m: 1:59.04	45.13	250m: 3:32.50	49.29	350m: 5:00.89	37.96			
	100m: 1:13.91 40.25	200m: 2:43.21	44.17	300m: 4:22.93	50.43	400m: 5:37.25	36.36			

JUNIOR MŁODSZY 16 LAT

1.	RAJCA Wiktor	16	UKS 190 Łód						4:43.61	635
	50m: 29.87 29.87	150m: 1:40.92	37.23	250m: 2:57.62	40.85	350m: 4:12.40	33.21			
	100m: 1:03.69 33.82	200m: 2:16.77	35.85	300m: 3:39.19	41.57	400m: 4:43.61	31.21			
2.	JA KIEWICZ Adrian	16	IUKS „Muszelka” Warszawa						4:53.39	574
	50m: 29.52 29.52	150m: 1:41.44	37.75	250m: 3:02.72	44.52	350m: 4:21.47	33.63			
	100m: 1:03.69 34.17	200m: 2:18.20	36.76	300m: 3:47.84	45.12	400m: 4:53.39	31.92			
3.	WORONKO Krzysztof	16	MTP Kormoran Olsztyn						4:53.52	573
	50m: 29.65 29.65	150m: 1:42.13	37.42	250m: 3:01.46	42.60	350m: 4:20.46	34.81			
	100m: 1:04.71 35.06	200m: 2:18.86	36.73	300m: 3:45.65	44.19	400m: 4:53.52	33.06			
4.	BIELAWA Dominik	16	UKS Tri-Team Rumia						5:04.25	514
	50m: 29.80 29.80	150m: 1:48.96	43.12	250m: 3:12.20	41.49	350m: 4:30.46	36.10			
	100m: 1:05.84 36.04	200m: 2:30.71	41.75	300m: 3:54.36	42.16	400m: 5:04.25	33.79			
5.	WILK Jakub	16	KS KSZO Ostrowiec w.						5:08.95	491
	50m: 32.47 32.47	150m: 1:50.82	39.41	250m: 3:16.11	47.41	350m: 4:37.58	33.51			
	100m: 1:11.41 38.94	200m: 2:28.70	37.88	300m: 4:04.07	47.96	400m: 5:08.95	31.37			
6.	POPIOŁEK Dawid	16	UKS Skarpa Lublin						5:18.07	450
	50m: 31.42 31.42	150m: 1:50.92	42.10	250m: 3:18.51	47.84	350m: 4:42.34	37.05			
	100m: 1:08.82 37.40	200m: 2:30.67	39.75	300m: 4:05.29	46.78	400m: 5:18.07	35.73			
7.	KALISIAK Norbert	16	UKS Nawa Skierniewice						5:23.20	429
	50m: 33.98 33.98	150m: 1:55.00	40.78	250m: 3:20.96	46.59	350m: 4:46.05	37.35			
	100m: 1:14.22 40.24	200m: 2:34.37	39.37	300m: 4:08.70	47.74	400m: 5:23.20	37.15			

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Konkurencja 23, Chłopców, 400m zmienny, JUNIOR MŁODSZY 16 LAT

Pozycja			Wiek				Czas		Pkt.			
DYSKW.	JACKOWSKI Tomasz		16 WKS I sk Wrocław				4:48.07					
	<i>K11 - Pływak wykonał nierównoczesne lub naprzemienne ruchy nóg</i>											
	50m:	28.66	28.66	150m:	1:41.63	37.76	250m:	3:00.92	41.80	350m:	4:16.70	32.59
	100m:	1:03.87	35.21	200m:	2:19.12	37.49	300m:	3:44.11	43.19	400m:	4:48.07	31.37

JUNIOR 17 - 18 LAT

1.	MA KA Filip			18	UKS 190 Łódź				4:36.94	682		
	50m:	30.02	30.02	150m:	1:39.42	34.98	250m:	2:53.91	39.13	350m:	4:06.14	32.82
	100m:	1:04.44	34.42	200m:	2:14.78	35.36	300m:	3:33.32	39.41	400m:	4:36.94	30.80
2.	KUCZAK Adam			18	TP Zielona Góra				4:40.75	655		
	50m:	29.26	29.26	150m:	1:39.37	35.92	250m:	2:55.66	41.26	350m:	4:09.12	32.37
	100m:	1:03.45	34.19	200m:	2:14.40	35.03	300m:	3:36.75	41.09	400m:	4:40.75	31.63
3.	GOTSZLING Dawid			17	SKP BARAKUDA				4:40.95	653		
	50m:	28.26	28.26	150m:	1:39.05	36.91	250m:	2:57.37	42.33	350m:	4:11.39	31.71
	100m:	1:02.14	33.88	200m:	2:15.04	35.99	300m:	3:39.68	42.31	400m:	4:40.95	29.56
4.	SUCHA SKI Przemysław			17	UKP Unia O wi cim				4:41.45	650		
	50m:	29.76	29.76	150m:	1:40.67	35.09	250m:	2:54.88	40.48	350m:	4:08.92	33.09
	100m:	1:05.58	35.82	200m:	2:14.40	33.73	300m:	3:35.83	40.95	400m:	4:41.45	32.53
5.	SACHA Kamil			17	WKS I sk Wrocław				4:44.37	630		
	50m:	29.49	29.49	150m:	1:41.83	38.36	250m:	2:59.54	40.47	350m:	4:13.03	32.99
	100m:	1:03.47	33.98	200m:	2:19.07	37.24	300m:	3:40.04	40.50	400m:	4:44.37	31.34
6.	MILBRANT Kacper			17	AZS AWF Katowice				4:45.50	623		
	50m:	29.05	29.05	150m:	1:40.74	37.58	250m:	2:59.14	42.29	350m:	4:13.84	31.94
	100m:	1:03.16	34.11	200m:	2:16.85	36.11	300m:	3:41.90	42.76	400m:	4:45.50	31.66
7.	FAJKOWSKI Piotr			17	MKS Trójka Łódź				4:46.15	618		
	50m:	29.95	29.95	150m:	1:42.77	37.48	250m:	3:00.56	41.02	350m:	4:14.56	32.03
	100m:	1:05.29	35.34	200m:	2:19.54	36.77	300m:	3:42.53	41.97	400m:	4:46.15	31.59
8.	WO NIAK Maciej			18	UKS 190 Łódź				4:46.88	614		
	50m:	29.30	29.30	150m:	1:41.14	37.63	250m:	3:00.04	42.43	350m:	4:16.27	33.18
	100m:	1:03.51	34.21	200m:	2:17.61	36.47	300m:	3:43.09	43.05	400m:	4:46.88	30.61
9.	JAWORSKI Szymon			17	WKS I sk Wrocław				4:46.89	614		
	50m:	29.98	29.98	150m:	1:43.50	37.86	250m:	3:03.23	42.55	350m:	4:17.02	30.70
	100m:	1:05.64	35.66	200m:	2:20.68	37.18	300m:	3:46.32	43.09	400m:	4:46.89	29.87
10.	OLLER Krzysztof			18	MTP Kormoran Olsztyn				4:48.21	605		
	50m:	29.97	29.97	150m:	1:42.93	38.58	250m:	3:01.77	42.51	350m:	4:16.77	33.08
	100m:	1:04.35	34.38	200m:	2:19.26	36.33	300m:	3:43.69	41.92	400m:	4:48.21	31.44
11.	BORKOWSKI Kacper			18	KU AZS UMCS Lublin				4:49.30	598		
	50m:	29.53	29.53	150m:	1:42.77	39.17	250m:	3:04.07	42.94	350m:	4:18.08	31.39
	100m:	1:03.60	34.07	200m:	2:21.13	38.36	300m:	3:46.69	42.62	400m:	4:49.30	31.22
12.	ZAREMBA Jakub			17	UKS G-8 Bielany Warszawa				4:51.98	582		
	50m:	30.13	30.13	150m:	1:43.30	38.76	250m:	3:03.06	41.90	350m:	4:19.58	34.34
	100m:	1:04.54	34.41	200m:	2:21.16	37.86	300m:	3:45.24	42.18	400m:	4:51.98	32.40
13.	WALCZYSKO Jakub			18	KU AZS UMCS Lublin				4:54.92	565		
	50m:	30.57	30.57	150m:	1:45.40	38.53	250m:	3:06.57	43.33	350m:	4:23.01	32.89
	100m:	1:06.87	36.30	200m:	2:23.24	37.84	300m:	3:50.12	43.55	400m:	4:54.92	31.91
14.	MAYERBERG Kacper			18	UKP Unia O wi cim				4:55.50	561		
	50m:	30.87	30.87	150m:	1:46.00	40.29	250m:	3:07.80	42.90	350m:	4:23.28	32.65
	100m:	1:05.71	34.84	200m:	2:24.90	38.90	300m:	3:50.63	42.83	400m:	4:55.50	32.22
15.	BARUSI SKI Kordian			17	UKS G-8 Bielany Warszawa				4:57.40	551		
	50m:	29.82	29.82	150m:	1:41.41	37.16	250m:	3:01.96	42.57	350m:	4:22.06	36.86
	100m:	1:04.25	34.43	200m:	2:19.39	37.98	300m:	3:45.20	43.24	400m:	4:57.40	35.34
16.	GRZYSZKOWSKI Artur			17	MKP Szczecin				5:03.38	519		
	50m:	29.99	29.99	150m:	1:44.70	39.14	250m:	3:06.65	42.77	350m:	4:28.93	35.69
	100m:	1:05.56	35.57	200m:	2:23.88	39.18	300m:	3:53.24	46.59	400m:	5:03.38	34.45

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Konkurencja 23, Chłopców, 400m zmienny, JUNIOR 17 - 18 LAT

Pozycja			Wiek				Czas	Pkt.
17.	JANECKI Mateusz	17	MKS „Pałac Młodzie y”	5:06.48	503			
	50m: 30.83	30.83	150m: 1:49.93	40.66	250m: 3:13.23	44.07	350m: 4:32.36	35.52
	100m: 1:09.27	38.44	200m: 2:29.16	39.23	300m: 3:56.84	43.61	400m: 5:06.48	34.12
18.	ROGULIN Bogdan	17	SKP Legia Warszawa	5:09.38	489			
	50m: 29.80	29.80	150m: 1:47.53	41.24	250m: 3:10.02	42.02	350m: 4:32.16	38.45
	100m: 1:06.29	36.49	200m: 2:28.00	40.47	300m: 3:53.71	43.69	400m: 5:09.38	37.22
19.	SOSI SKI Bartosz	17	KS Posnania Pozna	5:15.69	460			
	50m: 36.50	36.50	150m: 2:00.05	39.82	250m: 3:22.67	42.10	350m: 4:41.60	36.13
	100m: 1:20.23	43.73	200m: 2:40.57	40.52	300m: 4:05.47	42.80	400m: 5:15.69	34.09
DYSKW.	KVARV Kevin	17	Moss SK	5:36.32				
	<i>K16 - Pływak dotkn ł cian nierównocze nie dwiema dło mi przy nawrocie lub na zako czenie wy cigu</i>							
	50m: 32.79	32.79	150m: 1:56.32	43.24	250m: 3:30.22	50.41	350m: 5:01.05	35.99
	100m: 1:13.08	40.29	200m: 2:39.81	43.49	300m: 4:25.06	54.84	400m: 5:36.32	35.27
OPEN								
1.	SZWEDZKI Dawid	24	WKS I sk Wrocław	4:27.25	759			
	50m: 28.64	28.64	150m: 1:36.44	35.27	250m: 2:46.73	36.53	350m: 3:56.56	32.43
	100m: 1:01.17	32.53	200m: 2:10.20	33.76	300m: 3:24.13	37.40	400m: 4:27.25	30.69
2.	MA KA Filip	18	UKS 190 Łód	4:36.94	682			
	50m: 30.02	30.02	150m: 1:39.42	34.98	250m: 2:53.91	39.13	350m: 4:06.14	32.82
	100m: 1:04.44	34.42	200m: 2:14.78	35.36	300m: 3:33.32	39.41	400m: 4:36.94	30.80
3.	CHMIELEWSKI Jakub	19	WKS I sk Wrocław	4:39.19	666			
	50m: 28.93	28.93	150m: 1:37.90	36.58	250m: 2:53.94	40.38	350m: 4:07.78	32.73
	100m: 1:01.32	32.39	200m: 2:13.56	35.66	300m: 3:35.05	41.11	400m: 4:39.19	31.41
4.	KUCZAK Adam	18	TP Zielona Góra	4:40.75	655			
	50m: 29.26	29.26	150m: 1:39.37	35.92	250m: 2:55.66	41.26	350m: 4:09.12	32.37
	100m: 1:03.45	34.19	200m: 2:14.40	35.03	300m: 3:36.75	41.09	400m: 4:40.75	31.63
5.	GOTSZLING Dawid	17	SKP BARAKUDA	4:40.95	653			
	50m: 28.26	28.26	150m: 1:39.05	36.91	250m: 2:57.37	42.33	350m: 4:11.39	31.71
	100m: 1:02.14	33.88	200m: 2:15.04	35.99	300m: 3:39.68	42.31	400m: 4:40.95	29.56
6.	SUCHA SKI Przemysław	17	UKP Unia O wi cim	4:41.45	650			
	50m: 29.76	29.76	150m: 1:40.67	35.09	250m: 2:54.88	40.48	350m: 4:08.92	33.09
	100m: 1:05.58	35.82	200m: 2:14.40	33.73	300m: 3:35.83	40.95	400m: 4:41.45	32.53
7.	RAJCA Wiktor	16	UKS 190 Łód	4:43.61	635			
	50m: 29.87	29.87	150m: 1:40.92	37.23	250m: 2:57.62	40.85	350m: 4:12.40	33.21
	100m: 1:03.69	33.82	200m: 2:16.77	35.85	300m: 3:39.19	41.57	400m: 4:43.61	31.21
8.	SACHA Kamil	17	WKS I sk Wrocław	4:44.37	630			
	50m: 29.49	29.49	150m: 1:41.83	38.36	250m: 2:59.54	40.47	350m: 4:13.03	32.99
	100m: 1:03.47	33.98	200m: 2:19.07	37.24	300m: 3:40.04	40.50	400m: 4:44.37	31.34
9.	CIASTO Sebastian	19	UKP Unia O wi cim	4:44.91	626			
	50m: 30.34	30.34	150m: 1:41.56	36.28	250m: 2:57.72	39.76	350m: 4:11.76	33.78
	100m: 1:05.28	34.94	200m: 2:17.96	36.40	300m: 3:37.98	40.26	400m: 4:44.91	33.15
10.	MILBRANT Kacper	17	AZS AWF Katowice	4:45.50	623			
	50m: 29.05	29.05	150m: 1:40.74	37.58	250m: 2:59.14	42.29	350m: 4:13.84	31.94
	100m: 1:03.16	34.11	200m: 2:16.85	36.11	300m: 3:41.90	42.76	400m: 4:45.50	31.66
11.	SOBCZYK Maciej	23	KU AZS AGH Kraków	4:45.93	620			
	50m: 30.55	30.55	150m: 1:44.28	38.13	250m: 3:01.50	41.03	350m: 4:14.71	32.76
	100m: 1:06.15	35.60	200m: 2:20.47	36.19	300m: 3:41.95	40.45	400m: 4:45.93	31.22
12.	FAJKOWSKI Piotr	17	MKS Trójka Łód	4:46.15	618			
	50m: 29.95	29.95	150m: 1:42.77	37.48	250m: 3:00.56	41.02	350m: 4:14.56	32.03
	100m: 1:05.29	35.34	200m: 2:19.54	36.77	300m: 3:42.53	41.97	400m: 4:46.15	31.59
13.	WO NIAK Maciej	18	UKS 190 Łód	4:46.88	614			
	50m: 29.30	29.30	150m: 1:41.14	37.63	250m: 3:00.04	42.43	350m: 4:16.27	33.18
	100m: 1:03.51	34.21	200m: 2:17.61	36.47	300m: 3:43.09	43.05	400m: 4:46.88	30.61

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Pozycja					Wiek					Czas	Pkt.	
14.	JAWORSKI Szymon				17	WKS I sk Wrocław				4:46.89	614	
	50m:	29.98	29.98	150m:	1:43.50	37.86	250m:	3:03.23	42.55	350m:	4:17.02	30.70
	100m:	1:05.64	35.66	200m:	2:20.68	37.18	300m:	3:46.32	43.09	400m:	4:46.89	29.87
15.	KEMPA Mikołaj				19	MMKS K dzierzyn-Ko le				4:48.19	605	
	50m:	29.42	29.42	150m:	1:41.74	38.54	250m:	2:59.86	40.89	350m:	4:15.65	33.71
	100m:	1:03.20	33.78	200m:	2:18.97	37.23	300m:	3:41.94	42.08	400m:	4:48.19	32.54
16.	OLLER Krzysztof				18	MTP Kormoran Olsztyn				4:48.21	605	
	50m:	29.97	29.97	150m:	1:42.93	38.58	250m:	3:01.77	42.51	350m:	4:16.77	33.08
	100m:	1:04.35	34.38	200m:	2:19.26	36.33	300m:	3:43.69	41.92	400m:	4:48.21	31.44
17.	BORKOWSKI Kacper				18	KU AZS UMCS Lublin				4:49.30	598	
	50m:	29.53	29.53	150m:	1:42.77	39.17	250m:	3:04.07	42.94	350m:	4:18.08	31.39
	100m:	1:03.60	34.07	200m:	2:21.13	38.36	300m:	3:46.69	42.62	400m:	4:49.30	31.22
18.	PIÓRO Artur				27	MKS „Pałac Młodzie y”				4:50.22	593	
	50m:	28.79	28.79	150m:	1:40.31	37.99	250m:	3:00.97	43.23	350m:	4:17.61	33.23
	100m:	1:02.32	33.53	200m:	2:17.74	37.43	300m:	3:44.38	43.41	400m:	4:50.22	32.61
19.	CHMIELEWSKI Krzysztof				14	IUKS „Muszelka” Warszawa				4:50.99	588	
	50m:	30.23	30.23	150m:	1:41.35	36.48	250m:	3:00.95	44.48	350m:	4:19.82	32.52
	100m:	1:04.87	34.64	200m:	2:16.47	35.12	300m:	3:47.30	46.35	400m:	4:50.99	31.17
20.	KUBKOWSKI Bartłomiej				23	KS AZS UWM Olsztyn				4:51.46	585	
	50m:	30.90	30.90	150m:	1:44.94	38.92	250m:	3:02.84	40.80	350m:	4:18.28	34.14
	100m:	1:06.02	35.12	200m:	2:22.04	37.10	300m:	3:44.14	41.30	400m:	4:51.46	33.18
21.	ZAREMBA Jakub				17	UKS G-8 Bielany Warszawa				4:51.98	582	
	50m:	30.13	30.13	150m:	1:43.30	38.76	250m:	3:03.06	41.90	350m:	4:19.58	34.34
	100m:	1:04.54	34.41	200m:	2:21.16	37.86	300m:	3:45.24	42.18	400m:	4:51.98	32.40
22.	LABICH Wiktor				15	MKS Trójka Łód				4:52.99	576	
	50m:	30.86	30.86	150m:	1:46.21	39.42	250m:	3:05.58	40.77	350m:	4:20.85	33.09
	100m:	1:06.79	35.93	200m:	2:24.81	38.60	300m:	3:47.76	42.18	400m:	4:52.99	32.14
23.	JA KIEWICZ Adrian				16	IUKS „Muszelka” Warszawa				4:53.39	574	
	50m:	29.52	29.52	150m:	1:41.44	37.75	250m:	3:02.72	44.52	350m:	4:21.47	33.63
	100m:	1:03.69	34.17	200m:	2:18.20	36.76	300m:	3:47.84	45.12	400m:	4:53.39	31.92
24.	ZUBIK Jan				15	UKP „Polonia Warszawa”				4:53.48	573	
	50m:	30.23	30.23	150m:	1:42.18	36.68	250m:	3:01.65	43.35	350m:	4:20.16	34.33
	100m:	1:05.50	35.27	200m:	2:18.30	36.12	300m:	3:45.83	44.18	400m:	4:53.48	33.32
25.	WORONKO Krzysztof				16	MTP Kormoran Olsztyn				4:53.52	573	
	50m:	29.65	29.65	150m:	1:42.13	37.42	250m:	3:01.46	42.60	350m:	4:20.46	34.81
	100m:	1:04.71	35.06	200m:	2:18.86	36.73	300m:	3:45.65	44.19	400m:	4:53.52	33.06
26.	WALCZYSKO Jakub				18	KU AZS UMCS Lublin				4:54.92	565	
	50m:	30.57	30.57	150m:	1:45.40	38.53	250m:	3:06.57	43.33	350m:	4:23.01	32.89
	100m:	1:06.87	36.30	200m:	2:23.24	37.84	300m:	3:50.12	43.55	400m:	4:54.92	31.91
27.	MAYERBERG Kacper				18	UKP Unia O wi cim				4:55.50	561	
	50m:	30.87	30.87	150m:	1:46.00	40.29	250m:	3:07.80	42.90	350m:	4:23.28	32.65
	100m:	1:05.71	34.84	200m:	2:24.90	38.90	300m:	3:50.63	42.83	400m:	4:55.50	32.22
28.	WIEK Wiktor				15	BUKS Warszawa				4:55.81	560	
	50m:	29.47	29.47	150m:	1:43.82	39.96	250m:	3:07.16	45.04	350m:	4:23.34	32.51
	100m:	1:03.86	34.39	200m:	2:22.12	38.30	300m:	3:50.83	43.67	400m:	4:55.81	32.47
29.	BARUSI SKI Kordian				17	UKS G-8 Bielany Warszawa				4:57.40	551	
	50m:	29.82	29.82	150m:	1:41.41	37.16	250m:	3:01.96	42.57	350m:	4:22.06	36.86
	100m:	1:04.25	34.43	200m:	2:19.39	37.98	300m:	3:45.20	43.24	400m:	4:57.40	35.34
30.	MRÓZ Adam				15	UKS Olimpijczyk 23				4:57.96	548	
	50m:	30.42	30.42	150m:	1:46.70	40.16	250m:	3:07.65	42.57	350m:	4:25.86	35.97
	100m:	1:06.54	36.12	200m:	2:25.08	38.38	300m:	3:49.89	42.24	400m:	4:57.96	32.10
31.	ZACHARZY SKI Norbert				15	UKS „Wodnik Krasnystaw”				4:58.33	546	
	50m:	30.69	30.69	150m:	1:47.09	41.09	250m:	3:07.33	41.54	350m:	4:25.28	35.96
	100m:	1:06.00	35.31	200m:	2:25.79	38.70	300m:	3:49.32	41.99	400m:	4:58.33	33.05

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Pozycja			Wiek					Czas	Pkt.
32.	WI NIEWSKI Adam	15	SPIR Aqua yradów					5:01.08	531
	50m: 30.98 30.98	150m: 1:46.93	39.92	250m: 3:09.47	43.04	350m: 4:27.95	34.55		
	100m: 1:07.01 36.03	200m: 2:26.43	39.50	300m: 3:53.40	43.93	400m: 5:01.08	33.13		
33.	ANTCZAK Bartosz	15	UKP „Polonia Warszawa”					5:01.31	529
	50m: 30.66 30.66	150m: 1:46.43	39.51	250m: 3:08.31	42.61	350m: 4:27.44	36.25		
	100m: 1:06.92 36.26	200m: 2:25.70	39.27	300m: 3:51.19	42.88	400m: 5:01.31	33.87		
34.	GRZYBOWSKI Artur	17	MKP Szczecin					5:03.38	519
	50m: 29.99 29.99	150m: 1:44.70	39.14	250m: 3:06.65	42.77	350m: 4:28.93	35.69		
	100m: 1:05.56 35.57	200m: 2:23.88	39.18	300m: 3:53.24	46.59	400m: 5:03.38	34.45		
35.	BIELAWA Dominik	16	UKS Tri-Team Rumia					5:04.25	514
	50m: 29.80 29.80	150m: 1:48.96	43.12	250m: 3:12.20	41.49	350m: 4:30.46	36.10		
	100m: 1:05.84 36.04	200m: 2:30.71	41.75	300m: 3:54.36	42.16	400m: 5:04.25	33.79		
36.	TOMASZOWSKI Michał	15	MKS Park Wodny Tarn. Góry					5:04.46	513
	50m: 31.26 31.26	150m: 1:48.72	39.89	250m: 3:11.82	43.92	350m: 4:30.23	33.89		
	100m: 1:08.83 37.57	200m: 2:27.90	39.18	300m: 3:56.34	44.52	400m: 5:04.46	34.23		
37.	JANECKI Mateusz	17	MKS „Pałac Młodzie y”					5:06.48	503
	50m: 30.83 30.83	150m: 1:49.93	40.66	250m: 3:13.23	44.07	350m: 4:32.36	35.52		
	100m: 1:09.27 38.44	200m: 2:29.16	39.23	300m: 3:56.84	43.61	400m: 5:06.48	34.12		
38.	ROGUSKI Mateusz	15	IUKS „Muszelka” Warszawa					5:08.31	494
	50m: 31.58 31.58	150m: 1:48.04	39.70	250m: 3:12.92	46.28	350m: 4:34.50	35.26		
	100m: 1:08.34 36.76	200m: 2:26.64	38.60	300m: 3:59.24	46.32	400m: 5:08.31	33.81		
39.	WILK Jakub	16	KS KSZO Ostrowiec w.					5:08.95	491
	50m: 32.47 32.47	150m: 1:50.82	39.41	250m: 3:16.11	47.41	350m: 4:37.58	33.51		
	100m: 1:11.41 38.94	200m: 2:28.70	37.88	300m: 4:04.07	47.96	400m: 5:08.95	31.37		
40.	WIECZORKOWSKI Nikodem	14	UKS „Dwójka” Tczew					5:09.07	491
	50m: 33.09 33.09	150m: 1:53.30	41.64	250m: 3:18.26	45.14	350m: 4:37.07	34.05		
	100m: 1:11.66 38.57	200m: 2:33.12	39.82	300m: 4:03.02	44.76	400m: 5:09.07	32.00		
41.	ROGULIN Bogdan	17	SKP Legia Warszawa					5:09.38	489
	50m: 29.80 29.80	150m: 1:47.53	41.24	250m: 3:10.02	42.02	350m: 4:32.16	38.45		
	100m: 1:06.29 36.49	200m: 2:28.00	40.47	300m: 3:53.71	43.69	400m: 5:09.38	37.22		
42.	TASARZ Kacper	15	UKS „Dwójka” Tczew					5:10.80	482
	50m: 30.88 30.88	150m: 1:47.72	41.35	250m: 3:15.09	46.11	350m: 4:36.24	34.66		
	100m: 1:06.37 35.49	200m: 2:28.98	41.26	300m: 4:01.58	46.49	400m: 5:10.80	34.56		
43.	KORONKIEWICZ Antoni	14	SKF KS „Fenix” O arów Maz.					5:11.58	479
	50m: 32.03 32.03	150m: 1:52.88	42.57	250m: 3:16.82	41.79	350m: 4:36.33	36.03		
	100m: 1:10.31 38.28	200m: 2:35.03	42.15	300m: 4:00.30	43.48	400m: 5:11.58	35.25		
44.	KAPAŁA Szymon	15	MTP Kormoran Olsztyn					5:12.52	474
	50m: 33.03 33.03	150m: 1:52.57	41.32	250m: 3:17.69	44.26	350m: 4:38.69	35.88		
	100m: 1:11.25 38.22	200m: 2:33.43	40.86	300m: 4:02.81	45.12	400m: 5:12.52	33.83		
45.	SKIBIAK Hubert	14	UKS 190 Łód					5:13.35	471
	50m: 33.50 33.50	150m: 1:53.74	39.65	250m: 3:19.59	46.72	350m: 4:40.46	33.83		
	100m: 1:14.09 40.59	200m: 2:32.87	39.13	300m: 4:06.63	47.04	400m: 5:13.35	32.89		
46.	JACHYM Maciej	15	KS Rekin wiebodzice					5:13.87	468
	50m: 32.59 32.59	150m: 1:52.66	42.63	250m: 3:18.05	44.26	350m: 4:39.47	36.55		
	100m: 1:10.03 37.44	200m: 2:33.79	41.13	300m: 4:02.92	44.87	400m: 5:13.87	34.40		
47.	SOSI SKI Bartosz	17	KS Posnania Pozna					5:15.69	460
	50m: 36.50 36.50	150m: 2:00.05	39.82	250m: 3:22.67	42.10	350m: 4:41.60	36.13		
	100m: 1:20.23 43.73	200m: 2:40.57	40.52	300m: 4:05.47	42.80	400m: 5:15.69	34.09		
48.	BEDNAREK Przemysław	14	IUKS „Muszelka” Warszawa					5:17.65	452
	50m: 33.75 33.75	150m: 1:53.28	40.85	250m: 3:21.23	47.55	350m: 4:44.20	35.57		
	100m: 1:12.43 38.68	200m: 2:33.68	40.40	300m: 4:08.63	47.40	400m: 5:17.65	33.45		
49.	POPIOŁEK Dawid	16	UKS Skarpa Lublin					5:18.07	450
	50m: 31.42 31.42	150m: 1:50.92	42.10	250m: 3:18.51	47.84	350m: 4:42.34	37.05		
	100m: 1:08.82 37.40	200m: 2:30.67	39.75	300m: 4:05.29	46.78	400m: 5:18.07	35.73		

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Pozycja			Wiek					Czas	Pkt.		
50.	LASKI Filip		14	SKF KS „Fenix” O arów Maz.				5:18.35	449		
	50m:	32.87 32.87	150m:	1:54.42	41.78	250m:	3:20.35	44.53	350m:	4:43.90	37.34
	100m:	1:12.64 39.77	200m:	2:35.82	41.40	300m:	4:06.56	46.21	400m:	5:18.35	34.45
51.	MARKOWSKI Kacper		15	UKP „Polonia Warszawa”				5:18.36	449		
	50m:	31.73 31.73	150m:	1:50.95	40.65	250m:	3:18.65	45.93	350m:	4:42.02	37.93
	100m:	1:10.30 38.57	200m:	2:32.72	41.77	300m:	4:04.09	45.44	400m:	5:18.36	36.34
52.	KALISIAK Norbert		16	UKS Nawa Skierniewice				5:23.20	429		
	50m:	33.98 33.98	150m:	1:55.00	40.78	250m:	3:20.96	46.59	350m:	4:46.05	37.35
	100m:	1:14.22 40.24	200m:	2:34.37	39.37	300m:	4:08.70	47.74	400m:	5:23.20	37.15
53.	TUMIALIS Maciej		15	MUKS „Olimpijczyk” Suwałki				5:23.72	427		
	50m:	32.92 32.92	150m:	1:54.76	42.72	250m:	3:24.31	48.77	350m:	4:48.78	36.23
	100m:	1:12.04 39.12	200m:	2:35.54	40.78	300m:	4:12.55	48.24	400m:	5:23.72	34.94
54.	EGLE Miłosz		14	MKS Park Wodny Tarn. Góry				5:26.85	415		
	50m:	33.09 33.09	150m:	1:53.95	40.81	250m:	3:22.58	48.59	350m:	4:50.14	37.75
	100m:	1:13.14 40.05	200m:	2:33.99	40.04	300m:	4:12.39	49.81	400m:	5:26.85	36.71
55.	STANISŁAWSKI Bartosz		14	UKS SP-149 Łód				5:29.25	406		
	50m:	31.60 31.60	150m:	1:51.18	42.10	250m:	3:22.59	51.05	350m:	4:52.70	39.03
	100m:	1:09.08 37.48	200m:	2:31.54	40.36	300m:	4:13.67	51.08	400m:	5:29.25	36.55
56.	MANDZIUK Kewin		15	UKS „ORKA” Zamo				5:37.25	377		
	50m:	33.66 33.66	150m:	1:59.04	45.13	250m:	3:32.50	49.29	350m:	5:00.89	37.96
	100m:	1:13.91 40.25	200m:	2:43.21	44.17	300m:	4:22.93	50.43	400m:	5:37.25	36.36
57.	ŁYSONIEWSKI Oskar		14	MKS Trójka Łód				5:39.70	369		
	50m:	35.02 35.02	150m:	2:00.25	43.22	250m:	3:31.60	50.54	350m:	5:01.72	40.06
	100m:	1:17.03 42.01	200m:	2:41.06	40.81	300m:	4:21.66	50.06	400m:	5:39.70	37.98
DYSKW.	W GROWSKI Marcel		19	KU AZS Politechniki Łódzkiej				4:33.81			
	<i>K14 - Pływak wykonał kopni cie nóg w płaszczy nie pionowej w dół (z wyj tkiem jednego ruchu po starcie lub nawrocie)</i>										
	50m:	28.77 28.77	150m:	1:37.45	35.92	250m:	2:52.21	40.05	350m:	4:03.13	31.36
	100m:	1:01.53 32.76	200m:	2:12.16	34.71	300m:	3:31.77	39.56	400m:	4:33.81	30.68
DYSKW.	JACKOWSKI Tomasz		16	WKS I sk Wrocław				4:48.07			
	<i>K11 - Pływak wykonał nierównoczesne lub naprzemienne ruchy nóg</i>										
	50m:	28.66 28.66	150m:	1:41.63	37.76	250m:	3:00.92	41.80	350m:	4:16.70	32.59
	100m:	1:03.87 35.21	200m:	2:19.12	37.49	300m:	3:44.11	43.19	400m:	4:48.07	31.37
DYSKW.	CHMIELEWSKI Michał		14	IUKS „Muszelka” Warszawa				4:56.78			
	<i>K1 - Pływak wykonał kopni cie delfinowe po pierwszym kopni ciu do stylu klasycznego (pierwszy ruch po starcie lub nawrocie)</i>										
	50m:	30.66 30.66	150m:	1:41.96	35.94	250m:	3:04.01	45.49	350m:	4:24.47	33.32
	100m:	1:06.02 35.36	200m:	2:18.52	36.56	300m:	3:51.15	47.14	400m:	4:56.78	32.31
DYSKW.	POWRO NIK Konrad		21	WKS I sk Wrocław				4:59.08			
	<i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej, a przed sygnałem startu</i>										
	50m:	30.24 30.24	150m:	1:44.81	40.22	250m:	3:08.98	44.23	350m:	4:25.83	33.45
	100m:	1:04.59 34.35	200m:	2:24.75	39.94	300m:	3:52.38	43.40	400m:	4:59.08	33.25
DYSKW.	KVARV Kevin		17	Moss SK				5:36.32			
	<i>K16 - Pływak dotkn ł cian nierównocze nie dwiema dło mi przy nawrocie lub na zako czenie wy cigu</i>										
	50m:	32.79 32.79	150m:	1:56.32	43.24	250m:	3:30.22	50.41	350m:	5:01.05	35.99
	100m:	1:13.08 40.29	200m:	2:39.81	43.49	300m:	4:25.06	54.84	400m:	5:36.32	35.27