

2018 Liga SMS - II runda
Lublin, 1. - 2.6.2018

Konkurencja 11
01.06.2018 - 17:57

Kobiet, 400m zmienny

Open
Wyniki

| | | | | | |
|-----------------------|---------|----------------------|-----|---------------|------------|
| Rekoed Polski Open | 4:36.95 | BARANOWSKA Katarzyna | POL | Beijing (CHN) | 09.08.2008 |
| Rekoed Polski 19 - 23 | 4:36.95 | BARANOWSKA Katarzyna | POL | Beijing (CHN) | 09.08.2008 |
| Rekoed Polski 18 | 4:43.39 | BARANOWSKA Katarzyna | POL | Debica | 20.05.2005 |
| Rekoed Polski 17 | 4:45.13 | SZCZEPANIAK Karolina | POL | Rome (ITA) | 02.08.2009 |
| Rekoed Polski 16 | 4:48.17 | CZOCPEK Agnieszka | POL | Moskwa (RUS) | 26.07.1980 |
| Rekoed Polski 15 | 4:49.27 | SZCZEPANIAK Karolina | POL | Gorzow Wlkp. | 30.11.2007 |
| Rekoed Polski 14 | 4:52.05 | KNOP Aleksandra | POL | Lublin | 19.05.2017 |

Punkty: FINA 2018

| Pozycja | | | Wiek | | | Czas | Pkt. | |
|---------|-----------------------------|---------------|------------------|----------------|-------|---------------|-------|--|
| 1. | GAWRO SKA Zoe SSz | 18 | SMS Szczecin | 4:52.01 | 758 | 33,00 | | |
| | 50m: 31.00 31.00 | 150m: 1:44.20 | 37.70 | 250m: 3:03.47 | 41.64 | 350m: 4:19.74 | 33.44 | |
| | 100m: 1:06.50 35.50 | 200m: 2:21.83 | 37.63 | 300m: 3:46.30 | 42.83 | 400m: 4:52.01 | 32.27 | |
| 2. | ADAMCZYK Julia SL | 19 | SMS Lublin | 4:52.32 | 756 | 31,00 | | |
| | 50m: 31.25 31.25 | 150m: 1:46.21 | 38.70 | 250m: 3:05.03 | 41.10 | 350m: 4:20.15 | 33.95 | |
| | 100m: 1:07.51 36.26 | 200m: 2:23.93 | 37.72 | 300m: 3:46.20 | 41.17 | 400m: 4:52.32 | 32.17 | |
| 3. | PARADOWSKA Kinga SB | 17 | SMS Bydgoszcz | 4:58.15 | 713 | 30,00 | | |
| | 50m: 32.38 32.38 | 150m: 1:47.91 | 38.90 | 250m: 3:08.19 | 41.77 | 350m: 4:23.84 | 33.96 | |
| | 100m: 1:09.01 36.63 | 200m: 2:26.42 | 38.51 | 300m: 3:49.88 | 41.69 | 400m: 4:58.15 | 34.31 | |
| 4. | SAMUŁA Wiktoria SL | 19 | SMS Lublin | 5:01.89 | 686 | 29,00 | | |
| | 50m: 31.31 31.31 | 150m: 1:48.05 | 40.39 | 250m: 3:07.51 | 40.57 | 350m: 4:25.30 | 36.48 | |
| | 100m: 1:07.66 36.35 | 200m: 2:26.94 | 38.89 | 300m: 3:48.82 | 41.31 | 400m: 5:01.89 | 36.59 | |
| 5. | CYNARSKA Natalia SWwa | 15 | SMS Warszawa | 5:07.21 | 651 | 28,00 | | |
| | 50m: 32.81 32.81 | 150m: 1:49.61 | 38.33 | 250m: 3:13.12 | 44.94 | 350m: 4:34.05 | 35.82 | |
| | 100m: 1:11.28 38.47 | 200m: 2:28.18 | 38.57 | 300m: 3:58.23 | 45.11 | 400m: 5:07.21 | 33.16 | |
| 6. | CYNARSKA Weronika SWwa | 15 | SMS Warszawa | 5:07.23 | 651 | 27,00 | | |
| | 50m: 33.48 33.48 | 150m: 1:51.54 | 40.02 | 250m: 3:15.17 | 44.18 | 350m: 4:34.64 | 35.29 | |
| | 100m: 1:11.52 38.04 | 200m: 2:30.99 | 39.45 | 300m: 3:59.35 | 44.18 | 400m: 5:07.23 | 32.59 | |
| 7. | PISAREK Justyna SO | 18 | SMS O wi cim | 5:10.05 | 634 | 26,00 | | |
| | 50m: 31.45 31.45 | 150m: 1:48.58 | 41.06 | 250m: 3:14.44 | 45.07 | 350m: 4:34.70 | 35.02 | |
| | 100m: 1:07.52 36.07 | 200m: 2:29.37 | 40.79 | 300m: 3:59.68 | 45.24 | 400m: 5:10.05 | 35.35 | |
| 8. | PROCHOWNIK Martyna SO | 16 | SMS O wi cim | 5:11.67 | 624 | 25,00 | | |
| | 50m: 31.70 31.70 | 150m: 1:49.17 | 40.14 | 250m: 3:15.05 | 46.42 | 350m: 4:36.21 | 35.62 | |
| | 100m: 1:09.03 37.33 | 200m: 2:28.63 | 39.46 | 300m: 4:00.59 | 45.54 | 400m: 5:11.67 | 35.46 | |
| 9. | SM TEK Wiktoria SR | 17 | SMS Racibórz | 5:12.44 | 619 | 24,00 | | |
| | 50m: 33.72 33.72 | 150m: 1:53.77 | 40.02 | 250m: 3:16.41 | 42.79 | 350m: 4:37.07 | 36.98 | |
| | 100m: 1:13.75 40.03 | 200m: 2:33.62 | 39.85 | 300m: 4:00.09 | 43.68 | 400m: 5:12.44 | 35.37 | |
| 10. | MARGULA Weronika SSz | 18 | SMS Szczecin | 5:12.63 | 618 | 23,00 | | |
| | 50m: 32.14 32.14 | 150m: 1:48.44 | 37.70 | 250m: 3:14.59 | 47.55 | 350m: 4:37.48 | 35.85 | |
| | 100m: 1:10.74 38.60 | 200m: 2:27.04 | 38.60 | 300m: 4:01.63 | 47.04 | 400m: 5:12.63 | 35.15 | |
| 11. | KEMPA Anna SO | 17 | SMS O wi cim | 5:14.87 | 605 | - | | |
| | 50m: 33.38 33.38 | 150m: 1:54.77 | 43.02 | 250m: 3:17.38 | 41.57 | 350m: 4:38.17 | 38.12 | |
| | 100m: 1:11.75 38.37 | 200m: 2:35.81 | 41.04 | 300m: 4:00.05 | 42.67 | 400m: 5:14.87 | 36.70 | |
| 12. | BANACZKOWSKA Aleksandra SOc | 16 | SMS Ostrowiec w. | 5:15.50 | 601 | 22,00 | | |
| | 50m: 34.45 34.45 | 150m: 1:55.69 | 41.26 | 250m: 3:17.79 | 41.16 | 350m: 4:38.65 | 38.19 | |
| | 100m: 1:14.43 39.98 | 200m: 2:36.63 | 40.94 | 300m: 4:00.46 | 42.67 | 400m: 5:15.50 | 36.85 | |
| 13. | TASAK Aleksandra SK | 15 | SMS Kraków | 5:18.54 | 584 | 21,00 | | |
| | 50m: 31.61 31.61 | 150m: 1:49.51 | 41.41 | 250m: 3:16.04 | 46.60 | 350m: 4:42.13 | 38.97 | |
| | 100m: 1:08.10 36.49 | 200m: 2:29.44 | 39.93 | 300m: 4:03.16 | 47.12 | 400m: 5:18.54 | 36.41 | |
| 14. | CYGAN Julia SB | 14 | SMS Bydgoszcz | 5:19.17 | 581 | 20,00 | | |
| | 50m: 34.57 34.57 | 150m: 1:58.05 | 42.09 | 250m: 3:22.02 | 43.70 | 350m: 4:44.08 | 37.74 | |
| | 100m: 1:15.96 41.39 | 200m: 2:38.32 | 40.27 | 300m: 4:06.34 | 44.32 | 400m: 5:19.17 | 35.09 | |
| 15. | FR CKIEWICZ Martyna SZG | 15 | SMS Zielona Góra | 5:19.83 | 577 | 19,00 | | |
| | 50m: 33.10 33.10 | 150m: 1:55.34 | 43.16 | 250m: 3:22.25 | 44.80 | 350m: 4:45.89 | 37.17 | |
| | 100m: 1:12.18 39.08 | 200m: 2:37.45 | 42.11 | 300m: 4:08.72 | 46.47 | 400m: 5:19.83 | 33.94 | |

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| Pozycja | | | Wiek | | | Czas | Pkt. | |
|---------|---|---------------|-------|------------------|-------|----------------|-------|-------|
| 16. | HOLAK Marta SB | | 17 | SMS Bydgoszcz | | 5:19.87 | 577 | - |
| | 50m: 32.32 32.32 | 150m: 1:51.89 | 41.62 | 250m: 3:19.05 | 46.32 | 350m: 4:44.12 | 37.93 | |
| | 100m: 1:10.27 37.95 | 200m: 2:32.73 | 40.84 | 300m: 4:06.19 | 47.14 | 400m: 5:19.87 | 35.75 | |
| 17. | WECKWERT Iga SGd | | 14 | SMS Gda sk | | 5:20.08 | 576 | 18,00 |
| | 50m: 33.79 33.79 | 150m: 1:55.56 | 42.01 | 250m: 3:20.27 | 44.64 | 350m: 4:43.56 | 38.27 | |
| | 100m: 1:13.55 39.76 | 200m: 2:35.63 | 40.07 | 300m: 4:05.29 | 45.02 | 400m: 5:20.08 | 36.52 | |
| 18. | DACH Wiktoria SK | | 15 | SMS Kraków | | 5:22.67 | 562 | 17,00 |
| | 50m: 32.35 32.35 | 150m: 1:54.68 | 43.79 | 250m: 3:21.92 | 44.43 | 350m: 4:46.34 | 39.40 | |
| | 100m: 1:10.89 38.54 | 200m: 2:37.49 | 42.81 | 300m: 4:06.94 | 45.02 | 400m: 5:22.67 | 36.33 | |
| 19. | MILEK Marcelina SK | | 16 | SMS Kraków | | 5:23.81 | 556 | - |
| | 50m: 32.33 32.33 | 150m: 1:51.15 | 41.56 | 250m: 3:18.91 | 46.60 | 350m: 4:46.81 | 39.86 | |
| | 100m: 1:09.59 37.26 | 200m: 2:32.31 | 41.16 | 300m: 4:06.95 | 48.04 | 400m: 5:23.81 | 37.00 | |
| 20. | WOLSKA Karolina SB | | 17 | SMS Bydgoszcz | | 5:24.43 | 553 | - |
| | 50m: 32.27 32.27 | 150m: 1:50.07 | 40.16 | 250m: 3:18.65 | 48.69 | 350m: 4:47.14 | 38.42 | |
| | 100m: 1:09.91 37.64 | 200m: 2:29.96 | 39.89 | 300m: 4:08.72 | 50.07 | 400m: 5:24.43 | 37.29 | |
| 21. | KURASI SKA Oliwia SOc | | 16 | SMS Ostrowiec w. | | 5:25.81 | 546 | 16,00 |
| | 50m: 34.87 34.87 | 150m: 1:57.20 | 42.37 | 250m: 3:24.77 | 46.84 | 350m: 4:49.99 | 38.56 | |
| | 100m: 1:14.83 39.96 | 200m: 2:37.93 | 40.73 | 300m: 4:11.43 | 46.66 | 400m: 5:25.81 | 35.82 | |
| 22. | PROCHOWNIK Olimpia SL | | 19 | SMS Lublin | | 5:26.63 | 542 | - |
| | 50m: 34.16 34.16 | 150m: 1:57.30 | 44.01 | 250m: 3:25.18 | 44.89 | 350m: 4:49.33 | 39.22 | |
| | 100m: 1:13.29 39.13 | 200m: 2:40.29 | 42.99 | 300m: 4:10.11 | 44.93 | 400m: 5:26.63 | 37.30 | |
| 23. | BADZIAN Natalia SWwa | | 15 | SMS Warszawa | | 5:28.29 | 534 | - |
| | 50m: 32.28 32.28 | 150m: 1:54.29 | 44.02 | 250m: 3:25.01 | 47.96 | 350m: 4:50.72 | 38.19 | |
| | 100m: 1:10.27 37.99 | 200m: 2:37.05 | 42.76 | 300m: 4:12.53 | 47.52 | 400m: 5:28.29 | 37.57 | |
| 24. | KASPROWICZ Marta SR | | 15 | SMS Racibórz | | 5:28.59 | 532 | 15,00 |
| | 50m: 33.12 33.12 | 150m: 1:55.80 | 43.52 | 250m: 3:26.47 | 49.04 | 350m: 4:52.95 | 37.37 | |
| | 100m: 1:12.28 39.16 | 200m: 2:37.43 | 41.63 | 300m: 4:15.58 | 49.11 | 400m: 5:28.59 | 35.64 | |
| 25. | KULIK Wiktoria SOL | | 15 | SMS Olsztyn | | 5:35.74 | 499 | 14,00 |
| | 50m: 34.18 34.18 | 150m: 1:59.89 | 45.74 | 250m: 3:32.29 | 49.36 | 350m: 4:59.10 | 37.82 | |
| | 100m: 1:14.15 39.97 | 200m: 2:42.93 | 43.04 | 300m: 4:21.28 | 48.99 | 400m: 5:35.74 | 36.64 | |
| 26. | MAJEWSKA Weronika SR | | 17 | SMS Racibórz | | 5:39.22 | 484 | - |
| | 50m: 34.04 34.04 | 150m: 1:57.47 | 42.67 | 250m: 3:29.67 | 49.68 | 350m: 5:00.70 | 39.92 | |
| | 100m: 1:14.80 40.76 | 200m: 2:39.99 | 42.52 | 300m: 4:20.78 | 51.11 | 400m: 5:39.22 | 38.52 | |
| 27. | BILSKA Natalia SGd | | 17 | SMS Gda sk | | 5:41.07 | 476 | 13,00 |
| | 50m: 33.92 33.92 | 150m: 2:00.36 | 45.85 | 250m: 3:33.81 | 49.97 | 350m: 5:03.04 | 39.36 | |
| | 100m: 1:14.51 40.59 | 200m: 2:43.84 | 43.48 | 300m: 4:23.68 | 49.87 | 400m: 5:41.07 | 38.03 | |
| 28. | BŁAJET Oliwia SP | | 18 | SMS Pozna | | 5:57.69 | 412 | 12,00 |
| | 50m: 37.77 37.77 | 150m: 2:09.29 | 46.69 | 250m: 3:46.13 | 51.59 | 350m: 5:18.31 | 41.20 | |
| | 100m: 1:22.60 44.83 | 200m: 2:54.54 | 45.25 | 300m: 4:37.11 | 50.98 | 400m: 5:57.69 | 39.38 | |
| 29. | KIELAK Julia SOL | | 15 | SMS Olsztyn | | 6:03.13 | 394 | 11,00 |
| | 50m: 37.19 37.19 | 150m: 2:10.58 | 49.23 | 250m: 3:52.23 | 55.94 | 350m: 5:25.72 | 37.83 | |
| | 100m: 1:21.35 44.16 | 200m: 2:56.29 | 45.71 | 300m: 4:47.89 | 55.66 | 400m: 6:03.13 | 37.41 | |
| 30. | MICHALAK Weronika SP | | 18 | SMS Pozna | | 6:10.09 | 372 | 10,00 |
| | 50m: 37.59 37.59 | 150m: 2:12.13 | 48.53 | 250m: 3:52.75 | 54.32 | 350m: 5:30.28 | 40.98 | |
| | 100m: 1:23.60 46.01 | 200m: 2:58.43 | 46.30 | 300m: 4:49.30 | 56.55 | 400m: 6:10.09 | 39.81 | |
| DYSKW. | PIOTROWICZ Maja SZG | | 16 | SMS Zielona Góra | | | | - |
| | <i>G8 - Pływak uko czył wy cig w poło eniu na piersiach</i> | | | | | | | |