

2018 Liga SMS - II runda  
Lublin, 1. - 2.6.2018

Event 11  
01.06.2018 - 17:57

Women, 400m Medley

Open  
Results

Rekoed Polski Open	4:36.95	BARANOWSKA Katarzyna	POL	Beijing (CHN)	09.08.2008
Rekoed Polski 19 - 23	4:36.95	BARANOWSKA Katarzyna	POL	Beijing (CHN)	09.08.2008
Rekoed Polski 18	4:43.39	BARANOWSKA Katarzyna	POL	Debica	20.05.2005
Rekoed Polski 17	4:45.13	SZCZEPANIAK Karolina	POL	Rome (ITA)	02.08.2009
Rekoed Polski 16	4:48.17	CZOCPEK Agnieszka	POL	Moskwa (RUS)	26.07.1980
Rekoed Polski 15	4:49.27	SZCZEPANIAK Karolina	POL	Gorzow Wlkp.	30.11.2007
Rekoed Polski 14	4:52.05	KNOP Aleksandra	POL	Lublin	19.05.2017

Points: FINA 2018

Rank			Age			Time	Pts	
1.	GAWRONSKA Zoe SSz	18	SMS Szczecin	<b>4:52.01</b>	758	33,00		
	50m: 31.00 31.00	150m: 1:44.20 37.70	250m: 3:03.47 41.64	350m: 4:19.74 33.44				
	100m: 1:06.50 35.50	200m: 2:21.83 37.63	300m: 3:46.30 42.83	400m: 4:52.01 32.27				
2.	ADAMCZYK Julia SL	19	SMS Lublin	<b>4:52.32</b>	756	31,00		
	50m: 31.25 31.25	150m: 1:46.21 38.70	250m: 3:05.03 41.10	350m: 4:20.15 33.95				
	100m: 1:07.51 36.26	200m: 2:23.93 37.72	300m: 3:46.20 41.17	400m: 4:52.32 32.17				
3.	PARADOWSKA Kinga SB	17	SMS Bydgoszcz	<b>4:58.15</b>	713	30,00		
	50m: 32.38 32.38	150m: 1:47.91 38.90	250m: 3:08.19 41.77	350m: 4:23.84 33.96				
	100m: 1:09.01 36.63	200m: 2:26.42 38.51	300m: 3:49.88 41.69	400m: 4:58.15 34.31				
4.	SAMULA Wiktoria SL	19	SMS Lublin	<b>5:01.89</b>	686	29,00		
	50m: 31.31 31.31	150m: 1:48.05 40.39	250m: 3:07.51 40.57	350m: 4:25.30 36.48				
	100m: 1:07.66 36.35	200m: 2:26.94 38.89	300m: 3:48.82 41.31	400m: 5:01.89 36.59				
5.	CYNARSKA Natalia SWwa	15	SMS Warszawa	<b>5:07.21</b>	651	28,00		
	50m: 32.81 32.81	150m: 1:49.61 38.33	250m: 3:13.12 44.94	350m: 4:34.05 35.82				
	100m: 1:11.28 38.47	200m: 2:28.18 38.57	300m: 3:58.23 45.11	400m: 5:07.21 33.16				
6.	CYNARSKA Weronika SWwa	15	SMS Warszawa	<b>5:07.23</b>	651	27,00		
	50m: 33.48 33.48	150m: 1:51.54 40.02	250m: 3:15.17 44.18	350m: 4:34.64 35.29				
	100m: 1:11.52 38.04	200m: 2:30.99 39.45	300m: 3:59.35 44.18	400m: 5:07.23 32.59				
7.	PISAREK Justyna SO	18	SMS Oswiecim	<b>5:10.05</b>	634	26,00		
	50m: 31.45 31.45	150m: 1:48.58 41.06	250m: 3:14.44 45.07	350m: 4:34.70 35.02				
	100m: 1:07.52 36.07	200m: 2:29.37 40.79	300m: 3:59.68 45.24	400m: 5:10.05 35.35				
8.	PROCHOWNIK Martyna SO	16	SMS Oswiecim	<b>5:11.67</b>	624	25,00		
	50m: 31.70 31.70	150m: 1:49.17 40.14	250m: 3:15.05 46.42	350m: 4:36.21 35.62				
	100m: 1:09.03 37.33	200m: 2:28.63 39.46	300m: 4:00.59 45.54	400m: 5:11.67 35.46				
9.	SMETEK Wiktoria SR	17	SMS Raciborz	<b>5:12.44</b>	619	24,00		
	50m: 33.72 33.72	150m: 1:53.77 40.02	250m: 3:16.41 42.79	350m: 4:37.07 36.98				
	100m: 1:13.75 40.03	200m: 2:33.62 39.85	300m: 4:00.09 43.68	400m: 5:12.44 35.37				
10.	MARGULA Weronika SSz	18	SMS Szczecin	<b>5:12.63</b>	618	23,00		
	50m: 32.14 32.14	150m: 1:48.44 37.70	250m: 3:14.59 47.55	350m: 4:37.48 35.85				
	100m: 1:10.74 38.60	200m: 2:27.04 38.60	300m: 4:01.63 47.04	400m: 5:12.63 35.15				
11.	KEMPA Anna SO	17	SMS Oswiecim	<b>5:14.87</b>	605	-		
	50m: 33.38 33.38	150m: 1:54.77 43.02	250m: 3:17.38 41.57	350m: 4:38.17 38.12				
	100m: 1:11.75 38.37	200m: 2:35.81 41.04	300m: 4:00.05 42.67	400m: 5:14.87 36.70				
12.	BANACZKOWSKA Aleksandra SOc	16	SMS Ostrowiec Sw.	<b>5:15.50</b>	601	22,00		
	50m: 34.45 34.45	150m: 1:55.69 41.26	250m: 3:17.79 41.16	350m: 4:38.65 38.19				
	100m: 1:14.43 39.98	200m: 2:36.63 40.94	300m: 4:00.46 42.67	400m: 5:15.50 36.85				
13.	TASAK Aleksandra SK	15	SMS Krakow	<b>5:18.54</b>	584	21,00		
	50m: 31.61 31.61	150m: 1:49.51 41.41	250m: 3:16.04 46.60	350m: 4:42.13 38.97				
	100m: 1:08.10 36.49	200m: 2:29.44 39.93	300m: 4:03.16 47.12	400m: 5:18.54 36.41				
14.	CYGAN Julia SB	14	SMS Bydgoszcz	<b>5:19.17</b>	581	20,00		
	50m: 34.57 34.57	150m: 1:58.05 42.09	250m: 3:22.02 43.70	350m: 4:44.08 37.74				
	100m: 1:15.96 41.39	200m: 2:38.32 40.27	300m: 4:06.34 44.32	400m: 5:19.17 35.09				
15.	FRACKIEWICZ Martyna SZG	15	SMS Zielona Gora	<b>5:19.83</b>	577	19,00		
	50m: 33.10 33.10	150m: 1:55.34 43.16	250m: 3:22.25 44.80	350m: 4:45.89 37.17				
	100m: 1:12.18 39.08	200m: 2:37.45 42.11	300m: 4:08.72 46.47	400m: 5:19.83 33.94				

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Rank					Age					Time	Pts	
16.	HOLAK Marta SB				17	SMS Bydgoszcz				<b>5:19.87</b>	577	-
	50m:	32.32	32.32	150m:	1:51.89	41.62	250m:	3:19.05	46.32	350m:	4:44.12	37.93
	100m:	1:10.27	37.95	200m:	2:32.73	40.84	300m:	4:06.19	47.14	400m:	5:19.87	35.75
17.	WECKWERT Iga SGd				14	SMS Gdansk				<b>5:20.08</b>	576	18,00
	50m:	33.79	33.79	150m:	1:55.56	42.01	250m:	3:20.27	44.64	350m:	4:43.56	38.27
	100m:	1:13.55	39.76	200m:	2:35.63	40.07	300m:	4:05.29	45.02	400m:	5:20.08	36.52
18.	DACH Wiktoria SK				15	SMS Krakow				<b>5:22.67</b>	562	17,00
	50m:	32.35	32.35	150m:	1:54.68	43.79	250m:	3:21.92	44.43	350m:	4:46.34	39.40
	100m:	1:10.89	38.54	200m:	2:37.49	42.81	300m:	4:06.94	45.02	400m:	5:22.67	36.33
19.	MILEK Marcelina SK				16	SMS Krakow				<b>5:23.81</b>	556	-
	50m:	32.33	32.33	150m:	1:51.15	41.56	250m:	3:18.91	46.60	350m:	4:46.81	39.86
	100m:	1:09.59	37.26	200m:	2:32.31	41.16	300m:	4:06.95	48.04	400m:	5:23.81	37.00
20.	WOLSKA Karolina SB				17	SMS Bydgoszcz				<b>5:24.43</b>	553	-
	50m:	32.27	32.27	150m:	1:50.07	40.16	250m:	3:18.65	48.69	350m:	4:47.14	38.42
	100m:	1:09.91	37.64	200m:	2:29.96	39.89	300m:	4:08.72	50.07	400m:	5:24.43	37.29
21.	KURASINSKA Oliwia SOc				16	SMS Ostrowiec Sw.				<b>5:25.81</b>	546	16,00
	50m:	34.87	34.87	150m:	1:57.20	42.37	250m:	3:24.77	46.84	350m:	4:49.99	38.56
	100m:	1:14.83	39.96	200m:	2:37.93	40.73	300m:	4:11.43	46.66	400m:	5:25.81	35.82
22.	PROCHOWNIK Olimpia SL				19	SMS Lublin				<b>5:26.63</b>	542	-
	50m:	34.16	34.16	150m:	1:57.30	44.01	250m:	3:25.18	44.89	350m:	4:49.33	39.22
	100m:	1:13.29	39.13	200m:	2:40.29	42.99	300m:	4:10.11	44.93	400m:	5:26.63	37.30
23.	BADZIAN Natalia SWwa				15	SMS Warszawa				<b>5:28.29</b>	534	-
	50m:	32.28	32.28	150m:	1:54.29	44.02	250m:	3:25.01	47.96	350m:	4:50.72	38.19
	100m:	1:10.27	37.99	200m:	2:37.05	42.76	300m:	4:12.53	47.52	400m:	5:28.29	37.57
24.	KASPROWICZ Marta SR				15	SMS Raciborz				<b>5:28.59</b>	532	15,00
	50m:	33.12	33.12	150m:	1:55.80	43.52	250m:	3:26.47	49.04	350m:	4:52.95	37.37
	100m:	1:12.28	39.16	200m:	2:37.43	41.63	300m:	4:15.58	49.11	400m:	5:28.59	35.64
25.	KULIK Wiktoria SOL				15	SMS Olsztyn				<b>5:35.74</b>	499	14,00
	50m:	34.18	34.18	150m:	1:59.89	45.74	250m:	3:32.29	49.36	350m:	4:59.10	37.82
	100m:	1:14.15	39.97	200m:	2:42.93	43.04	300m:	4:21.28	48.99	400m:	5:35.74	36.64
26.	MAJEWSKA Weronika SR				17	SMS Raciborz				<b>5:39.22</b>	484	-
	50m:	34.04	34.04	150m:	1:57.47	42.67	250m:	3:29.67	49.68	350m:	5:00.70	39.92
	100m:	1:14.80	40.76	200m:	2:39.99	42.52	300m:	4:20.78	51.11	400m:	5:39.22	38.52
27.	BILSKA Natalia SGd				17	SMS Gdansk				<b>5:41.07</b>	476	13,00
	50m:	33.92	33.92	150m:	2:00.36	45.85	250m:	3:33.81	49.97	350m:	5:03.04	39.36
	100m:	1:14.51	40.59	200m:	2:43.84	43.48	300m:	4:23.68	49.87	400m:	5:41.07	38.03
28.	BLAJET Oliwia SP				18	SMS Poznan				<b>5:57.69</b>	412	12,00
	50m:	37.77	37.77	150m:	2:09.29	46.69	250m:	3:46.13	51.59	350m:	5:18.31	41.20
	100m:	1:22.60	44.83	200m:	2:54.54	45.25	300m:	4:37.11	50.98	400m:	5:57.69	39.38
29.	KIELAK Julia SOL				15	SMS Olsztyn				<b>6:03.13</b>	394	11,00
	50m:	37.19	37.19	150m:	2:10.58	49.23	250m:	3:52.23	55.94	350m:	5:25.72	37.83
	100m:	1:21.35	44.16	200m:	2:56.29	45.71	300m:	4:47.89	55.66	400m:	6:03.13	37.41
30.	MICHALAK Weronika SP				18	SMS Poznan				<b>6:10.09</b>	372	10,00
	50m:	37.59	37.59	150m:	2:12.13	48.53	250m:	3:52.75	54.32	350m:	5:30.28	40.98
	100m:	1:23.60	46.01	200m:	2:58.43	46.30	300m:	4:49.30	56.55	400m:	6:10.09	39.81
DSQ	PIOTROWICZ Maja SZG				16	SMS Zielona Gora						-
	<i>G8 - Pływak uko czył wy cig w poło eniu na piersiach</i>											