

2018 Liga SMS - II runda
Lublin, 1. - 2.6.2018

Konkurencja 12
01.06.2018 - 18:21

M czyzn, 400m zmienny

Open
Wyniki

Rekoed Polski Open	4:12.28	MATCZAK Mateusz	POL	Belgrade (SRB)	11.07.2009
Rekoed Polski 19 - 23	4:12.28	MATCZAK Mateusz	POL	Belgrade (SRB)	11.07.2009
Rekoed Polski 18	4:18.40	MATCZAK Mateusz	POL	Antwerp (BEL)	22.07.2007
Rekoed Polski 17	4:20.27	MATCZAK Mateusz	POL	Palma de Mallorca (ESP)	06.07.2006
Rekoed Polski 16	4:26.91	KĄŁUSOWSKI Jan	POL	Ostrowiec Sw	15.07.2016
Rekoed Polski 15	4:30.55	KĄŁUSOWSKI Jan	POL	Ostrowiec Sw	10.07.2015
Rekoed Polski 14	4:39.38	SOBEK Nikodem	POL	Berlin (GER)	16.12.2016

Punkty: FINA 2018

Pozycja			Wiek					Czas	Pkt.		
1.	W	GROWSKI Marcel SAŁ	19	SMS Aleksandrów Łódzki				4:27.66	756	33,00	
	50m:	27.86 27.86	150m:	1:34.71	34.37	250m:	2:47.75	39.24	350m:	3:57.56	30.92
	100m:	1:00.34 32.48	200m:	2:08.51	33.80	300m:	3:26.64	38.89	400m:	4:27.66	30.10
2.	CIASTO	Sebastian SO	19	SMS O wi cim				4:29.56	740	31,00	
	50m:	29.36 29.36	150m:	1:39.02	35.84	250m:	2:51.62	37.21	350m:	3:59.54	30.61
	100m:	1:03.18 33.82	200m:	2:14.41	35.39	300m:	3:28.93	37.31	400m:	4:29.56	30.02
3.	DUBAS	Mateusz SO	17	SMS O wi cim				4:29.62	739	30,00	
	50m:	28.41 28.41	150m:	1:37.27	35.80	250m:	2:49.73	36.58	350m:	3:59.14	31.48
	100m:	1:01.47 33.06	200m:	2:13.15	35.88	300m:	3:27.66	37.93	400m:	4:29.62	30.48
4.	KOZIEJKO	Bartłomiej SOL	18	SMS Olsztyn				4:32.75	714	29,00	
	50m:	29.42 29.42	150m:	1:39.36	36.50	250m:	2:54.65	39.38	350m:	4:04.33	30.55
	100m:	1:02.86 33.44	200m:	2:15.27	35.91	300m:	3:33.78	39.13	400m:	4:32.75	28.42
5.	CHMIELEWSKI	Jakub SWR	19	SMS Wrocław				4:33.97	705	28,00	
	50m:	28.61 28.61	150m:	1:37.56	36.18	250m:	2:51.47	38.52	350m:	4:03.10	31.83
	100m:	1:01.38 32.77	200m:	2:12.95	35.39	300m:	3:31.27	39.80	400m:	4:33.97	30.87
6.	SUCHA	SKI Przemysław SO	17	SMS O wi cim				4:34.24	702	-	
	50m:	29.15 29.15	150m:	1:38.97	34.68	250m:	2:51.35	38.90	350m:	4:03.51	32.01
	100m:	1:04.29 35.14	200m:	2:12.45	33.48	300m:	3:31.50	40.15	400m:	4:34.24	30.73
7.	SACHA	Kamil SWR	17	SMS Wrocław				4:37.37	679	27,00	
	50m:	29.10 29.10	150m:	1:39.82	36.59	250m:	2:55.75	39.19	350m:	4:07.24	31.07
	100m:	1:03.23 34.13	200m:	2:16.56	36.74	300m:	3:36.17	40.42	400m:	4:37.37	30.13
8.	KUCZAK	Adam	18	SMS Wrocław				4:37.42	679	-	
	50m:	29.36 29.36	150m:	1:39.15	35.82	250m:	2:53.50	39.76	350m:	4:06.48	32.56
	100m:	1:03.33 33.97	200m:	2:13.74	34.59	300m:	3:33.92	40.42	400m:	4:37.42	30.94
9.	OLLER	Krzysztof SL	18	SMS Lublin				4:38.45	671	26,00	
	50m:	29.58 29.58	150m:	1:39.55	36.63	250m:	2:55.39	39.95	350m:	4:07.91	31.84
	100m:	1:02.92 33.34	200m:	2:15.44	35.89	300m:	3:36.07	40.68	400m:	4:38.45	30.54
10.	WALCZYSKO	Jakub SL	18	SMS Lublin				4:40.59	656	25,00	
	50m:	29.19 29.19	150m:	1:39.04	35.90	250m:	2:54.69	40.04	350m:	4:08.37	32.51
	100m:	1:03.14 33.95	200m:	2:14.65	35.61	300m:	3:35.86	41.17	400m:	4:40.59	32.22
11.	BACHLAJ	Dorian SR	19	SMS Racibórz				4:41.11	652	24,00	
	50m:	29.37 29.37	150m:	1:42.80	38.37	250m:	2:55.93	36.20	350m:	4:08.19	34.57
	100m:	1:04.43 35.06	200m:	2:19.73	36.93	300m:	3:33.62	37.69	400m:	4:41.11	32.92
12.	KEMPA	Mikołaj SO	19	SMS O wi cim				4:42.11	645	-	
	50m:	28.56 28.56	150m:	1:38.84	37.32	250m:	2:55.86	39.23	350m:	4:11.45	33.32
	100m:	1:01.52 32.96	200m:	2:16.63	37.79	300m:	3:38.13	42.27	400m:	4:42.11	30.66
13.	ZAREMBA	Jakub SWB	17	SMS Warszawa Bielany				4:42.79	641	23,00	
	50m:	29.21 29.21	150m:	1:39.91	37.08	250m:	2:57.08	40.20	350m:	4:11.28	33.33
	100m:	1:02.83 33.62	200m:	2:16.88	36.97	300m:	3:37.95	40.87	400m:	4:42.79	31.51
14.	GOTSZLING	Dawid SZG	17	SMS Zielona Góra				4:42.97	639	22,00	
	50m:	28.45 28.45	150m:	1:39.10	36.21	250m:	2:57.04	42.19	350m:	4:11.92	32.25
	100m:	1:02.89 34.44	200m:	2:14.85	35.75	300m:	3:39.67	42.63	400m:	4:42.97	31.05
15.	KIEŁCZEWSKI	Amadeusz SSz	18	SMS Szczecin				4:43.10	638	21,00	
	50m:	28.85 28.85	150m:	1:40.13	37.08	250m:	2:59.89	43.32	350m:	4:15.82	32.63
	100m:	1:03.05 34.20	200m:	2:16.57	36.44	300m:	3:43.19	43.30	400m:	4:43.10	27.28

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Konkurencja 12, M czyzn, 400m zmienny, Open

Pozycja			Wiek					Czas	Pkt.			
16.	SYNOWIEC	Mikołaj	SK	16	SMS	Kraków		4:44.26	631	20,00		
	50m:	28.93	28.93	150m:	1:40.12	36.98	250m:	2:57.32	40.39	350m:	4:12.08	33.08
	100m:	1:03.14	34.21	200m:	2:16.93	36.81	300m:	3:39.00	41.68	400m:	4:44.26	32.18
17.	GUZY	Marcel	SK	17	SMS	Kraków		4:45.94	620	19,00		
	50m:	29.94	29.94	150m:	1:41.95	37.60	250m:	2:57.79	39.62	350m:	4:11.73	34.36
	100m:	1:04.35	34.41	200m:	2:18.17	36.22	300m:	3:37.37	39.58	400m:	4:45.94	34.21
18.	MIKOŁAJCZAK	Bła	ej SB	17	SMS	Bydgoszcz		4:48.20	605	18,00		
	50m:	29.13	29.13	150m:	1:40.58	37.18	250m:	3:00.06	42.84	350m:	4:15.83	33.12
	100m:	1:03.40	34.27	200m:	2:17.22	36.64	300m:	3:42.71	42.65	400m:	4:48.20	32.37
19.	DOBRINDT	Mikołaj	SB	15	SMS	Bydgoszcz		4:48.82	601	17,00		
	50m:	29.20	29.20	150m:	1:41.76	37.13	250m:	2:58.63	40.18	350m:	4:14.79	34.32
	100m:	1:04.63	35.43	200m:	2:18.45	36.69	300m:	3:40.47	41.84	400m:	4:48.82	34.03
20.	ŁAPOT	Radosław	SR	19	SMS	Racibórz		4:50.26	592	16,00		
	50m:	28.22	28.22	150m:	1:38.91	36.97	250m:	2:57.72	42.12	350m:	4:15.57	35.17
	100m:	1:01.94	33.72	200m:	2:15.60	36.69	300m:	3:40.40	42.68	400m:	4:50.26	34.69
21.	GRZYBOWSKI	Artur	SSz	17	SMS	Szczecin		4:52.43	579	15,00		
	50m:	29.43	29.43	150m:	1:42.44	38.24	250m:	3:01.91	42.17	350m:	4:20.23	33.90
	100m:	1:04.20	34.77	200m:	2:19.74	37.30	300m:	3:46.33	44.42	400m:	4:52.43	32.20
22.	BARUSI	SKI	Kordian	SWB	17	SMS	Warszawa Bielany		4:53.22	575	14,00	
	50m:	29.93	29.93	150m:	1:42.53	37.16	250m:	3:02.68	41.38	350m:	4:20.05	34.25
	100m:	1:05.37	35.44	200m:	2:21.30	38.77	300m:	3:45.80	43.12	400m:	4:53.22	33.17
23.	WORONKO	Krzysztof	SOL	16	SMS	Olsztyn		4:53.23	575	13,00		
	50m:	30.36	30.36	150m:	1:42.38	37.26	250m:	3:02.25	44.16	350m:	4:20.83	33.56
	100m:	1:05.12	34.76	200m:	2:18.09	35.71	300m:	3:47.27	45.02	400m:	4:53.23	32.40
24.	SZCZEPANOWSKI	Jakub	SGW	16	SMS	Gorzów Wlkp.		4:55.53	561	12,00		
	50m:	31.20	31.20	150m:	1:49.18	41.05	250m:	3:08.14	39.33	350m:	4:24.84	34.93
	100m:	1:08.13	36.93	200m:	2:28.81	39.63	300m:	3:49.91	41.77	400m:	4:55.53	30.69
25.	OLEK	Jakub	SGW	17	SMS	Gorzów Wlkp.		4:56.42	556	11,00		
	50m:	29.47	29.47	150m:	1:44.87	40.16	250m:	3:06.92	42.31	350m:	4:23.38	33.84
	100m:	1:04.71	35.24	200m:	2:24.61	39.74	300m:	3:49.54	42.62	400m:	4:56.42	33.04
26.	ZUBIK	Jan	SWwa	15	SMS	Warszawa		4:57.05	553	10,00		
	50m:	30.69	30.69	150m:	1:43.99	37.44	250m:	3:04.42	45.52	350m:	4:24.05	35.35
	100m:	1:06.55	35.86	200m:	2:18.90	34.91	300m:	3:48.70	44.28	400m:	4:57.05	33.00
27.	ANTCZAK	Bartosz	SWwa	15	SMS	Warszawa		4:57.69	549	9,00		
	50m:	29.64	29.64	150m:	1:42.90	38.27	250m:	3:03.72	43.33	350m:	4:23.15	36.11
	100m:	1:04.63	34.99	200m:	2:20.39	37.49	300m:	3:47.04	43.32	400m:	4:57.69	34.54
28.	BUCZKOWSKI	Tomasz	SZG	14	SMS	Zielona Góra		4:58.45	545	8,00		
	50m:	31.33	31.33	150m:	1:45.71	36.00	250m:	3:06.91	43.42	350m:	4:25.18	34.72
	100m:	1:09.71	38.38	200m:	2:23.49	37.78	300m:	3:50.46	43.55	400m:	4:58.45	33.27
29.	KAPAŁA	Szymon	SOL	15	SMS	Olsztyn		5:02.66	522	-		
	50m:	31.78	31.78	150m:	1:48.96	40.19	250m:	3:11.36	43.63	350m:	4:29.90	34.97
	100m:	1:08.77	36.99	200m:	2:27.73	38.77	300m:	3:54.93	43.57	400m:	5:02.66	32.76
30.	KLIMAS	Michał	SOc	16	SMS	Ostrowiec w.		5:03.77	517	7,00		
	50m:	31.66	31.66	150m:	1:53.03	41.73	250m:	3:11.87	38.12	350m:	4:28.66	36.46
	100m:	1:11.30	39.64	200m:	2:33.75	40.72	300m:	3:52.20	40.33	400m:	5:03.77	35.11
31.	KESLER	Marcin	SOc	16	SMS	Ostrowiec w.		5:04.45	513	6,00		
	50m:	30.98	30.98	150m:	1:46.75	40.17	250m:	3:09.08	43.62	350m:	4:29.57	35.82
	100m:	1:06.58	35.60	200m:	2:25.46	38.71	300m:	3:53.75	44.67	400m:	5:04.45	34.88
32.	URAWSKI	Marcel	SGd	17	SMS	Gda sk		5:06.05	505	5,00		
	50m:	31.88	31.88	150m:	1:49.25	38.01	250m:	3:09.28	41.94	350m:	4:29.55	37.45
	100m:	1:11.24	39.36	200m:	2:27.34	38.09	300m:	3:52.10	42.82	400m:	5:06.05	36.50
33.	BOROWSKI	Kacper	SOc	15	SMS	Ostrowiec w.		5:08.98	491	-		
	50m:	31.11	31.11	150m:	1:48.59	40.63	250m:	3:14.36	44.75	350m:	4:35.16	34.77
	100m:	1:07.96	36.85	200m:	2:29.61	41.02	300m:	4:00.39	46.03	400m:	5:08.98	33.82

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Konkurencja 12, M czynn, 400m zmienny, Open

Pozycja			Wiek					Czas	Pkt.	
34.	GRZEMSKI Kamil SP		17	SMS Pozna				5:12.01	477	4,00
	50m:	32.49 32.49	150m:	1:52.14	41.06	250m:	3:16.09	44.87	350m:	4:37.95 36.48
	100m:	1:11.08 38.59	200m:	2:31.22	39.08	300m:	4:01.47	45.38	400m:	5:12.01 34.06
35.	RYTTER Igor SWB		17	SMS Warszawa Bielany				5:13.72	469	-
	50m:	29.87 29.87	150m:	1:49.21	43.99	250m:	3:18.01	45.10	350m:	4:39.20 34.75
	100m:	1:05.22 35.35	200m:	2:32.91	43.70	300m:	4:04.45	46.44	400m:	5:13.72 34.52
36.	HEBEL Maciej SGd		13	SMS Gda sk				5:17.36	453	3,00
	50m:	32.50 32.50	150m:	1:53.22	40.97	250m:	3:19.53	45.66	350m:	4:42.92 35.80
	100m:	1:12.25 39.75	200m:	2:33.87	40.65	300m:	4:07.12	47.59	400m:	5:17.36 34.44
37.	RO EK Oskar SP		18	SMS Pozna				5:20.17	441	2,00
	50m:	31.69 31.69	150m:	1:54.17	44.54	250m:	3:20.68	44.05	350m:	4:45.09 37.54
	100m:	1:09.63 37.94	200m:	2:36.63	42.46	300m:	4:07.55	46.87	400m:	5:20.17 35.08
38.	JANECZEK Stanisław SB		14	SMS Bydgoszcz				5:22.71	431	-
	50m:	30.96 30.96	150m:	1:53.00	44.94	250m:	3:20.70	44.72	350m:	4:44.33 38.03
	100m:	1:08.06 37.10	200m:	2:35.98	42.98	300m:	4:06.30	45.60	400m:	5:22.71 38.38
PK	MRÓZ Adam SL		15	SMS Lublin				4:56.77	554	-
	50m:	29.72 29.72	150m:	1:45.23	40.53	250m:	3:05.62	41.82	350m:	4:23.93 35.43
	100m:	1:04.70 34.98	200m:	2:23.80	38.57	300m:	3:48.50	42.88	400m:	4:56.77 32.84