

2018 Główny Mistrzostwa Województwa Lubelskiego  
Lublin, 16. - 17.6.2018

Konkurencja 12 M czyzn, 400m zmienny 12 lat i starsi  
16.06.2018 - 12:14 Wyniki

Rekoed Polski Open	4:12.28	MATCZAK Mateusz	Belgrade (SRB)	11.07.2009
Rekoed Polski 19 - 23	4:12.28	MATCZAK Mateusz	Belgrade (SRB)	11.07.2009
Rekoed Polski 18	4:18.40	MATCZAK Mateusz	Antwerp (BEL)	22.07.2007
Rekoed Polski 17	4:20.27	MATCZAK Mateusz	Palma de Mallorca (ESP)	06.07.2006
Rekoed Polski 16	4:26.91	KAŁUSOWSKI Jan	Ostrowiec Sw	15.07.2016
Rekoed Polski 15	4:30.55	KAŁUSOWSKI Jan	Ostrowiec Sw	10.07.2015
Rekoed Polski 14	4:39.38	SOBEK Nikodem	Berlin (GER)	16.12.2016
Rekord LOZP	4:19.87	WITKOWSKI Jan	Szczecin	28.05.2016

Punkty: FINA 2018

Pozycja Wiek Czas Pkt.

MŁODZIK

1. STASZCZAK Antoni	13	Sparta Biłgoraj	<b>5:35.41</b>	384
50m: 35.12 35.12	150m: 1:59.72 42.96	250m: 3:31.09 48.47	350m: 4:59.18 38.11	
100m: 1:16.76 41.64	200m: 2:42.62 42.90	300m: 4:21.07 49.98	400m: 5:35.41 36.23	
2. TERLECKI Michał	13	Wodnik Krasnystaw	<b>5:46.60</b>	348
50m: 34.94 34.94	150m: 2:03.06 46.40	250m: 3:37.76 49.45	350m: 5:09.11 40.66	
100m: 1:16.66 41.72	200m: 2:48.31 45.25	300m: 4:28.45 50.69	400m: 5:46.60 37.49	
3. WRO SKI Szymon	12	Olimpia Lublin	<b>5:56.19</b>	320
50m: 38.03 38.03	150m: 2:08.70 46.06	250m: 3:47.82 52.23	350m: 5:19.59 40.34	
100m: 1:22.64 44.61	200m: 2:55.59 46.89	300m: 4:39.25 51.43	400m: 5:56.19 36.60	
4. LUPA Olaf	12	Orka Zamo	<b>5:58.36</b>	315
50m: 40.29 40.29	150m: 2:16.78 47.51	250m: 3:49.22 47.84	350m: 5:19.25 40.04	
100m: 1:29.27 48.98	200m: 3:01.38 44.60	300m: 4:39.21 49.99	400m: 5:58.36 39.11	
5. WÓJCIK Rafał	12	Fala Kra nik	<b>6:23.96</b>	256
50m: 38.58 38.58	150m: 2:17.20 50.21	250m: 4:02.99 57.98	350m: 5:44.28 42.99	
100m: 1:26.99 48.41	200m: 3:05.01 47.81	300m: 5:01.29 58.30	400m: 6:23.96 39.68	

JUNIOR MŁODSZY

1. ZACHARZY SKI Norbert	15	Wodnik Krasnystaw	<b>4:54.94</b>	565
50m: 31.44 31.44	150m: 1:45.71 39.98	250m: 3:06.51 42.18	350m: 4:24.22 35.52	
100m: 1:05.73 34.29	200m: 2:24.33 38.62	300m: 3:48.70 42.19	400m: 4:54.94 30.72	
2. MRÓZ Adam	15	Olimpijczyk 23 Lublin	<b>4:54.98</b>	564
50m: 30.41 30.41	150m: 1:44.53 39.05	250m: 3:05.94 42.38	350m: 4:23.28 35.19	
100m: 1:05.48 35.07	200m: 2:23.56 39.03	300m: 3:48.09 42.15	400m: 4:54.98 31.70	
3. ZUZANIUK Igor	14	Olimpia Lublin	<b>5:14.56</b>	465
50m: 32.91 32.91	150m: 1:52.93 40.90	250m: 3:15.98 43.76	350m: 4:38.63 37.44	
100m: 1:12.03 39.12	200m: 2:32.22 39.29	300m: 4:01.19 45.21	400m: 5:14.56 35.93	
4. ŁAGO NY Filip	14	Orka Zamo	<b>5:26.34</b>	417
50m: 33.10 33.10	150m: 1:57.03 44.87	250m: 3:24.83 44.07	350m: 4:50.47 39.62	
100m: 1:12.16 39.06	200m: 2:40.76 43.73	300m: 4:10.85 46.02	400m: 5:26.34 35.87	
5. MANDZIUK Kewin	15	Orka Zamo	<b>5:30.98</b>	399
50m: 33.03 33.03	150m: 1:56.91 43.45	250m: 3:28.74 49.01	350m: 4:55.38 37.76	
100m: 1:13.46 40.43	200m: 2:39.73 42.82	300m: 4:17.62 48.88	400m: 5:30.98 35.60	
6. MIREK Jakub	15	Sparta Biłgoraj	<b>5:41.86</b>	362
50m: 36.89 36.89	150m: 2:06.87 44.64	250m: 3:34.72 44.29	350m: 5:01.43 40.79	
100m: 1:22.23 45.34	200m: 2:50.43 43.56	300m: 4:20.64 45.92	400m: 5:41.86 40.43	
7. CHAŁAT Wojciech	14	Skarpa Lublin	<b>5:46.35</b>	348
50m: 38.11 38.11	150m: 2:07.98 44.43	250m: 3:41.04 49.86	350m: 5:08.62 37.41	
100m: 1:23.55 45.44	200m: 2:51.18 43.20	300m: 4:31.21 50.17	400m: 5:46.35 37.73	
8. SKRZYPIEC Michał	14	AZS AWF Biała Podl.	<b>5:57.86</b>	316
50m: 34.07 34.07	150m: 2:04.09 47.32	250m: 3:39.57 47.66	350m:	
100m: 1:16.77 42.70	200m: 2:51.91 47.82	300m: 4:31.49 51.92	400m: 5:57.86	

2018 Główny Mistrzostwa Województwa Lubelskiego  
Lublin, 16. - 17.6.2018

Konkurencja 12, M czynn, 400m zmienny

OPEN

1.	WALCZYSKO Jakub	18	AZS UMCS Lublin	<b>4:44.37</b>	630
	50m: 29.75 29.75	150m: 1:41.53	36.78	250m: 2:58.97	40.76
	100m: 1:04.75 35.00	200m: 2:18.21	36.68	300m: 3:40.09	41.12
				350m: 4:13.20	33.11
				400m: 4:44.37	31.17
2.	KADROW Konrad	21	AZS UMCS Lublin	<b>4:44.77</b>	627
	50m: 29.14 29.14	150m: 1:43.56	39.72	250m: 3:01.13	38.51
	100m: 1:03.84 34.70	200m: 2:22.62	39.06	300m: 3:40.00	38.87
				350m: 4:13.69	33.69
				400m: 4:44.77	31.08
3.	WO NIAK Kamil	17	Wisła Puławy	<b>4:54.19</b>	569
	50m: 29.97 29.97	150m: 1:45.44	41.02	250m: 3:06.81	41.87
	100m: 1:04.42 34.45	200m: 2:24.94	39.50	300m: 3:49.50	42.69
				350m: 4:24.22	34.72
				400m: 4:54.19	29.97
4.	ZACHARZY SKI Norbert	15	Wodnik Krasnystaw	<b>4:54.94</b>	565
	50m: 31.44 31.44	150m: 1:45.71	39.98	250m: 3:06.51	42.18
	100m: 1:05.73 34.29	200m: 2:24.33	38.62	300m: 3:48.70	42.19
				350m: 4:24.22	35.52
				400m: 4:54.94	30.72
5.	MRÓZ Adam	15	Olimpijczyk 23 Lublin	<b>4:54.98</b>	564
	50m: 30.41 30.41	150m: 1:44.53	39.05	250m: 3:05.94	42.38
	100m: 1:05.48 35.07	200m: 2:23.56	39.03	300m: 3:48.09	42.15
				350m: 4:23.28	35.19
				400m: 4:54.98	31.70
6.	POPIOŁEK Dawid	16	Skarpa Lublin	<b>4:55.27</b>	563
	50m: 29.96 29.96	150m: 1:43.53	38.93	250m: 3:05.73	43.73
	100m: 1:04.60 34.64	200m: 2:22.00	38.47	300m: 3:49.25	43.52
				350m: 4:23.36	34.11
				400m: 4:55.27	31.91
7.	KONCKI Bartłomiej	17	Wisła Puławy	<b>4:56.25</b>	557
	50m: 30.78 30.78	150m: 1:45.47	39.18	250m: 3:07.57	44.50
	100m: 1:06.29 35.51	200m: 2:23.07	37.60	300m: 3:50.74	43.17
				350m: 4:25.20	34.46
				400m: 4:56.25	31.05
8.	ZUZANIUK Igor	14	Olimpia Lublin	<b>5:14.56</b>	465
	50m: 32.91 32.91	150m: 1:52.93	40.90	250m: 3:15.98	43.76
	100m: 1:12.03 39.12	200m: 2:32.22	39.29	300m: 4:01.19	45.21
				350m: 4:38.63	37.44
				400m: 5:14.56	35.93
9.	BO EK Filip	16	Fala Kra nik	<b>5:16.34</b>	457
	50m: 32.74 32.74	150m: 1:52.60	39.32	250m: 3:17.35	45.59
	100m: 1:13.28 40.54	200m: 2:31.76	39.16	300m: 4:05.68	48.33
				350m: 4:41.43	35.75
				400m: 5:16.34	34.91
10.	SIEKACZY SKI Artur	16	Fala Kra nik	<b>5:18.03</b>	450
	50m: 31.10 31.10	150m: 1:47.34	38.79	250m: 3:14.21	47.98
	100m: 1:08.55 37.45	200m: 2:26.23	38.89	300m: 4:03.04	48.83
				350m: 4:40.99	37.95
				400m: 5:18.03	37.04
11.	ŁAGO NY Filip	14	Orka Zamo	<b>5:26.34</b>	417
	50m: 33.10 33.10	150m: 1:57.03	44.87	250m: 3:24.83	44.07
	100m: 1:12.16 39.06	200m: 2:40.76	43.73	300m: 4:10.85	46.02
				350m: 4:50.47	39.62
				400m: 5:26.34	35.87
12.	MANDZIUK Kewin	15	Orka Zamo	<b>5:30.98</b>	399
	50m: 33.03 33.03	150m: 1:56.91	43.45	250m: 3:28.74	49.01
	100m: 1:13.46 40.43	200m: 2:39.73	42.82	300m: 4:17.62	48.88
				350m: 4:55.38	37.76
				400m: 5:30.98	35.60
13.	STASZCZAK Antoni	13	Sparta Biłgoraj	<b>5:35.41</b>	384
	50m: 35.12 35.12	150m: 1:59.72	42.96	250m: 3:31.09	48.47
	100m: 1:16.76 41.64	200m: 2:42.62	42.90	300m: 4:21.07	49.98
				350m: 4:59.18	38.11
				400m: 5:35.41	36.23
14.	MIREK Jakub	15	Sparta Biłgoraj	<b>5:41.86</b>	362
	50m: 36.89 36.89	150m: 2:06.87	44.64	250m: 3:34.72	44.29
	100m: 1:22.23 45.34	200m: 2:50.43	43.56	300m: 4:20.64	45.92
				350m: 5:01.43	40.79
				400m: 5:41.86	40.43
15.	CHAŁAT Wojciech	14	Skarpa Lublin	<b>5:46.35</b>	348
	50m: 38.11 38.11	150m: 2:07.98	44.43	250m: 3:41.04	49.86
	100m: 1:23.55 45.44	200m: 2:51.18	43.20	300m: 4:31.21	50.17
				350m: 5:08.62	37.41
				400m: 5:46.35	37.73
16.	TERLECKI Michał	13	Wodnik Krasnystaw	<b>5:46.60</b>	348
	50m: 34.94 34.94	150m: 2:03.06	46.40	250m: 3:37.76	49.45
	100m: 1:16.66 41.72	200m: 2:48.31	45.25	300m: 4:28.45	50.69
				350m: 5:09.11	40.66
				400m: 5:46.60	37.49
17.	WRO SKI Szymon	12	Olimpia Lublin	<b>5:56.19</b>	320
	50m: 38.03 38.03	150m: 2:08.70	46.06	250m: 3:47.82	52.23
	100m: 1:22.64 44.61	200m: 2:55.59	46.89	300m: 4:39.25	51.43
				350m: 5:19.59	40.34
				400m: 5:56.19	36.60
18.	SKRZYPIEC Michał	14	AZS AWF Biała Podl.	<b>5:57.86</b>	316
	50m: 34.07 34.07	150m: 2:04.09	47.32	250m: 3:39.57	47.66
	100m: 1:16.77 42.70	200m: 2:51.91	47.82	300m: 4:31.49	51.92
				350m:	
				400m: 5:57.86	

2018 Główny Mistrzostwa Województwa Lubelskiego  
Lublin, 16. - 17.6.2018

---

Konkurencja 12, M czyn, 400m zmienny, OPEN

Pozycja			Wiek						Czas	Pkt.		
19.	LUPA Olaf		12		Orka Zamo				<b>5:58.36</b>	315		
	50m:	40.29	40.29	150m:	2:16.78	47.51	250m:	3:49.22	47.84	350m:	5:19.25	40.04
	100m:	1:29.27	48.98	200m:	3:01.38	44.60	300m:	4:39.21	49.99	400m:	5:58.36	39.11
20.	WÓJCIK Rafał		12		Fala Kra nik				<b>6:23.96</b>	256		
	50m:	38.58	38.58	150m:	2:17.20	50.21	250m:	4:02.99	57.98	350m:	5:44.28	42.99
	100m:	1:26.99	48.41	200m:	3:05.01	47.81	300m:	5:01.29	58.30	400m:	6:23.96	39.68