

2018 Zimowe Mistrzostwa Polski Seniorów, Młodzie owców, Juniorów 17-18 lat
Lublin, 18. - 22.12.2018

Konkurencja 22
20.12.2018 - 9:28

Kobiet, 400m dowolny

14 lat i starsi
Wyniki Eliminacje

Rekord Polski Open	4:05.77	BARZYCKA Paulina	00114	Gorzow	26.11.2005
Rekord Polski 19 - 23	4:05.77	BARZYCKA Paulina	00114	Gorzow	26.11.2005
Rekord Polski 18	4:07.14	PIECHOTA Paulina	01605	Łód	20.12.2017
Rekord Polski 17	4:08.04	KILIJA SKA Donata	00612	Pozna	17.12.2011
Rekord Polski 16	4:08.04	KILIJA SKA Donata	00612	Poznan	17.12.2011
Rekord Polski 15	4:09.54	KILIJA SKA Donata	01705	Olsztyn	15.12.2018
Rekord Polski 14	4:09.54	GU Wiktoria	01705	Olsztyn	15.12.2018

Punkty: FINA 2018

Pozycja			Wiek				Czas		Pkt.	
1.	KARPISZ Milena		21	AZS Łód			4:16.53	764	A	
	50m:	29.96 29.96	150m:	1:33.96 32.04	250m:	2:39.27 32.70	350m:	3:44.89 32.81		
	100m:	1:01.92 31.96	200m:	2:06.57 32.61	300m:	3:12.08 32.81	400m:	4:16.53 31.64		
2.	ZABOROWICZ Julia		17	KS Górnik Sosnowiec			4:17.02	759	A	
	50m:	29.42 29.42	150m:	1:33.52 32.50	250m:	2:39.29 32.78	350m:	3:44.97 32.89		
	100m:	1:01.02 31.60	200m:	2:06.51 32.99	300m:	3:12.08 32.79	400m:	4:17.02 32.05		
3.	POLA SKA Aleksandra		18	UKS GOS Raszyn			4:17.31	757	A	
	50m:	29.53 29.53	150m:	1:33.83 32.43	250m:	2:39.13 32.77	350m:	3:44.91 32.99		
	100m:	1:01.40 31.87	200m:	2:06.36 32.53	300m:	3:11.92 32.79	400m:	4:17.31 32.40		
4.	PIECHOTA Paulina		19	UKS 190 Łód			4:17.53	755	A	
	50m:	30.08 30.08	150m:	1:34.28 32.14	250m:	2:39.32 32.53	350m:	3:45.15 32.95		
	100m:	1:02.14 32.06	200m:	2:06.79 32.51	300m:	3:12.20 32.88	400m:	4:17.53 32.38		
5.	KOSSAKOWSKA Dominika		17	AZS AWF Katowice			4:18.35	748	A	
	50m:	29.45 29.45	150m:	1:34.31 33.06	250m:	2:40.19 33.04	350m:	3:46.66 33.10		
	100m:	1:01.25 31.80	200m:	2:07.15 32.84	300m:	3:13.56 33.37	400m:	4:18.35 31.69		
6.	ANDRZEJEWSKA Kamila		19	KU AZS UMCS Lublin			4:18.90	743	A	
	50m:	30.43 30.43	150m:	1:35.42 32.62	250m:	2:40.93 32.79	350m:	3:47.03 32.96		
	100m:	1:02.80 32.37	200m:	2:08.14 32.72	300m:	3:14.07 33.14	400m:	4:18.90 31.87		
7.	NITA Daria		17	KS Korona Kraków			4:19.92	734	A	
	50m:	30.21 30.21	150m:	1:36.05 33.12	250m:	2:42.27 32.94	350m:	3:48.77 33.06		
	100m:	1:02.93 32.72	200m:	2:09.33 33.28	300m:	3:15.71 33.44	400m:	4:19.92 31.15		
8.	WARDZI SKA Martyna		20	AZS AWF Warszawa			4:21.01	725	A	
	50m:	31.23 31.23	150m:	1:38.25 33.64	250m:	2:44.32 32.16	350m:	3:49.87 32.87		
	100m:	1:04.61 33.38	200m:	2:12.16 33.91	300m:	3:17.00 32.68	400m:	4:21.01 31.14		
9.	MARGULA Weronika		18	MKP Szczecin			4:21.23	723	A	
	50m:	30.71 30.71	150m:	1:36.41 32.90	250m:	2:42.26 32.76	350m:	3:48.29 32.75		
	100m:	1:03.51 32.80	200m:	2:09.50 33.09	300m:	3:15.54 33.28	400m:	4:21.23 32.94		
10.	UKOWSKA Paula		25	KU AZS UMCS Lublin			4:21.68	719	A	
	50m:	30.77 30.77	150m:	1:37.39 33.34	250m:	2:44.29 33.32	350m:	3:50.28 32.79		
	100m:	1:04.05 33.28	200m:	2:10.97 33.58	300m:	3:17.49 33.20	400m:	4:21.68 31.40		
11.	OSINIAK Ewa		18	KU AZS UMCS Lublin			4:21.98	717	B	
	50m:	30.48 30.48	150m:	1:36.48 33.42	250m:	2:43.30 33.34	350m:	3:49.91 33.15		
	100m:	1:03.06 32.58	200m:	2:09.96 33.48	300m:	3:16.76 33.46	400m:	4:21.98 32.07		
12.	W GRZYNOWSKA Aleksandra		17	WKS I sk Wrocław			4:23.17	707	B	
	50m:	29.52 29.52	150m:	1:35.29 33.37	250m:	2:41.98 33.28	350m:	3:50.07 34.09		
	100m:	1:01.92 32.40	200m:	2:08.70 33.41	300m:	3:15.98 34.00	400m:	4:23.17 33.10		
13.	MICIAK Agata		16	MKP Słowianka Gorzów Wlkp.			4:24.58	696	B	
	50m:	30.33 30.33	150m:	1:36.52 33.23	250m:	2:43.33 33.64	350m:	3:51.40 33.94		
	100m:	1:03.29 32.96	200m:	2:09.69 33.17	300m:	3:17.46 34.13	400m:	4:24.58 33.18		
14.	TERESKO Anna		21	CSiR MOS D browa Górnicza			4:25.18	691	B	
	50m:	30.55 30.55	150m:	1:36.81 33.25	250m:	2:43.84 33.55	350m:	3:51.53 33.90		
	100m:	1:03.56 33.01	200m:	2:10.29 33.48	300m:	3:17.63 33.79	400m:	4:25.18 33.65		

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Konkurencja 22, Kobiet, 400m dowolny, Eliminacje, 14 lat i starsi

Pozycja			Wiek					Czas	Pkt.	
15.	RABINIAK Zuzanna		17	KU AZS UMCS Lublin				4:27.57	673	B
	50m:	29.67 29.67	150m:	1:35.78	33.32	250m:	2:43.99	34.16	350m:	3:53.30 34.68
	100m:	1:02.46 32.79	200m:	2:09.83	34.05	300m:	3:18.62	34.63	400m:	4:27.57 34.27
16.	CELMER Wiktoria		15	KS Warta Pozna				4:27.84	671	B
	50m:	30.66 30.66	150m:	1:38.41	34.31	250m:	2:46.85	34.14	350m:	3:54.91 33.39
	100m:	1:04.10 33.44	200m:	2:12.71	34.30	300m:	3:21.52	34.67	400m:	4:27.84 32.93
17.	NOWAK Maja		15	AZS AWF Warszawa				4:29.27	660	B
	50m:	31.11 31.11	150m:	1:39.42	34.20	250m:	2:48.64	34.75	350m:	3:57.40 34.18
	100m:	1:05.22 34.11	200m:	2:13.89	34.47	300m:	3:23.22	34.58	400m:	4:29.27 31.87
18.	JABŁO SKA Oliwia		21	WZSN Start Wrocław				4:29.29	660	B
	50m:	31.74 31.74	150m:	1:39.59	34.34	250m:	2:48.12	34.11	350m:	3:56.43 34.06
	100m:	1:05.25 33.51	200m:	2:14.01	34.42	300m:	3:22.37	34.25	400m:	4:29.29 32.86
19.	SZL K Katarzyna		16	KU AZS Politechniki Łódzkiej				4:29.66	657	B
	50m:	29.99 29.99	150m:	1:36.40	33.53	250m:	2:45.18	34.48	350m:	3:55.65 35.56
	100m:	1:02.87 32.88	200m:	2:10.70	34.30	300m:	3:20.09	34.91	400m:	4:29.66 34.01
20.	ŁYSAKOWSKA Julia		17	KU AZS UMCS Lublin				4:30.13	654	B
	50m:	31.00 31.00	150m:	1:38.91	34.08	250m:	2:47.54	34.37	350m:	3:56.58 34.26
	100m:	1:04.83 33.83	200m:	2:13.17	34.26	300m:	3:22.32	34.78	400m:	4:30.13 33.55
21.	MAIK Julia		15	KKS Włókniarz 1925 Kalisz				4:31.41	645	C
	50m:	30.22 30.22	150m:	1:38.65	34.54	250m:	2:47.74	34.79	350m:	3:58.07 35.24
	100m:	1:04.11 33.89	200m:	2:12.95	34.30	300m:	3:22.83	35.09	400m:	4:31.41 33.34
22.	BART Patrycja		21	MKS Pałac Młodzie y Katowice				4:31.87	641	C
	50m:	30.96 30.96	150m:	1:38.94	34.43	250m:	2:48.11	34.63	350m:	3:57.70 34.84
	100m:	1:04.51 33.55	200m:	2:13.48	34.54	300m:	3:22.86	34.75	400m:	4:31.87 34.17
23.	SZEWCZYK Zofia		16	UKP Fala Kra nik				4:31.94	641	C
	50m:	31.68 31.68	150m:	1:40.34	34.48	250m:	2:48.96	34.24	350m:	3:58.15 34.61
	100m:	1:05.86 34.18	200m:	2:14.72	34.38	300m:	3:23.54	34.58	400m:	4:31.94 33.79
24.	BARYŁA Julia		18	MKP Szczecin				4:32.42	638	C
	50m:	30.37 30.37	150m:	1:38.68	34.51	250m:	2:49.12	34.97	350m:	3:58.78 34.58
	100m:	1:04.17 33.80	200m:	2:14.15	35.47	300m:	3:24.20	35.08	400m:	4:32.42 33.64
25.	CYNARSKA Weronika		15	UKP Polonia Warszawa				4:34.80	621	C
	50m:	31.11 31.11	150m:	1:40.11	34.98	250m:	2:50.30	35.04	350m:	4:00.85 35.03
	100m:	1:05.13 34.02	200m:	2:15.26	35.15	300m:	3:25.82	35.52	400m:	4:34.80 33.95
26.	KAWKA Nina		15	UKS GIM 92 Ursynów				4:36.12	612	C
	50m:	31.06 31.06	150m:	1:40.31	35.17	250m:	2:51.34	35.47	350m:	4:02.37 35.45
	100m:	1:05.14 34.08	200m:	2:15.87	35.56	300m:	3:26.92	35.58	400m:	4:36.12 33.75
27.	ZAWADZKA Anna		18	MKP Wodnik 29 Tychy				4:36.18	612	C
	50m:	32.11 32.11	150m:	1:40.03	34.64	250m:	2:51.25	35.98	350m:	4:02.66 35.61
	100m:	1:05.39 33.28	200m:	2:15.27	35.24	300m:	3:27.05	35.80	400m:	4:36.18 33.52
28.	KWIATKOWSKA Zofia		17	KU AZS UMCS Lublin				4:38.31	598	C
	50m:	30.12 30.12	150m:	1:39.79	35.60	250m:	2:52.32	36.42	350m:	4:05.11 36.34
	100m:	1:04.19 34.07	200m:	2:15.90	36.11	300m:	3:28.77	36.45	400m:	4:38.31 33.20
29.	BŁAJET Oliwia		18	KS Warta Pozna				4:38.62	596	C
	50m:	31.08 31.08	150m:	1:41.17	35.60	250m:	2:52.46	35.62	350m:	4:04.69 35.93
	100m:	1:05.57 34.49	200m:	2:16.84	35.67	300m:	3:28.76	36.30	400m:	4:38.62 33.93
30.	SHPYCHKA Yaroslava		17	KU AZS Politechniki Łódzkiej				4:39.01	593	C
	50m:	31.21 31.21	150m:	1:40.09	35.03	250m:	2:50.69	35.37	350m:	4:03.03 36.27
	100m:	1:05.06 33.85	200m:	2:15.32	35.23	300m:	3:26.76	36.07	400m:	4:39.01 35.98
31.	KACZOR Natalia		17	UKS Junior Kluczbork				4:39.33	591	
	50m:	30.64 30.64	150m:	1:40.58	35.73	250m:	2:52.79	35.99	350m:	4:05.05 35.98
	100m:	1:04.85 34.21	200m:	2:16.80	36.22	300m:	3:29.07	36.28	400m:	4:39.33 34.28

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Konkurencja 22, Kobiety, 400m dowolny, Eliminacje, 14 lat i starsi

Pozycja					Wiek					Czas	Pkt.	
32.	BUGAŁA Martyna				16	UKS Skarpa Lublin				4:39.63	589	
	50m:	32.83	32.83	150m:	1:42.52	35.21	250m:	2:53.72	35.54	350m:	4:05.17	35.79
	100m:	1:07.31	34.48	200m:	2:18.18	35.66	300m:	3:29.38	35.66	400m:	4:39.63	34.46
33.	PROCHOWNIK Martyna				16	KU AZS UMCS Lublin				4:39.85	588	
	50m:	32.88	32.88	150m:	1:43.35	35.26	250m:	2:54.18	35.35	350m:	4:04.78	35.47
	100m:	1:08.09	35.21	200m:	2:18.83	35.48	300m:	3:29.31	35.13	400m:	4:39.85	35.07
34.	SERAFIN Magdalena				17	UKS SMS Galicja Kraków				4:39.89	588	
	50m:	32.08	32.08	150m:	1:41.55	35.16	250m:	2:53.53	36.26	350m:	4:05.24	35.64
	100m:	1:06.39	34.31	200m:	2:17.27	35.72	300m:	3:29.60	36.07	400m:	4:39.89	34.65
35.	SZYMA SKA Wiktoria				16	KKS Włókniarz 1925 Kalisz				4:40.53	584	
	50m:	32.05	32.05	150m:	1:43.47	36.47	250m:	2:55.72	35.88	350m:	4:06.84	35.32
	100m:	1:07.00	34.95	200m:	2:19.84	36.37	300m:	3:31.52	35.80	400m:	4:40.53	33.69
36.	MIETANA Karolina				17	UKS SMS Galicja Kraków				4:42.92	569	
	50m:	31.71	31.71	150m:	1:41.79	35.31	250m:	2:53.74	36.24	350m:	4:06.76	36.45
	100m:	1:06.48	34.77	200m:	2:17.50	35.71	300m:	3:30.31	36.57	400m:	4:42.92	36.16
37.	SZUSTER Aleksandra				18	UKS SMS Galicja Kraków				4:45.65	553	
	50m:	32.09	32.09	150m:	1:42.79	36.04	250m:	2:55.40	36.36	350m:	4:08.82	36.89
	100m:	1:06.75	34.66	200m:	2:19.04	36.25	300m:	3:31.93	36.53	400m:	4:45.65	36.83
38.	SZEBESCZYK Hanna				17	KS AZS AWF Wrocław				5:05.88	450	
	50m:	32.55	32.55	150m:	1:46.83	38.22	250m:	3:06.17	39.91	350m:	4:26.73	40.23
	100m:	1:08.61	36.06	200m:	2:26.26	39.43	300m:	3:46.50	40.33	400m:	5:05.88	39.15
PK	CIERPIAŁOWSKA Paulina				13	MAL WOPR Malbork				4:24.82	694	
	50m:	29.77	29.77	150m:	1:36.21	33.52	250m:	2:44.33	33.98	350m:	3:52.24	33.90
	100m:	1:02.69	32.92	200m:	2:10.35	34.14	300m:	3:18.34	34.01	400m:	4:24.82	32.58