

2018 Zimowe Mistrzostwa Polski Seniorów, Młodzie owców, Juniorów 17-18 lat  
Lublin, 18. - 22.12.2018

Konkurencja 23  
20.12.2018 - 9:55

M cyczn, 400m dowolny

14 lat i starsi  
Wyniki Eliminacje

Rekord Polski Open	3:37.57	WOJDAK Wojciech	01006	Netanya (ISR)	02.12.2015
Rekord Polski 19 - 23	3:37.57	WOJDAK Wojciech	01006	Netanya (ISR)	02.12.2015
Rekord Polski 18	3:41.69	WOJDAK Wojciech	01006	Ostrowiec Sw	18.12.2014
Rekord Polski 17	3:45.26	WOJDAK Wojciech	01006	Ostrowiec Sw	19.12.2013
Rekord Polski 16	3:47.70	WOJDAK Wojciech	03106	Ostrowiec Sw.	19.12.2012
Rekord Polski 15	3:50.76	MŁYNARCZYK Karol	05114	Lublin	17.12.2015
Rekord Polski 14	3:57.40	DASZKIEWICZ Michał	01006	O wi cim	23.12.2017

Punkty: FINA 2018

Pozycja			Wiek				Czas		Pkt.	
1.	WOJDAK Wojciech		22		BOSiR Brzesko		<b>3:45.60</b>		832 A	
	50m:	25.95 25.95	150m:	1:22.30 28.27	250m:	2:18.52 27.69	350m:	3:16.25 29.00		
	100m:	54.03 28.08	200m:	1:50.83 28.53	300m:	2:47.25 28.73	400m:	3:45.60 29.35		
2.	KRASKA Jakub		18		AZS Łód		<b>3:47.42</b>		812 A	
	50m:	25.60 25.60	150m:	1:23.15 28.87	250m:	2:21.42 29.16	350m:	3:19.53 29.18		
	100m:	54.28 28.68	200m:	1:52.26 29.11	300m:	2:50.35 28.93	400m:	3:47.42 27.89		
3.	KLICH Kacper		24		KU AZS UMCS Lublin		<b>3:48.62</b>		800 A	
	50m:	26.32 26.32	150m:	1:23.42 28.51	250m:	2:21.06 28.89	350m:	3:19.62 29.46		
	100m:	54.91 28.59	200m:	1:52.17 28.75	300m:	2:50.16 29.10	400m:	3:48.62 29.00		
4.	BUJAK Dominik		19		SL Salos Cortile Kielce		<b>3:48.99</b>		796 A	
	50m:	26.29 26.29	150m:	1:24.19 29.03	250m:	2:22.80 29.20	350m:	3:20.96 28.99		
	100m:	55.16 28.87	200m:	1:53.60 29.41	300m:	2:51.97 29.17	400m:	3:48.99 28.03		
5.	KAŁU Y SKI Antoni		19		MUKP Warszawianka- Wodny Park		<b>3:49.55</b>		790 A	
	50m:	26.55 26.55	150m:	1:25.10 29.58	250m:	2:23.65 28.96	350m:	3:22.12 29.31		
	100m:	55.52 28.97	200m:	1:54.69 29.59	300m:	2:52.81 29.16	400m:	3:49.55 27.43		
6.	ZABOROWSKI Filip		24		MKP Szczecin		<b>3:49.82</b>		787 A	
	50m:	26.64 26.64	150m:	1:24.59 29.01	250m:	2:22.91 29.21	350m:	3:21.68 29.52		
	100m:	55.58 28.94	200m:	1:53.70 29.11	300m:	2:52.16 29.25	400m:	3:49.82 28.14		
7.	ARNDT Mateusz		20		KS Delfin Gdynia		<b>3:50.19</b>		783 A	
	50m:	26.98 26.98	150m:	1:25.52 29.29	250m:	2:23.73 29.20	350m:	3:21.99 28.91		
	100m:	56.23 29.25	200m:	1:54.53 29.01	300m:	2:53.08 29.35	400m:	3:50.19 28.20		
8.	DUTKOWIAK Wojciech		18		WKS I sk Wrocław		<b>3:50.42</b>		781 A	
	50m:	26.46 26.46	150m:	1:24.47 29.29	250m:	2:22.77 29.05	350m:	3:21.73 29.64		
	100m:	55.18 28.72	200m:	1:53.72 29.25	300m:	2:52.09 29.32	400m:	3:50.42 28.69		
9.	KISZCZAK Jakub		18		WKS I sk Wrocław		<b>3:51.11</b>		774 A	
	50m:	26.29 26.29	150m:	1:25.65 29.82	250m:	2:24.51 29.25	350m:	3:23.04 29.13		
	100m:	55.83 29.54	200m:	1:55.26 29.61	300m:	2:53.91 29.40	400m:	3:51.11 28.07		
10.	DERE Kacper		20		WKS I sk Wrocław		<b>3:52.18</b>		763 A	
	50m:	26.20 26.20	150m:	1:25.20 29.60	250m:	2:24.54 29.79	350m:	3:23.99 29.81		
	100m:	55.60 29.40	200m:	1:54.75 29.55	300m:	2:54.18 29.64	400m:	3:52.18 28.19		
11.	BUTKIEWICZ Cezary		18		UKS G-8 Bielany Warszawa		<b>3:53.21</b>		753 B	
	50m:	26.65 26.65	150m:	1:26.22 29.94	250m:	2:25.46 29.21	350m:	3:24.88 29.96		
	100m:	56.28 29.63	200m:	1:56.25 30.03	300m:	2:54.92 29.46	400m:	3:53.21 28.33		
12.	JAWORSKI Szymon		17		WKS I sk Wrocław		<b>3:54.74</b>		739 B	
	50m:	26.81 26.81	150m:	1:26.09 29.87	250m:	2:25.95 29.80	350m:	3:25.78 30.06		
	100m:	56.22 29.41	200m:	1:56.15 30.06	300m:	2:55.72 29.77	400m:	3:54.74 28.96		
13.	JURA Maciej		22		AZS AWF Warszawa		<b>3:54.80</b>		738 B	
	50m:	26.91 26.91	150m:	1:25.55 29.34	250m:	2:25.47 30.26	350m:	3:25.51 29.98		
	100m:	56.21 29.30	200m:	1:55.21 29.66	300m:	2:55.53 30.06	400m:	3:54.80 29.29		
14.	HANO Grzegorz		18		WKS I sk Wrocław		<b>3:55.22</b>		734 B	
	50m:	27.42 27.42	150m:	1:26.38 29.73	250m:	2:26.21 30.09	350m:	3:26.27 29.70		
	100m:	56.65 29.23	200m:	1:56.12 29.74	300m:	2:56.57 30.36	400m:	3:55.22 28.95		

2018 Zimowe Mistrzostwa Polski Seniorów, Młodzie owców, Juniorów 17-18 lat  
Lublin, 18. - 22.12.2018

Konkurencja 23, M czynn, 400m dowolny, Eliminacje, 14 lat i starsi

Pozycja					Wiek					Czas	Pkt.	
15.	BUJAK Piotr				21	SL Salos Cortile Kielce				<b>3:55.90</b>	728 B	
	50m:	27.17	27.17	150m:	1:26.09	29.67	250m:	2:25.80	29.85	350m:	3:26.19	30.16
	100m:	56.42	29.25	200m:	1:55.95	29.86	300m:	2:56.03	30.23	400m:	3:55.90	29.71
16.	DOMINIAK Kacper				18	WKS I sk Wrocław				<b>3:56.60</b>	721 B	
	50m:	26.98	26.98	150m:	1:26.77	29.89	250m:	2:26.90	30.02	350m:	3:27.35	30.16
	100m:	56.88	29.90	200m:	1:56.88	30.11	300m:	2:57.19	30.29	400m:	3:56.60	29.25
17.	PAJ K Bartosz				17	BUKS Warszawa				<b>3:57.92</b>	709 B	
	50m:	26.99	26.99	150m:	1:26.19	29.93	250m:	2:26.47	30.18	350m:	3:27.79	30.86
	100m:	56.26	29.27	200m:	1:56.29	30.10	300m:	2:56.93	30.46	400m:	3:57.92	30.13
18.	WYSOCZY SKI Mateusz				25	KU AZS AGH Kraków				<b>3:58.05</b>	708 B	
	50m:	25.86	25.86	150m:	1:24.39	29.64	250m:	2:25.36	30.73	350m:	3:28.21	31.23
	100m:	54.75	28.89	200m:	1:54.63	30.24	300m:	2:56.98	31.62	400m:	3:58.05	29.84
19.	DUBIEL Adam				25	AZS AWF Warszawa				<b>3:58.09</b>	708 B	
	50m:	26.19	26.19	150m:	1:24.03	29.24	250m:	2:23.66	29.82	350m:	3:26.07	31.69
	100m:	54.79	28.60	200m:	1:53.84	29.81	300m:	2:54.38	30.72	400m:	3:58.09	32.02
20.	STEC Kacper				19	AZS AWF Katowice				<b>3:58.12</b>	708 B	
	50m:	27.49	27.49	150m:	1:27.79	30.36	250m:	2:28.56	30.28	350m:	3:28.89	29.79
	100m:	57.43	29.94	200m:	1:58.28	30.49	300m:	2:59.10	30.54	400m:	3:58.12	29.23
21.	GUZIOR Maciej				18	WKS I sk Wrocław				<b>3:58.35</b>	706 C	
	50m:	26.51	26.51	150m:	1:27.26	30.66	250m:	2:28.50	30.61	350m:	3:29.95	30.59
	100m:	56.60	30.09	200m:	1:57.89	30.63	300m:	2:59.36	30.86	400m:	3:58.35	28.40
22.	URBA SKI Michał				17	KS Delfin Gdynia				<b>3:58.66</b>	703 C	
	50m:	27.37	27.37	150m:	1:27.16	30.23	250m:	2:28.36	30.62	350m:	3:29.44	30.32
	100m:	56.93	29.56	200m:	1:57.74	30.58	300m:	2:59.12	30.76	400m:	3:58.66	29.22
23.	OSSES Arkadiusz				23	KS Warta Pozna				<b>3:58.72</b>	702 C	
	50m:	27.14	27.14	150m:	1:25.57	29.43	250m:	2:25.37	29.99	350m:	3:27.60	31.37
	100m:	56.14	29.00	200m:	1:55.38	29.81	300m:	2:56.23	30.86	400m:	3:58.72	31.12
24.	CHODULSKI Jakub				18	KU AZS UMCS Lublin				<b>3:59.01</b>	700 C	
	50m:	27.47	27.47	150m:	1:28.25	30.70	250m:	2:29.59	30.44	350m:	3:30.19	30.23
	100m:	57.55	30.08	200m:	1:59.15	30.90	300m:	2:59.96	30.37	400m:	3:59.01	28.82
25.	KOMOROWSKI Jan				17	MKS Trójka Łód				<b>3:59.21</b>	698 C	
	50m:	26.93	26.93	150m:	1:26.92	30.23	250m:	2:28.49	30.47	350m:	3:30.21	30.37
	100m:	56.69	29.76	200m:	1:58.02	31.10	300m:	2:59.84	31.35	400m:	3:59.21	29.00
26.	JÓ KÓW Cezary				17	WKS I sk Wrocław				<b>3:59.59</b>	695 C	
	50m:	27.28	27.28	150m:	1:27.08	30.37	250m:	2:28.36	30.77	350m:	3:29.94	30.66
	100m:	56.71	29.43	200m:	1:57.59	30.51	300m:	2:59.28	30.92	400m:	3:59.59	29.65
27.	KONCKI Bartłomiej				17	KS Wisła Puławy				<b>3:59.68</b>	694 C	
	50m:	27.64	27.64	150m:	1:27.52	30.08	250m:	2:28.01	30.39	350m:	3:29.56	30.82
	100m:	57.44	29.80	200m:	1:57.62	30.10	300m:	2:58.74	30.73	400m:	3:59.68	30.12
28.	GŁUSZKOWSKI Mateusz				17	UKS Cityzen Pozna				<b>3:59.75</b>	693 C	
	50m:	26.71	26.71	150m:	1:26.60	30.12	250m:	2:28.01	30.63	350m:	3:30.00	30.95
	100m:	56.48	29.77	200m:	1:57.38	30.78	300m:	2:59.05	31.04	400m:	3:59.75	29.75
29.	CHAŁAT Stanisław				19	KU AZS UMCS Lublin				<b>4:00.21</b>	689 C	
	50m:	28.13	28.13	150m:	1:29.20	30.98	250m:	2:30.44	30.12	350m:	3:31.17	30.47
	100m:	58.22	30.09	200m:	2:00.32	31.12	300m:	3:00.70	30.26	400m:	4:00.21	29.04
30.	SZARPAK Marcin				17	AZS AWF Katowice				<b>4:00.63</b>	686 C	
	50m:	27.21	27.21	150m:	1:27.14	30.36	250m:	2:28.58	30.97	350m:	3:30.64	30.52
	100m:	56.78	29.57	200m:	1:57.61	30.47	300m:	3:00.12	31.54	400m:	4:00.63	29.99
31.	JAWORSKI Norbert				20	KU AZS UMCS Lublin				<b>4:00.77</b>	685	
	50m:	26.75	26.75	150m:	1:26.14	30.28	250m:	2:27.81	30.80	350m:	3:30.80	31.26
	100m:	55.86	29.11	200m:	1:57.01	30.87	300m:	2:59.54	31.73	400m:	4:00.77	29.97

2018 Zimowe Mistrzostwa Polski Seniorów, Młodzie owców, Juniorów 17-18 lat  
Lublin, 18. - 22.12.2018

Konkurencja 23, M czyn, 400m dowolny, Eliminacje, 14 lat i starsi

Pozycja			Wiek					Czas	Pkt.
32.	KACZOROWSKI Jakub		21	UKS G-8 Bielany Warszawa				<b>4:01.83</b>	676
	50m:	26.59 26.59	150m:	1:26.42 30.28	250m:	2:28.11 30.98	350m:	3:31.00 31.66	
	100m:	56.14 29.55	200m:	1:57.13 30.71	300m:	2:59.34 31.23	400m:	4:01.83 30.83	
33.	D BROWSKI Patryk		18	WKS I sk Wrocław				<b>4:02.37</b>	671
	50m:	27.67 27.67	150m:	1:28.87 30.98	250m:	2:30.36 30.42	350m:	3:33.46 31.71	
	100m:	57.89 30.22	200m:	1:59.94 31.07	300m:	3:01.75 31.39	400m:	4:02.37 28.91	
34.	MAŁYSKA Bartosz		19	KU AZS UMCS Lublin				<b>4:02.60</b>	669
	50m:	27.13 27.13	150m:	1:25.97 29.63	250m:	2:27.41 30.93	350m:	3:31.04 32.09	
	100m:	56.34 29.21	200m:	1:56.48 30.51	300m:	2:58.95 31.54	400m:	4:02.60 31.56	
35.	RÓG Adrian		17	KP Sokół Rzeszów				<b>4:02.93</b>	666
	50m:	27.33 27.33	150m:	1:27.99 30.49	250m:	2:29.73 30.84	350m:	3:32.58 31.41	
	100m:	57.50 30.17	200m:	1:58.89 30.90	300m:	3:01.17 31.44	400m:	4:02.93 30.35	
36.	FAJKOWSKI Piotr		17	MKS Trójka Łód				<b>4:02.95</b>	666
	50m:	27.82 27.82	150m:	1:28.15 30.49	250m:	2:30.60 31.34	350m:	3:32.94 31.13	
	100m:	57.66 29.84	200m:	1:59.26 31.11	300m:	3:01.81 31.21	400m:	4:02.95 30.01	
37.	TYLICKI Mateusz		17	MUKS Pi tnastrka Bydgoszcz				<b>4:03.29</b>	664
	50m:	27.26 27.26	150m:	1:28.64 30.95	250m:	2:31.18 30.94	350m:	3:33.55 31.24	
	100m:	57.69 30.43	200m:	2:00.24 31.60	300m:	3:02.31 31.13	400m:	4:03.29 29.74	
38.	MA KA Filip		18	UKS 190 Łód				<b>4:03.40</b>	663
	50m:	28.32 28.32	150m:	1:28.75 30.01	250m:	2:30.41 30.86	350m:	3:33.12 31.26	
	100m:	58.74 30.42	200m:	1:59.55 30.80	300m:	3:01.86 31.45	400m:	4:03.40 30.28	
39.	GIRUL Radosław		17	WKS I sk Wrocław				<b>4:03.45</b>	662
	50m:	27.15 27.15	150m:	1:27.81 30.62	250m:	2:29.67 30.83	350m:	3:32.93 31.56	
	100m:	57.19 30.04	200m:	1:58.84 31.03	300m:	3:01.37 31.70	400m:	4:03.45 30.52	
40.	BUTKIEWICZ Władysław		18	AZS AWF Katowice				<b>4:04.07</b>	657
	50m:	27.56 27.56	150m:	1:29.25 31.27	250m:	2:32.65 31.51	350m:	3:34.56 30.60	
	100m:	57.98 30.42	200m:	2:01.14 31.89	300m:	3:03.96 31.31	400m:	4:04.07 29.51	
41.	LECH Filip		17	KU AZS UMCS Lublin				<b>4:04.59</b>	653
	50m:	27.28 27.28	150m:	1:27.74 30.31	250m:	2:30.00 31.22	350m:	3:33.38 31.58	
	100m:	57.43 30.15	200m:	1:58.78 31.04	300m:	3:01.80 31.80	400m:	4:04.59 31.21	
42.	CZERNIAK Konrad		20	KU AZS UMCS Lublin				<b>4:04.97</b>	650
	50m:	26.99 26.99	150m:	1:26.97 30.50	250m:	2:28.00 30.48	350m:	3:31.62 32.66	
	100m:	56.47 29.48	200m:	1:57.52 30.55	300m:	2:58.96 30.96	400m:	4:04.97 33.35	
43.	KEMPA Mikołaj		19	KU AZS UMCS Lublin				<b>4:05.67</b>	644
	50m:	28.30 28.30	150m:	1:30.32 31.08	250m:	2:33.09 31.21	350m:	3:36.50 31.55	
	100m:	59.24 30.94	200m:	2:01.88 31.56	300m:	3:04.95 31.86	400m:	4:05.67 29.17	
44.	RÓJ Jakub		17	MKP Szczecin				<b>4:05.82</b>	643
	50m:	27.45 27.45	150m:	1:27.82 30.61	250m:	2:30.76 31.94	350m:	3:34.97 32.07	
	100m:	57.21 29.76	200m:	1:58.82 31.00	300m:	3:02.90 32.14	400m:	4:05.82 30.85	
45.	KRYSIAK Michał		17	MKS Trójka Łód				<b>4:05.92</b>	642
	50m:	27.88 27.88	150m:	1:29.53 31.13	250m:	2:32.54 31.37	350m:	3:35.21 31.05	
	100m:	58.40 30.52	200m:	2:01.17 31.64	300m:	3:04.16 31.62	400m:	4:05.92 30.71	
46.	PRÓSZY SKI Igor		19	MKP Szczecin				<b>4:06.74</b>	636
	50m:	28.46 28.46	150m:	1:29.83 30.96	250m:	2:32.24 31.20	350m:	3:35.52 31.80	
	100m:	58.87 30.41	200m:	2:01.04 31.21	300m:	3:03.72 31.48	400m:	4:06.74 31.22	
47.	PIÓRO Artur		27	MKS Pałac Młodzie y Katowice				<b>4:07.39</b>	631
	50m:	28.23 28.23	150m:	1:29.39 31.01	250m:	2:32.43 31.55	350m:	3:36.33 32.22	
	100m:	58.38 30.15	200m:	2:00.88 31.49	300m:	3:04.11 31.68	400m:	4:07.39 31.06	
48.	KARPIEL Dominik		17	CSiR MOS D browa Górnicza				<b>4:09.20</b>	617
	50m:	27.97 27.97	150m:	1:29.91 31.28	250m:	2:33.37 31.88	350m:	3:37.76 32.33	
	100m:	58.63 30.66	200m:	2:01.49 31.58	300m:	3:05.43 32.06	400m:	4:09.20 31.44	

2018 Zimowe Mistrzostwa Polski Seniorów, Młodzie owców, Juniorów 17-18 lat  
Lublin, 18. - 22.12.2018

Konkurencja 23, M czyn, 400m dowolny, Eliminacje, 14 lat i starsi

Pozycja					Wiek					Czas	Pkt.	
49.	KIEŁCZEWSKI Amadeusz				18	MKP Szczecin				<b>4:09.25</b>	617	
	50m:	26.92	26.92	150m:	1:28.85	31.67	250m:	2:33.01	32.23	350m:	3:37.57	32.35
	100m:	57.18	30.26	200m:	2:00.78	31.93	300m:	3:05.22	32.21	400m:	4:09.25	31.68
50.	CZERWI SKI Łukasz				17	UKS G-8 Bielany Warszawa				<b>4:09.79</b>	613	
	50m:	28.60	28.60	150m:	1:30.81	31.33	250m:	2:34.01	31.71	350m:	3:38.46	32.11
	100m:	59.48	30.88	200m:	2:02.30	31.49	300m:	3:06.35	32.34	400m:	4:09.79	31.33
51.	WO NIAK Kamil				17	KS Wisła Puławy				<b>4:10.77</b>	606	
	50m:	28.29	28.29	150m:	1:30.07	31.27	250m:	2:33.94	31.99	350m:	3:39.34	32.89
	100m:	58.80	30.51	200m:	2:01.95	31.88	300m:	3:06.45	32.51	400m:	4:10.77	31.43
52.	RYTTER Igor				17	UKS G-8 Bielany Warszawa				<b>4:10.89</b>	605	
	50m:	27.57	27.57	150m:	1:29.08	31.18	250m:	2:32.80	31.98	350m:	3:38.87	33.20
	100m:	57.90	30.33	200m:	2:00.82	31.74	300m:	3:05.67	32.87	400m:	4:10.89	32.02
53.	KRAMARCZYK Jakub				17	UKP Unia O wi cim				<b>4:11.93</b>	598	
	50m:	28.21	28.21	150m:	1:32.49	32.47	250m:	2:37.18	32.38	350m:	3:41.26	32.01
	100m:	1:00.02	31.81	200m:	2:04.80	32.31	300m:	3:09.25	32.07	400m:	4:11.93	30.67
54.	MICHALSKI Wojciech				17	MKP Szczecin				<b>4:12.44</b>	594	
	50m:	27.97	27.97	150m:	1:30.82	31.79	250m:	2:35.10	32.47	350m:	3:40.96	32.90
	100m:	59.03	31.06	200m:	2:02.63	31.81	300m:	3:08.06	32.96	400m:	4:12.44	31.48
55.	BUGAŁA Krzysztof				17	MKP Szczecin				<b>4:12.56</b>	593	
	50m:	28.40	28.40	150m:	1:31.23	31.77	250m:	2:35.38	32.15	350m:	3:40.64	32.87
	100m:	59.46	31.06	200m:	2:03.23	32.00	300m:	3:07.77	32.39	400m:	4:12.56	31.92
56.	DURAJCZYK Michał				21	AZS AWF Warszawa				<b>4:12.67</b>	592	
	50m:	28.08	28.08	150m:	1:29.42	30.75	250m:	2:33.48	32.44	350m:	3:39.92	33.28
	100m:	58.67	30.59	200m:	2:01.04	31.62	300m:	3:06.64	33.16	400m:	4:12.67	32.75
57.	MAYERBERG Kacper				18	UKP Unia O wi cim				<b>4:13.37</b>	587	
	50m:	28.69	28.69	150m:	1:30.97	31.25	250m:	2:34.80	32.50	350m:	3:40.93	33.20
	100m:	59.72	31.03	200m:	2:02.30	31.33	300m:	3:07.73	32.93	400m:	4:13.37	32.44
58.	KŁAPUT Bartosz				18	UKS SMS Galicja Kraków				<b>4:15.05</b>	576	
	50m:	28.02	28.02	150m:	1:31.31	31.95	250m:	2:37.42	33.25	350m:	3:43.15	32.92
	100m:	59.36	31.34	200m:	2:04.17	32.86	300m:	3:10.23	32.81	400m:	4:15.05	31.90
59.	RATAJCZAK Mateusz				17	KS Posenania Pozna				<b>4:15.29</b>	574	
	50m:	28.66	28.66	150m:	1:32.87	32.62	250m:	2:39.02	32.90	350m:	3:43.98	31.98
	100m:	1:00.25	31.59	200m:	2:06.12	33.25	300m:	3:12.00	32.98	400m:	4:15.29	31.31
60.	WO NIAK Kamil				18	UKS Fregata Kolbuszowa				<b>4:16.57</b>	566	
	50m:	29.24	29.24	150m:	1:33.59	32.36	250m:	2:38.93	32.91	350m:	3:44.92	32.58
	100m:	1:01.23	31.99	200m:	2:06.02	32.43	300m:	3:12.34	33.41	400m:	4:16.57	31.65
61.	TWARDOWSKI Piotr				17	UKS SMS Galicja Kraków				<b>4:16.79</b>	564	
	50m:	28.79	28.79	150m:	1:33.49	32.79	250m:	2:40.39	33.22	350m:	3:45.78	32.51
	100m:	1:00.70	31.91	200m:	2:07.17	33.68	300m:	3:13.27	32.88	400m:	4:16.79	31.01
62.	SOBIESZUK Kacper				16	UKS Skarpa Lublin				<b>4:17.12</b>	562	
	50m:	28.98	28.98	150m:	1:33.55	32.54	250m:	2:39.67	33.14	350m:	3:46.42	33.77
	100m:	1:01.01	32.03	200m:	2:06.53	32.98	300m:	3:12.65	32.98	400m:	4:17.12	30.70
63.	PRUS Mateusz				18	MKP Astromal Leszno				<b>4:17.39</b>	560	
	50m:	28.78	28.78	150m:	1:33.27	32.71	250m:	2:39.27	32.84	350m:	3:45.65	33.36
	100m:	1:00.56	31.78	200m:	2:06.43	33.16	300m:	3:12.29	33.02	400m:	4:17.39	31.74
64.	KOSTYK Teodor				18	KS Posenania Pozna				<b>4:17.85</b>	557	
	50m:	28.47	28.47	150m:	1:32.29	32.40	250m:	2:38.51	32.87	350m:	3:45.43	33.54
	100m:	59.89	31.42	200m:	2:05.64	33.35	300m:	3:11.89	33.38	400m:	4:17.85	32.42
65.	NOWAK Jan				16	BOSiR Brzesko				<b>4:18.33</b>	554	
	50m:	28.77	28.77	150m:	1:34.14	33.05	250m:	2:40.46	33.26	350m:	3:47.00	33.06
	100m:	1:01.09	32.32	200m:	2:07.20	33.06	300m:	3:13.94	33.48	400m:	4:18.33	31.33

2018 Zimowe Mistrzostwa Polski Seniorów, Młodzie owców, Juniorów 17-18 lat  
Lublin, 18. - 22.12.2018

Konkurencja 23, M cżyn, 400m dowolny, Eliminacje, 14 lat i starsi

Pozycja					Wiek					Czas	Pkt.	
66.	ANTCZAK Bartosz				15	UKP Polonia Warszawa				<b>4:19.41</b>	547	
	50m:	28.78	28.78	150m:	1:34.17	32.97	250m:	2:40.95	33.30	350m:	3:47.25	32.96
	100m:	1:01.20	32.42	200m:	2:07.65	33.48	300m:	3:14.29	33.34	400m:	4:19.41	32.16
67.	KAŁU A Jakub				16	UKP Gryf D bica				<b>4:20.21</b>	542	
	50m:	29.45	29.45	150m:	1:34.68	33.15	250m:	2:41.64	33.34	350m:	3:48.41	33.46
	100m:	1:01.53	32.08	200m:	2:08.30	33.62	300m:	3:14.95	33.31	400m:	4:20.21	31.80
68.	SZCZEPANOWSKI Jakub				16	MKP Słowianka Gorzów Wlkp.				<b>4:23.61</b>	521	
	50m:	29.00	29.00	150m:	1:35.85	33.62	250m:	2:43.79	33.88	350m:	3:51.31	33.61
	100m:	1:02.23	33.23	200m:	2:09.91	34.06	300m:	3:17.70	33.91	400m:	4:23.61	32.30
69.	KOTARSKI Jakub				17	UKS G-8 Bielany Warszawa				<b>4:23.98</b>	519	
	50m:	29.69	29.69	150m:	1:36.30	33.72	250m:	2:43.62	33.44	350m:	3:50.64	32.74
	100m:	1:02.58	32.89	200m:	2:10.18	33.88	300m:	3:17.90	34.28	400m:	4:23.98	33.34
70.	JANECKI Mateusz				17	MKS Pałac Młodzie y Katowice				<b>4:24.76</b>	515	
	50m:	29.10	29.10	150m:	1:35.01	33.39	250m:	2:43.12	34.36	350m:	3:51.30	34.05
	100m:	1:01.62	32.52	200m:	2:08.76	33.75	300m:	3:17.25	34.13	400m:	4:24.76	33.46
71.	WÓJCIK Mateusz				17	UKS Orka Luba				<b>4:25.30</b>	512	
	50m:	29.24	29.24	150m:	1:35.35	33.43	250m:	2:42.55	33.54	350m:	3:51.50	34.61
	100m:	1:01.92	32.68	200m:	2:09.01	33.66	300m:	3:16.89	34.34	400m:	4:25.30	33.80
72.	URBANIAK Sebastian				17	KS Warta Pozna				<b>4:25.81</b>	509	
	50m:	29.65	29.65	150m:	1:36.38	33.80	250m:	2:45.43	34.51	350m:	3:52.94	33.75
	100m:	1:02.58	32.93	200m:	2:10.92	34.54	300m:	3:19.19	33.76	400m:	4:25.81	32.87
73.	SZAJNICKI Szymon				18	UKS Shark Rudna				<b>4:28.50</b>	493	
	50m:	29.20	29.20	150m:	1:35.95	33.74	250m:	2:44.74	34.55	350m:	3:53.57	34.44
	100m:	1:02.21	33.01	200m:	2:10.19	34.24	300m:	3:19.13	34.39	400m:	4:28.50	34.93
74.	ROGACZ Grzegorz				18	AZS AWF Katowice				<b>4:28.70</b>	492	
	50m:	29.42	29.42	150m:	1:36.51	33.78	250m:	2:45.80	34.67	350m:	3:55.74	34.78
	100m:	1:02.73	33.31	200m:	2:11.13	34.62	300m:	3:20.96	35.16	400m:	4:28.70	32.96
75.	GONSKA Szymon				18	AZS AWF Katowice				<b>4:29.74</b>	487	
	50m:	29.81	29.81	150m:	1:36.59	33.89	250m:	2:46.67	35.10	350m:	3:56.62	35.04
	100m:	1:02.70	32.89	200m:	2:11.57	34.98	300m:	3:21.58	34.91	400m:	4:29.74	33.12
76.	DADOS Aleksander				17	KS Wisła Puławy				<b>4:30.57</b>	482	
	50m:	28.24	28.24	150m:	1:33.65	33.26	250m:	2:42.49	34.75	350m:	3:54.93	36.34
	100m:	1:00.39	32.15	200m:	2:07.74	34.09	300m:	3:18.59	36.10	400m:	4:30.57	35.64
77.	ROWI SKI Aleksander				17	MUKP Warszawianka- Wodny Park				<b>4:31.25</b>	479	
	50m:	29.34	29.34	150m:	1:35.98	33.60	250m:	2:45.27	34.92	350m:	3:56.10	35.53
	100m:	1:02.38	33.04	200m:	2:10.35	34.37	300m:	3:20.57	35.30	400m:	4:31.25	35.15
78.	GORY SKI Dawid				18	SSP Orka Iława				<b>4:37.05</b>	449	
	50m:	30.59	30.59	150m:	1:38.98	34.75	250m:	2:49.94	35.71	350m:	4:02.51	36.37
	100m:	1:04.23	33.64	200m:	2:14.23	35.25	300m:	3:26.14	36.20	400m:	4:37.05	34.54
79.	GIBALSKI Kajetan				18	AZS AWF Katowice				<b>4:38.27</b>	443	
	50m:	29.77	29.77	150m:	1:37.49	34.48	250m:	2:49.45	36.10	350m:	4:02.92	36.95
	100m:	1:03.01	33.24	200m:	2:13.35	35.86	300m:	3:25.97	36.52	400m:	4:38.27	35.35
80.	KALBARCZYK Kamil				17	SSP Orka Iława				<b>5:16.33</b>	302	
	50m:	34.43	34.43	150m:	1:53.61	40.31	250m:	3:15.61	41.16	350m:	4:38.13	40.95
	100m:	1:13.30	38.87	200m:	2:34.45	40.84	300m:	3:57.18	41.57	400m:	5:16.33	38.20
NIE UK.	MUSZY SKI Jakub				17	MUKS Pi nstka Bydgoszcz						
	50m:	28.39	28.39	150m:			250m:			350m:		
	100m:	1:02.40	34.01	200m:			300m:			400m:		