

2018 Zimowe Mistrzostwa Polski Seniorów, Młodzie owców, Juniorów 17-18 lat
Lublin, 18. - 22.12.2018

Konkurencja 23
20.12.2018 - 17:36

M czyzn, 400m dowolny

14 lat i starsi
Wyniki Finał

Rekord Polski Open	3:37.57	WOJDAK Wojciech	01006	Netanya (ISR)	02.12.2015
Rekord Polski 19 - 23	3:37.57	WOJDAK Wojciech	01006	Netanya (ISR)	02.12.2015
Rekord Polski 18	3:41.69	WOJDAK Wojciech	01006	Ostrowiec Sw	18.12.2014
Rekord Polski 17	3:45.26	WOJDAK Wojciech	01006	Ostrowiec Sw	19.12.2013
Rekord Polski 16	3:47.70	WOJDAK Wojciech	03106	Ostrowiec Sw.	19.12.2012
Rekord Polski 15	3:50.76	MŁYNARCZYK Karol	05114	Lublin	17.12.2015
Rekord Polski 14	3:57.40	DASZKIEWICZ Michał	01006	O wi cim	23.12.2017

Punkty: FINA 2018

Pozycja			Wiek						Czas	Pkt.
Finał A										
1.	WOJDAK Wojciech		22	BOSiR Brzesko				3:40.25	894	
	50m:	25.59 25.59	150m:	1:21.21 27.83	250m:	2:16.61 27.53	350m:	3:12.47 27.99		
	100m:	53.38 27.79	200m:	1:49.08 27.87	300m:	2:44.48 27.87	400m:	3:40.25 27.78		
2.	KRASKA Jakub		18	AZS Łód				3:45.73	831	
	50m:	25.33 25.33	150m:	1:22.76 28.79	250m:	2:21.39 29.43	350m:	3:19.10 28.55		
	100m:	53.97 28.64	200m:	1:51.96 29.20	300m:	2:50.55 29.16	400m:	3:45.73 26.63		
3.	KLICH Kacper		24	KU AZS UMCS Lublin				3:45.82	830	
	50m:	26.21 26.21	150m:	1:23.41 28.77	250m:	2:20.87 28.58	350m:	3:18.09 28.63		
	100m:	54.64 28.43	200m:	1:52.29 28.88	300m:	2:49.46 28.59	400m:	3:45.82 27.73		
4.	ARNDT Mateusz		20	KS Delfin Gdynia				3:46.11	827	
	50m:	25.96 25.96	150m:	1:23.37 28.96	250m:	2:21.14 28.80	350m:	3:18.24 28.50		
	100m:	54.41 28.45	200m:	1:52.34 28.97	300m:	2:49.74 28.60	400m:	3:46.11 27.87		
5.	BUJAK Dominik		19	SL Salos Cortile Kielce				3:46.23	825	
	50m:	26.09 26.09	150m:	1:23.38 28.84	250m:	2:21.44 28.97	350m:	3:19.13 28.78		
	100m:	54.54 28.45	200m:	1:52.47 29.09	300m:	2:50.35 28.91	400m:	3:46.23 27.10		
6.	ZABOROWSKI Filip		24	MKP Szczecin				3:47.04	817	
	50m:	26.41 26.41	150m:	1:23.46 28.64	250m:	2:21.39 28.94	350m:	3:19.11 28.70		
	100m:	54.82 28.41	200m:	1:52.45 28.99	300m:	2:50.41 29.02	400m:	3:47.04 27.93		
7.	KAŁU Y SKI Antoni		19	MUKP Warszawianka- Wodny Park				3:47.11	816	
	50m:	25.95 25.95	150m:	1:23.57 28.96	250m:	2:22.50 29.63	350m:	3:19.79 28.69		
	100m:	54.61 28.66	200m:	1:52.87 29.30	300m:	2:51.10 28.60	400m:	3:47.11 27.32		
8.	KISZCZAK Jakub		18	WKS I sk Wrocław				3:50.29	782	
	50m:	25.83 25.83	150m:	1:24.02 29.46	250m:	2:23.10 29.64	350m:	3:21.93 29.04		
	100m:	54.56 28.73	200m:	1:53.46 29.44	300m:	2:52.89 29.79	400m:	3:50.29 28.36		
9.	DUTKOWIAK Wojciech		18	WKS I sk Wrocław				3:51.32	772	
	50m:	27.17 27.17	150m:	1:25.67 29.46	250m:	2:24.34 29.13	350m:	3:22.84 29.15		
	100m:	56.21 29.04	200m:	1:55.21 29.54	300m:	2:53.69 29.35	400m:	3:51.32 28.48		
10.	DERE Kacper		20	WKS I sk Wrocław				3:53.65	749	
	50m:	26.40 26.40	150m:	1:24.36 29.07	250m:	2:23.58 29.89	350m:	3:23.78 30.07		
	100m:	55.29 28.89	200m:	1:53.69 29.33	300m:	2:53.71 30.13	400m:	3:53.65 29.87		
Finał B										
11.	JAWORSKI Szymon		17	WKS I sk Wrocław				3:52.58	760	
	50m:	26.71 26.71	150m:	1:25.33 29.65	250m:	2:24.96 29.70	350m:	3:24.55 29.76		
	100m:	55.68 28.97	200m:	1:55.26 29.93	300m:	2:54.79 29.83	400m:	3:52.58 28.03		
12.	JURA Maciej		22	AZS AWF Warszawa				3:52.95	756	
	50m:	26.72 26.72	150m:	1:25.18 29.49	250m:	2:24.61 29.31	350m:	3:25.14 30.39		
	100m:	55.69 28.97	200m:	1:55.30 30.12	300m:	2:54.75 30.14	400m:	3:52.95 27.81		
13.	BUTKIEWICZ Cezary		18	UKS G-8 Bielany Warszawa				3:53.10	754	
	50m:	26.23 26.23	150m:	1:25.23 29.75	250m:	2:24.52 29.42	350m:	3:25.03 30.43		
	100m:	55.48 29.25	200m:	1:55.10 29.87	300m:	2:54.60 30.08	400m:	3:53.10 28.07		
14.	DOMINIAK Kacper		18	WKS I sk Wrocław				3:55.28	734	
	50m:	27.35 27.35	150m:	1:26.59 29.84	250m:	2:26.46 29.89	350m:	3:26.48 29.98		
	100m:	56.75 29.40	200m:	1:56.57 29.98	300m:	2:56.50 30.04	400m:	3:55.28 28.80		

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Konkurencja 23, M cyczna, 400m dowolny, Finał, 14 lat i starsi

Pozycja			Wiek				Czas				Pkt.
15.	HANO Grzegorz		18 WKS I sk Wrocław				3:55.62				730
	50m:	27.31 27.31	150m:	1:26.49 29.83	250m:	2:26.87 30.34	350m:	3:27.43 29.56	400m:	3:55.62 28.19	
	100m:	56.66 29.35	200m:	1:56.53 30.04	300m:	2:57.87 31.00					
16.	STEC Kacper		19 AZS AWF Katowice				3:57.67				712
	50m:	26.99 26.99	150m:	1:26.15 29.71	250m:	2:26.34 30.16	350m:	3:27.96 30.88	400m:	3:57.67 29.71	
	100m:	56.44 29.45	200m:	1:56.18 30.03	300m:	2:57.08 30.74					
17.	BUJAK Piotr		21 SL Salos Cortile Kielce				3:57.99				709
	50m:	27.21 27.21	150m:	1:26.71 29.82	250m:	2:26.72 30.06	350m:	3:27.80 30.58	400m:	3:57.99 30.19	
	100m:	56.89 29.68	200m:	1:56.66 29.95	300m:	2:57.22 30.50					
18.	PAJ K Bartosz		17 BUKS Warszawa				3:58.08				708
	50m:	27.57 27.57	150m:	1:27.04 29.75	250m:	2:27.37 30.26	350m:	3:28.85 30.80	400m:	3:58.08 29.23	
	100m:	57.29 29.72	200m:	1:57.11 30.07	300m:	2:58.05 30.68					
19.	URBA SKI Michał		17 KS Delfin Gdynia				3:58.26				706
	50m:	27.10 27.10	150m:	1:26.35 29.83	250m:	2:27.28 30.69	350m:	3:29.05 30.72	400m:	3:58.26 29.21	
	100m:	56.52 29.42	200m:	1:56.59 30.24	300m:	2:58.33 31.05					
20.	OSSES Arkadiusz		23 KS Warta Pozna				3:59.84				693
	50m:	27.99 27.99	150m:	1:27.66 29.93	250m:	2:28.06 30.25	350m:	3:29.50 30.84	400m:	3:59.84 30.34	
	100m:	57.73 29.74	200m:	1:57.81 30.15	300m:	2:58.66 30.60					

Finał C

21.	JÓ KÓW Cezary		17 WKS I sk Wrocław				3:57.47				714
	50m:	27.08 27.08	150m:	1:26.53 29.87	250m:	2:27.06 30.44	350m:	3:27.94 30.18	400m:	3:57.47 29.53	
	100m:	56.66 29.58	200m:	1:56.62 30.09	300m:	2:57.76 30.70					
22.	GŁUSZKOWSKI Mateusz		17 UKS Cityzen Pozna				3:58.81				702
	50m:	26.88 26.88	150m:	1:27.13 30.17	250m:	2:27.68 30.25	350m:	3:28.91 30.59	400m:	3:58.81 29.90	
	100m:	56.96 30.08	200m:	1:57.43 30.30	300m:	2:58.32 30.64					
23.	CHODULSKI Jakub		18 KU AZS UMCS Lublin				3:59.47				696
	50m:	27.48 27.48	150m:	1:27.42 30.21	250m:	2:28.00 30.17	350m:	3:29.81 30.87	400m:	3:59.47 29.66	
	100m:	57.21 29.73	200m:	1:57.83 30.41	300m:	2:58.94 30.94					
24.	KONCKI Bartłomiej		17 KS Wisła Puławy				3:59.78				693
	50m:	27.53 27.53	150m:	1:27.36 29.93	250m:	2:27.96 30.35	350m:	3:29.74 30.89	400m:	3:59.78 30.04	
	100m:	57.43 29.90	200m:	1:57.61 30.25	300m:	2:58.85 30.89					
25.	SZARPAK Marcin		17 AZS AWF Katowice				4:00.04				691
	50m:	26.79 26.79	150m:	1:26.76 30.40	250m:	2:28.84 31.11	350m:	3:30.76 29.92	400m:	4:00.04 29.28	
	100m:	56.36 29.57	200m:	1:57.73 30.97	300m:	3:00.84 32.00					
26.	RÓG Adrian		17 KP Sokół Rzeszów				4:00.92				683
	50m:	27.09 27.09	150m:	1:27.80 30.68	250m:	2:29.09 30.57	350m:	3:30.89 30.94	400m:	4:00.92 30.03	
	100m:	57.12 30.03	200m:	1:58.52 30.72	300m:	2:59.95 30.86					
27.	MA KA Filip		18 UKS 190 Łód				4:01.94				675
	50m:	27.84 27.84	150m:	1:28.20 30.06	250m:	2:30.19 31.15	350m:	3:32.16 30.47	400m:	4:01.94 29.78	
	100m:	58.14 30.30	200m:	1:59.04 30.84	300m:	3:01.69 31.50					
28.	KOMOROWSKI Jan		17 MKS Trójka Łód				4:02.15				673
	50m:	27.32 27.32	150m:	1:27.06 29.77	250m:	2:27.76 30.01	350m:	3:30.33 31.29	400m:	4:02.15 31.82	
	100m:	57.29 29.97	200m:	1:57.75 30.69	300m:	2:59.04 31.28					
29.	TYLICKI Mateusz		17 MUKS Pi tnastrka Bydgoszcz				4:03.68				660
	50m:	27.29 27.29	150m:	1:28.91 31.12	250m:	2:30.93 31.05	350m:	3:33.27 31.05	400m:	4:03.68 30.41	
	100m:	57.79 30.50	200m:	1:59.88 30.97	300m:	3:02.22 31.29					
30.	FAJKOWSKI Piotr		17 MKS Trójka Łód				4:04.42				654
	50m:	27.60 27.60	150m:	1:29.06 31.02	250m:	2:30.90 30.84	350m:	3:34.01 31.60	400m:	4:04.42 30.41	
	100m:	58.04 30.44	200m:	2:00.06 31.00	300m:	3:02.41 31.51					