

2019 Zimowe Mistrzostwa Województwa Lubelskiego
Lublin, 2. - 3.2.2019

Konkurencja 11
02.02.2019 - 12:06

Kobiet, 400m zmienny

12 lat i starsi
Wyniki

Punkty: FINA 2018

Pozycja			Wiek					Czas	Pkt.
MŁODZIK									
1.	KRÓL	Gabriela	13	Wisła Puławy				5:19.08	534
	50m:	33.53	33.53	150m:	1:55.75	43.27	250m:	3:19.63	44.09
	100m:	1:12.48	38.95	200m:	2:35.54	39.79	300m:	4:04.52	44.89
				350m:	4:42.91		400m:	5:19.08	38.39
									36.17
2.	WILK	Anna	13	Fala Kra nik				5:26.21	500
	50m:	34.91	34.91	150m:	1:57.78	41.81	250m:	3:25.74	46.47
	100m:	1:15.97	41.06	200m:	2:39.27	41.49	300m:	4:12.17	46.43
				350m:	4:50.56		400m:	5:26.21	38.39
									35.65
3.	GAWĘŁKO	Zuzanna	13	Trójka Puławy				5:42.78	431
	50m:	37.55	37.55	150m:	2:06.23	45.59	250m:	3:36.52	47.28
	100m:	1:20.64	43.09	200m:	2:49.24	43.01	300m:	4:24.20	47.68
				350m:	5:04.16		400m:	5:42.78	39.96
									38.62
4.	SOSNÓWKA	Milena	12	Fala Kra nik				6:08.50	346
	50m:	35.98	35.98	150m:	2:09.36	47.33	250m:	3:46.70	52.43
	100m:	1:22.03	46.05	200m:	2:54.27	44.91	300m:	4:42.86	56.16
				350m:	5:26.80		400m:	6:08.50	43.94
									41.70
5.	BIERNACKA	Anna	13	Sparta Biłgoraj				6:09.08	345
	50m:	39.96	39.96	150m:	2:15.03	46.35	250m:	3:52.74	53.07
	100m:	1:28.68	48.72	200m:	2:59.67	44.64	300m:	4:45.10	52.36
				350m:	5:28.12		400m:	6:09.08	43.02
									40.96
6.	KO CIOŁEK	Otylia	13	Olimpijczyk 23 Lublin				6:13.33	333
	50m:	37.54	37.54	150m:	2:14.89	49.52	250m:	3:55.26	51.58
	100m:	1:25.37	47.83	200m:	3:03.68	48.79	300m:	4:48.84	53.58
				350m:	5:30.55		400m:	6:13.33	41.71
									42.78
7.	DU KO	Julia	12	Sparta Biłgoraj				6:17.88	321
	50m:	40.52	40.52	150m:	2:15.29	47.62	250m:	3:57.08	53.67
	100m:	1:27.67	47.15	200m:	3:03.41	48.12	300m:	4:49.12	52.04
				350m:	5:33.24		400m:	6:17.88	44.12
									44.64
8.	WIELGUS	Emilia	12	Fala Kra nik				6:29.67	293
	50m:	40.59	40.59	150m:	2:18.87	50.52	250m:	4:06.02	58.21
	100m:	1:28.35	47.76	200m:	3:07.81	48.94	300m:	5:03.13	57.11
				350m:	5:46.80		400m:	6:29.67	43.67
									42.87
9.	JAGUCAK	Kornelia	12	Sparta Biłgoraj				6:46.60	258
	50m:	47.94	47.94	150m:	2:33.66	47.71	250m:	4:16.95	54.06
	100m:	1:45.95	58.01	200m:	3:22.89	49.23	300m:	5:12.74	55.79
				350m:	6:00.43		400m:	6:46.60	47.69
									46.17
DYSKW.	BARWI SKA	Maja	12	Sparta Biłgoraj					
	<i>M8 - Pływak wykonał ruchy nóg jak do stylu klasycznego - stopy zwrócone na zewn trz (nie dotyczy pływania Masters)</i>								
JUNIOR									
1.	BEDNARZ	Julia	15	Orka Zamo				5:08.12	593
	50m:	33.32	33.32	150m:	1:50.98	39.53	250m:	3:12.98	43.61
	100m:	1:11.45	38.13	200m:	2:29.37	38.39	300m:	3:56.64	43.66
				350m:	4:33.38		400m:	5:08.12	36.74
									34.74
2.	DRAGAN	Julia	15	Olimpia Lublin				5:14.58	557
	50m:	34.02	34.02	150m:	1:54.86	41.17	250m:	3:19.02	43.82
	100m:	1:13.69	39.67	200m:	2:35.20	40.34	300m:	4:02.55	43.53
				350m:	4:39.47		400m:	5:14.58	36.92
									35.11
3.	SIOMA	Zuzanna	15	Orka Zamo				5:15.17	554
	50m:	34.15	34.15	150m:	1:52.08	40.23	250m:	3:17.06	44.49
	100m:	1:11.85	37.70	200m:	2:32.57	40.49	300m:	4:03.41	46.35
				350m:	4:40.34		400m:	5:15.17	36.93
									34.83
4.	PYSZNIAK	Alicja SP5	14	Olimpia Lublin				5:32.26	473
	50m:	35.32	35.32	150m:	1:59.49	42.87	250m:	3:29.88	47.30
	100m:	1:16.62	41.30	200m:	2:42.58	43.09	300m:	4:16.79	46.91
				350m:	4:55.39		400m:	5:32.26	38.60
									36.87
5.	SOSNÓWKA	Oliwia	14	Fala Kra nik				5:33.47	468
	50m:	35.80	35.80	150m:	2:02.22	45.41	250m:	3:31.03	44.97
	100m:	1:16.81	41.01	200m:	2:46.06	43.84	300m:	4:15.98	44.95
				350m:	4:55.68		400m:	5:33.47	39.70
									37.79

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OPEN

1.	MUDA Weronika SL	19	AZS UMCS Lublin	4:59.19	648
	50m: 31.57 31.57	150m: 1:47.59	39.79 250m: 3:07.91	41.22 350m: 4:25.81	36.05
	100m: 1:07.80 36.23	200m: 2:26.69	39.10 300m: 3:49.76	41.85 400m: 4:59.19	33.38
2.	WILCZEWSKA Aleksandra	17	Olimpia Lublin	4:59.20	648
	50m: 32.48 32.48	150m: 1:49.26	38.43 250m: 3:09.36	42.85 350m: 4:27.16	34.91
	100m: 1:10.83 38.35	200m: 2:26.51	37.25 300m: 3:52.25	42.89 400m: 4:59.20	32.04
3.	BEDNARZ Julia	15	Orka Zamo	5:08.12	593
	50m: 33.32 33.32	150m: 1:50.98	39.53 250m: 3:12.98	43.61 350m: 4:33.38	36.74
	100m: 1:11.45 38.13	200m: 2:29.37	38.39 300m: 3:56.64	43.66 400m: 5:08.12	34.74
4.	PIOTROWICZ Maja	17	AZS UMCS Lublin	5:12.07	571
	50m: 33.98 33.98	150m: 1:53.28	40.03 250m: 3:16.21	42.58 350m: 4:37.17	36.66
	100m: 1:13.25 39.27	200m: 2:33.63	40.35 300m: 4:00.51	44.30 400m: 5:12.07	34.90
5.	DRAGAN Julia	15	Olimpia Lublin	5:14.58	557
	50m: 34.02 34.02	150m: 1:54.86	41.17 250m: 3:19.02	43.82 350m: 4:39.47	36.92
	100m: 1:13.69 39.67	200m: 2:35.20	40.34 300m: 4:02.55	43.53 400m: 5:14.58	35.11
6.	SIOMA Zuzanna	15	Orka Zamo	5:15.17	554
	50m: 34.15 34.15	150m: 1:52.08	40.23 250m: 3:17.06	44.49 350m: 4:40.34	36.93
	100m: 1:11.85 37.70	200m: 2:32.57	40.49 300m: 4:03.41	46.35 400m: 5:15.17	34.83
7.	KRÓL Gabriela	13	Wisła Puławy	5:19.08	534
	50m: 33.53 33.53	150m: 1:55.75	43.27 250m: 3:19.63	44.09 350m: 4:42.91	38.39
	100m: 1:12.48 38.95	200m: 2:35.54	39.79 300m: 4:04.52	44.89 400m: 5:19.08	36.17
8.	WILK Anna	13	Fala Kra nik	5:26.21	500
	50m: 34.91 34.91	150m: 1:57.78	41.81 250m: 3:25.74	46.47 350m: 4:50.56	38.39
	100m: 1:15.97 41.06	200m: 2:39.27	41.49 300m: 4:12.17	46.43 400m: 5:26.21	35.65
9.	MACHULAK Maja	16	Fala Kra nik	5:27.10	496
	50m: 34.03 34.03	150m: 1:54.33	40.49 250m: 3:25.03	50.82 350m: 4:52.00	36.97
	100m: 1:13.84 39.81	200m: 2:34.21	39.88 300m: 4:15.03	50.00 400m: 5:27.10	35.10
10.	PYSZNIAK Alicja SP5	14	Olimpia Lublin	5:32.26	473
	50m: 35.32 35.32	150m: 1:59.49	42.87 250m: 3:29.88	47.30 350m: 4:55.39	38.60
	100m: 1:16.62 41.30	200m: 2:42.58	43.09 300m: 4:16.79	46.91 400m: 5:32.26	36.87
11.	SOSNÓWKA Oliwia	14	Fala Kra nik	5:33.47	468
	50m: 35.80 35.80	150m: 2:02.22	45.41 250m: 3:31.03	44.97 350m: 4:55.68	39.70
	100m: 1:16.81 41.01	200m: 2:46.06	43.84 300m: 4:15.98	44.95 400m: 5:33.47	37.79
12.	GAWĘŁKO Zuzanna	13	Trójka Puławy	5:42.78	431
	50m: 37.55 37.55	150m: 2:06.23	45.59 250m: 3:36.52	47.28 350m: 5:04.16	39.96
	100m: 1:20.64 43.09	200m: 2:49.24	43.01 300m: 4:24.20	47.68 400m: 5:42.78	38.62
13.	SOSNÓWKA Milena	12	Fala Kra nik	6:08.50	346
	50m: 35.98 35.98	150m: 2:09.36	47.33 250m: 3:46.70	52.43 350m: 5:26.80	43.94
	100m: 1:22.03 46.05	200m: 2:54.27	44.91 300m: 4:42.86	56.16 400m: 6:08.50	41.70
14.	BIERNACKA Anna	13	Sparta Biłgoraj	6:09.08	345
	50m: 39.96 39.96	150m: 2:15.03	46.35 250m: 3:52.74	53.07 350m: 5:28.12	43.02
	100m: 1:28.68 48.72	200m: 2:59.67	44.64 300m: 4:45.10	52.36 400m: 6:09.08	40.96
15.	KO CIOŁEK Otylia	13	Olimpijczyk 23 Lublin	6:13.33	333
	50m: 37.54 37.54	150m: 2:14.89	49.52 250m: 3:55.26	51.58 350m: 5:30.55	41.71
	100m: 1:25.37 47.83	200m: 3:03.68	48.79 300m: 4:48.84	53.58 400m: 6:13.33	42.78
16.	DU KO Julia	12	Sparta Biłgoraj	6:17.88	321
	50m: 40.52 40.52	150m: 2:15.29	47.62 250m: 3:57.08	53.67 350m: 5:33.24	44.12
	100m: 1:27.67 47.15	200m: 3:03.41	48.12 300m: 4:49.12	52.04 400m: 6:17.88	44.64
17.	WIELGUS Emilia	12	Fala Kra nik	6:29.67	293
	50m: 40.59 40.59	150m: 2:18.87	50.52 250m: 4:06.02	58.21 350m: 5:46.80	43.67
	100m: 1:28.35 47.76	200m: 3:07.81	48.94 300m: 5:03.13	57.11 400m: 6:29.67	42.87
18.	JAGUCAK Kornelia	12	Sparta Biłgoraj	6:46.60	258
	50m: 47.94 47.94	150m: 2:33.66	47.71 250m: 4:16.95	54.06 350m: 6:00.43	47.69
	100m: 1:45.95 58.01	200m: 3:22.89	49.23 300m: 5:12.74	55.79 400m: 6:46.60	46.17

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Pozycja		Wiek		Czas	Pkt.
DYSKW.	BARWI SKA Maja	12	Sparta Biłgoraj		
	<i>M8 - Pływak wykonał ruchy nóg jak do stylu klasycznego - stopy zwrócone na zewn trz (nie dotyczy pływania Masters)</i>				