

2019 Memoriał Henryka Kosakowskiego  
Lublin, 2.3.2019

Konkurencja 27  
02.03.2019 - 17:08

Kobiet, 400m zmienny

12 lat i starsi  
Wyniki

Punkty: FINA 2019

Pozycja			Wiek					Czas	Pkt.
<b>MŁODZIK</b>									
1.	WILK Anna		13	UKP Fala Kra nik			<b>5:30.78</b>	522	
	50m: 35.79	35.79	150m: 2:04.68	43.94	250m: 3:32.20	43.79	350m: 4:55.12	37.63	
	100m: 1:20.74	44.95	200m: 2:48.41	43.73	300m: 4:17.49	45.29	400m: 5:30.78	35.66	
2.	SZAFRA SKA Malwina		13	KS KSZO Ostrowiec w.			<b>5:51.65</b>	434	
	50m: 36.82	36.82	150m: 2:05.68	45.87	250m: 3:41.21	51.23	350m: 5:12.71	40.91	
	100m: 1:19.81	42.99	200m: 2:49.98	44.30	300m: 4:31.80	50.59	400m: 5:51.65	38.94	
3.	SOSNÓWKA Milena		12	UKP Fala Kra nik			<b>6:29.55</b>	319	
	50m: 39.81	39.81	150m: 2:20.04	48.02	250m: 4:04.22	55.60	350m: 5:47.33	43.24	
	100m: 1:32.02	52.21	200m: 3:08.62	48.58	300m: 5:04.09	59.87	400m: 6:29.55	42.22	
<b>EYOF</b>									
1.	BIE KOWSKA Aleksandra		15	MKS Juvenia Białystok			<b>5:45.15</b>	459	
	50m: 35.27	35.27	150m: 2:02.69	45.95	250m: 3:35.83	48.42	350m: 5:07.09	41.61	
	100m: 1:16.74	41.47	200m: 2:47.41	44.72	300m: 4:25.48	49.65	400m: 5:45.15	38.06	
<b>MEJ</b>									
1.	WILCZEWSKA Aleksandra		17	KU AZS UMCS Lublin			<b>5:04.39</b>	670	
	50m: 33.42	33.42	150m: 1:51.03	39.81	250m: 3:12.46	42.97	350m: 4:30.20	35.45	
	100m: 1:11.22	37.80	200m: 2:29.49	38.46	300m: 3:54.75	42.29	400m: 5:04.39	34.19	
2.	CYNARSKA Weronika		16	UKP Polonia Warszawa			<b>5:10.36</b>	632	
	50m: 33.52	33.52	150m: 1:53.87	40.45	250m: 3:17.35	44.36	350m: 4:36.43	35.73	
	100m: 1:13.42	39.90	200m: 2:32.99	39.12	300m: 4:00.70	43.35	400m: 5:10.36	33.93	
3.	CERLICH Oliwia		17	MKS Ikar Mielec			<b>5:18.97</b>	582	
	50m: 33.31	33.31	150m: 1:54.64	42.53	250m: 3:20.17	44.03	350m: 4:43.12	36.71	
	100m: 1:12.11	38.80	200m: 2:36.14	41.50	300m: 4:06.41	46.24	400m: 5:18.97	35.85	
4.	KOŁODZIEJCZYK Oliwia		16	KS Olimpia Lublin			<b>5:36.88</b>	494	
	50m: 35.06	35.06	150m: 1:59.58	44.59	250m: 3:30.97	48.42	350m: 4:59.49	39.42	
	100m: 1:14.99	39.93	200m: 2:42.55	42.97	300m: 4:20.07	49.10	400m: 5:36.88	37.39	
<b>OPEN</b>									
1.	WILCZEWSKA Aleksandra		17	KU AZS UMCS Lublin			<b>5:04.39</b>	670	
	50m: 33.42	33.42	150m: 1:51.03	39.81	250m: 3:12.46	42.97	350m: 4:30.20	35.45	
	100m: 1:11.22	37.80	200m: 2:29.49	38.46	300m: 3:54.75	42.29	400m: 5:04.39	34.19	
2.	CYNARSKA Weronika		16	UKP Polonia Warszawa			<b>5:10.36</b>	632	
	50m: 33.52	33.52	150m: 1:53.87	40.45	250m: 3:17.35	44.36	350m: 4:36.43	35.73	
	100m: 1:13.42	39.90	200m: 2:32.99	39.12	300m: 4:00.70	43.35	400m: 5:10.36	33.93	
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	50m: 33.31	33.31	150m: 1:54.64	42.53	250m: 3:20.17	44.03	350m: 4:43.12	36.71	
	100m: 1:12.11	38.80	200m: 2:36.14	41.50	300m: 4:06.41	46.24	400m: 5:18.97	35.85	
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	50m: 35.79	35.79	150m: 2:04.68	43.94	250m: 3:32.20	43.79	350m: 4:55.12	37.63	
	100m: 1:20.74	44.95	200m: 2:48.41	43.73	300m: 4:17.49	45.29	400m: 5:30.78	35.66	
5.	KOŁODZIEJCZYK Oliwia		16	KS Olimpia Lublin			<b>5:36.88</b>	494	
	50m: 35.06	35.06	150m: 1:59.58	44.59	250m: 3:30.97	48.42	350m: 4:59.49	39.42	
	100m: 1:14.99	39.93	200m: 2:42.55	42.97	300m: 4:20.07	49.10	400m: 5:36.88	37.39	
6.	BIE KOWSKA Aleksandra		15	MKS Juvenia Białystok			<b>5:45.15</b>	459	
	50m: 35.27	35.27	150m: 2:02.69	45.95	250m: 3:35.83	48.42	350m: 5:07.09	41.61	
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8.	SOSNÓWKA Milena		12	UKP Fala Kra nik						<b>6:29.55</b>	319
	50m:	39.81 39.81	150m:	2:20.04	48.02	250m:	4:04.22	55.60	350m:	5:47.33	43.24
	100m:	1:32.02 52.21	200m:	3:08.62	48.58	300m:	5:04.09	59.87	400m:	6:29.55	42.22