



2020 Zimowe Mistrzostwa Województwa Lubelskiego  
Lublin, 8. - 9.2.2020

Konkurencja 14, Dziewcz t, 400m dowolny, JUNIOR MŁODSZY

Pozycja			Wiek				Czas				Pkt.				
4.	MACHULAK Milena	14	UKP Fala Kra nik				<b>5:00.92</b>				485				
	50m: 34.56 34.56	150m: 1:50.82	38.47	250m: 3:08.86	39.03	350m: 4:25.33	37.82	100m: 1:12.35	37.79	200m: 2:29.83	39.01	300m: 3:47.51	38.65	400m: 5:00.92	35.59
5.	CIURSKA Gabriela	14	Uks 51				<b>5:03.60</b>				472				
	50m: 33.54 33.54	150m: 1:50.34	38.76	250m: 3:09.46	39.72	350m: 4:27.12	38.89	100m: 1:11.58	38.04	200m: 2:29.74	39.40	300m: 3:48.23	38.77	400m: 5:03.60	36.48
6.	SŁOTWI SKA Wiktoria	15	KS „Wisła” Puławy				<b>5:06.23</b>				460				
	50m: 35.80 35.80	150m: 1:54.50	39.64	250m: 3:13.89	39.65	350m: 4:31.19	38.00	100m: 1:14.86	39.06	200m: 2:34.24	39.74	300m: 3:53.19	39.30	400m: 5:06.23	35.04
7.	SOSNÓWKA Oliwia	15	UKP Fala Kra nik				<b>5:09.43</b>				446				
	50m: 35.32 35.32	150m: 1:53.33	39.54	250m: 3:13.20	39.91	350m: 4:31.48	39.05	100m: 1:13.79	38.47	200m: 2:33.29	39.96	300m: 3:52.43	39.23	400m: 5:09.43	37.95
8.	NAKLICKA Izabela	14	UKS „ORKA” Zamo				<b>5:12.23</b>				434				
	50m: 36.11 36.11	150m: 1:56.15	40.77	250m: 3:17.00	40.67	350m: 4:36.67	39.94	100m: 1:15.38	39.27	200m: 2:36.33	40.18	300m: 3:56.73	39.73	400m: 5:12.23	35.56
9.	CHMIELEWSKA Adrianna	15	UKS „Wodnik Krasnystaw”				<b>5:14.61</b>				424				
	50m: 32.67 32.67	150m: 1:50.70	39.71	250m: 3:12.26	41.02	350m: 4:34.34	40.33	100m: 1:10.99	38.32	200m: 2:31.24	40.54	300m: 3:54.01	41.75	400m: 5:14.61	40.27
10.	CIE KO Patrycja	15	KU AZS UMCS Lublin				<b>5:23.52</b>				390				
	50m: 34.62 34.62	150m: 1:56.41	41.62	250m: 3:20.66	42.67	350m: 4:45.28	42.00	100m: 1:14.79	40.17	200m: 2:37.99	41.58	300m: 4:03.28	42.62	400m: 5:23.52	38.24
11.	KIERAGA Emilia	14	MTP „Lublinianka”				<b>5:25.22</b>				384				
	50m: 34.75 34.75	150m: 1:56.94	42.11	250m: 3:20.75	42.06	350m: 4:45.18	40.97	100m: 1:14.83	40.08	200m: 2:38.69	41.75	300m: 4:04.21	43.46	400m: 5:25.22	40.04

OPEN

1.	GEORGES Daniela	23	KU AZS UMCS Lublin				<b>4:23.88</b>				719				
	50m: 30.80 30.80	150m: 1:37.73	33.71	250m: 2:45.78	34.31	350m: 3:52.82	33.01	100m: 1:04.02	33.22	200m: 2:11.47	33.74	300m: 3:19.81	34.03	400m: 4:23.88	31.06
2.	SZEWCZYK Zofia	18	UKP Fala Kra nik				<b>4:34.08</b>				642				
	50m: 31.81 31.81	150m: 1:41.81	35.13	250m: 2:51.65	34.52	350m: 4:01.08	34.68	100m: 1:06.68	34.87	200m: 2:17.13	35.32	300m: 3:26.40	34.75	400m: 4:34.08	33.00
3.	ŁYSAKOWSKA Julia	19	KU AZS UMCS Lublin				<b>4:38.59</b>				611				
	50m: 32.89 32.89	150m: 1:43.64	35.75	250m: 2:54.25	35.36	350m: 4:04.52	35.17	100m: 1:07.89	35.00	200m: 2:18.89	35.25	300m: 3:29.35	35.10	400m: 4:38.59	34.07
4.	CIOCH-GRADZIK Wiktoria	17	KU AZS UMCS Lublin				<b>4:39.77</b>				603				
	50m: 32.43 32.43	150m: 1:42.94	35.43	250m: 2:54.12	35.50	350m: 4:05.20	35.90	100m: 1:07.51	35.08	200m: 2:18.62	35.68	300m: 3:29.30	35.18	400m: 4:39.77	34.57
5.	SIWKO Natalia	16	KU AZS UMCS Lublin				<b>4:42.30</b>				587				
	50m: 32.36 32.36	150m: 1:43.87	35.85	250m: 2:56.28	36.10	350m: 4:08.36	35.61	100m: 1:08.02	35.66	200m: 2:20.18	36.31	300m: 3:32.75	36.47	400m: 4:42.30	33.94
6.	RABINIAK Zuzanna	19	KU AZS UMCS Lublin				<b>4:42.90</b>				583				
	50m: 32.50 32.50	150m: 1:43.74	35.98	250m: 2:54.99	35.78	350m: 4:07.27	36.34	100m: 1:07.76	35.26	200m: 2:19.21	35.47	300m: 3:30.93	35.94	400m: 4:42.90	35.63
7.	KOŁODZIEJCZYK Oliwia	17	KU AZS UMCS Lublin				<b>4:46.37</b>				562				
	50m: 33.22 33.22	150m: 1:46.10	36.72	250m: 2:59.21	36.40	350m: 4:11.64	35.83	100m: 1:09.38	36.16	200m: 2:22.81	36.71	300m: 3:35.81	36.60	400m: 4:46.37	34.73
8.	WILK Anna	14	UKP Fala Kra nik				<b>4:46.49</b>				562				
	50m: 32.86 32.86	150m: 1:46.32	37.40	250m: 3:00.17	37.01	350m: 4:12.87	35.75	100m: 1:08.92	36.06	200m: 2:23.16	36.84	300m: 3:37.12	36.95	400m: 4:46.49	33.62
9.	MALINO Julia	16	UKS „ORKA” Zamo				<b>4:46.68</b>				561				
	50m: 32.42 32.42	150m: 1:43.71	36.16	250m: 2:57.39	36.87	350m: 4:11.62	37.16	100m: 1:07.55	35.13	200m: 2:20.52	36.81	300m: 3:34.46	37.07	400m: 4:46.68	35.06

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Konkurencja 14, Kobiet, 400m dowolny, OPEN

Pozycja			Wiek					Czas	Pkt.			
10.	DWOJAK	Wiktoria	16	KU AZS UMCS Lublin				<b>4:47.42</b>	556			
	50m:	32.93	32.93	150m:	1:45.92	36.93	250m:	2:59.02	36.82	350m:	4:11.99	36.23
	100m:	1:08.99	36.06	200m:	2:22.20	36.28	300m:	3:35.76	36.74	400m:	4:47.42	35.43
11.	PIOTROWICZ	Maja	18	KU AZS UMCS Lublin				<b>4:50.04</b>	541			
	50m:	32.83	32.83	150m:	1:46.74	37.28	250m:	3:00.25	36.87	350m:	4:15.05	37.41
	100m:	1:09.46	36.63	200m:	2:23.38	36.64	300m:	3:37.64	37.39	400m:	4:50.04	34.99
12.	PROCHOWNIK	Martyna	18	KU AZS UMCS Lublin				<b>4:50.62</b>	538			
	50m:	32.74	32.74	150m:	1:44.42	35.98	250m:	2:58.46	37.30	350m:	4:13.44	37.54
	100m:	1:08.44	35.70	200m:	2:21.16	36.74	300m:	3:35.90	37.44	400m:	4:50.62	37.18
13.	KARWOWSKA	Wiktoria	16	KS Narwał Mi dzyrzec Podl.				<b>4:53.21</b>	524			
	50m:			150m:	1:45.75	37.00	250m:			350m:		
	100m:	1:08.75		200m:	2:23.07	37.32	300m:	3:37.52		400m:	4:53.21	
14.	WARCHAŁOWSKA	Paulina	15	KU AZS UMCS Lublin				<b>4:55.09</b>	514			
	50m:	33.52	33.52	150m:	1:48.51	38.32	250m:	3:04.35	38.25	350m:	4:19.15	37.62
	100m:	1:10.19	36.67	200m:	2:26.10	37.59	300m:	3:41.53	37.18	400m:	4:55.09	35.94
15.	WIECZOREK	Marika	17	KU AZS UMCS Lublin				<b>4:57.72</b>	501			
	50m:	33.20	33.20	150m:	1:47.59	37.88	250m:	3:04.93	39.11	350m:	4:21.59	38.42
	100m:	1:09.71	36.51	200m:	2:25.82	38.23	300m:	3:43.17	38.24	400m:	4:57.72	36.13
16.	PYSZNIAK	Alicja	15	KU AZS UMCS Lublin				<b>4:59.74</b>	490			
	50m:	34.72	34.72	150m:	1:50.24	37.99	250m:	3:07.06	38.32	350m:	4:24.08	38.42
	100m:	1:12.25	37.53	200m:	2:28.74	38.50	300m:	3:45.66	38.60	400m:	4:59.74	35.66
17.	MACHULAK	Milena	14	UKP Fala Kra nik				<b>5:00.92</b>	485			
	50m:	34.56	34.56	150m:	1:50.82	38.47	250m:	3:08.86	39.03	350m:	4:25.33	37.82
	100m:	1:12.35	37.79	200m:	2:29.83	39.01	300m:	3:47.51	38.65	400m:	5:00.92	35.59
18.	K DZIOR	Pola	13	KS OLIMPIA Lublin				<b>5:03.53</b>	472			
	50m:	34.13	34.13	150m:	1:50.75	38.99	250m:	3:08.99	39.18	350m:	4:26.75	38.53
	100m:	1:11.76	37.63	200m:	2:29.81	39.06	300m:	3:48.22	39.23	400m:	5:03.53	36.78
19.	CIURSKA	Gabriela	14	Uks 51				<b>5:03.60</b>	472			
	50m:	33.54	33.54	150m:	1:50.34	38.76	250m:	3:09.46	39.72	350m:	4:27.12	38.89
	100m:	1:11.58	38.04	200m:	2:29.74	39.40	300m:	3:48.23	38.77	400m:	5:03.60	36.48
20.	SŁOTWI SKA	Wiktoria	15	KS „Wisła” Puławy				<b>5:06.23</b>	460			
	50m:	35.80	35.80	150m:	1:54.50	39.64	250m:	3:13.89	39.65	350m:	4:31.19	38.00
	100m:	1:14.86	39.06	200m:	2:34.24	39.74	300m:	3:53.19	39.30	400m:	5:06.23	35.04
21.	PASTUSZUK	Paulina	17	KS OLIMPIA Lublin				<b>5:07.62</b>	454			
	50m:	34.68	34.68	150m:	1:52.97	39.65	250m:	3:12.91	40.30	350m:	4:31.98	39.03
	100m:	1:13.32	38.64	200m:	2:32.61	39.64	300m:	3:52.95	40.04	400m:	5:07.62	35.64
22.	B BEN	Nina	17	KS OLIMPIA Lublin				<b>5:08.30</b>	451			
	50m:	35.22	35.22	150m:	1:52.51	39.38	250m:	3:11.72	39.94	350m:	4:30.96	39.46
	100m:	1:13.13	37.91	200m:	2:31.78	39.27	300m:	3:51.50	39.78	400m:	5:08.30	37.34
23.	SUROWIEC	Gabriela	13	UKP Fala Kra nik				<b>5:09.22</b>	447			
	50m:	36.28	36.28	150m:	1:55.77	40.22	250m:	3:16.30	40.28	350m:	4:34.40	38.16
	100m:	1:15.55	39.27	200m:	2:36.02	40.25	300m:	3:56.24	39.94	400m:	5:09.22	34.82
24.	SOSNÓWKA	Oliwia	15	UKP Fala Kra nik				<b>5:09.43</b>	446			
	50m:	35.32	35.32	150m:	1:53.33	39.54	250m:	3:13.20	39.91	350m:	4:31.48	39.05
	100m:	1:13.79	38.47	200m:	2:33.29	39.96	300m:	3:52.43	39.23	400m:	5:09.43	37.95
25.	CICH	Kinga	13	RWKS Sparta Biłgoraj				<b>5:09.69</b>	445			
	50m:	34.53	34.53	150m:	1:52.34	40.25	250m:	3:12.30	39.92	350m:	4:33.43	41.09
	100m:	1:12.09	37.56	200m:	2:32.38	40.04	300m:	3:52.34	40.04	400m:	5:09.69	36.26
26.	NAKLICKA	Izabela	14	UKS „ORKA” Zamo				<b>5:12.23</b>	434			
	50m:	36.11	36.11	150m:	1:56.15	40.77	250m:	3:17.00	40.67	350m:	4:36.67	39.94
	100m:	1:15.38	39.27	200m:	2:36.33	40.18	300m:	3:56.73	39.73	400m:	5:12.23	35.56
27.	CHMIELEWSKA	Adrianna	15	UKS „Wodnik Krasnystaw”				<b>5:14.61</b>	424			
	50m:	32.67	32.67	150m:	1:50.70	39.71	250m:	3:12.26	41.02	350m:	4:34.34	40.33
	100m:	1:10.99	38.32	200m:	2:31.24	40.54	300m:	3:54.01	41.75	400m:	5:14.61	40.27

2020 Zimowe Mistrzostwa Województwa Lubelskiego  
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Konkurencja 14, Kobiet, 400m dowolny, OPEN

Pozycja			Wiek					Czas	Pkt.			
28.	GRABOWSKA	Amelia	13	KS OLIMPIA	Lublin			<b>5:20.43</b>	401			
	50m:	36.27	36.27	150m:	1:57.04	40.80	250m:	3:18.52	40.75	350m:	4:40.41	40.84
	100m:	1:16.24	39.97	200m:	2:37.77	40.73	300m:	3:59.57	41.05	400m:	5:20.43	40.02
29.	ADAMEK	Emilia	12	MTP „Lublinianka”				<b>5:23.24</b>	391			
	50m:	36.14	36.14	150m:	1:58.86	42.01	250m:	3:22.24	42.43	350m:	4:45.35	41.64
	100m:	1:16.85	40.71	200m:	2:39.81	40.95	300m:	4:03.71	41.47	400m:	5:23.24	37.89
30.	CIE KO	Patrycja	15	KU AZS UMCS	Lublin			<b>5:23.52</b>	390			
	50m:	34.62	34.62	150m:	1:56.41	41.62	250m:	3:20.66	42.67	350m:	4:45.28	42.00
	100m:	1:14.79	40.17	200m:	2:37.99	41.58	300m:	4:03.28	42.62	400m:	5:23.52	38.24
31.	KIERAGA	Emilia	14	MTP „Lublinianka”				<b>5:25.22</b>	384			
	50m:	34.75	34.75	150m:	1:56.94	42.11	250m:	3:20.75	42.06	350m:	4:45.18	40.97
	100m:	1:14.83	40.08	200m:	2:38.69	41.75	300m:	4:04.21	43.46	400m:	5:25.22	40.04
32.	WIELGUS	Emilia	13	UKP Fala Kra	nik			<b>5:27.89</b>	375			
	50m:	36.71	36.71	150m:	2:01.12	42.63	250m:	3:27.16	42.42	350m:	4:49.53	39.71
	100m:	1:18.49	41.78	200m:	2:44.74	43.62	300m:	4:09.82	42.66	400m:	5:27.89	38.36
33.	WYRWAS	Julianna	12	KS OLIMPIA	Lublin			<b>5:28.03</b>	374			
	50m:	36.43	36.43	150m:	2:01.40	42.74	250m:	3:26.65	42.29	350m:	4:50.34	41.02
	100m:	1:18.66	42.23	200m:	2:44.36	42.96	300m:	4:09.32	42.67	400m:	5:28.03	37.69
34.	WO AKOWSKA	Zofia	13	MTP „Lublinianka”				<b>5:28.86</b>	371			
	50m:	36.14	36.14	150m:	1:57.78	41.41	250m:	3:21.81	42.70	350m:	4:47.22	42.74
	100m:	1:16.37	40.23	200m:	2:39.11	41.33	300m:	4:04.48	42.67	400m:	5:28.86	41.64
35.	ROCZON	Jagoda	13	Uks 51				<b>5:58.72</b>	286			
	50m:	37.93	37.93	150m:	2:07.08	46.33	250m:	3:40.00	46.68	350m:	5:14.39	47.41
	100m:	1:20.75	42.82	200m:	2:53.32	46.24	300m:	4:26.98	46.98	400m:	5:58.72	44.33
36.	WA KOWICZ	Małgorzata	13	KS OLIMPIA	Lublin			<b>6:10.21</b>	260			
	50m:	40.59	40.59	150m:	2:13.86	47.93	250m:	3:49.92	48.36	350m:	5:26.20	48.27
	100m:	1:25.93	45.34	200m:	3:01.56	47.70	300m:	4:37.93	48.01	400m:	6:10.21	44.01
37.	JAGUCAK	Kornelia	13	RWKS Sparta	Biłgoraj			<b>6:37.77</b>	210			
	50m:	40.85	40.85	150m:	2:20.84	51.52	250m:	4:05.61	53.47	350m:	5:47.80	51.11
	100m:	1:29.32	48.47	200m:	3:12.14	51.30	300m:	4:56.69	51.08	400m:	6:37.77	49.97
PK	TARASIEWICZ	Klaudia	16	UKP „Polonia	Warszawa”			<b>4:24.03</b>	718			
	50m:	30.57	30.57	150m:	1:36.45	33.21	250m:	2:43.26	33.46	350m:	3:51.72	34.25
	100m:	1:03.24	32.67	200m:	2:09.80	33.35	300m:	3:17.47	34.21	400m:	4:24.03	32.31
PK	INDYK	Maja	14	MKS „IKAR”	Mielec			<b>5:48.82</b>	311			
	50m:	37.37	37.37	150m:	2:02.86	43.62	250m:	3:32.67	44.48	350m:	5:03.36	44.84
	100m:	1:19.24	41.87	200m:	2:48.19	45.33	300m:	4:18.52	45.85	400m:	5:48.82	45.46