

2020 Puchar KU AZS UMCS Lublin  
Lublin, 24.7.2020

Konkurencja 24  
24.07.2020 - 17:58

M czynn, 400m dowolny

13 lat i starsi  
Wyniki

Punkty: Rudolph Table 2019

Pozycja			Wiek					Czas	Pkt.
1.	CHMIELEWSKI Krzysztof	16	IUKS „Muszelka” Warszawa	<b>3:55.21</b>	19,1				
	50m: 26.87 26.87	150m: 1:26.39	29.94	250m: 2:26.14	29.68	350m: 3:26.51	30.44		
	100m: 56.45 29.58	200m: 1:56.46	30.07	300m: 2:56.07	29.93	400m: 3:55.21	28.70		
2.	SZCZERBA Adam	18	KU AZS UMCS Lublin	<b>3:56.63</b>	16,8				
	50m: 26.80 26.80	150m: 1:26.02	29.57	250m: 2:25.55	29.76	350m: 3:26.01	30.39		
	100m: 56.45 29.65	200m: 1:55.79	29.77	300m: 2:55.62	30.07	400m: 3:56.63	30.62		
3.	CHMIELEWSKI Michał	16	IUKS „Muszelka” Warszawa	<b>3:59.19</b>	18,0				
	50m: 27.52 27.52	150m: 1:27.82	30.40	250m: 2:28.43	29.95	350m: 3:29.65	30.86		
	100m: 57.42 29.90	200m: 1:58.48	30.66	300m: 2:58.79	30.36	400m: 3:59.19	29.54		
4.	LARY Jerzy	14	IUKS „Muszelka” Warszawa	<b>4:10.42</b>	17,8				
	50m: 29.03 29.03	150m: 1:32.30	31.97	250m: 2:35.85	31.58	350m: 3:39.50	32.01		
	100m: 1:00.33 31.30	200m: 2:04.27	31.97	300m: 3:07.49	31.64	400m: 4:10.42	30.92		
5.	RODKIEWICZ Radosław	17	IUKS „Muszelka” Warszawa	<b>4:10.85</b>	13,7				
	50m: 28.52 28.52	150m: 1:31.93	32.11	250m: 2:35.68	31.40	350m: 3:39.58	32.32		
	100m: 59.82 31.30	200m: 2:04.28	32.35	300m: 3:07.26	31.58	400m: 4:10.85	31.27		
6.	KASPERSKI Patryk	17	UKP Fala Kra nik	<b>4:14.79</b>	12,6				
	50m: 28.68 28.68	150m: 1:33.35	32.55	250m: 2:38.62	32.69	350m: 3:43.66	32.33		
	100m: 1:00.80 32.12	200m: 2:05.93	32.58	300m: 3:11.33	32.71	400m: 4:14.79	31.13		
7.	SAGAN Jakub	18	KU AZS UMCS Lublin	<b>4:19.94</b>	10,1				
	50m: 28.34 28.34	150m: 1:34.44	33.43	250m: 2:41.06	34.06	350m: 3:47.52	32.78		
	100m: 1:01.01 32.67	200m: 2:07.00	32.56	300m: 3:14.74	33.68	400m: 4:19.94	32.42		
8.	SIEKACZY SKI Artur	18	UKP Fala Kra nik	<b>4:21.16</b>	9,7				
	50m: 28.52 28.52	150m: 1:34.32	33.78	250m: 2:41.43	33.55	350m: 3:49.01	33.35		
	100m: 1:00.54 32.02	200m: 2:07.88	33.56	300m: 3:15.66	34.23	400m: 4:21.16	32.15		
9.	POPIOŁEK Dawid	18	KU AZS UMCS Lublin	<b>4:22.31</b>	9,4				
	50m: 29.08 29.08	150m: 1:35.58	33.61	250m: 2:44.23	34.15	350m: 3:50.31	32.88		
	100m: 1:01.97 32.89	200m: 2:10.08	34.50	300m: 3:17.43	33.20	400m: 4:22.31	32.00		
10.	KUBINIEC Mikołaj	16	KU AZS UMCS Lublin	<b>4:23.28</b>	11,3				
	50m: 29.19 29.19	150m: 1:34.23	33.10	250m: 2:41.88	33.78	350m: 3:50.40	34.22		
	100m: 1:01.13 31.94	200m: 2:08.10	33.87	300m: 3:16.18	34.30	400m: 4:23.28	32.88		
11.	LEWTAK Szymon	16	KU AZS UMCS Lublin	<b>4:27.28</b>	10,2				
	50m: 29.44 29.44	150m: 1:34.89	33.36	250m: 2:43.32	34.31	350m: 3:53.98	35.45		
	100m: 1:01.53 32.09	200m: 2:09.01	34.12	300m: 3:18.53	35.21	400m: 4:27.28	33.30		
12.	CHAŁAT Wojciech	16	KU AZS UMCS Lublin	<b>4:27.50</b>	10,1				
	50m: 30.08 30.08	150m: 1:37.82	34.57	250m: 2:46.32	34.25	350m: 3:54.24	33.87		
	100m: 1:03.25 33.17	200m: 2:12.07	34.25	300m: 3:20.37	34.05	400m: 4:27.50	33.26		
13.	PIETRO Przemysław	13	UKS Olimpijczyk 23	<b>4:30.13</b>	14,8				
	50m: 30.19 30.19	150m: 1:37.60	34.22	250m: 2:47.21	35.07	350m: 3:56.76	34.89		
	100m: 1:03.38 33.19	200m: 2:12.14	34.54	300m: 3:21.87	34.66	400m: 4:30.13	33.37		
14.	WRZOSEK Bartosz	16	UKS G-8 Bielany Warszawa	<b>4:31.66</b>	9,0				
	50m: 30.12 30.12	150m: 1:37.68	34.04	250m: 2:46.92	34.53	350m: 3:57.75	35.54		
	100m: 1:03.64 33.52	200m: 2:12.39	34.71	300m: 3:22.21	35.29	400m: 4:31.66	33.91		
15.	SZUKAJŁO Kacper	15	MKP Szczecin	<b>4:35.07</b>	9,0				
	50m: 30.48 30.48	150m: 1:38.57	34.31	250m: 2:49.42	35.58	350m: 4:00.59	35.92		
	100m: 1:04.26 33.78	200m: 2:13.84	35.27	300m: 3:24.67	35.25	400m: 4:35.07	34.48		
16.	WÓJCIK Rafał	14	UKP Fala Kra nik	<b>4:39.56</b>	10,1				
	50m: 32.26 32.26	150m: 1:42.64	35.41	250m: 2:53.81	35.68	350m: 4:05.13	35.76		
	100m: 1:07.23 34.97	200m: 2:18.13	35.49	300m: 3:29.37	35.56	400m: 4:39.56	34.43		
17.	KOZAK Jan	14	KS OLIMPIA Lublin	<b>4:44.06</b>	8,9				
	50m: 33.73 33.73	150m: 1:47.64	36.66	250m: 3:00.94	36.30	350m: 4:11.67	35.43		
	100m: 1:10.98 37.25	200m: 2:24.64	37.00	300m: 3:36.24	35.30	400m: 4:44.06	32.39		

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Konkurencja 24, M    czyzn, 400m dowolny, 13 lat i starsi

Pozycja	Wiek								Czas	Pkt.	
18.	BUCO	Paweł		13	UKP	Fala	Kra	nik	<b>4:44.20</b>	11,1	
	50m:	32.98	32.98	150m:	1:47.36	37.42	250m:	2:59.82	35.45	350m: 4:10.79	35.49
	100m:	1:09.94	36.96	200m:	2:24.37	37.01	300m:	3:35.30	35.48	400m: 4:44.20	33.41
19.	ANTOSIK	Kacper		13	UKS	G-8	Bielany	Warszawa	<b>4:48.76</b>	10,0	
	50m:	31.97	31.97	150m:	1:43.04	35.97	250m:	2:56.89	36.98	350m: 4:12.17	37.76
	100m:	1:07.07	35.10	200m:	2:19.91	36.87	300m:	3:34.41	37.52	400m: 4:48.76	36.59