

2020 Puchar KU AZS UMCS Lublin
Lublin, 5.9.2020

Konkurencja 29
05.09.2020 - 16:57

Kobiet, 400m zmienny

13 lat i starsi
Wyniki

Rekord Polski Open	4:36.95	BARANOWSKA Katarzyna	POL	Beijing (CHN)	09.08.2008
Rekord Polski 19 - 23	4:36.95	BARANOWSKA Katarzyna	POL	Beijing (CHN)	09.08.2008
Rekord Polski 18	4:43.39	BARANOWSKA Katarzyna	POL	Debica (POL)	20.05.2005
Rekord Polski 17	4:45.13	SZCZEPANIAK Karolina	POL	Rome (ITA)	02.08.2009
Rekord Polski 16	4:45.38	KNOP Aleksandra	POL	Łód (POL)	25.05.2018
Rekord Polski 15	4:45.38	KNOP Aleksandra	POL	Łód (POL)	25.05.2018
Rekord Polski 14	4:52.05	KNOP Aleksandra	POL	Lublin (POL)	19.05.2017
Rekord LOZP	4:48.63	ZUKOWSKA Paula	03103	Olsztyn (POL)	15.05.2019

Punkty: Rudolph Table 2019

Pozycja Wiek Czas Pkt.

13 - 14 lat

1. WILK Anna	14	UKP Fala Kra nik	5:15.82	13,4
50m: 33.98 33.98	150m: 1:56.30 42.14	250m: 3:21.45 42.04	350m: 4:40.89 36.03	
100m: 1:14.16 40.18	200m: 2:39.41 43.11	300m: 4:04.86 43.41	400m: 5:15.82 34.93	
2. WILANOWSKA Karina	14	UKP „Polonia Warszawa"	5:33.96	9,4
50m: 36.44 36.44	150m: 1:59.53 41.56	250m: 3:30.68 50.56	350m: 4:57.18 39.03	
100m: 1:17.97 41.53	200m: 2:40.12 40.59	300m: 4:18.15 47.47	400m: 5:33.96 36.78	
3. WICHULSKA Małgorzata	13	UKS 48 Warszawa ródmi cie	5:37.59	10,1
50m: 35.56 35.56	150m: 2:03.82 44.66	250m: 3:33.30 46.09	350m: 5:00.11 39.14	
100m: 1:19.16 43.60	200m: 2:47.21 43.39	300m: 4:20.97 47.67	400m: 5:37.59 37.48	
4. SOSNÓWKA Milena	13	UKP Fala Kra nik	5:48.06	7,8
50m: 36.50 36.50	150m: 2:01.72 45.68	250m: 3:38.04 50.40	350m: 5:09.62 40.23	
100m: 1:16.04 39.54	200m: 2:47.64 45.92	300m: 4:29.39 51.35	400m: 5:48.06 38.44	
5. DU KO Julia	13	RWKS Sparta Biłgoraj	6:09.97	3,0
50m: 40.44 40.44	150m: 2:12.99 49.29	250m: 3:53.00 50.61	350m: 5:28.09 43.39	
100m: 1:23.70 43.26	200m: 3:02.39 49.40	300m: 4:44.70 51.70	400m: 6:09.97 41.88	
6. BIERNACKA Anna	14	RWKS Sparta Biłgoraj	6:16.05	
50m: 39.52 39.52	150m: 2:13.53 48.54	250m: 3:55.47 54.74	350m: 5:33.58 43.73	
100m: 1:24.99 45.47	200m: 3:00.73 47.20	300m: 4:49.85 54.38	400m: 6:16.05 42.47	

15 - 16 lat

1. KLUSEK Aleksandra	15	UKP „Polonia Warszawa"	5:12.21	13,1
50m: 32.06 32.06	150m: 1:49.13 40.09	250m: 3:14.50 45.21	350m: 4:36.87 35.23	
100m: 1:09.04 36.98	200m: 2:29.29 40.16	300m: 4:01.64 47.14	400m: 5:12.21 35.34	
2. GAZDA Małgorzata	16	KU AZS UMCS Lublin	5:22.78	9,8
50m: 34.76 34.76	150m: 1:55.80 40.61	250m: 3:22.95 47.06	350m: 4:46.40 36.59	
100m: 1:15.19 40.43	200m: 2:35.89 40.09	300m: 4:09.81 46.86	400m: 5:22.78 36.38	
3. BURDYN Dominika	15	KU AZS UMCS Lublin	5:23.97	10,4
50m: 33.22 33.22	150m: 1:53.82 41.59	250m: 3:22.92 48.34	350m: 4:48.34 37.97	
100m: 1:12.23 39.01	200m: 2:34.58 40.76	300m: 4:10.37 47.45	400m: 5:23.97 35.63	
4. SOSNÓWKA Oliwia	15	UKP Fala Kra nik	5:46.32	5,3
50m: 36.72 36.72	150m: 2:08.44 49.21	250m: 3:42.35 48.96	350m: 5:10.43 40.74	
100m: 1:19.23 42.51	200m: 2:53.39 44.95	300m: 4:29.69 47.34	400m: 5:46.32 35.89	

OPEN

1. ANDRZEJEWSKA Kamila	21	KU AZS UMCS Lublin	5:09.02	11,7
50m: 31.84 31.84	150m: 1:49.97 41.53	250m: 3:14.19 43.50	350m: 4:34.60 35.88	
100m: 1:08.44 36.60	200m: 2:30.69 40.72	300m: 3:58.72 44.53	400m: 5:09.02 34.42	
2. KLUSEK Aleksandra	15	UKP „Polonia Warszawa"	5:12.21	13,1
50m: 32.06 32.06	150m: 1:49.13 40.09	250m: 3:14.50 45.21	350m: 4:36.87 35.23	
100m: 1:09.04 36.98	200m: 2:29.29 40.16	300m: 4:01.64 47.14	400m: 5:12.21 35.34	
3. WILK Anna	14	UKP Fala Kra nik	5:15.82	13,4
50m: 33.98 33.98	150m: 1:56.30 42.14	250m: 3:21.45 42.04	350m: 4:40.89 36.03	
100m: 1:14.16 40.18	200m: 2:39.41 43.11	300m: 4:04.86 43.41	400m: 5:15.82 34.93	

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Konkurencja 29, Kobiet, 400m zmienny, OPEN

Pozycja			Wiek						Czas	Pkt.
4.	GAZDA Małgorzata		16		KU AZS UMCS Lublin				5:22.78	9,8
	50m:	34.76 34.76	150m:	1:55.80	40.61	250m:	3:22.95	47.06	350m:	4:46.40 36.59
	100m:	1:15.19 40.43	200m:	2:35.89	40.09	300m:	4:09.81	46.86	400m:	5:22.78 36.38
5.	BURDYN Dominika		15		KU AZS UMCS Lublin				5:23.97	10,4
	50m:	33.22 33.22	150m:	1:53.82	41.59	250m:	3:22.92	48.34	350m:	4:48.34 37.97
	100m:	1:12.23 39.01	200m:	2:34.58	40.76	300m:	4:10.37	47.45	400m:	5:23.97 35.63
6.	CIOCH-GRADZIK Wiktoria		17		KU AZS UMCS Lublin				5:26.61	8,6
	50m:	33.61 33.61	150m:	1:57.80	44.87	250m:	3:30.08	48.32	350m:	4:52.15 36.16
	100m:	1:12.93 39.32	200m:	2:41.76	43.96	300m:	4:15.99	45.91	400m:	5:26.61 34.46
7.	WILANOWSKA Karina		14		UKP „Polonia Warszawa”				5:33.96	9,4
	50m:	36.44 36.44	150m:	1:59.53	41.56	250m:	3:30.68	50.56	350m:	4:57.18 39.03
	100m:	1:17.97 41.53	200m:	2:40.12	40.59	300m:	4:18.15	47.47	400m:	5:33.96 36.78
8.	WICHULSKA Małgorzata		13		UKS 48 Warszawa ród mie cie				5:37.59	10,1
	50m:	35.56 35.56	150m:	2:03.82	44.66	250m:	3:33.30	46.09	350m:	5:00.11 39.14
	100m:	1:19.16 43.60	200m:	2:47.21	43.39	300m:	4:20.97	47.67	400m:	5:37.59 37.48
9.	SOSNÓWKA Oliwia		15		UKP Fala Kra nik				5:46.32	5,3
	50m:	36.72 36.72	150m:	2:08.44	49.21	250m:	3:42.35	48.96	350m:	5:10.43 40.74
	100m:	1:19.23 42.51	200m:	2:53.39	44.95	300m:	4:29.69	47.34	400m:	5:46.32 35.89
10.	SOSNÓWKA Milena		13		UKP Fala Kra nik				5:48.06	7,8
	50m:	36.50 36.50	150m:	2:01.72	45.68	250m:	3:38.04	50.40	350m:	5:09.62 40.23
	100m:	1:16.04 39.54	200m:	2:47.64	45.92	300m:	4:29.39	51.35	400m:	5:48.06 38.44
11.	DU KO Julia		13		RWKS Sparta Biłgoraj				6:09.97	3,0
	50m:	40.44 40.44	150m:	2:12.99	49.29	250m:	3:53.00	50.61	350m:	5:28.09 43.39
	100m:	1:23.70 43.26	200m:	3:02.39	49.40	300m:	4:44.70	51.70	400m:	6:09.97 41.88
12.	BIERNACKA Anna		14		RWKS Sparta Biłgoraj				6:16.05	
	50m:	39.52 39.52	150m:	2:13.53	48.54	250m:	3:55.47	54.74	350m:	5:33.58 43.73
	100m:	1:24.99 45.47	200m:	3:00.73	47.20	300m:	4:49.85	54.38	400m:	6:16.05 42.47