

2020 Liga Szkół Mistrzostwa Sportowego - I runda
Lublin, 26. - 27.11.2020

Konkurencja 19
27.11.2020 - 11:44

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2020

Pozycja			Wiek					Czas	Pkt.	
1.	TARASIEWICZ Klaudia		16	SMS Warszawa Konwiktorska				4:14.93	772	31,00
	50m:	29.07 29.07	150m:	1:32.61	32.32	250m:	2:37.85 32.66	350m:	3:42.42 32.13	
	100m:	1:00.29 31.22	200m:	2:05.19	32.58	300m:	3:10.29 32.44	400m:	4:14.93 32.51	
2.	KLIMEK Marta		17	SMS O wi cim				4:18.87	737	29,00
	50m:	28.51 28.51	150m:	1:32.27	32.22	250m:	2:38.38 33.39	350m:	3:45.86 33.88	
	100m:	1:00.05 31.54	200m:	2:04.99	32.72	300m:	3:11.98 33.60	400m:	4:18.87 33.01	
3.	ZIELI SKA Daria		17	SMS Warszawa Konwiktorska				4:19.63	731	28,00
	50m:	30.16 30.16	150m:	1:35.62	33.13	250m:	2:42.14 33.23	350m:	3:47.80 32.73	
	100m:	1:02.49 32.33	200m:	2:08.91	33.29	300m:	3:15.07 32.93	400m:	4:19.63 31.83	
4.	KOWALSKA Klara		15	SMS Lublin				4:21.88	712	27,00
	50m:	29.30 29.30	150m:	1:34.94	32.96	250m:	2:41.57 33.33	350m:	3:48.80 33.78	
	100m:	1:01.98 32.68	200m:	2:08.24	33.30	300m:	3:15.02 33.45	400m:	4:21.88 33.08	
5.	ŁUCZAK Dominika		18	SMS Zielona Góra				4:22.60	706	26,00
	50m:	30.32 30.32	150m:	1:36.36	32.98	250m:	2:43.18 33.51	350m:	3:49.95 33.28	
	100m:	1:03.38 33.06	200m:	2:09.67	33.31	300m:	3:16.67 33.49	400m:	4:22.60 32.65	
6.	MOLENDĄ Dominika		17	SMS Gda sk				4:24.11	694	25,00
	50m:	30.35 30.35	150m:	1:37.17	33.59	250m:	2:44.08 33.29	350m:	3:51.74 33.77	
	100m:	1:03.58 33.23	200m:	2:10.79	33.62	300m:	3:17.97 33.89	400m:	4:24.11 32.37	
7.	SZCZEPĄ SKA Maria		17	SMS Pozna				4:24.67	690	24,00
	50m:	29.68 29.68	150m:	1:35.68	33.50	250m:	2:43.28 33.94	350m:	3:51.67 34.30	
	100m:	1:02.18 32.50	200m:	2:09.34	33.66	300m:	3:17.37 34.09	400m:	4:24.67 33.00	
8.	HELLAK Emilia		17	SMS Wrocław				4:24.76	689	23,00
	50m:	29.91 29.91	150m:	1:35.34	33.26	250m:	2:42.67 33.74	350m:	3:50.99 34.07	
	100m:	1:02.08 32.17	200m:	2:08.93	33.59	300m:	3:16.92 34.25	400m:	4:24.76 33.77	
9.	KAWKA Nina		17	SMS Warszawa Bielany				4:27.62	667	22,00
	50m:	30.36 30.36	150m:	1:38.00	34.21	250m:	2:46.93 34.57	350m:	3:55.18 33.81	
	100m:	1:03.79 33.43	200m:	2:12.36	34.36	300m:	3:21.37 34.44	400m:	4:27.62 32.44	
10.	SZEWCZYK Zofia		18	SMS Lublin				4:27.76	666	21,00
	50m:	30.75 30.75	150m:	1:37.56	33.65	250m:	2:45.51 34.05	350m:	3:54.68 34.55	
	100m:	1:03.91 33.16	200m:	2:11.46	33.90	300m:	3:20.13 34.62	400m:	4:27.76 33.08	
11.	LALA Nadia		16	SMS O wi cim				4:27.92	665	20,00
	50m:	30.24 30.24	150m:	1:38.00	34.19	250m:	2:46.83 34.55	350m:	3:55.73 34.32	
	100m:	1:03.81 33.57	200m:	2:12.28	34.28	300m:	3:21.41 34.58	400m:	4:27.92 32.19	
12.	CIOCH-GRADZIK Wiktoria		17	SMS Lublin				4:27.97	665	-
	50m:	30.90 30.90	150m:	1:37.69	33.68	250m:	2:45.88 33.93	350m:	3:54.46 34.21	
	100m:	1:04.01 33.11	200m:	2:11.95	34.26	300m:	3:20.25 34.37	400m:	4:27.97 33.51	
13.	WALCZAK Barbara		14	SMS Warszawa Bielany				4:29.94	650	19,00
	50m:	30.48 30.48	150m:	1:38.62	34.44	250m:	2:47.85 34.73	350m:	3:57.08 34.50	
	100m:	1:04.18 33.70	200m:	2:13.12	34.50	300m:	3:22.58 34.73	400m:	4:29.94 32.86	
14.	KLUSEK Aleksandra		15	SMS Warszawa Konwiktorska				4:30.60	645	-
	50m:	30.03 30.03	150m:	1:36.80	33.98	250m:	2:45.23 34.50	350m:	3:55.89 35.51	
	100m:	1:02.82 32.79	200m:	2:10.73	33.93	300m:	3:20.38 35.15	400m:	4:30.60 34.71	
15.	MICIĄK Agata		18	SMS Gorzów Wielkopolski				4:31.20	641	18,00
	50m:	30.97 30.97	150m:	1:38.47	33.88	250m:	2:46.78 34.39	350m:	3:56.93 35.18	
	100m:	1:04.59 33.62	200m:	2:12.39	33.92	300m:	3:21.75 34.97	400m:	4:31.20 34.27	
16.	ZAREMBIK Katarzyna		18	SMS Racibórz				4:31.42	640	17,00
	50m:	30.98 30.98	150m:	1:39.75	34.69	250m:	2:49.22 34.58	350m:	3:57.94 34.30	
	100m:	1:05.06 34.08	200m:	2:14.64	34.89	300m:	3:23.64 34.42	400m:	4:31.42 33.48	
17.	MALARZ Maja		16	SMS Kraków				4:31.61	638	16,00
	50m:	30.38 30.38	150m:	1:37.89	34.61	250m:	2:48.62 35.55	350m:	3:59.22 35.21	
	100m:	1:03.28 32.90	200m:	2:13.07	35.18	300m:	3:24.01 35.39	400m:	4:31.61 32.39	

2020 Liga Szkół Mistrzostwa Sportowego - I runda
Lublin, 26. - 27.11.2020

Konkurencja 19, Kobiet, 400m dowolny, Open

Pozycja			Wiek					Czas	Pkt.		
18.	WIKTOROWICZ Patrycja		16	SMS Racibórz				4:32.91	629	15,00	
	50m:	31.33 31.33	150m:	1:40.51	35.09	250m:	2:50.55	34.81	350m:	4:00.00	34.61
	100m:	1:05.42 34.09	200m:	2:15.74	35.23	300m:	3:25.39	34.84	400m:	4:32.91	32.91
19.	SIWKO Natalia		16	SMS Lublin				4:33.19	627	-	
	50m:	30.73 30.73	150m:	1:38.94	34.50	250m:	2:48.31	34.77	350m:	3:58.68	35.25
	100m:	1:04.44 33.71	200m:	2:13.54	34.60	300m:	3:23.43	35.12	400m:	4:33.19	34.51
20.	SOBIAK Zuzanna		18	SMS Wrocław				4:33.34	626	14,00	
	50m:	31.33 31.33	150m:	1:40.13	34.89	250m:	2:49.63	34.57	350m:	3:59.58	35.00
	100m:	1:05.24 33.91	200m:	2:15.06	34.93	300m:	3:24.58	34.95	400m:	4:33.34	33.76
21.	PIEPIÓRKA Martyna		17	SMS Gda sk				4:34.35	619	13,00	
	50m:	31.10 31.10	150m:	1:39.07	34.27	250m:	2:49.14	35.16	350m:	4:00.39	35.54
	100m:	1:04.80 33.70	200m:	2:13.98	34.91	300m:	3:24.85	35.71	400m:	4:34.35	33.96
22.	FIGAS Alicja		16	SMS Szczecin				4:34.85	616	12,00	
	50m:	31.92 31.92	150m:	1:40.42	34.67	250m:	2:50.57	35.12	350m:	4:00.35	34.70
	100m:	1:05.75 33.83	200m:	2:15.45	35.03	300m:	3:25.65	35.08	400m:	4:34.85	34.50
23.	SUJKOWSKA Roksana		15	SMS Olsztyn				4:35.34	613	11,00	
	50m:	30.80 30.80	150m:	1:38.84	34.54	250m:	2:49.62	35.39	350m:	4:00.84	35.58
	100m:	1:04.30 33.50	200m:	2:14.23	35.39	300m:	3:25.26	35.64	400m:	4:35.34	34.50
24.	LATAŁA Weronika		16	SMS Ostrowiec				4:35.92	609	10,00	
	50m:	30.55 30.55	150m:	1:40.24	35.24	250m:	2:51.38	35.36	350m:	4:02.00	35.23
	100m:	1:05.00 34.45	200m:	2:16.02	35.78	300m:	3:26.77	35.39	400m:	4:35.92	33.92
	MO D AN Milena		17	SMS Szczecin				4:35.92	609	10,00	
	50m:	31.41 31.41	150m:	1:39.99	34.54	250m:	2:50.71	35.47	350m:	4:01.70	35.51
	100m:	1:05.45 34.04	200m:	2:15.24	35.25	300m:	3:26.19	35.48	400m:	4:35.92	34.22
26.	DADEJ Julia		15	SMS Kraków				4:36.79	603	8,00	
	50m:	32.13 32.13	150m:	1:41.76	35.10	250m:	2:52.37	35.35	350m:	4:03.11	35.18
	100m:	1:06.66 34.53	200m:	2:17.02	35.26	300m:	3:27.93	35.56	400m:	4:36.79	33.68
27.	ZI BA Emilia		16	SMS Kraków				4:37.12	601	-	
	50m:	30.57 30.57	150m:	1:39.91	35.25	250m:	2:50.98	35.29	350m:	4:02.38	35.52
	100m:	1:04.66 34.09	200m:	2:15.69	35.78	300m:	3:26.86	35.88	400m:	4:37.12	34.74
28.	KOZD BA Karolina		17	SMS Kraków				4:37.24	600	-	
	50m:	32.48 32.48	150m:	1:42.69	35.36	250m:	2:54.53	35.73	350m:	4:04.50	34.17
	100m:	1:07.33 34.85	200m:	2:18.80	36.11	300m:	3:30.33	35.80	400m:	4:37.24	32.74
29.	MIERNIK Wiktoria		16	SMS O wi cim				4:37.47	599	-	
	50m:	31.81 31.81	150m:	1:41.73	35.26	250m:	2:52.26	35.45	350m:	4:03.50	35.52
	100m:	1:06.47 34.66	200m:	2:16.81	35.08	300m:	3:27.98	35.72	400m:	4:37.47	33.97
30.	CZECHYRA Agata		17	SMS Pozna				4:40.26	581	7,00	
	50m:	32.17 32.17	150m:	1:43.94	36.50	250m:	2:56.64	36.01	350m:	4:07.22	34.68
	100m:	1:07.44 35.27	200m:	2:20.63	36.69	300m:	3:32.54	35.90	400m:	4:40.26	33.04
31.	GR ZKA Roksana		14	SMS Zielona Góra				4:45.44	550	6,00	
	50m:	32.52 32.52	150m:	1:44.73	36.61	250m:	2:58.67	36.60	350m:	4:11.48	36.24
	100m:	1:08.12 35.60	200m:	2:22.07	37.34	300m:	3:35.24	36.57	400m:	4:45.44	33.96
32.	SIDLEWSKA Marcelina		13	SMS Gda sk				4:45.63	549	-	
	50m:	31.48 31.48	150m:	1:43.15	36.34	250m:	2:57.29	37.20	350m:	4:11.42	36.96
	100m:	1:06.81 35.33	200m:	2:20.09	36.94	300m:	3:34.46	37.17	400m:	4:45.63	34.21
33.	MAZUR Zuzanna		15	SMS Gorzów Wielkopolski				4:46.47	544	5,00	
	50m:	32.59 32.59	150m:	1:44.92	36.44	250m:	2:58.85	37.09	350m:	4:11.83	36.16
	100m:	1:08.48 35.89	200m:	2:21.76	36.84	300m:	3:35.67	36.82	400m:	4:46.47	34.64
34.	KRUPI SKA Lila		16	SMS Olsztyn				4:48.98	530	4,00	
	50m:	32.95 32.95	150m:	1:46.19	36.83	250m:	3:00.43	37.06	350m:	4:13.80	36.38
	100m:	1:09.36 36.41	200m:	2:23.37	37.18	300m:	3:37.42	36.99	400m:	4:48.98	35.18
35.	JAWORSKA Wiktoria		15	SMS Bydgoszcz				4:49.10	529	3,00	
	50m:	31.75 31.75	150m:	1:44.00	36.58	250m:	2:58.47	37.42	350m:	4:13.37	37.30
	100m:	1:07.42 35.67	200m:	2:21.05	37.05	300m:	3:36.07	37.60	400m:	4:49.10	35.73

2020 Liga Szkół Mistrzostwa Sportowego - I runda
Lublin, 26. - 27.11.2020

Konkurencja 19, Kobiet, 400m dowolny, Open

Pozycja			Wiek					Czas	Pkt.	
36.	SZAFRA	SKA Malwina	14	SMS Ostrowiec				4:50.74	520	2,00
	50m:	32.75 32.75	150m:	1:46.12	36.95	250m:	3:00.08 37.14	350m:	4:14.79 37.49	
	100m:	1:09.17 36.42	200m:	2:22.94	36.82	300m:	3:37.30 37.22	400m:	4:50.74 35.95	
37.	PIOTROWSKA	Oliwia	14	SMS Gorzów Wielkopolski				4:50.93	519	-
	50m:	33.58 33.58	150m:	1:46.46	36.89	250m:	3:00.47 36.92	350m:	4:14.30 36.72	
	100m:	1:09.57 35.99	200m:	2:23.55	37.09	300m:	3:37.58 37.11	400m:	4:50.93 36.63	
38.	ORUM	Melissa	16	SMS Bydgoszcz				4:58.90	479	1,00
	50m:	33.37 33.37	150m:	1:47.78	37.80	250m:	3:04.70 38.25	350m:	4:21.24 38.25	
	100m:	1:09.98 36.61	200m:	2:26.45	38.67	300m:	3:42.99 38.29	400m:	4:58.90 37.66	
PK	PYSZNIAK	Alicja	15	SMS Lublin				4:48.39	533	-
	50m:	32.15 32.15	150m:	1:44.60	36.59	250m:	2:59.09 37.20	350m:	4:13.64 37.19	
	100m:	1:08.01 35.86	200m:	2:21.89	37.29	300m:	3:36.45 37.36	400m:	4:48.39 34.75	