

2020 Liga Szkół Mistrzostwa Sportowego - I runda
Lublin, 26. - 27.11.2020

Konkurencja 20		M czynn, 400m dowolny										Open
27.11.2020 - 12:00												Wyniki
Punkty: FINA 2020												
Pozycja			Wiek							Czas	Pkt.	
1.	SZCZERBA Adam		18	SMS Lublin					3:52.81	757	31,00	
	50m:	26.41 26.41	150m:	1:24.98	29.36	250m:	2:24.37	29.23	350m:	3:23.26	29.10	
	100m:	55.62 29.21	200m:	1:55.14	30.16	300m:	2:54.16	29.79	400m:	3:52.81	29.55	
2.	GRZEGORCZYK Wiktor		18	SMS O wi cim					3:54.52	741	29,00	
	50m:	27.53 27.53	150m:	1:26.85	30.02	250m:	2:27.11	29.70	350m:	3:26.41	29.22	
	100m:	56.83 29.30	200m:	1:57.41	30.56	300m:	2:57.19	30.08	400m:	3:54.52	28.11	
3.	DASZKIEWICZ Michał		17	SMS O wi cim					3:54.65	740	28,00	
	50m:	27.48 27.48	150m:	1:27.17	29.98	250m:	2:26.72	29.63	350m:	3:26.09	29.61	
	100m:	57.19 29.71	200m:	1:57.09	29.92	300m:	2:56.48	29.76	400m:	3:54.65	28.56	
4.	ZUBIK Jan		17	SMS Warszawa Konwiktorska					3:57.77	711	27,00	
	50m:	26.66 26.66	150m:	1:26.88	30.13	250m:	2:27.20	30.08	350m:	3:27.53	29.98	
	100m:	56.75 30.09	200m:	1:57.12	30.24	300m:	2:57.55	30.35	400m:	3:57.77	30.24	
5.	WANAT Grzegorz		17	SMS Kraków					3:59.08	699	26,00	
	50m:	27.59 27.59	150m:	1:28.56	30.48	250m:	2:29.49	30.24	350m:	3:30.28	30.04	
	100m:	58.08 30.49	200m:	1:59.25	30.69	300m:	3:00.24	30.75	400m:	3:59.08	28.80	
6.	KOSI SKI Filip		16	SMS Warszawa Bielany					3:59.12	699	25,00	
	50m:	28.09 28.09	150m:	1:28.20	30.40	250m:	2:28.80	30.11	350m:	3:29.46	30.08	
	100m:	57.80 29.71	200m:	1:58.69	30.49	300m:	2:59.38	30.58	400m:	3:59.12	29.66	
7.	FILIPIAK Mikołaj		14	SMS Gda sk					3:59.14	699	24,00	
	50m:	27.21 27.21	150m:	1:26.94	30.43	250m:	2:27.82	30.49	350m:	3:29.54	30.91	
	100m:	56.51 29.30	200m:	1:57.33	30.39	300m:	2:58.63	30.81	400m:	3:59.14	29.60	
8.	KAPAŁA Szymon		17	SMS Olsztyn					4:01.36	680	23,00	
	50m:	28.10 28.10	150m:	1:28.45	30.54	250m:	2:29.71	30.76	350m:	3:31.25	30.85	
	100m:	57.91 29.81	200m:	1:58.95	30.50	300m:	3:00.40	30.69	400m:	4:01.36	30.11	
9.	WI ZIK Jan		17	SMS O wi cim					4:01.50	678	-	
	50m:	27.77 27.77	150m:	1:29.35	31.19	250m:	2:31.11	30.46	350m:	3:32.34	30.49	
	100m:	58.16 30.39	200m:	2:00.65	31.30	300m:	3:01.85	30.74	400m:	4:01.50	29.16	
10.	WALTER Jakub		16	SMS O wi cim					4:01.62	677	-	
	50m:		150m:	1:29.41	31.11	250m:	2:31.33	30.80	350m:	3:32.35	30.32	
	100m:	58.30	200m:	2:00.53	31.12	300m:	3:02.03	30.70	400m:	4:01.62	29.27	
11.	RYNKIEWICZ Jakub		15	SMS Lublin					4:03.57	661	22,00	
	50m:	27.24 27.24	150m:	1:28.75	31.07	250m:	2:31.05	31.30	350m:	3:33.63	31.09	
	100m:	57.68 30.44	200m:	1:59.75	31.00	300m:	3:02.54	31.49	400m:	4:03.57	29.94	
12.	DUDYS Dominik		18	SMS Racibórz					4:03.66	660	21,00	
	50m:	27.31 27.31	150m:	1:30.07	31.55	250m:	2:31.93	30.94	350m:	3:30.94	29.13	
	100m:	58.52 31.21	200m:	2:00.99	30.92	300m:	3:01.81	29.88	400m:	4:03.66	32.72	
13.	MY LIWIEC Bartosz		16	SMS Szczecin					4:04.01	658	20,00	
	50m:	27.74 27.74	150m:	1:28.58	30.74	250m:	2:30.81	31.32	350m:	3:33.47	31.26	
	100m:	57.84 30.10	200m:	1:59.49	30.91	300m:	3:02.21	31.40	400m:	4:04.01	30.54	
14.	LEWICKI Filip		17	SMS Kraków					4:04.23	656	19,00	
	50m:	28.02 28.02	150m:	1:29.50	30.94	250m:	2:31.45	30.93	350m:	3:33.38	30.77	
	100m:	58.56 30.54	200m:	2:00.52	31.02	300m:	3:02.61	31.16	400m:	4:04.23	30.85	
15.	JANICZUK Patryk		18	SMS Lublin					4:04.51	654	-	
	50m:	27.42 27.42	150m:	1:29.46	31.25	250m:	2:32.41	31.59	350m:	3:34.81	31.12	
	100m:	58.21 30.79	200m:	2:00.82	31.36	300m:	3:03.69	31.28	400m:	4:04.51	29.70	
16.	KLISZ Krystian		18	SMS Szczecin					4:04.62	653	18,00	
	50m:	28.40 28.40	150m:	1:30.31	31.19	250m:	2:32.27	31.04	350m:	3:34.92	31.54	
	100m:	59.12 30.72	200m:	2:01.23	30.92	300m:	3:03.38	31.11	400m:	4:04.62	29.70	
17.	ZAREMBA Adam		15	SMS Wrocław					4:04.71	652	17,00	
	50m:	27.80 27.80	150m:	1:29.71	31.44	250m:	2:31.92	30.53	350m:	3:33.93	30.96	
	100m:	58.27 30.47	200m:	2:01.39	31.68	300m:	3:02.97	31.05	400m:	4:04.71	30.78	

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Konkurencja 20, M czyzn, 400m dowolny, Open

Pozycja			Wiek				Czas	Pkt.	
18.	STANEK Kacper	16	SMS Kraków				4:05.52	646	-
	50m: 27.14	27.14	150m: 1:27.81	30.65	250m: 2:29.77	30.82	350m: 3:33.38	31.94	
	100m: 57.16	30.02	200m: 1:58.95	31.14	300m: 3:01.44	31.67	400m: 4:05.52	32.14	
19.	SIENKIEWICZ Aleksander	17	SMS Zielona Góra				4:05.90	643	16,00
	50m: 27.10	27.10	150m: 1:28.08	30.88	250m: 2:30.69	31.33	350m: 3:33.71	31.76	
	100m: 57.20	30.10	200m: 1:59.36	31.28	300m: 3:01.95	31.26	400m: 4:05.90	32.19	
20.	DOBRINDT Mikołaj	17	SMS Bydgoszcz				4:06.16	641	15,00
	50m: 27.63	27.63	150m: 1:29.52	31.22	250m: 2:32.25	31.01	350m: 3:34.90	31.23	
	100m: 58.30	30.67	200m: 2:01.24	31.72	300m: 3:03.67	31.42	400m: 4:06.16	31.26	
21.	WO NIAK Piotr	15	SMS Olsztyn				4:07.09	633	14,00
	50m: 28.74	28.74	150m: 1:31.84	31.63	250m: 2:34.77	31.40	350m: 3:37.40	31.22	
	100m: 1:00.21	31.47	200m: 2:03.37	31.53	300m: 3:06.18	31.41	400m: 4:07.09	29.69	
22.	MENCEL Miłosz	18	SMS Wrocław				4:07.25	632	13,00
	50m: 27.98	27.98	150m: 1:28.58	30.55	250m: 2:31.54	31.83	350m: 3:36.23	32.53	
	100m: 58.03	30.05	200m: 1:59.71	31.13	300m: 3:03.70	32.16	400m: 4:07.25	31.02	
23.	KRZYSZTY SKI Jan	18	SMS Kraków				4:09.41	616	-
	50m: 28.67	28.67	150m: 1:30.44	31.28	250m: 2:33.87	31.83	350m: 3:38.28	32.41	
	100m: 59.16	30.49	200m: 2:02.04	31.60	300m: 3:05.87	32.00	400m: 4:09.41	31.13	
24.	RAJCA Wiktor	18	SMS Ostrowiec				4:09.59	614	12,00
	50m: 29.24	29.24	150m: 1:32.43	31.80	250m: 2:36.46	32.25	350m: 3:39.41	30.37	
	100m: 1:00.63	31.39	200m: 2:04.21	31.78	300m: 3:09.04	32.58	400m: 4:09.59	30.18	
25.	BOLEK Stanisław	15	SMS Warszawa Konwiktorska				4:09.64	614	11,00
	50m: 27.49	27.49	150m: 1:31.93	32.40	250m: 2:35.89	31.72	350m: 3:38.97	31.38	
	100m: 59.53	32.04	200m: 2:04.17	32.24	300m: 3:07.59	31.70	400m: 4:09.64	30.67	
26.	WILK Jakub	18	SMS Ostrowiec				4:10.86	605	10,00
	50m: 28.87	28.87	150m: 1:29.47	30.19	250m: 2:31.82	31.54	350m: 3:37.90	33.43	
	100m: 59.28	30.41	200m: 2:00.28	30.81	300m: 3:04.47	32.65	400m: 4:10.86	32.96	
27.	OGORZAŁEK Alan	17	SMS Wrocław				4:11.06	604	-
	50m: 27.92	27.92	150m: 1:31.74	32.05	250m: 2:36.17	32.32	350m: 3:39.70	31.64	
	100m: 59.69	31.77	200m: 2:03.85	32.11	300m: 3:08.06	31.89	400m: 4:11.06	31.36	
28.	GORRA Mikołaj	17	SMS Szczecin				4:11.35	602	-
	50m: 27.50	27.50	150m: 1:30.34	32.08	250m: 2:34.51	32.27	350m: 3:39.67	32.29	
	100m: 58.26	30.76	200m: 2:02.24	31.90	300m: 3:07.38	32.87	400m: 4:11.35	31.68	
29.	WIEK Wiktor	17	SMS Warszawa Bielany				4:11.67	599	9,00
	50m: 27.75	27.75	150m: 1:30.83	32.03	250m: 2:35.01	32.12	350m: 3:40.03	32.67	
	100m: 58.80	31.05	200m: 2:02.89	32.06	300m: 3:07.36	32.35	400m: 4:11.67	31.64	
30.	HEBEL Maciej	15	SMS Gdańsk				4:12.52	593	8,00
	50m: 27.77	27.77	150m: 1:29.48	31.44	250m: 2:33.64	32.26	350m: 3:40.48	33.13	
	100m: 58.04	30.27	200m: 2:01.38	31.90	300m: 3:07.35	33.71	400m: 4:12.52	32.04	
31.	DARUL Bartosz	16	SMS Gorzów Wielkopolski				4:13.51	586	7,00
	50m: 28.07	28.07	150m: 1:31.72	32.36	250m: 2:36.85	32.35	350m: 3:41.75	32.60	
	100m: 59.36	31.29	200m: 2:04.50	32.78	300m: 3:09.15	32.30	400m: 4:13.51	31.76	
32.	SZELE NIAK-BIAŁKOWSKI Julian	16	SMS Ostrowiec				4:13.72	585	-
	50m: 28.60	28.60	150m: 1:32.19	32.41	250m: 2:37.78	32.64	350m: 3:43.04	32.37	
	100m: 59.78	31.18	200m: 2:05.14	32.95	300m: 3:10.67	32.89	400m: 4:13.72	30.68	
33.	ROGUSKI Mateusz	17	SMS Warszawa Konwiktorska				4:14.77	578	-
	50m: 27.59	27.59	150m: 1:30.22	31.69	250m: 2:34.69	32.49	350m: 3:41.47	33.56	
	100m: 58.53	30.94	200m: 2:02.20	31.98	300m: 3:07.91	33.22	400m: 4:14.77	33.30	
34.	RYCHEL Maksymilian	17	SMS Racibórz				4:15.31	574	6,00
	50m: 28.66	28.66	150m: 1:32.77	32.46	250m: 2:38.84	33.21	350m: 3:43.96	32.60	
	100m: 1:00.31	31.65	200m: 2:05.63	32.86	300m: 3:11.36	32.52	400m: 4:15.31	31.35	
35.	KOWALSKI Marek	17	SMS Zielona Góra				4:16.13	569	5,00
	50m: 28.21	28.21	150m: 1:30.85	31.73	250m: 2:35.71	32.48	350m: 3:42.61	33.84	
	100m: 59.12	30.91	200m: 2:03.23	32.38	300m: 3:08.77	33.06	400m: 4:16.13	33.52	

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Konkurencja 20, M czynn, 400m dowolny, Open

Pozycja			Wiek					Czas	Pkt.	
36.	BEDNAREK Przemysław	16	SMS Warszawa Bielany					4:17.27	561	-
	50m: 28.58 28.58	150m: 1:31.32	31.78	250m: 2:36.82	32.98	350m: 3:44.02	33.71			
	100m: 59.54 30.96	200m: 2:03.84	32.52	300m: 3:10.31	33.49	400m: 4:17.27	33.25			
37.	MAKOWSKI Dominik	17	SMS Pozna					4:18.04	556	4,00
	50m: 29.01 29.01	150m: 1:34.04	32.82	250m: 2:40.71	33.39	350m: 3:46.49	32.73			
	100m: 1:01.22 32.21	200m: 2:07.32	33.28	300m: 3:13.76	33.05	400m: 4:18.04	31.55			
38.	STARO Tymoteusz	16	SMS Racibórz					4:18.51	553	-
	50m: 28.52 28.52	150m: 1:31.73	32.15	250m: 2:37.45	33.07	350m: 3:45.23	33.99			
	100m: 59.58 31.06	200m: 2:04.38	32.65	300m: 3:11.24	33.79	400m: 4:18.51	33.28			
39.	MALINOWSKI Jakub	17	SMS Gorzów Wielkopolski					4:18.59	552	3,00
	50m: 28.33 28.33	150m: 1:32.22	32.42	250m: 2:38.61	33.32	350m: 3:45.79	33.66			
	100m: 59.80 31.47	200m: 2:05.29	33.07	300m: 3:12.13	33.52	400m: 4:18.59	32.80			
40.	BANIA Karol	15	SMS Bydgoszcz					4:20.69	539	2,00
	50m: 29.56 29.56	150m: 1:34.71	32.96	250m: 2:41.18	33.34	350m: 3:48.22	33.53			
	100m: 1:01.75 32.19	200m: 2:07.84	33.13	300m: 3:14.69	33.51	400m: 4:20.69	32.47			
41.	AJTEL Jakub	17	SMS Gda sk					4:23.46	522	-
	50m: 29.40 29.40	150m: 1:35.05	33.11	250m: 2:42.26	33.76	350m: 3:50.27	33.97			
	100m: 1:01.94 32.54	200m: 2:08.50	33.45	300m: 3:16.30	34.04	400m: 4:23.46	33.19			
42.	SUCHA SKI Filip	15	SMS Ostrowiec					4:26.92	502	-
	50m: 29.03 29.03	150m: 1:35.25	33.94	250m: 2:43.82	34.37	350m: 3:53.62	35.25			
	100m: 1:01.31 32.28	200m: 2:09.45	34.20	300m: 3:18.37	34.55	400m: 4:26.92	33.30			
43.	KUROWSKI Tymon	16	SMS Gorzów Wielkopolski					4:30.83	481	-
	50m: 29.03 29.03	150m: 1:36.04	33.96	250m: 2:45.83	35.22	350m: 3:56.33	35.17			
	100m: 1:02.08 33.05	200m: 2:10.61	34.57	300m: 3:21.16	35.33	400m: 4:30.83	34.50			
44.	DUDEK Kacper	18	SMS Pozna					4:30.98	480	1,00
	50m: 28.44 28.44	150m: 1:33.82	33.65	250m: 2:43.10	35.02	350m: 3:54.91	35.93			
	100m: 1:00.17 31.73	200m: 2:08.08	34.26	300m: 3:18.98	35.88	400m: 4:30.98	36.07			
45.	KACZMARCZYK Marcel	17	SMS Gorzów Wielkopolski					4:31.10	479	-
	50m: 30.32 30.32	150m: 1:36.71	34.07	250m: 2:47.05	35.28	350m: 3:57.31	35.24			
	100m: 1:02.64 32.32	200m: 2:11.77	35.06	300m: 3:22.07	35.02	400m: 4:31.10	33.79			
46.	CHABOWSKI Nathaniel	14	SMS Gda sk					4:31.79	476	-
	50m: 29.47 29.47	150m: 1:38.21	34.97	250m: 2:48.41	34.98	350m: 3:58.13	34.70			
	100m: 1:03.24 33.77	200m: 2:13.43	35.22	300m: 3:23.43	35.02	400m: 4:31.79	33.66			
47.	KOZŁOWSKI Konrad	16	SMS Olsztyn					4:33.86	465	-
	50m: 30.01 30.01	150m: 1:38.76	34.96	250m: 2:49.68	35.51	350m: 3:59.62	35.03			
	100m: 1:03.80 33.79	200m: 2:14.17	35.41	300m: 3:24.59	34.91	400m: 4:33.86	34.24			
PK	KUBINIEC Mikołaj	16	SMS Lublin					4:12.77	592	-
	50m: 27.51 27.51	150m: 1:30.20	31.89	250m: 2:35.07	32.52	350m: 3:40.74	32.92			
	100m: 58.31 30.80	200m: 2:02.55	32.35	300m: 3:07.82	32.75	400m: 4:12.77	32.03			
PK	CHAŁAT Wojciech	16	SMS Lublin					4:26.45	505	-
	50m: 29.88 29.88	150m: 1:36.08	33.67	250m: 2:44.61	34.07	350m: 3:53.29	34.56			
	100m: 1:02.41 32.53	200m: 2:10.54	34.46	300m: 3:18.73	34.12	400m: 4:26.45	33.16			