

2020 Zimowe Mistrzostwa Polski Juniorów 17-18 lat
Lublin, 11. - 13.12.2020

Konkurencja 11
11.12.2020

Kobiet, 400m zmienny

17 - 18 lat
Wyniki Eliminacje

Rekord Polski Open	4:31.89	BARANOWSKA Katarzyna	00116	Debrecen (HUN)	16.12.2007
Rekord Polski 18	4:33.70	BARANOWSKA Katarzyna	POL	Trieste (ITA)	11.12.2005
Rekord Polski 17	4:38.72	SZCZEPANIAK Karolina		Gorzów Wlkp.	29.11.2009

Punkty: FINA 2020

Pozycja			Wiek						Czas	Pkt.
1.	FAMUŁOK Zuzanna		17		UKP Unia O wi cim				4:58.56	652 Q
	50m:	30.97 30.97	150m:	1:46.44 39.40	250m:	3:07.13 41.78	350m:	4:24.94 35.00		
	100m:	1:07.04 36.07	200m:	2:25.35 38.91	300m:	3:49.94 42.81	400m:	4:58.56 33.62		
2.	HERBREDEK Gabriela		17		UKS „GIM 92 Ursynów"				4:59.12	648 Q
	50m:	31.31 31.31	150m:	1:47.26 39.98	250m:	3:07.88 42.37	350m:	4:25.62 35.48		
	100m:	1:07.28 35.97	200m:	2:25.51 38.25	300m:	3:50.14 42.26	400m:	4:59.12 33.50		
3.	MO D AN Milena		17		MKP Szczecin				4:59.53	646 Q
	50m:	32.33 32.33	150m:	1:47.44 38.88	250m:	3:07.88 42.53	350m:	4:25.33 34.24		
	100m:	1:08.56 36.23	200m:	2:25.35 37.91	300m:	3:51.09 43.21	400m:	4:59.53 34.20		
4.	BIERNAT Oliwia		17		UKS SMS Galicja Kraków				5:00.16	642 Q
	50m:	32.53 32.53	150m:	1:46.94 38.25	250m:	3:08.74 42.75	350m:	4:26.38 35.28		
	100m:	1:08.69 36.16	200m:	2:25.99 39.05	300m:	3:51.10 42.36	400m:	5:00.16 33.78		
5.	NOWAK Zuzanna		18		UKP Unia O wi cim				5:02.41	627 Q
	50m:	31.63 31.63	150m:	1:46.53 38.76	250m:	3:08.16 43.79	350m:	4:28.01 36.18		
	100m:	1:07.77 36.14	200m:	2:24.37 37.84	300m:	3:51.83 43.67	400m:	5:02.41 34.40		
6.	SOBIAK Zuzanna		18		WKS I sk Wrocław				5:04.85	612 Q
	50m:	31.86 31.86	150m:	1:47.46 38.46	250m:	3:09.71 44.90	350m:	4:30.07 34.61		
	100m:	1:09.00 37.14	200m:	2:24.81 37.35	300m:	3:55.46 45.75	400m:	5:04.85 34.78		
7.	MACIEJEWSKA Beata		17		UKS SP-149 Łódź				5:05.99	606 Q
	50m:	33.14 33.14	150m:	1:49.76 38.88	250m:	3:11.82 43.22	350m:	4:31.00 35.47		
	100m:	1:10.88 37.74	200m:	2:28.60 38.84	300m:	3:55.53 43.71	400m:	5:05.99 34.99		
8.	CIOCH-GRADZIK Wiktoria		17		KU AZS UMCS Lublin				5:07.15	599 Q
	50m:	32.01 32.01	150m:	1:48.77 40.25	250m:	3:12.89 44.18	350m:	4:32.12 34.14		
	100m:	1:08.52 36.51	200m:	2:28.71 39.94	300m:	3:57.98 45.09	400m:	5:07.15 35.03		
9.	CERLICH Oliwia		18		MKS „IKAR" Mielec				5:09.69	584 Q
	50m:	31.22 31.22	150m:	1:46.21 39.23	250m:	3:08.78 43.94	350m:	4:32.12 37.75		
	100m:	1:06.98 35.76	200m:	2:24.84 38.63	300m:	3:54.37 45.59	400m:	5:09.69 37.57		
10.	WILCZEWSKA Aleksandra		18		KU AZS UMCS Lublin				5:12.07	571 Q
	50m:	32.75 32.75	150m:	1:50.55 39.85	250m:	3:14.58 45.03	350m:	4:36.54 36.54		
	100m:	1:10.70 37.95	200m:	2:29.55 39.00	300m:	4:00.00 45.42	400m:	5:12.07 35.53		
11.	STERNICZUK Weronika		17		UKS Pi tka Konstantynów Łódzki				5:18.89	535 R
	50m:	32.55 32.55	150m:	1:53.43 41.81	250m:	3:19.09 45.02	350m:	4:41.87 37.46		
	100m:	1:11.62 39.07	200m:	2:34.07 40.64	300m:	4:04.41 45.32	400m:	5:18.89 37.02		
12.	DZIERKACZ Kaja		18		MKS SP 63 Bydgoszcz				5:35.06	461 R
	50m:	34.37 34.37	150m:	1:57.26 43.57	250m:	3:27.64 47.33	350m:	4:57.07 40.18		
	100m:	1:13.69 39.32	200m:	2:40.31 43.05	300m:	4:16.89 49.25	400m:	5:35.06 37.99		