

2020 Zimowe Mistrzostwa Polski Juniorów 17-18 lat
Lublin, 11. - 13.12.2020

Konkurencja 12
11.12.2020

Chłopców, 400m zmienny

17 - 18 lat
Wyniki Eliminacje

Rekord Polski Open	4:03.20	WOJT Lukasz	POL	Berlin (GER)	14.11.2009
Rekord Polski 18	4:09.07	MATCZAK Mateusz	00905	Debrecen (HUN)	14.12.2007
Rekord Polski 17	4:11.22	W GROWSKI Marcel	00505	Olsztyn	16.12.2016

Punkt: FINA 2020

Pozycja	Wiek				Czas				Pkt.	
1. SZCZYGIEL David	18	UKP Unia O wi cim			4:24.44	700	A			
50m: 27.93	27.93	150m: 1:33.03	33.42	250m: 2:43.72	37.63	350m: 3:53.96	31.70			
100m: 59.61	31.68	200m: 2:06.09	33.06	300m: 3:22.26	38.54	400m: 4:24.44	30.48			
2. ADAMCZYK Jan	17	KU AZS UMCS Lublin			4:24.48	699	A			
50m: 28.20	28.20	150m: 1:34.70	33.95	250m: 2:46.62	38.05	350m: 3:54.99	30.52			
100m: 1:00.75	32.55	200m: 2:08.57	33.87	300m: 3:24.47	37.85	400m: 4:24.48	29.49			
3. MRÓZ Adam	17	KU AZS UMCS Lublin			4:24.62	698	A			
50m: 27.60	27.60	150m: 1:34.48	34.19	250m: 2:45.56	36.87	350m: 3:54.74	31.87			
100m: 1:00.29	32.69	200m: 2:08.69	34.21	300m: 3:22.87	37.31	400m: 4:24.62	29.88			
4. ZDZIEBŁO Piotr	18	AZS AWF Katowice			4:25.96	688	A			
50m: 28.17	28.17	150m: 1:34.71	34.27	250m: 2:45.37	37.47	350m: 3:55.36	32.01			
100m: 1:00.44	32.27	200m: 2:07.90	33.19	300m: 3:23.35	37.98	400m: 4:25.96	30.60			
5. DOBRINDT Mikołaj	17	MUKS "Pi tnastka"			4:26.83	681	A			
50m: 28.37	28.37	150m: 1:35.90	34.90	250m: 2:47.35	36.62	350m: 3:56.27	31.46			
100m: 1:01.00	32.63	200m: 2:10.73	34.83	300m: 3:24.81	37.46	400m: 4:26.83	30.56			
6. PITY SKI Wiktor	17	WKS I sk Wrocław			4:27.76	674	A			
50m: 28.50	28.50	150m: 1:35.45	34.42	250m: 2:47.42	38.17	350m: 3:57.23	31.50			
100m: 1:01.03	32.53	200m: 2:09.25	33.80	300m: 3:25.73	38.31	400m: 4:27.76	30.53			
7. BLACHURA Oskar	18	UKP Unia O wi cim			4:28.12	671	A			
50m: 27.92	27.92	150m: 1:35.48	35.12	250m: 2:46.93	36.92	350m: 3:57.08	31.59			
100m: 1:00.36	32.44	200m: 2:10.01	34.53	300m: 3:25.49	38.56	400m: 4:28.12	31.04			
SYNOWIEC Mikołaj	18	UKS SMS Galicja Kraków			4:28.12	671	A			
50m: 28.82	28.82	150m: 1:35.68		250m: 2:48.99	39.06	350m: 3:58.89	30.56			
100m:		200m: 2:09.93	34.25	300m: 3:28.33	39.34	400m: 4:28.12	29.23			
9. KAPAŁA Szymon	17	MTP Kormoran Olsztyn			4:28.27	670	A			
50m: 28.67	28.67	150m: 1:35.68	34.73	250m: 2:48.46	38.66	350m: 3:58.75	31.01			
100m: 1:00.95	32.28	200m: 2:09.80	34.12	300m: 3:27.74	39.28	400m: 4:28.27	29.52			
10. RAJCA Wiktor	18	KS KSZO Ostrowiec w.			4:28.32	670	A			
50m: 28.38	28.38	150m: 1:34.58	35.22	250m: 2:47.38	37.90	350m: 3:57.99	32.07			
100m: 59.36	30.98	200m: 2:09.48	34.90	300m: 3:25.92	38.54	400m: 4:28.32	30.33			
11. MICHALAK Jan	17	UKS Nawa Skierniewice			4:29.93	658	B			
50m: 27.68	27.68	150m: 1:34.34	34.91	250m: 2:46.45	37.74	350m: 3:57.56	32.82			
100m: 59.43	31.75	200m: 2:08.71	34.37	300m: 3:24.74	38.29	400m: 4:29.93	32.37			
12. BOROWSKI Jakub	18	St. Lok. SALOS Cortile Kielce			4:32.33	641	B			
50m: 28.26	28.26	150m: 1:35.48	34.98	250m: 2:48.42	37.13	350m: 3:59.86	33.12			
100m: 1:00.50	32.24	200m: 2:11.29	35.81	300m: 3:26.74	38.32	400m: 4:32.33	32.47			
13. TOMASZOWSKI Michał	17	UKS Wodnik Siemianowice I skie			4:32.40	640	B			
50m: 27.66	27.66	150m: 1:34.18	33.93	250m: 2:49.07	40.60	350m: 4:01.36	30.97			
100m: 1:00.25	32.59	200m: 2:08.47	34.29	300m: 3:30.39	41.32	400m: 4:32.40	31.04			
14. POPIOŁEK Dawid	18	KU AZS UMCS Lublin			4:33.05	635	B			
50m: 27.02	27.02	150m: 1:35.17	35.80	250m: 2:49.89	39.71	350m: 4:00.83	32.42			
100m: 59.37	32.35	200m: 2:10.18	35.01	300m: 3:28.41	38.52	400m: 4:33.05	32.22			
15. PŁATEK Maciej	18	UKP Unia O wi cim			4:33.14	635	B			
50m: 28.44	28.44	150m: 1:36.74	35.42	250m: 2:50.99	39.49	350m: 4:02.79	31.78			
100m: 1:01.32	32.88	200m: 2:11.50	34.76	300m: 3:31.01	40.02	400m: 4:33.14	30.35			
16. LEWICKI Filip	17	UKS SMS Galicja Kraków			4:34.14	628	B			
50m: 28.36	28.36	150m: 1:37.17	35.82	250m: 2:51.80	39.57	350m: 4:03.19	31.61			
100m: 1:01.35	32.99	200m: 2:12.23	35.06	300m: 3:31.58	39.78	400m: 4:34.14	30.95			

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Pozycja	Wiek				Czas				Pkt.
17. ANTCZAK Bartosz	17	UKS G-8 Bielany Warszawa			4:34.78	624	B		
50m: 27.89 27.89	150m: 1:35.40 35.27	250m: 2:49.03 38.79	350m: 4:02.05 33.29						
100m: 1:00.13 32.24	200m: 2:10.24 34.84	300m: 3:28.76 39.73	400m: 4:34.78 32.73						
18. KRZYSZTY SKI Jan	18	UKS SMS Galicja Kraków			4:37.49	605	B		
50m: 29.08 29.08	150m: 1:38.87 36.55	250m: 2:54.56 40.15	350m: 4:06.99 32.07						
100m: 1:02.32 33.24	200m: 2:14.41 35.54	300m: 3:34.92 40.36	400m: 4:37.49 30.50						
19. MARUWKA Bruno	17	UPKS Wodnik Rawicz			4:40.92	583	B		
50m: 28.32 28.32	150m: 1:36.97 35.20	250m: 2:52.12 40.72	350m: 4:08.32 34.22						
100m: 1:01.77 33.45	200m: 2:11.40 34.43	300m: 3:34.10 41.98	400m: 4:40.92 32.60						
20. KUBIAK Norbert	18	KS Warta Pozna			4:44.18	564	B		
50m: 29.33 29.33	150m: 1:37.60 35.02	250m: 2:54.18 40.53	350m: 4:10.03 34.31						
100m: 1:02.58 33.25	200m: 2:13.65 36.05	300m: 3:35.72 41.54	400m: 4:44.18 34.15						
21. KALISIAK Norbert	18	UKS Nawa Skierniewice			4:46.03	553	R		
50m: 31.04 31.04	150m: 1:42.38 36.59	250m: 2:58.06 40.45	350m: 4:12.73 34.10						
100m: 1:05.79 34.75	200m: 2:17.61 35.23	300m: 3:38.63 40.57	400m: 4:46.03 33.30						
22. RUTA Kamil	18	UKP „Polonia Warszawa”			4:49.72	532	R		
50m: 29.16 29.16	150m: 1:40.48 37.60	250m: 3:00.57 42.36	350m: 4:16.06 32.66						
100m: 1:02.88 33.72	200m: 2:18.21 37.73	300m: 3:43.40 42.83	400m: 4:49.72 33.66						
23. SOWA Łukasz	17	UKS SMS Galicja Kraków			4:51.42	523			
50m: 30.05 30.05	150m: 1:41.05 37.03	250m: 2:59.78 42.04	350m: 4:17.24 35.16						
100m: 1:04.02 33.97	200m: 2:17.74 36.69	300m: 3:42.08 42.30	400m: 4:51.42 34.18						
24. SERGA Andrzej	17	KS OLIMPIA Lublin			4:54.35	507			
50m: 29.12 29.12	150m: 1:41.24 38.65	250m: 3:01.24 42.30	350m: 4:19.63 35.86						
100m: 1:02.59 33.47	200m: 2:18.94 37.70	300m: 3:43.77 42.53	400m: 4:54.35 34.72						
25. SZCZEPANIK Szymon	17	KP Sokół Rzeszów			4:58.32	487			
50m: 29.89 29.89	150m: 1:44.10 38.53	250m: 3:04.30 41.93	350m: 4:23.41 35.89						
100m: 1:05.57 35.68	200m: 2:22.37 38.27	300m: 3:47.52 43.22	400m: 4:58.32 34.91						
26. MOSIAK Mikołaj	17	MKP „Atol” Ole nica			5:00.51	477			
50m: 27.85 27.85	150m: 1:43.47 42.84	250m: 3:09.38 44.36	350m: 4:30.49 36.55						
100m: 1:00.63 32.78	200m: 2:25.02 41.55	300m: 3:53.94 44.56	400m: 5:00.51 30.02						
27. NIEDZIAŁEK Michał	17	MTP Kormoran Olsztyn			5:09.96	434			
50m: 33.07 33.07	150m: 1:52.62 40.38	250m: 3:16.15 46.67	350m: 4:37.32 35.38						
100m: 1:12.24 39.17	200m: 2:29.48 36.86	300m: 4:01.94 45.79	400m: 5:09.96 32.64						
DYSKW. KSI NICKI Dawid	18	MKS „IKAR” Mielec							
M11 - Pływak dotkn ł cian nierównocze nie dwiema dło mi przy nawrocie lub na zako czenie wy cigu									