

2020 Zimowe Mistrzostwa Polski Juniorów 17-18 lat
Lublin, 11. - 13.12.2020

Konkurencja 19
12.12.2020

Kobiet, 400m dowolny

17 - 18 lat
Wyniki Eliminacje

Rekord Polski Open	4:05.77	BARZYCKA Paulina	00114	Gorzow	26.11.2005
Rekord Polski 18	4:07.14	PIECHOTA Paulina	01605	Łódź	20.12.2017
Rekord Polski 17	4:08.04	KILIJA SKA Donata	00612	Poznań	17.12.2011

Punkty: FINA 2020

Pozycja			Wiek				Czas		Pkt.	
1.	KLIMEK Marta	17	UKP Unia O wi cim		4:21.66	714	A			
	50m: 29.20	29.20	150m: 1:33.56	32.49	250m: 2:39.57	33.38	350m: 3:46.49	33.77		
	100m: 1:01.07	31.87	200m: 2:06.19	32.63	300m: 3:12.72	33.15	400m: 4:21.66	35.17		
2.	SZCZEPA SKA Maria	17	KS Warta Poznań		4:23.72	697	A			
	50m: 30.38	30.38	150m: 1:36.38	33.36	250m: 2:43.48	33.44	350m: 3:50.97	34.09		
	100m: 1:03.02	32.64	200m: 2:10.04	33.66	300m: 3:16.88	33.40	400m: 4:23.72	32.75		
3.	KNOP Aleksandra	17	UKS 190 Łódź		4:26.18	678	A			
	50m: 30.24	30.24	150m: 1:37.04	33.42	250m: 2:45.04	34.01	350m: 3:53.24	33.91		
	100m: 1:03.62	33.38	200m: 2:11.03	33.99	300m: 3:19.33	34.29	400m: 4:26.18	32.94		
4.	SZEWCZYK Zofia	18	UKP Fala Kra nik		4:26.38	677	A			
	50m: 30.76	30.76	150m: 1:38.02	33.73	250m: 2:46.04	34.00	350m: 3:53.93	33.71		
	100m: 1:04.29	33.53	200m: 2:12.04	34.02	300m: 3:20.22	34.18	400m: 4:26.38	32.45		
5.	NOWAK Maja	17	AZS AWF Warszawa		4:26.67	674	A			
	50m: 30.76	30.76	150m: 1:37.91	33.69	250m: 2:46.32	34.07	350m: 3:54.09	33.88		
	100m: 1:04.22	33.46	200m: 2:12.25	34.34	300m: 3:20.21	33.89	400m: 4:26.67	32.58		
6.	ŁUCZAK Dominika	18	TP Zielona Góra		4:26.80	673	A			
	50m: 30.59	30.59	150m: 1:37.66	33.88	250m: 2:45.66	33.95	350m: 3:53.78	34.03		
	100m: 1:03.78	33.19	200m: 2:11.71	34.05	300m: 3:19.75	34.09	400m: 4:26.80	33.02		
7.	MICIAK Agata	18	MKP „SŁOWIANKA” Gorzów Wlkp.		4:26.82	673	A			
	50m: 31.01	31.01	150m: 1:38.07	33.82	250m: 2:46.15	34.25	350m: 3:54.18	33.72		
	100m: 1:04.25	33.24	200m: 2:11.90	33.83	300m: 3:20.46	34.31	400m: 4:26.82	32.64		
8.	HELLAK Emilia	17	WKS I sk Wrocław		4:26.95	672	A			
	50m: 30.48	30.48	150m: 1:37.40	33.63	250m: 2:45.40	33.81	350m: 3:53.71	34.15		
	100m: 1:03.77	33.29	200m: 2:11.59	34.19	300m: 3:19.56	34.16	400m: 4:26.95	33.24		
9.	ZIELI SKA Daria	17	UKP „Polonia Warszawa”		4:26.98	672	A			
	50m: 31.05	31.05	150m: 1:38.23	33.96	250m: 2:45.95	33.79	350m: 3:53.95	34.02		
	100m: 1:04.27	33.22	200m: 2:12.16	33.93	300m: 3:19.93	33.98	400m: 4:26.98	33.03		
10.	D BROWSKA Wiktoria	17	UKP „Polonia Warszawa”		4:27.27	670	A			
	50m: 30.42	30.42	150m: 1:37.37	33.58	250m: 2:44.77	33.86	350m: 3:54.18	35.05		
	100m: 1:03.79	33.37	200m: 2:10.91	33.54	300m: 3:19.13	34.36	400m: 4:27.27	33.09		
11.	MOLENDĄ Dominika	17	UKS abianka Gda sk		4:29.89	651	B			
	50m: 31.27	31.27	150m: 1:39.90	34.62	250m: 2:49.23	34.61	350m: 3:57.51	34.07		
	100m: 1:05.28	34.01	200m: 2:14.62	34.72	300m: 3:23.44	34.21	400m: 4:29.89	32.38		
12.	CIOCH-GRADZIK Wiktoria	17	KU AZS UMCS Lublin		4:30.83	644	B			
	50m: 30.93	30.93	150m: 1:38.10	33.97	250m: 2:46.77	34.61	350m: 3:55.70	34.40		
	100m: 1:04.13	33.20	200m: 2:12.16	34.06	300m: 3:21.30	34.53	400m: 4:30.83	35.13		
13.	GANCARZ Julia	17	WKS I sk Wrocław		4:32.41	633	B			
	50m: 30.54	30.54	150m: 1:38.66	34.49	250m: 2:48.23	34.70	350m: 3:58.44	35.26		
	100m: 1:04.17	33.63	200m: 2:13.53	34.87	300m: 3:23.18	34.95	400m: 4:32.41	33.97		
14.	ZAREMBIK Katarzyna	18	MKS SMS Victoria Racibórz		4:32.86	630	B			
	50m: 31.03	31.03	150m: 1:40.04	34.69	250m: 2:50.13	35.07	350m: 3:59.76	34.94		
	100m: 1:05.35	34.32	200m: 2:15.06	35.02	300m: 3:24.82	34.69	400m: 4:32.86	33.10		
15.	KOZD BA Karolina	17	UKS SMS Galicja Kraków		4:34.41	619	B			
	50m: 32.09	32.09	150m: 1:42.34	34.69	250m: 2:52.49	35.26	350m: 4:01.52	33.87		
	100m: 1:07.65	35.56	200m: 2:17.23	34.89	300m: 3:27.65	35.16	400m: 4:34.41	32.89		
16.	ZMIERCZAK Natalia	17	MTP Kormoran Olsztyn		4:35.83	609	B			
	50m: 30.24	30.24	150m: 1:38.95	34.82	250m: 2:47.98	34.23	350m: 3:59.11	36.00		
	100m: 1:04.13	33.89	200m: 2:13.75	34.80	300m: 3:23.11	35.13	400m: 4:35.83	36.72		

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Pozycja			Wiek					Czas	Pkt.	
17.	KRZYSZTOFIAK Iga		17	KS Warta Pozna				4:36.20	607	B
	50m:	31.36 31.36	150m:	1:40.57	35.14	250m:	2:51.42	35.35	350m:	4:02.37 35.15
	100m:	1:05.43 34.07	200m:	2:16.07	35.50	300m:	3:27.22	35.80	400m:	4:36.20 33.83
18.	WODECKA Roksana		17	UKS 190 Łód				4:36.46	605	B
	50m:	32.26 32.26	150m:	1:43.11	35.71	250m:	2:53.60	34.99	350m:	4:02.78 34.53
	100m:	1:07.40 35.14	200m:	2:18.61	35.50	300m:	3:28.25	34.65	400m:	4:36.46 33.68
19.	KUCHTA Maria		18	MUKS "Pi tnatka"				4:36.90	602	B
	50m:	31.89 31.89	150m:	1:41.43	35.07	250m:	2:52.15	35.49	350m:	4:03.50 35.70
	100m:	1:06.36 34.47	200m:	2:16.66	35.23	300m:	3:27.80	35.65	400m:	4:36.90 33.40
20.	PTASZY SKA Weronika		17	UKP Unia O wi cim				4:40.32	581	B
	50m:	31.90 31.90	150m:	1:41.98	35.28	250m:	2:53.58	35.83	350m:	4:05.14 35.82
	100m:	1:06.70 34.80	200m:	2:17.75	35.77	300m:	3:29.32	35.74	400m:	4:40.32 35.18
21.	FRYSIAK Zuzanna		17	MUKS "Pi tnatka"				4:41.42	574	R
	50m:	31.64 31.64	150m:	1:41.27	35.27	250m:	2:52.56	35.68	350m:	4:05.23 36.66
	100m:	1:06.00 34.36	200m:	2:16.88	35.61	300m:	3:28.57	36.01	400m:	4:41.42 36.19
22.	D BROWSKA Tatiana		18	UKS Pi tka Konstanyńów Łódzki				4:43.02	564	R
	50m:	31.29 31.29	150m:	1:39.83	34.80	250m:	2:52.17	36.51	350m:	4:06.01 37.13
	100m:	1:05.03 33.74	200m:	2:15.66	35.83	300m:	3:28.88	36.71	400m:	4:43.02 37.01
23.	MA LEJ Iga		17	MKS Juvenia Wrocław				4:43.51	561	
	50m:	31.87 31.87	150m:	1:42.45	35.46	250m:	2:54.07	35.97	350m:	4:07.20 36.62
	100m:	1:06.99 35.12	200m:	2:18.10	35.65	300m:	3:30.58	36.51	400m:	4:43.51 36.31
24.	SCZOGIEL Alicja		17	UKS SMS Galicja Kraków				4:45.34	550	
	50m:	31.16 31.16	150m:	1:42.16	35.90	250m:	2:55.17	36.57	350m:	4:09.11 37.11
	100m:	1:06.26 35.10	200m:	2:18.60	36.44	300m:	3:32.00	36.83	400m:	4:45.34 36.23
25.	PIEPIÓRKA Martyna		17	UKS abianka Gda sk				4:45.36	550	
	50m:	32.36 32.36	150m:	1:42.55	35.38	250m:	2:54.59	36.10	350m:	4:09.74 37.76
	100m:	1:07.17 34.81	200m:	2:18.49	35.94	300m:	3:31.98	37.39	400m:	4:45.36 35.62
26.	SZYNAL Amelia		17	Uks Skarpa Lublin				4:51.93	514	
	50m:	31.82 31.82	150m:	1:45.08	37.33	250m:	3:00.09	37.56	350m:	4:15.80 37.76
	100m:	1:07.75 35.93	200m:	2:22.53	37.45	300m:	3:38.04	37.95	400m:	4:51.93 36.13
27.	CH CIAK Sandra		17	UKS „GIM 92 Ursynów"				4:54.42	501	
	50m:	31.66 31.66	150m:	1:43.14	36.39	250m:	2:59.03	38.41	350m:	4:16.90 38.88
	100m:	1:06.75 35.09	200m:	2:20.62	37.48	300m:	3:38.02	38.99	400m:	4:54.42 37.52