

2020 Zimowe Mistrzostwa Polski Juniorów 17-18 lat
Lublin, 11. - 13.12.2020

Konkurencja 20
12.12.2020

Chłopców, 400m dowolny

17 - 18 lat
Wyniki Eliminacje

Rekord Polski Open	3:37.57	WOJDAK Wojciech	01006	Netanya (ISR)	02.12.2015
Rekord Polski 18	3:41.69	WOJDAK Wojciech	01006	Ostrowiec Sw	18.12.2014
Rekord Polski 17	3:45.26	WOJDAK Wojciech	01006	Ostrowiec Sw	19.12.2013

Punkty: FINA 2020

Pozycja			Wiek						Czas	Pkt.	
1.	GRZEGORCZYK Wiktor	18	UKP Unia O wi cim				3:55.80	729	A		
	50m: 27.24 27.24	150m: 1:26.92 30.09	250m: 2:27.59 30.30	350m: 3:27.09 29.10	400m: 3:55.80 28.71						
	100m: 56.83 29.59	200m: 1:57.29 30.37	300m: 2:57.99 30.40								
2.	SZCZERBA Adam	18	KU AZS UMCS Lublin				3:56.73	720	A		
	50m: 26.74 26.74	150m: 1:26.27 30.13	250m: 2:27.23 30.49	350m: 3:27.23 29.70	400m: 3:56.73 29.50						
	100m: 56.14 29.40	200m: 1:56.74 30.47	300m: 2:57.53 30.30								
3.	DASZKIEWICZ Michał	17	UKP Unia O wi cim				3:58.03	709	A		
	50m: 27.13 27.13	150m: 1:26.94 30.11	250m: 2:28.08 30.81	350m: 3:28.75 30.19	400m: 3:58.03 29.28						
	100m: 56.83 29.70	200m: 1:57.27 30.33	300m: 2:58.56 30.48								
4.	KAPAŁA Szymon	17	MTP Kormoran Olsztyn				3:58.10	708	A		
	50m: 27.46 27.46	150m: 1:27.13 30.12	250m: 2:27.47 30.01	350m: 3:28.44 30.48	400m: 3:58.10 29.66						
	100m: 57.01 29.55	200m: 1:57.46 30.33	300m: 2:57.96 30.49								
5.	ZIELI SKI Konrad	17	UKS 190 Łódź				3:58.15	707	A		
	50m: 27.29 27.29	150m: 1:27.32 30.44	250m: 2:27.70 30.25	350m: 3:28.31 30.07	400m: 3:58.15 29.84						
	100m: 56.88 29.59	200m: 1:57.45 30.13	300m: 2:58.24 30.54								
6.	ZUBIK Jan	17	UKP „Polonia Warszawa”				3:59.72	694	A		
	50m: 27.07 27.07	150m: 1:27.09 30.28	250m: 2:27.98 30.37	350m: 3:29.38 30.71	400m: 3:59.72 30.34						
	100m: 56.81 29.74	200m: 1:57.61 30.52	300m: 2:58.67 30.69								
7.	JAKIMIĄK Jakub	17	KS Narwał Mi dzyrzec Podl.				3:59.76	693	A		
	50m: 27.58 27.58	150m: 1:27.63 30.16	250m: 2:28.57 30.42	350m: 3:29.22 30.22	400m: 3:59.76 30.54						
	100m: 57.47 29.89	200m: 1:58.15 30.52	300m: 2:59.00 30.43								
8.	KOWALSKI Daniel	17	TP Zielona Góra				4:00.37	688	A		
	50m: 26.70 26.70	150m: 1:27.18 30.86	250m: 2:28.06 30.25	350m: 3:30.02 30.99	400m: 4:00.37 30.35						
	100m: 56.32 29.62	200m: 1:57.81 30.63	300m: 2:59.03 30.97								
9.	LIK Kacper	18	MKS Jedyńka Łódź				4:01.30	680	A		
	50m: 27.59 27.59	150m: 1:27.93 30.53	250m: 2:29.58 30.78	350m: 3:31.02 30.26	400m: 4:01.30 30.28						
	100m: 57.40 29.81	200m: 1:58.80 30.87	300m: 3:00.76 31.18								
10.	TOMASZOWSKI Michał	17	UKS Wodnik Siemianowice I skie				4:01.66	677	A		
	50m: 26.98 26.98	150m: 1:27.56 30.72	250m: 2:29.10 30.87	350m: 3:30.93 30.57	400m: 4:01.66 30.73						
	100m: 56.84 29.86	200m: 1:58.23 30.67	300m: 3:00.36 31.26								
11.	RODKIEWICZ Radosław	17	IUKS „Muszelka” Warszawa				4:01.85	675	B		
	50m: 28.08 28.08	150m: 1:29.03 30.63	250m: 2:30.61 30.77	350m: 3:31.94 30.46	400m: 4:01.85 29.91						
	100m: 58.40 30.32	200m: 1:59.84 30.81	300m: 3:01.48 30.87								
12.	PŁATEK Maciej	18	UKP Unia O wi cim				4:02.05	674	B		
	50m: 27.74 27.74	150m: 1:29.45 30.93	250m: 2:31.24 30.79	350m: 3:32.38 30.30	400m: 4:02.05 29.67						
	100m: 58.52 30.78	200m: 2:00.45 31.00	300m: 3:02.08 30.84								
13.	WI ZIK Jan	17	UKP Unia O wi cim				4:03.62	661	B		
	50m: 27.84 27.84	150m: 1:29.17 30.93	250m: 2:31.25 30.87	350m: 3:33.18 30.93	400m: 4:03.62 30.44						
	100m: 58.24 30.40	200m: 2:00.38 31.21	300m: 3:02.25 31.00								
14.	GORRA Mikołaj	17	MKP Szczecin				4:03.77	660	B		
	50m: 27.09 27.09	150m: 1:27.80 30.59	250m: 2:30.34 31.45	350m: 3:33.93 31.78	400m: 4:03.77 29.84						
	100m: 57.21 30.12	200m: 1:58.89 31.09	300m: 3:02.15 31.81								
15.	KLISZ Krystian	18	MKP Szczecin				4:04.13	657	B		
	50m: 28.11 28.11	150m: 1:29.59 31.07	250m: 2:31.93 31.17	350m: 3:34.20 30.93	400m: 4:04.13 29.93						
	100m: 58.52 30.41	200m: 2:00.76 31.17	300m: 3:03.27 31.34								
16.	SIEKACZY SKI Artur	18	UKP Fala Kra nik				4:04.48	654	B		
	50m: 26.88 26.88	150m: 1:27.95 30.90	250m: 2:30.65 31.49	350m: 3:34.05 31.70	400m: 4:04.48 30.43						
	100m: 57.05 30.17	200m: 1:59.16 31.21	300m: 3:02.35 31.70								

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Pozycja					Wiek					Czas	Pkt.	
17.	LEWICKI Filip				17	UKS SMS Galicja Kraków				4:04.74	652	B
	50m:	27.73	27.73	150m:	1:29.75	31.25	250m:	2:32.36	31.24	350m:	3:34.04	30.86
	100m:	58.50	30.77	200m:	2:01.12	31.37	300m:	3:03.18	30.82	400m:	4:04.74	30.70
18.	RAJCA Wiktor				18	KS KSZO Ostrowiec w.				4:04.95	650	B
	50m:	27.85	27.85	150m:	1:28.98	30.99	250m:	2:31.51	31.30	350m:	3:34.41	31.44
	100m:	57.99	30.14	200m:	2:00.21	31.23	300m:	3:02.97	31.46	400m:	4:04.95	30.54
19.	SYNOWIEC Mikołaj				18	UKS SMS Galicja Kraków				4:05.41	646	B
	50m:	28.02	28.02	150m:	1:29.49	31.25	250m:	2:32.00	30.80	350m:	3:34.95	31.41
	100m:	58.24	30.22	200m:	2:01.20	31.71	300m:	3:03.54	31.54	400m:	4:05.41	30.46
20.	R PAŁA Tomasz				18	UKS GOS Raszyn				4:06.09	641	B
	50m:	28.26	28.26	150m:	1:28.70	30.49	250m:	2:30.59	31.01	350m:	3:34.06	32.17
	100m:	58.21	29.95	200m:	1:59.58	30.88	300m:	3:01.89	31.30	400m:	4:06.09	32.03
21.	LEWANDOWSKI Oliwier				17	KP MZOS Płock				4:06.84	635	R
	50m:	28.18	28.18	150m:	1:29.66	31.11	250m:	2:31.88	31.01	350m:	3:33.86	31.10
	100m:	58.55	30.37	200m:	2:00.87	31.21	300m:	3:02.76	30.88	400m:	4:06.84	32.98
22.	SZYMCZAK Szymon				17	MKS Juwenia Wrocław				4:07.09	633	R
	50m:	27.98	27.98	150m:	1:28.47	30.41	250m:	2:31.38	31.54	350m:	3:35.90	32.25
	100m:	58.06	30.08	200m:	1:59.84	31.37	300m:	3:03.65	32.27	400m:	4:07.09	31.19
23.	MIODO SKI Mateusz				17	UKP Unia O wi cim				4:07.33	631	
	50m:	26.83	26.83	150m:	1:30.09	32.12	250m:	2:34.53	32.10	350m:	3:38.30	31.45
	100m:	57.97	31.14	200m:	2:02.43	32.34	300m:	3:06.85	32.32	400m:	4:07.33	29.03
24.	SYLDATK Wiktor				17	TP Skalar Słupsk				4:07.51	630	
	50m:	26.71	26.71	150m:	1:28.65	31.54	250m:	2:32.71	32.03	350m:	3:36.60	32.04
	100m:	57.11	30.40	200m:	2:00.68	32.03	300m:	3:04.56	31.85	400m:	4:07.51	30.91
25.	DANIKIEWICZ Dawid				17	UKP Unia O wi cim				4:07.90	627	
	50m:	28.07	28.07	150m:	1:30.98	31.83	250m:	2:33.85	31.01	350m:	3:37.46	31.92
	100m:	59.15	31.08	200m:	2:02.84	31.86	300m:	3:05.54	31.69	400m:	4:07.90	30.44
26.	SZYMCZYKOWSKI Jakub				17	UKS MOS w Opolu				4:08.20	625	
	50m:	27.77	27.77	150m:	1:29.97	31.46	250m:	2:34.24	32.10	350m:	3:37.79	31.29
	100m:	58.51	30.74	200m:	2:02.14	32.17	300m:	3:06.50	32.26	400m:	4:08.20	30.41
27.	KRZYSZTY SKI Jan				18	UKS SMS Galicja Kraków				4:08.73	621	
	50m:	28.61	28.61	150m:	1:30.52	31.30	250m:	2:34.12	31.76	350m:	3:38.36	32.16
	100m:	59.22	30.61	200m:	2:02.36	31.84	300m:	3:06.20	32.08	400m:	4:08.73	30.37
28.	MAKOWSKI Dominik				17	KS Warta Pozna				4:08.84	620	
	50m:	28.01	28.01	150m:	1:30.95	31.71	250m:	2:34.32	31.57	350m:	3:38.21	31.85
	100m:	59.24	31.23	200m:	2:02.75	31.80	300m:	3:06.36	32.04	400m:	4:08.84	30.63
29.	ROGUSKI Mateusz				17	UKP „Polonia Warszawa”				4:10.54	608	
	50m:	28.13	28.13	150m:	1:31.21	31.95	250m:	2:35.51	32.15	350m:	3:39.85	31.87
	100m:	59.26	31.13	200m:	2:03.36	32.15	300m:	3:07.98	32.47	400m:	4:10.54	30.69
30.	JASI SKI Jakub				17	MKS Jedyńka Łód				4:10.95	605	
	50m:	28.66	28.66	150m:	1:31.75	31.87	250m:	2:36.13	32.25	350m:	3:40.31	31.90
	100m:	59.88	31.22	200m:	2:03.88	32.13	300m:	3:08.41	32.28	400m:	4:10.95	30.64
	KOPROWSKI Aleksander				17	Uks Cityzen				4:10.95	605	
	50m:	28.26	28.26	150m:	1:31.18	31.80	250m:	2:35.08	31.83	350m:	3:39.43	32.20
	100m:	59.38	31.12	200m:	2:03.25	32.07	300m:	3:07.23	32.15	400m:	4:10.95	31.52
32.	OGORZAŁEK Alan				17	WKS I sk Wrocław				4:11.07	604	
	50m:	27.66	27.66	150m:	1:31.12	31.62	250m:	2:34.94	31.99	350m:	3:39.11	32.00
	100m:	59.50	31.84	200m:	2:02.95	31.83	300m:	3:07.11	32.17	400m:	4:11.07	31.96
33.	NIEDZIAŁEK Michał				17	MTP Kormoran Olsztyn				4:11.28	602	
	50m:	28.90	28.90	150m:	1:31.92	31.80	250m:	2:35.86	31.86	350m:	3:40.07	32.19
	100m:	1:00.12	31.22	200m:	2:04.00	32.08	300m:	3:07.88	32.02	400m:	4:11.28	31.21

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Pozycja			Wiek				Czas	Pkt.
34.	WILK Jakub		18		KS KSZO Ostrowiec w.		4:12.77	592
	50m:	28.03 28.03	150m:	1:29.45 31.15	250m:	2:34.32 32.80	350m:	3:40.53 32.84
	100m:	58.30 30.27	200m:	2:01.52 32.07	300m:	3:07.69 33.37	400m:	4:12.77 32.24
35.	MALINOWSKI Jakub		17		MKP „SŁOWIANKA” Gorzów Wlkp.		4:15.08	576
	50m:	27.91 27.91	150m:	1:29.63 31.40	250m:	2:34.93 33.21	350m:	3:42.59 33.66
	100m:	58.23 30.32	200m:	2:01.72 32.09	300m:	3:08.93 34.00	400m:	4:15.08 32.49
36.	SWOJNÓG Igor		17		UKP Unia O wi cim		4:16.69	565
	50m:	27.99 27.99	150m:	1:30.99 31.98	250m:	2:36.49 32.88	350m:	3:43.38 33.47
	100m:	59.01 31.02	200m:	2:03.61 32.62	300m:	3:09.91 33.42	400m:	4:16.69 33.31
37.	PARA Mikołaj		17		UKP Unia O wi cim		4:17.59	559
	50m:	28.16 28.16	150m:	1:30.85 31.66	250m:	2:36.24 32.70	350m:	3:43.81 34.13
	100m:	59.19 31.03	200m:	2:03.54 32.69	300m:	3:09.68 33.44	400m:	4:17.59 33.78
38.	RUTA Kamil		18		UKP „Polonia Warszawa”		4:20.84	538
	50m:	28.04 28.04	150m:	1:31.62 32.30	250m:	2:37.96 33.60	350m:	3:46.29 34.28
	100m:	59.32 31.28	200m:	2:04.36 32.74	300m:	3:12.01 34.05	400m:	4:20.84 34.55
39.	ZAJ C Kamil		17		UKP Unia O wi cim		4:21.85	532
	50m:	29.78 29.78	150m:	1:35.32 32.94	250m:	2:42.70 33.82	350m:	3:49.11 33.32
	100m:	1:02.38 32.60	200m:	2:08.88 33.56	300m:	3:15.79 33.09	400m:	4:21.85 32.74
40.	SOSNA Dominik		17		UKP Unia O wi cim		4:26.51	505
	50m:	29.61 29.61	150m:	1:35.95 33.52	250m:	2:44.04 34.17	350m:	3:52.63 34.39
	100m:	1:02.43 32.82	200m:	2:09.87 33.92	300m:	3:18.24 34.20	400m:	4:26.51 33.88
41.	PAWLAK Hubert		17		UKS Pi tka Konstantynów Łódzki		4:32.57	472
	50m:	28.58 28.58	150m:	1:35.92 33.93	250m:	2:45.67 35.13	350m:	3:57.35 35.93
	100m:	1:01.99 33.41	200m:	2:10.54 34.62	300m:	3:21.42 35.75	400m:	4:32.57 35.22
42.	HORBATY Klaudiusz		18		UKS „GIM 92 Ursynów”		4:33.40	467
	50m:	29.39 29.39	150m:	1:36.39 33.73	250m:	2:46.07 35.15	350m:	3:58.59 36.54
	100m:	1:02.66 33.27	200m:	2:10.92 34.53	300m:	3:22.05 35.98	400m:	4:33.40 34.81