

2021 Zimowe Mistrzostwa Województwa Lubelskiego  
Lublin, 12. - 13.3.2021

Konkurencja 11  
12.03.2021 - 17:48

Kobiet, 400m zmienny

12 lat i starsi  
Wyniki

Rekord LOZP 4:48.63 ZUKOWSKA Paula 03103 Olsztyn 15.05.2019

Punkty: FINA 2021

Pozycja			Wiek							Czas	Pkt.
<b>MŁODZIK</b>											
1.	SZABAŁA Antonina		12	UKS "Pi tka"						<b>5:39.82</b>	481
	50m:	33.38 33.38	150m:	1:58.16 45.05	250m:	3:31.00 49.21	350m:	5:01.10 40.84			
	100m:	1:13.11 39.73	200m:	2:41.79 43.63	300m:	4:20.26 49.26	400m:	5:39.82 38.72			
2.	SIEK Antonina		13	KS OLIMPIA Lublin						<b>6:01.87</b>	398
	50m:	37.65 37.65	150m:	2:10.44 49.61	250m:	3:50.97 52.27	350m:	5:23.89 41.00			
	100m:	1:20.83 43.18	200m:	2:58.70 48.26	300m:	4:42.89 51.92	400m:	6:01.87 37.98			
3.	PR CIK Amelia		13	UKP Bychawa						<b>6:35.31</b>	305
	50m:	42.29 42.29	150m:	2:20.64 47.34	250m:	4:05.43 57.52	350m:	5:51.26 45.43			
	100m:	1:33.30 51.01	200m:	3:07.91 47.27	300m:	5:05.83 1:00.40	400m:	6:35.31 44.05			
4.	B BEN Amelia		13	KU AZS UMCS Lublin						<b>6:49.00</b>	276
	50m:	43.38 43.38	150m:	2:31.33 53.17	250m:	4:24.18 1:02.32	350m:	6:08.08 44.33			
	100m:	1:38.16 54.78	200m:	3:21.86 50.53	300m:	5:23.75 59.57	400m:	6:49.00 40.92			
5.	STASZCZAK Hanna		12	RWKS Sparta Biłgoraj						<b>6:58.94</b>	257
	50m:	45.36 45.36	150m:	2:30.29 52.20	250m:	4:20.22 1:00.84	350m:	6:10.87 50.99			
	100m:	1:38.09 52.73	200m:	3:19.38 49.09	300m:	5:19.88 59.66	400m:	6:58.94 48.07			

**JUNIOR MŁODSZY**

1.	KRÓL Gabriela		15	KS „Wisła" Puławy						<b>5:12.23</b>	620
	50m:	32.05 32.05	150m:	1:49.96 40.59	250m:	3:13.85 44.36	350m:	4:35.51 37.19			
	100m:	1:09.37 37.32	200m:	2:29.49 39.53	300m:	3:58.32 44.47	400m:	5:12.23 36.72			
2.	WILK Anna		15	UKP Fala Kra nik						<b>5:18.64</b>	584
	50m:	33.90 33.90	150m:	1:56.88 43.68	250m:	3:23.62 44.58	350m:	4:44.49 36.24			
	100m:	1:13.20 39.30	200m:	2:39.04 42.16	300m:	4:08.25 44.63	400m:	5:18.64 34.15			
3.	K DZIOR Pola		14	KS OLIMPIA Lublin						<b>5:23.61</b>	557
	50m:	34.55 34.55	150m:	1:56.11 43.21	250m:	3:23.43 45.36	350m:	4:47.54 38.83			
	100m:	1:12.90 38.35	200m:	2:38.07 41.96	300m:	4:08.71 45.28	400m:	5:23.61 36.07			
4.	KO CIOŁEK Otylia		15	UKS Olimpiczki 23						<b>5:44.98</b>	460
	50m:	35.18 35.18	150m:	2:01.88 43.81	250m:	3:34.79 49.87	350m:	5:06.04 40.86			
	100m:	1:18.07 42.89	200m:	2:44.92 43.04	300m:	4:25.18 50.39	400m:	5:44.98 38.94			
5.	SOSNÓWKA Milena		14	UKP Fala Kra nik						<b>5:56.86</b>	415
	50m:	35.40 35.40	150m:	2:04.24 47.76	250m:	3:41.53 51.84	350m:	5:15.85 42.67			
	100m:	1:16.48 41.08	200m:	2:49.69 45.45	300m:	4:33.18 51.65	400m:	5:56.86 41.01			
6.	WYŁUPEK Kasjana		14	UKS „ORKA" Zamo						<b>6:06.66</b>	383
	50m:	38.39 38.39	150m:	2:13.52 49.86	250m:	3:50.37 47.48	350m:	5:24.00 45.39			
	100m:	1:23.66 45.27	200m:	3:02.89 49.37	300m:	4:38.61 48.24	400m:	6:06.66 42.66			

**OPEN**

1.	ANDRZEJEWSKA Kamila		22	KU AZS UMCS Lublin						<b>5:02.61</b>	681
	50m:	31.79 31.79	150m:	1:49.79 41.94	250m:	3:13.17 43.02	350m:	4:30.32 34.23			
	100m:	1:07.85 36.06	200m:	2:30.15 40.36	300m:	3:56.09 42.92	400m:	5:02.61 32.29			
2.	GEORGES Daniela		24	KU AZS UMCS Lublin						<b>5:03.29</b>	677
	50m:	30.20 30.20	150m:	1:48.21 42.72	250m:	3:13.80 45.41	350m:	4:31.96 32.50			
	100m:	1:05.49 35.29	200m:	2:28.39 40.18	300m:	3:59.46 45.66	400m:	5:03.29 31.33			
3.	BEDNARZ Julia		17	UKS „ORKA" Zamo						<b>5:06.06</b>	659
	50m:	32.17 32.17	150m:	1:51.57 42.28	250m:	3:13.25 41.67	350m:	4:31.17 35.79			
	100m:	1:09.29 37.12	200m:	2:31.58 40.01	300m:	3:55.38 42.13	400m:	5:06.06 34.89			
4.	KOWALSKA Klara		16	KU AZS UMCS Lublin						<b>5:07.48</b>	650
	50m:	31.09 31.09	150m:	1:46.70 40.10	250m:	3:11.83 46.87	350m:	4:33.42 34.78			
	100m:	1:06.60 35.51	200m:	2:24.96 38.26	300m:	3:58.64 46.81	400m:	5:07.48 34.06			

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Konkurencja 11, Kobiet, 400m zmienny, OPEN

Pozycja			Wiek				Czas	Pkt.
5.	DRAGAN Julia	17	KS OLIMPIA Lublin				<b>5:11.07</b>	627
	50m: 33.99	33.99	150m: 1:55.11	40.94	250m: 3:19.83	44.80	350m: 4:38.52	34.84
	100m: 1:14.17	40.18	200m: 2:35.03	39.92	300m: 4:03.68	43.85	400m: 5:11.07	32.55
6.	KRÓL Gabriela	15	KS „Wisła” Puławy				<b>5:12.23</b>	620
	50m: 32.05	32.05	150m: 1:49.96	40.59	250m: 3:13.85	44.36	350m: 4:35.51	37.19
	100m: 1:09.37	37.32	200m: 2:29.49	39.53	300m: 3:58.32	44.47	400m: 5:12.23	36.72
7.	WILK Anna	15	UKP Fala Kra nik				<b>5:18.64</b>	584
	50m: 33.90	33.90	150m: 1:56.88	43.68	250m: 3:23.62	44.58	350m: 4:44.49	36.24
	100m: 1:13.20	39.30	200m: 2:39.04	42.16	300m: 4:08.25	44.63	400m: 5:18.64	34.15
8.	BURDYN Dominika	16	KU AZS UMCS Lublin				<b>5:18.71</b>	583
	50m: 33.08	33.08	150m: 1:51.05	40.29	250m: 3:18.55	48.10	350m:	
	100m: 1:10.76	37.68	200m: 2:30.45	39.40	300m: 4:05.99	47.44	400m: 5:18.71	
9.	K DZIOR Pola	14	KS OLIMPIA Lublin				<b>5:23.61</b>	557
	50m: 34.55	34.55	150m: 1:56.11	43.21	250m: 3:23.43	45.36	350m: 4:47.54	38.83
	100m: 1:12.90	38.35	200m: 2:38.07	41.96	300m: 4:08.71	45.28	400m: 5:23.61	36.07
10.	KOWALSKA Zuzanna	16	KU AZS UMCS Lublin				<b>5:24.72</b>	551
	50m: 33.30	33.30	150m: 1:52.57	42.23	250m: 3:19.01	45.30	350m: 4:46.10	39.82
	100m: 1:10.34	37.04	200m: 2:33.71	41.14	300m: 4:06.28	47.27	400m: 5:24.72	38.62
11.	CIOCH-GRADZIK Wiktoria	18	KU AZS UMCS Lublin				<b>5:30.57</b>	523
	50m: 33.37	33.37	150m: 1:56.95	44.44	250m: 3:29.52	48.11	350m: 4:54.64	37.04
	100m: 1:12.51	39.14	200m: 2:41.41	44.46	300m: 4:17.60	48.08	400m: 5:30.57	35.93
12.	SZABAŁA Antonina	12	UKS "Pi tka"				<b>5:39.82</b>	481
	50m: 33.38	33.38	150m: 1:58.16	45.05	250m: 3:31.00	49.21	350m: 5:01.10	40.84
	100m: 1:13.11	39.73	200m: 2:41.79	43.63	300m: 4:20.26	49.26	400m: 5:39.82	38.72
13.	KO CIOŁEK Otylia	15	UKS Olimpijczyk 23				<b>5:44.98</b>	460
	50m: 35.18	35.18	150m: 2:01.88	43.81	250m: 3:34.79	49.87	350m: 5:06.04	40.86
	100m: 1:18.07	42.89	200m: 2:44.92	43.04	300m: 4:25.18	50.39	400m: 5:44.98	38.94
14.	SOSNÓWKA Milena	14	UKP Fala Kra nik				<b>5:56.86</b>	415
	50m: 35.40	35.40	150m: 2:04.24	47.76	250m: 3:41.53	51.84	350m: 5:15.85	42.67
	100m: 1:16.48	41.08	200m: 2:49.69	45.45	300m: 4:33.18	51.65	400m: 5:56.86	41.01
15.	SIEK Antonina	13	KS OLIMPIA Lublin				<b>6:01.87</b>	398
	50m: 37.65	37.65	150m: 2:10.44	49.61	250m: 3:50.97	52.27	350m: 5:23.89	41.00
	100m: 1:20.83	43.18	200m: 2:58.70	48.26	300m: 4:42.89	51.92	400m: 6:01.87	37.98
16.	WYŁUPEK Kasjana	14	UKS „ORKA” Zamo				<b>6:06.66</b>	383
	50m: 38.39	38.39	150m: 2:13.52	49.86	250m: 3:50.37	47.48	350m: 5:24.00	45.39
	100m: 1:23.66	45.27	200m: 3:02.89	49.37	300m: 4:38.61	48.24	400m: 6:06.66	42.66
17.	PR CIK Amelia	13	UKP Bychawa				<b>6:35.31</b>	305
	50m: 42.29	42.29	150m: 2:20.64	47.34	250m: 4:05.43	57.52	350m: 5:51.26	45.43
	100m: 1:33.30	51.01	200m: 3:07.91	47.27	300m: 5:05.83	1:00.40	400m: 6:35.31	44.05
18.	B BEN Amelia	13	KU AZS UMCS Lublin				<b>6:49.00</b>	276
	50m: 43.38	43.38	150m: 2:31.33	53.17	250m: 4:24.18	1:02.32	350m: 6:08.08	44.33
	100m: 1:38.16	54.78	200m: 3:21.86	50.53	300m: 5:23.75	59.57	400m: 6:49.00	40.92
19.	STASZCZAK Hanna	12	RWKS Sparta Biłgoraj				<b>6:58.94</b>	257
	50m: 45.36	45.36	150m: 2:30.29	52.20	250m: 4:20.22	1:00.84	350m: 6:10.87	50.99
	100m: 1:38.09	52.73	200m: 3:19.38	49.09	300m: 5:19.88	59.66	400m: 6:58.94	48.07