

2021 Arena Grand Prix Puchar Polski
Lublin, 27. - 28.3.2021

Konkurencja 2
27.03.2021 - 9:19

M czyzn, 400m zmienny

14 lat i starsi
Wyniki

Minimum kwal do IO Tokio 2021 (standard "A") Open: 4:15.84

Punkty: FINA 2021

Pozycja			Wiek					Czas	Pkt.
JUNIOR MŁODSZY 14 LAT									
1.	URBANIAK Olivier		14	MKS Trójka Łód			5:00.52	534	
	50m: 32.34	32.34	150m: 1:47.55	37.83	250m: 3:08.44	44.46	350m: 4:28.06	34.97	
	100m: 1:09.72	37.38	200m: 2:23.98	36.43	300m: 3:53.09	44.65	400m: 5:00.52	32.46	
2.	OŁOWNIA Ignacy		14	UKS Siódemka Gdynia			5:00.90	532	
	50m: 31.16	31.16	150m: 1:46.33	37.66	250m: 3:06.96	44.42	350m: 4:27.26	36.27	
	100m: 1:08.67	37.51	200m: 2:22.54	36.21	300m: 3:50.99	44.03	400m: 5:00.90	33.64	
3.	PROSZOWSKI Paweł		14	MKS Park Wodny Tarnowskie Góry			5:05.23	509	
	50m: 30.00	30.00	150m: 1:45.33	39.84	250m: 3:09.16	44.69	350m: 4:30.20	35.99	
	100m: 1:05.49	35.49	200m: 2:24.47	39.14	300m: 3:54.21	45.05	400m: 5:05.23	35.03	
4.	WALKOWSKI Bartosz		14	UKS 190 Łód			5:06.36	504	
	50m: 32.08	32.08	150m: 1:50.92	42.44	250m: 3:13.96	43.56	350m: 4:33.93	35.34	
	100m: 1:08.48	36.40	200m: 2:30.40	39.48	300m: 3:58.59	44.63	400m: 5:06.36	32.43	
5.	CZOGAŁA Grzegorz		14	"Sikret" Gliwice			5:06.39	504	
	50m: 30.59	30.59	150m: 1:48.07	41.01	250m: 3:11.31	42.28	350m: 4:32.01	37.75	
	100m: 1:07.06	36.47	200m: 2:29.03	40.96	300m: 3:54.26	42.95	400m: 5:06.39	34.38	
6.	BURY Paweł		14	RWKS Sparta Biłgoraj			5:16.90	455	
	50m: 32.16	32.16	150m: 1:56.88	43.89	250m: 3:23.97	42.96	350m: 4:44.12	35.41	
	100m: 1:12.99	40.83	200m: 2:41.01	44.13	300m: 4:08.71	44.74	400m: 5:16.90	32.78	
7.	SPIREWSKI Mikołaj		14	UKS Siódemka Gdynia			5:22.96	430	
	50m: 31.95	31.95	150m: 1:59.50	44.77	250m: 3:23.94	43.54	350m: 4:46.91	38.51	
	100m: 1:14.73	42.78	200m: 2:40.40	40.90	300m: 4:08.40	44.46	400m: 5:22.96	36.05	
8.	ŁUKAWSKI Tomasz		14	UKS 48 Warszawa ródnie cie			5:35.03	385	
	50m: 33.78	33.78	150m: 1:58.58	45.38	250m: 3:31.50	49.67	350m: 4:58.82	38.24	
	100m: 1:13.20	39.42	200m: 2:41.83	43.25	300m: 4:20.58	49.08	400m: 5:35.03	36.21	

JUNIOR MŁODSZY 15 LAT

1.	MAKSAJDA Kacper		15	TP Skalar Słupsk			4:44.02	632
	50m: 28.94	28.94	150m: 1:42.36	39.64	250m: 2:59.13	38.34	350m: 4:11.63	34.05
	100m: 1:02.72	33.78	200m: 2:20.79	38.43	300m: 3:37.58	38.45	400m: 4:44.02	32.39
2.	LARY Jerzy		15	IUKS „Muszelka” Warszawa			4:45.48	623
	50m: 29.75	29.75	150m: 1:40.04	36.31	250m: 2:58.48	42.86	350m: 4:14.39	32.85
	100m: 1:03.73	33.98	200m: 2:15.62	35.58	300m: 3:41.54	43.06	400m: 4:45.48	31.09
3.	KAPAŁA Bartosz		15	MTP Kormoran Olsztyn			4:56.96	553
	50m: 31.86	31.86	150m: 1:46.94	38.22	250m: 3:07.55	43.74	350m: 4:24.85	33.61
	100m: 1:08.72	36.86	200m: 2:23.81	36.87	300m: 3:51.24	43.69	400m: 4:56.96	32.11
4.	JARZ B Tymoteusz		15	UKP Gryf D bica			4:58.18	546
	50m: 30.32	30.32	150m: 1:46.54	38.46	250m: 3:05.26	41.18	350m: 4:24.33	35.03
	100m: 1:08.08	37.76	200m: 2:24.08	37.54	300m: 3:49.30	44.04	400m: 4:58.18	33.85
5.	CHOLEWA Wojciech		15	Solne Miasto SP. zo.o			5:01.85	527
	50m: 30.64	30.64	150m: 1:46.06	39.96	250m: 3:08.71	45.12	350m: 4:28.70	34.57
	100m: 1:06.10	35.46	200m: 2:23.59	37.53	300m: 3:54.13	45.42	400m: 5:01.85	33.15
6.	LUCOW Jan		15	UKP „Polonia Warszawa”			5:02.91	521
	50m: 30.67	30.67	150m: 1:43.01	36.84	250m: 3:03.72	44.60	350m: 4:27.52	37.82
	100m: 1:06.17	35.50	200m: 2:19.12	36.11	300m: 3:49.70	45.98	400m: 5:02.91	35.39
7.	HANDZLIK Mateusz		15	MKP „Warszawianka”			5:06.47	503
	50m: 30.75	30.75	150m: 1:48.30	41.41	250m: 3:12.68	43.46	350m: 4:32.46	36.23
	100m: 1:06.89	36.14	200m: 2:29.22	40.92	300m: 3:56.23	43.55	400m: 5:06.47	34.01

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Konkurencja 2, Chłopców, 400m zmienny, JUNIOR MŁODSZY 15 LAT

Pozycja			Wiek					Czas	Pkt.	
8.	R	YSKI Michał	15	MTP Kormoran Olsztyn					5:13.35	471
		50m: 32.28 32.28	150m: 1:52.95	44.15	250m: 3:17.10	42.74	350m: 4:37.08	36.03		
		100m: 1:08.80 36.52	200m: 2:34.36	41.41	300m: 4:01.05	43.95	400m: 5:13.35	36.27		
9.		WISTAK Miłosz	15	UKP Gryf D bica					5:14.68	465
		50m: 31.49 31.49	150m: 1:50.72	41.62	250m: 3:16.54	44.84	350m: 4:38.41	36.07		
		100m: 1:09.10 37.61	200m: 2:31.70	40.98	300m: 4:02.34	45.80	400m: 5:14.68	36.27		
10.	STY	Aleksander	15	MKS „Jagiellonka” Warszawa					5:17.13	454
		50m: 29.59 29.59	150m: 1:45.34	40.71	250m: 3:11.34	46.22	350m: 4:38.77	40.03		
		100m: 1:04.63 35.04	200m: 2:25.12	39.78	300m: 3:58.74	47.40	400m: 5:17.13	38.36		
11.		KULIK Maksymilian	15	MTP Kormoran Olsztyn					5:19.59	444
		50m: 31.67 31.67	150m: 1:49.89	41.13	250m: 3:17.36	47.04	350m: 4:43.37	37.44		
		100m: 1:08.76 37.09	200m: 2:30.32	40.43	300m: 4:05.93	48.57	400m: 5:19.59	36.22		
12.		KOZAK Jan	15	KS „OLIMPIA” Lublin					5:22.91	430
		50m: 32.34 32.34	150m: 1:54.04	44.49	250m: 3:24.12	46.15	350m: 4:49.04	37.81		
		100m: 1:09.55 37.21	200m: 2:37.97	43.93	300m: 4:11.23	47.11	400m: 5:22.91	33.87		
13.		SZYMANEK Jakub	15	UKS G-8 Bielany Warszawa					5:28.20	410
		50m: 31.59 31.59	150m: 1:53.45	43.91	250m: 3:23.17	47.43	350m: 4:51.24	40.45		
		100m: 1:09.54 37.95	200m: 2:35.74	42.29	300m: 4:10.79	47.62	400m: 5:28.20	36.96		
14.		WRONA Maciej	15	MKP „Warszawianka”					5:33.81	389
		50m: 34.89 34.89	150m: 2:00.89	43.77	250m: 3:30.06	47.18	350m: 4:56.11	37.81		
		100m: 1:17.12 42.23	200m: 2:42.88	41.99	300m: 4:18.30	48.24	400m: 5:33.81	37.70		

JUNIOR MŁODSZY 16 LAT

1.		MOCHNAL Kacper	16	MKS Jedyńka Łód					4:54.99	564
		50m: 29.43 29.43	150m: 1:42.62	39.70	250m: 3:04.40	43.09	350m: 4:22.02	33.73		
		100m: 1:02.92 33.49	200m: 2:21.31	38.69	300m: 3:48.29	43.89	400m: 4:54.99	32.97		
2.		JARCZEWSKI Franciszek	16	UKS 190 Łód					4:59.05	542
		50m: 29.80 29.80	150m: 1:42.63	38.29	250m: 3:05.89	45.19	350m: 4:25.02	35.48		
		100m: 1:04.34 34.54	200m: 2:20.70	38.07	300m: 3:49.54	43.65	400m: 4:59.05	34.03		
3.		WO NIAK Piotr	16	MTP Kormoran Olsztyn					4:59.31	540
		50m: 30.68 30.68	150m: 1:48.86	42.64	250m: 3:09.11	43.15	350m: 4:27.23	33.28		
		100m: 1:06.22 35.54	200m: 2:25.96	37.10	300m: 3:53.95	44.84	400m: 4:59.31	32.08		
4.		RADKIEWICZ Kajetan	16	KS KSZO Ostrowiec w.					5:01.76	527
		50m: 29.05 29.05	150m: 1:42.01	38.54	250m: 3:06.72	46.50	350m: 4:27.61	35.23		
		100m: 1:03.47 34.42	200m: 2:20.22	38.21	300m: 3:52.38	45.66	400m: 5:01.76	34.15		
5.		POGODA Krzysztof	16	MKS Jedyńka Łód					5:04.27	514
		50m: 31.28 31.28	150m: 1:47.03	38.51	250m: 3:09.12	44.67	350m: 4:29.02	36.84		
		100m: 1:08.52 37.24	200m: 2:24.45	37.42	300m: 3:52.18	43.06	400m: 5:04.27	35.25		
6.		OKO Maksymilian	16	UKS „GIM 92 Ursynów”					5:07.53	498
		50m: 30.14 30.14	150m: 1:45.84	40.54	250m: 3:10.26	44.62	350m: 4:32.32	37.26		
		100m: 1:05.30 35.16	200m: 2:25.64	39.80	300m: 3:55.06	44.80	400m: 5:07.53	35.21		
7.		FILOZOF Adam	16	MKS Park Wodny Tarnowskie Góry					5:11.63	479
		50m: 31.42 31.42	150m: 1:50.14	42.42	250m: 3:15.40	44.95	350m: 4:36.05	36.40		
		100m: 1:07.72 36.30	200m: 2:30.45	40.31	300m: 3:59.65	44.25	400m: 5:11.63	35.58		
8.		DZIEWGU Benjamin	16	UKS „GIM 92 Ursynów”					5:14.88	464
		50m: 29.21 29.21	150m: 1:46.28	40.86	250m: 3:13.51	47.14	350m: 4:40.20	37.20		
		100m: 1:05.42 36.21	200m: 2:26.37	40.09	300m: 4:03.00	49.49	400m: 5:14.88	34.68		

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Konkurencja 2, M czynn, 400m zmienny

JUNIOR 17-18 LAT

1.	JUDICKIJ Michal	17	Bohemians Praha	4:29.82	738
	50m: 28.38 28.38	150m: 1:35.07 34.48	250m: 2:46.75 37.60	350m: 3:58.76 32.87	
	100m: 1:00.59 32.21	200m: 2:09.15 34.08	300m: 3:25.89 39.14	400m: 4:29.82 31.06	
2.	CHMIELEWSKI Krzysztof	17	IUKS „Muszelka” Warszawa	4:29.85	737
	50m: 27.48 27.48	150m: 1:33.46 34.50	250m: 2:48.02 41.19	350m: 3:59.74 30.66	
	100m: 58.96 31.48	200m: 2:06.83 33.37	300m: 3:29.08 41.06	400m: 4:29.85 30.11	
3.	ADAMCZYK Jan	18	KU AZS UMCS Lublin	4:36.74	684
	50m: 29.84 29.84	150m: 1:39.02 36.38	250m: 2:56.00 41.48	350m: 4:06.46 31.20	
	100m: 1:02.64 32.80	200m: 2:14.52 35.50	300m: 3:35.26 39.26	400m: 4:36.74 30.28	
4.	PIELA Michał	17	UKP Unia O wi cim	4:37.79	676
	50m: 29.78 29.78	150m: 1:41.44 37.38	250m: 2:56.44 38.20	350m: 4:06.99 31.51	
	100m: 1:04.06 34.28	200m: 2:18.24 36.80	300m: 3:35.48 39.04	400m: 4:37.79 30.80	
5.	PITY SKI Wiktor	18	WKS I sk	4:40.56	656
	50m: 30.12 30.12	150m: 1:39.84 35.71	250m: 2:55.03 40.06	350m: 4:08.17 33.06	
	100m: 1:04.13 34.01	200m: 2:14.97 35.13	300m: 3:35.11 40.08	400m: 4:40.56 32.39	
6.	MRÓZ Adam	18	KU AZS UMCS Lublin	4:43.12	638
	50m: 29.33 29.33	150m: 1:39.01 36.58	250m: 2:55.65 40.29	350m: 4:09.79 33.74	
	100m: 1:02.43 33.10	200m: 2:15.36 36.35	300m: 3:36.05 40.40	400m: 4:43.12 33.33	
7.	MICHALAK Jan	18	UKS Nawa Skierniewice	4:49.19	599
	50m: 29.86 29.86	150m: 1:40.91 36.33	250m: 2:59.47 41.38	350m: 4:15.75 34.71	
	100m: 1:04.58 34.72	200m: 2:18.09 37.18	300m: 3:41.04 41.57	400m: 4:49.19 33.44	
8.	PI TKA Hubert	17	MKP Szczecin	4:49.39	598
	50m: 30.03 30.03	150m: 1:43.29 39.15	250m: 3:02.71 42.02	350m: 4:18.05 33.83	
	100m: 1:04.14 34.11	200m: 2:20.69 37.40	300m: 3:44.22 41.51	400m: 4:49.39 31.34	
9.	ZUZANIUK Igor	17	KS „OLIMPIA” Lublin	4:52.16	581
	50m: 30.32 30.32	150m: 1:44.34 37.85	250m: 3:02.91 41.53	350m: 4:18.90 33.95	
	100m: 1:06.49 36.17	200m: 2:21.38 37.04	300m: 3:44.95 42.04	400m: 4:52.16 33.26	
10.	YRO Ignacy	17	UKS „GIM 92 Ursynów”	4:53.33	574
	50m: 30.42 30.42	150m: 1:43.78 39.23	250m: 3:05.22 43.18	350m: 4:21.43 33.61	
	100m: 1:04.55 34.13	200m: 2:22.04 38.26	300m: 3:47.82 42.60	400m: 4:53.33 31.90	
11.	WYKR T Marcin	17	"Sikret" Gliwice	4:53.65	572
	50m: 30.53 30.53	150m: 1:44.79 38.19	250m: 3:03.89 41.75	350m: 4:20.12 33.89	
	100m: 1:06.60 36.07	200m: 2:22.14 37.35	300m: 3:46.23 42.34	400m: 4:53.65 33.53	
12.	LEWICKI Jakub	17	"Sikret" Gliwice	4:56.55	555
	50m: 28.78 28.78	150m: 1:42.61 39.37	250m: 3:03.31 43.52	350m: 4:22.25 35.01	
	100m: 1:03.24 34.46	200m: 2:19.79 37.18	300m: 3:47.24 43.93	400m: 4:56.55 34.30	
13.	GOTTSCHLING Krzysztof	17	UKS Wodnik Siemianowice I skie	4:59.75	538
	50m: 29.12 29.12	150m: 1:44.05 40.37	250m: 3:05.97 42.38	350m: 4:25.81 35.45	
	100m: 1:03.68 34.56	200m: 2:23.59 39.54	300m: 3:50.36 44.39	400m: 4:59.75 33.94	
14.	HAVLENA Maxim	17	Sport Club Pardubice	5:01.40	529
	50m: 30.17 30.17	150m: 1:45.33 39.82	250m: 3:08.19 44.09	350m: 4:27.15 34.98	
	100m: 1:05.51 35.34	200m: 2:24.10 38.77	300m: 3:52.17 43.98	400m: 5:01.40 34.25	
15.	PROCNAL Adam	17	SP Motyl MOSiR Stalowa Wola	5:03.20	520
	50m: 29.88 29.88	150m: 1:45.13 40.25	250m: 3:07.71 43.59	350m: 4:28.58 36.44	
	100m: 1:04.88 35.00	200m: 2:24.12 38.99	300m: 3:52.14 44.43	400m: 5:03.20 34.62	
16.	KALISZEWSKI Adrian	17	KP Płetwal Mława	5:12.20	476
	50m: 30.27 30.27	150m: 1:50.61 42.69	250m: 3:16.61 44.70	350m: 4:37.18 37.44	
	100m: 1:07.92 37.65	200m: 2:31.91 41.30	300m: 3:59.74 43.13	400m: 5:12.20 35.02	
17.	KRYSIAK Kacper	17	MKS Trójka Łód	5:25.02	422
	50m: 30.57 30.57	150m: 1:49.68 42.53	250m: 3:20.55 49.79	350m: 4:48.89 37.98	
	100m: 1:07.15 36.58	200m: 2:30.76 41.08	300m: 4:10.91 50.36	400m: 5:25.02 36.13	

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Konkurencja 2, Chłopców, 400m zmienny, JUNIOR 17-18 LAT

Pozycja			Wiek					Czas	Pkt.			
DYSKW.	GÓRECKI Kamil		17	KP MZOS Płock				4:55.59				
	<i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej, a przed sygnałem startu</i>											
	50m:	28.75	28.75	150m:	1:42.28	39.36	250m:	3:03.41	42.70	350m:	4:21.99	35.30
	100m:	1:02.92	34.17	200m:	2:20.71	38.43	300m:	3:46.69	43.28	400m:	4:55.59	33.60
OPEN												
1.	BUJAK Dominik		22	St. Lok. SALOS Cortile Kielce				4:23.27	794			
	50m:	27.59	27.59	150m:	1:33.45	34.43	250m:	2:44.53	37.97	350m:	3:53.38	30.52
	100m:	59.02	31.43	200m:	2:06.56	33.11	300m:	3:22.86	38.33	400m:	4:23.27	29.89
2.	SZWEDZKI Dawid		27	WKS I sk				4:24.94	779			
	50m:	28.73	28.73	150m:	1:36.26	34.92	250m:	2:46.52	36.66	350m:	3:55.00	31.49
	100m:	1:01.34	32.61	200m:	2:09.86	33.60	300m:	3:23.51	36.99	400m:	4:24.94	29.94
3.	JUDICKIJ Michal		17	Bohemians Praha				4:29.82	738			
	50m:	28.38	28.38	150m:	1:35.07	34.48	250m:	2:46.75	37.60	350m:	3:58.76	32.87
	100m:	1:00.59	32.21	200m:	2:09.15	34.08	300m:	3:25.89	39.14	400m:	4:29.82	31.06
4.	CHMIELEWSKI Krzysztof		17	IUKS „Muszelka” Warszawa				4:29.85	737			
	50m:	27.48	27.48	150m:	1:33.46	34.50	250m:	2:48.02	41.19	350m:	3:59.74	30.66
	100m:	58.96	31.48	200m:	2:06.83	33.37	300m:	3:29.08	41.06	400m:	4:29.85	30.11
5.	SUCHA SKI Przemysław		20	AZS AWF Warszawa				4:30.54	732			
	50m:	28.10	28.10	150m:	1:36.18	34.97	250m:	2:48.61	38.49	350m:	3:59.87	32.39
	100m:	1:01.21	33.11	200m:	2:10.12	33.94	300m:	3:27.48	38.87	400m:	4:30.54	30.67
6.	JANE EK Pavel		27	Sport Club Pardubice				4:36.20	688			
	50m:	28.12	28.12	150m:	1:36.32	36.06	250m:	2:50.96	39.68	350m:	4:05.81	33.52
	100m:	1:00.26	32.14	200m:	2:11.28	34.96	300m:	3:32.29	41.33	400m:	4:36.20	30.39
7.	ADAMCZYK Jan		18	KU AZS UMCS Lublin				4:36.74	684			
	50m:	29.84	29.84	150m:	1:39.02	36.38	250m:	2:56.00	41.48	350m:	4:06.46	31.20
	100m:	1:02.64	32.80	200m:	2:14.52	35.50	300m:	3:35.26	39.26	400m:	4:36.74	30.28
8.	PIELA Michał		17	UKP Unia O wi cim				4:37.79	676			
	50m:	29.78	29.78	150m:	1:41.44	37.38	250m:	2:56.44	38.20	350m:	4:06.99	31.51
	100m:	1:04.06	34.28	200m:	2:18.24	36.80	300m:	3:35.48	39.04	400m:	4:37.79	30.80
9.	POWRO NIK Konrad		24	WKS I sk				4:40.18	659			
	50m:	29.31	29.31	150m:	1:38.56	36.26	250m:	2:55.23	40.94	350m:	4:09.41	33.14
	100m:	1:02.30	32.99	200m:	2:14.29	35.73	300m:	3:36.27	41.04	400m:	4:40.18	30.77
10.	SZCZYGIEŁ David		19	UKP Unia O wi cim				4:40.55	656			
	50m:	29.73	29.73	150m:	1:38.79	35.83	250m:	2:54.34	40.48	350m:	4:08.94	32.78
	100m:	1:02.96	33.23	200m:	2:13.86	35.07	300m:	3:36.16	41.82	400m:	4:40.55	31.61
11.	PITY SKI Wiktor		18	WKS I sk				4:40.56	656			
	50m:	30.12	30.12	150m:	1:39.84	35.71	250m:	2:55.03	40.06	350m:	4:08.17	33.06
	100m:	1:04.13	34.01	200m:	2:14.97	35.13	300m:	3:35.11	40.08	400m:	4:40.56	32.39
12.	MRÓZ Adam		18	KU AZS UMCS Lublin				4:43.12	638			
	50m:	29.33	29.33	150m:	1:39.01	36.58	250m:	2:55.65	40.29	350m:	4:09.79	33.74
	100m:	1:02.43	33.10	200m:	2:15.36	36.35	300m:	3:36.05	40.40	400m:	4:43.12	33.33
13.	CERLICH Maksymilian		21	AZS AWF Katowice				4:43.37	637			
	50m:	29.20	29.20	150m:	1:40.86	37.60	250m:	2:57.13	40.03	350m:	4:11.12	33.77
	100m:	1:03.26	34.06	200m:	2:17.10	36.24	300m:	3:37.35	40.22	400m:	4:43.37	32.25
14.	MAKSAJDA Kacper		15	TP Skalar Słupsk				4:44.02	632			
	50m:	28.94	28.94	150m:	1:42.36	39.64	250m:	2:59.13	38.34	350m:	4:11.63	34.05
	100m:	1:02.72	33.78	200m:	2:20.79	38.43	300m:	3:37.58	38.45	400m:	4:44.02	32.39
15.	GUZY Marcel		20	DOKIS SP Vega Dobrodzie				4:44.46	629			
	50m:	29.92	29.92	150m:	1:40.53	36.75	250m:	2:57.05	40.59	350m:	4:11.28	33.93
	100m:	1:03.78	33.86	200m:	2:16.46	35.93	300m:	3:37.35	40.30	400m:	4:44.46	33.18

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Pozycja			Wiek					Czas	Pkt.
16.	LARY Jerzy		15	IUKS „Muszelka” Warszawa			4:45.48	623	
	50m: 29.75	29.75	150m: 1:40.04	36.31	250m: 2:58.48	42.86	350m: 4:14.39	32.85	
	100m: 1:03.73	33.98	200m: 2:15.62	35.58	300m: 3:41.54	43.06	400m: 4:45.48	31.09	
17.	RAJCA Wiktor		19	KS KSZO Ostrowiec w.			4:45.95	620	
	50m: 30.13	30.13	150m: 1:41.23	37.99	250m: 2:58.61	40.18	350m: 4:14.60	34.76	
	100m: 1:03.24	33.11	200m: 2:18.43	37.20	300m: 3:39.84	41.23	400m: 4:45.95	31.35	
18.	BLACHURA Oskar		19	UKP Unia O wi cim			4:46.12	618	
	50m: 29.88	29.88	150m: 1:43.38	38.58	250m: 3:01.61	40.54	350m: 4:15.42	32.74	
	100m: 1:04.80	34.92	200m: 2:21.07	37.69	300m: 3:42.68	41.07	400m: 4:46.12	30.70	
19.	KEMPA Mikołaj		22	KU AZS UMCS Lublin			4:47.42	610	
	50m: 29.14	29.14	150m: 1:41.73	38.83	250m: 3:00.03	40.38	350m: 4:15.68	34.62	
	100m: 1:02.90	33.76	200m: 2:19.65	37.92	300m: 3:41.06	41.03	400m: 4:47.42	31.74	
20.	MA KA Filip		21	UKS 190 Łódź			4:49.13	599	
	50m: 31.13	31.13	150m: 1:41.42	36.61	250m: 3:01.13	42.73	350m: 4:16.48	34.00	
	100m: 1:04.81	33.68	200m: 2:18.40	36.98	300m: 3:42.48	41.35	400m: 4:49.13	32.65	
21.	MICHALAK Jan		18	UKS Nawa Skierniewice			4:49.19	599	
	50m: 29.86	29.86	150m: 1:40.91	36.33	250m: 2:59.47	41.38	350m: 4:15.75	34.71	
	100m: 1:04.58	34.72	200m: 2:18.09	37.18	300m: 3:41.04	41.57	400m: 4:49.19	33.44	
22.	PI TKA Hubert		17	MKP Szczecin			4:49.39	598	
	50m: 30.03	30.03	150m: 1:43.29	39.15	250m: 3:02.71	42.02	350m: 4:18.05	33.83	
	100m: 1:04.14	34.11	200m: 2:20.69	37.40	300m: 3:44.22	41.51	400m: 4:49.39	31.34	
23.	TYLICKI Mateusz		20	MKS „Astoria” Bydgoszcz			4:49.51	597	
	50m: 28.06	28.06	150m: 1:39.90	39.32	250m: 3:00.36	43.09	350m: 4:16.80	33.04	
	100m: 1:00.58	32.52	200m: 2:17.27	37.37	300m: 3:43.76	43.40	400m: 4:49.51	32.71	
24.	WALCZYNSKO Jakub		21	KU AZS AGH Kraków			4:51.30	586	
	50m: 30.52	30.52	150m: 1:43.87	38.18	250m: 3:03.66	41.91	350m: 4:19.61	33.65	
	100m: 1:05.69	35.17	200m: 2:21.75	37.88	300m: 3:45.96	42.30	400m: 4:51.30	31.69	
25.	ZUZANIUK Igor		17	KS „OLIMPIA” Lublin			4:52.16	581	
	50m: 30.32	30.32	150m: 1:44.34	37.85	250m: 3:02.91	41.53	350m: 4:18.90	33.95	
	100m: 1:06.49	36.17	200m: 2:21.38	37.04	300m: 3:44.95	42.04	400m: 4:52.16	33.26	
26.	YRO Ignacy		17	UKS „GIM 92 Ursynów”			4:53.33	574	
	50m: 30.42	30.42	150m: 1:43.78	39.23	250m: 3:05.22	43.18	350m: 4:21.43	33.61	
	100m: 1:04.55	34.13	200m: 2:22.04	38.26	300m: 3:47.82	42.60	400m: 4:53.33	31.90	
27.	WYKR T Marcin		17	"Sikret" Gliwice			4:53.65	572	
	50m: 30.53	30.53	150m: 1:44.79	38.19	250m: 3:03.89	41.75	350m: 4:20.12	33.89	
	100m: 1:06.60	36.07	200m: 2:22.14	37.35	300m: 3:46.23	42.34	400m: 4:53.65	33.53	
28.	MOCHNAL Kacper		16	MKS Jedyńka Łódź			4:54.99	564	
	50m: 29.43	29.43	150m: 1:42.62	39.70	250m: 3:04.40	43.09	350m: 4:22.02	33.73	
	100m: 1:02.92	33.49	200m: 2:21.31	38.69	300m: 3:48.29	43.89	400m: 4:54.99	32.97	
29.	SAGAN Jakub		19	KU AZS UMCS Lublin			4:55.50	561	
	50m: 29.57	29.57	150m: 1:45.38	37.92	250m: 3:01.94	39.76	350m: 4:20.77	35.83	
	100m: 1:07.46	37.89	200m: 2:22.18	36.80	300m: 3:44.94	43.00	400m: 4:55.50	34.73	
30.	SKIERSKI Radosław		21	KU AZS AGH Kraków			4:56.24	557	
	50m: 31.03	31.03	150m: 1:44.58	37.95	250m: 3:03.61	41.76	350m: 4:22.06	35.56	
	100m: 1:06.63	35.60	200m: 2:21.85	37.27	300m: 3:46.50	42.89	400m: 4:56.24	34.18	
31.	LEWICKI Jakub		17	"Sikret" Gliwice			4:56.55	555	
	50m: 28.78	28.78	150m: 1:42.61	39.37	250m: 3:03.31	43.52	350m: 4:22.25	35.01	
	100m: 1:03.24	34.46	200m: 2:19.79	37.18	300m: 3:47.24	43.93	400m: 4:56.55	34.30	
32.	KAPAŁA Bartosz		15	MTP Kormoran Olsztyn			4:56.96	553	
	50m: 31.86	31.86	150m: 1:46.94	38.22	250m: 3:07.55	43.74	350m: 4:24.85	33.61	
	100m: 1:08.72	36.86	200m: 2:23.81	36.87	300m: 3:51.24	43.69	400m: 4:56.96	32.11	

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Pozycja			Wiek					Czas	Pkt.
33.	JARZ B Tymoteusz		15	UKP Gryf D bica			4:58.18	546	
	50m: 30.32	30.32	150m: 1:46.54	38.46	250m: 3:05.26	41.18	350m: 4:24.33	35.03	
	100m: 1:08.08	37.76	200m: 2:24.08	37.54	300m: 3:49.30	44.04	400m: 4:58.18	33.85	
34.	JARCZEWSKI Franciszek		16	UKS 190 Łód			4:59.05	542	
	50m: 29.80	29.80	150m: 1:42.63	38.29	250m: 3:05.89	45.19	350m: 4:25.02	35.48	
	100m: 1:04.34	34.54	200m: 2:20.70	38.07	300m: 3:49.54	43.65	400m: 4:59.05	34.03	
35.	WO NIAK Piotr		16	MTP Kormoran Olsztyn			4:59.31	540	
	50m: 30.68	30.68	150m: 1:48.86	42.64	250m: 3:09.11	43.15	350m: 4:27.23	33.28	
	100m: 1:06.22	35.54	200m: 2:25.96	37.10	300m: 3:53.95	44.84	400m: 4:59.31	32.08	
36.	GOTTSCHLING Krzysztof		17	UKS Wodnik Siemianowice I skie			4:59.75	538	
	50m: 29.12	29.12	150m: 1:44.05	40.37	250m: 3:05.97	42.38	350m: 4:25.81	35.45	
	100m: 1:03.68	34.56	200m: 2:23.59	39.54	300m: 3:50.36	44.39	400m: 4:59.75	33.94	
37.	URBANIAK Olivier		14	MKS Trójka Łód			5:00.52	534	
	50m: 32.34	32.34	150m: 1:47.55	37.83	250m: 3:08.44	44.46	350m: 4:28.06	34.97	
	100m: 1:09.72	37.38	200m: 2:23.98	36.43	300m: 3:53.09	44.65	400m: 5:00.52	32.46	
38.	OŁOWNIA Ignacy		14	UKS Siódemka Gdynia			5:00.90	532	
	50m: 31.16	31.16	150m: 1:46.33	37.66	250m: 3:06.96	44.42	350m: 4:27.26	36.27	
	100m: 1:08.67	37.51	200m: 2:22.54	36.21	300m: 3:50.99	44.03	400m: 5:00.90	33.64	
39.	HAVLENA Maxim		17	Sport Club Pardubice			5:01.40	529	
	50m: 30.17	30.17	150m: 1:45.33	39.82	250m: 3:08.19	44.09	350m: 4:27.15	34.98	
	100m: 1:05.51	35.34	200m: 2:24.10	38.77	300m: 3:52.17	43.98	400m: 5:01.40	34.25	
40.	RADKIEWICZ Kajetan		16	KS KSZO Ostrowiec w.			5:01.76	527	
	50m: 29.05	29.05	150m: 1:42.01	38.54	250m: 3:06.72	46.50	350m: 4:27.61	35.23	
	100m: 1:03.47	34.42	200m: 2:20.22	38.21	300m: 3:52.38	45.66	400m: 5:01.76	34.15	
41.	CHOLEWA Wojciech		15	Solne Miasto SP. zo.o			5:01.85	527	
	50m: 30.64	30.64	150m: 1:46.06	39.96	250m: 3:08.71	45.12	350m: 4:28.70	34.57	
	100m: 1:06.10	35.46	200m: 2:23.59	37.53	300m: 3:54.13	45.42	400m: 5:01.85	33.15	
42.	LUCOW Jan		15	UKP „Polonia Warszawa”			5:02.91	521	
	50m: 30.67	30.67	150m: 1:43.01	36.84	250m: 3:03.72	44.60	350m: 4:27.52	37.82	
	100m: 1:06.17	35.50	200m: 2:19.12	36.11	300m: 3:49.70	45.98	400m: 5:02.91	35.39	
43.	PROCNAL Adam		17	SP Motyl MOSiR Stalowa Wola			5:03.20	520	
	50m: 29.88	29.88	150m: 1:45.13	40.25	250m: 3:07.71	43.59	350m: 4:28.58	36.44	
	100m: 1:04.88	35.00	200m: 2:24.12	38.99	300m: 3:52.14	44.43	400m: 5:03.20	34.62	
44.	POGODA Krzysztof		16	MKS Jedyńka Łód			5:04.27	514	
	50m: 31.28	31.28	150m: 1:47.03	38.51	250m: 3:09.12	44.67	350m: 4:29.02	36.84	
	100m: 1:08.52	37.24	200m: 2:24.45	37.42	300m: 3:52.18	43.06	400m: 5:04.27	35.25	
45.	PROSZOWSKI Paweł		14	MKS Park Wodny Tarnowskie Góry			5:05.23	509	
	50m: 30.00	30.00	150m: 1:45.33	39.84	250m: 3:09.16	44.69	350m: 4:30.20	35.99	
	100m: 1:05.49	35.49	200m: 2:24.47	39.14	300m: 3:54.21	45.05	400m: 5:05.23	35.03	
46.	WALKOWSKI Bartosz		14	UKS 190 Łód			5:06.36	504	
	50m: 32.08	32.08	150m: 1:50.92	42.44	250m: 3:13.96	43.56	350m: 4:33.93	35.34	
	100m: 1:08.48	36.40	200m: 2:30.40	39.48	300m: 3:58.59	44.63	400m: 5:06.36	32.43	
47.	CZOGAŁA Grzegorz		14	"Sikret" Gliwice			5:06.39	504	
	50m: 30.59	30.59	150m: 1:48.07	41.01	250m: 3:11.31	42.28	350m: 4:32.01	37.75	
	100m: 1:07.06	36.47	200m: 2:29.03	40.96	300m: 3:54.26	42.95	400m: 5:06.39	34.38	
48.	HANDZLIK Mateusz		15	MKP „Warszawianka”			5:06.47	503	
	50m: 30.75	30.75	150m: 1:48.30	41.41	250m: 3:12.68	43.46	350m: 4:32.46	36.23	
	100m: 1:06.89	36.14	200m: 2:29.22	40.92	300m: 3:56.23	43.55	400m: 5:06.47	34.01	
49.	OKO Maksymilian		16	UKS „GIM 92 Ursynów”			5:07.53	498	
	50m: 30.14	30.14	150m: 1:45.84	40.54	250m: 3:10.26	44.62	350m: 4:32.32	37.26	
	100m: 1:05.30	35.16	200m: 2:25.64	39.80	300m: 3:55.06	44.80	400m: 5:07.53	35.21	

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Pozycja					Wiek					Czas	Pkt.	
50.	RUTA Kamil				19	UKP „Polonia Warszawa”				5:10.23	485	
	50m:	30.05	30.05	150m:	1:45.63	40.14	250m:	3:11.75	46.49	350m:	4:34.88	36.38
	100m:	1:05.49	35.44	200m:	2:25.26	39.63	300m:	3:58.50	46.75	400m:	5:10.23	35.35
51.	FILOZOF Adam				16	MKS Park Wodny Tarnowskie Góry				5:11.63	479	
	50m:	31.42	31.42	150m:	1:50.14	42.42	250m:	3:15.40	44.95	350m:	4:36.05	36.40
	100m:	1:07.72	36.30	200m:	2:30.45	40.31	300m:	3:59.65	44.25	400m:	5:11.63	35.58
52.	KALISZEWSKI Adrian				17	KP Płetwal Mława				5:12.20	476	
	50m:	30.27	30.27	150m:	1:50.61	42.69	250m:	3:16.61	44.70	350m:	4:37.18	37.44
	100m:	1:07.92	37.65	200m:	2:31.91	41.30	300m:	3:59.74	43.13	400m:	5:12.20	35.02
53.	RYSKI Michał				15	MTP Kormoran Olsztyn				5:13.35	471	
	50m:	32.28	32.28	150m:	1:52.95	44.15	250m:	3:17.10	42.74	350m:	4:37.08	36.03
	100m:	1:08.80	36.52	200m:	2:34.36	41.41	300m:	4:01.05	43.95	400m:	5:13.35	36.27
54.	WISTAK Miłosz				15	UKP Gryf D bica				5:14.68	465	
	50m:	31.49	31.49	150m:	1:50.72	41.62	250m:	3:16.54	44.84	350m:	4:38.41	36.07
	100m:	1:09.10	37.61	200m:	2:31.70	40.98	300m:	4:02.34	45.80	400m:	5:14.68	36.27
55.	DZIEWGU Benjamin				16	UKS „GIM 92 Ursynów”				5:14.88	464	
	50m:	29.21	29.21	150m:	1:46.28	40.86	250m:	3:13.51	47.14	350m:	4:40.20	37.20
	100m:	1:05.42	36.21	200m:	2:26.37	40.09	300m:	4:03.00	49.49	400m:	5:14.88	34.68
56.	BURY Paweł				14	RWKS Sparta Biłgoraj				5:16.90	455	
	50m:	32.16	32.16	150m:	1:56.88	43.89	250m:	3:23.97	42.96	350m:	4:44.12	35.41
	100m:	1:12.99	40.83	200m:	2:41.01	44.13	300m:	4:08.71	44.74	400m:	5:16.90	32.78
57.	STY Aleksander				15	MKS „Jagiellonka” Warszawa				5:17.13	454	
	50m:	29.59	29.59	150m:	1:45.34	40.71	250m:	3:11.34	46.22	350m:	4:38.77	40.03
	100m:	1:04.63	35.04	200m:	2:25.12	39.78	300m:	3:58.74	47.40	400m:	5:17.13	38.36
58.	KULIK Maksymilian				15	MTP Kormoran Olsztyn				5:19.59	444	
	50m:	31.67	31.67	150m:	1:49.89	41.13	250m:	3:17.36	47.04	350m:	4:43.37	37.44
	100m:	1:08.76	37.09	200m:	2:30.32	40.43	300m:	4:05.93	48.57	400m:	5:19.59	36.22
59.	KOZAK Jan				15	KS „OLIMPIA” Lublin				5:22.91	430	
	50m:	32.34	32.34	150m:	1:54.04	44.49	250m:	3:24.12	46.15	350m:	4:49.04	37.81
	100m:	1:09.55	37.21	200m:	2:37.97	43.93	300m:	4:11.23	47.11	400m:	5:22.91	33.87
60.	SPIREWSKI Mikołaj				14	UKS Siódemka Gdynia				5:22.96	430	
	50m:	31.95	31.95	150m:	1:59.50	44.77	250m:	3:23.94	43.54	350m:	4:46.91	38.51
	100m:	1:14.73	42.78	200m:	2:40.40	40.90	300m:	4:08.40	44.46	400m:	5:22.96	36.05
61.	KRYSIAK Kacper				17	MKS Trójka Łódź				5:25.02	422	
	50m:	30.57	30.57	150m:	1:49.68	42.53	250m:	3:20.55	49.79	350m:	4:48.89	37.98
	100m:	1:07.15	36.58	200m:	2:30.76	41.08	300m:	4:10.91	50.36	400m:	5:25.02	36.13
62.	SZYMANEK Jakub				15	UKS G-8 Bielany Warszawa				5:28.20	410	
	50m:	31.59	31.59	150m:	1:53.45	43.91	250m:	3:23.17	47.43	350m:	4:51.24	40.45
	100m:	1:09.54	37.95	200m:	2:35.74	42.29	300m:	4:10.79	47.62	400m:	5:28.20	36.96
63.	WRONA Maciej				15	MKP „Warszawianka”				5:33.81	389	
	50m:	34.89	34.89	150m:	2:00.89	43.77	250m:	3:30.06	47.18	350m:	4:56.11	37.81
	100m:	1:17.12	42.23	200m:	2:42.88	41.99	300m:	4:18.30	48.24	400m:	5:33.81	37.70
64.	ŁUKAWSKI Tomasz				14	UKS 48 Warszawa ródnie cie				5:35.03	385	
	50m:	33.78	33.78	150m:	1:58.58	45.38	250m:	3:31.50	49.67	350m:	4:58.82	38.24
	100m:	1:13.20	39.42	200m:	2:41.83	43.25	300m:	4:20.58	49.08	400m:	5:35.03	36.21
DYSKW.	GÓRECKI Kamil				17	KP MZOS Płock				4:55.59		
	<i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej, a przed sygnałem startu</i>											
	50m:	28.75	28.75	150m:	1:42.28	39.36	250m:	3:03.41	42.70	350m:	4:21.99	35.30
	100m:	1:02.92	34.17	200m:	2:20.71	38.43	300m:	3:46.69	43.28	400m:	4:55.59	33.60