

2021 Główne Mistrzostwa Polski Seniorów i Młodzie ovców
Lublin, 28.4. - 2.5.2021

Konkurencja 21
30.04.2021 - 9:57

M czyzn, 400m dowolny

14 lat i starsi
Wyniki Eliminacje

Rekord Polski Open	3:45.71	STANCZYK Przemyslaw	00116	Chiba (JPN)	21.08.2007
Rekord Polski 19 - 23	3:45.71	STANCZYK Przemyslaw	00116	Chiba (JPN)	21.08.2007
Rekord Polski 18	3:49.21	WOJDAK Wojciech		Dordrecht (NED)	09.07.2014
Rekord Polski 17	3:51.80	WOJDAK Wojciech	03106	Poznan	10.07.2013
Rekord Polski 16	3:56.47	KAŁU Y SKI Antoni	03914	Hodmezovasarhely (HUN)	12.12.2015
Rekord Polski 15	4:00.04	DASZKIEWICZ Michał	01006	Oswiecim	14.07.2018
Rekord Polski 14	4:07.63	ORLICZ Filip	05114	Olsztyn	09.07.2016

Minimum kwal do ME Budapeszt 2021 - junior Open: 3:51.30 / Minimum kwal do ME Budapeszt 2021 - senior Open: 3:49.08 /
Minimum kwal do MEJ Rzym 2021 Open: 3:55.30 / Minimum kwal do M J Kaza 2021 Open: 3:51.19 /
Minimum kwal do IO Tokio 2021 (standard "A") Open: 3:46.78

Punkty: FINA 2020

Pozycja			Wiek							Czas	Pkt.	CR
1.	WOJDAK Wojciech		25	BOSiR Brzesko						3:57.34	797A	+0,70
	50m:	27.66 27.66	150m:	1:26.66	29.43	250m:	2:26.13	29.75	350m:	3:27.24	30.71	
	100m:	57.23 29.57	200m:	1:56.38	29.72	300m:	2:56.53	30.40	400m:	3:57.34	30.10	
2.	KAŁU Y SKI Antoni		22	Mokotowski UKP Warszawianka- Wodny						3:58.28	787A	+0,77
	50m:	27.47 27.47	150m:	1:28.09	30.91	250m:	2:28.52	29.56	350m:	3:29.00	31.15	
	100m:	57.18 29.71	200m:	1:58.96	30.87	300m:	2:57.85	29.33	400m:	3:58.28	29.28	
3.	DERE Kacper		23	WKS I sk						3:58.37	786A	+0,68
	50m:	27.56 27.56	150m:	1:27.68	30.63	250m:	2:28.47	30.50	350m:	3:28.93	30.11	
	100m:	57.05 29.49	200m:	1:57.97	30.29	300m:	2:58.82	30.35	400m:	3:58.37	29.44	
4.	KOZIEJKO Bartłomiej		21	AZS AWF Warszawa						3:58.83	782A	+0,71
	50m:	27.82 27.82	150m:	1:28.14	30.30	250m:	2:29.28	30.74	350m:	3:29.78	30.55	
	100m:	57.84 30.02	200m:	1:58.54	30.40	300m:	2:59.23	29.95	400m:	3:58.83	29.05	
5.	ZABOROWSKI Filip		27	MKP Szczecin						3:58.95	781A	+0,72
	50m:	28.01 28.01	150m:	1:28.23	30.47	250m:	2:29.06	30.36	350m:	3:29.63	30.51	
	100m:	57.76 29.75	200m:	1:58.70	30.47	300m:	2:59.12	30.06	400m:	3:58.95	29.32	
6.	CHMIELEWSKI Krzysztof		17	IUKS „Muszelka” Warszawa						3:59.07	780A	+0,64
	50m:	27.73 27.73	150m:	1:27.22	29.84	250m:	2:27.56	30.29	350m:	3:29.20	31.09	
	100m:	57.38 29.65	200m:	1:57.27	30.05	300m:	2:58.11	30.55	400m:	3:59.07	29.87	
7.	KRAWCZYK Paweł		22	Buks						3:59.28	777A	+0,75
	50m:	27.42 27.42	150m:	1:27.74	30.48	250m:	2:29.32	30.66	350m:	3:30.18	30.11	
	100m:	57.26 29.84	200m:	1:58.66	30.92	300m:	3:00.07	30.75	400m:	3:59.28	29.10	
8.	DUTKOWIAK Wojciech		21	WKS I sk						3:59.91	771A	+0,77
	50m:	27.57 27.57	150m:	1:28.16	30.59	250m:	2:29.91	30.62	350m:	3:30.41	29.79	
	100m:	57.57 30.00	200m:	1:59.29	31.13	300m:	3:00.62	30.71	400m:	3:59.91	29.50	
9.	GRZEGORCZYK Wiktor		19	UKP Unia O wi cim						4:00.01	770A	+0,64
	50m:	27.68 27.68	150m:	1:28.77	30.91	250m:	2:30.01	30.27	350m:	3:30.44	30.18	
	100m:	57.86 30.18	200m:	1:59.74	30.97	300m:	3:00.26	30.25	400m:	4:00.01	29.57	
10.	DASZKIEWICZ Michał		18	UKP Unia O wi cim						4:00.59	765A	+0,65
	50m:	28.35 28.35	150m:	1:29.01	30.60	250m:	2:29.83	30.43	350m:	3:31.10	30.60	
	100m:	58.41 30.06	200m:	1:59.40	30.39	300m:	3:00.50	30.67	400m:	4:00.59	29.49	
11.	CHODULSKI Jakub		21	KU AZS UMCS Lublin						4:01.46	757B	+0,65
	50m:	27.72 27.72	150m:	1:28.40	30.72	250m:	2:30.09	30.73	350m:	3:31.48	30.79	
	100m:	57.68 29.96	200m:	1:59.36	30.96	300m:	3:00.69	30.60	400m:	4:01.46	29.98	
12.	WALTER Jakub		17	UKP Unia O wi cim						4:01.61	755B	+0,66
	50m:	26.96 26.96	150m:	1:27.79	30.48	250m:	2:29.75	30.49	350m:	3:32.04	30.88	
	100m:	57.31 30.35	200m:	1:59.26	31.47	300m:	3:01.16	31.41	400m:	4:01.61	29.57	
13.	KOWOLIK Alex		17	UKP Unia O wi cim						4:03.45	738B	+0,72
	50m:	28.76 28.76	150m:	1:30.67	30.89	250m:	2:32.58	30.93	350m:	3:34.17	30.60	
	100m:	59.78 31.02	200m:	2:01.65	30.98	300m:	3:03.57	30.99	400m:	4:03.45	29.28	
14.	KAPAŁA Szymon		18	MTP Kormoran Olsztyn						4:04.67	727B	+0,68
	50m:	28.52 28.52	150m:	1:30.30	31.03	250m:	2:32.25	30.89	350m:	3:34.50	31.07	
	100m:	59.27 30.75	200m:	2:01.36	31.06	300m:	3:03.43	31.18	400m:	4:04.67	30.17	

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Konkurencja 21, M czynn, 400m dowolny, Eliminacje, 14 lat i starsi

Pozycja					Wiek					Czas	Pkt.	CR
15.	BUJAK Piotr				24	St. Lok. SALOS Cortile Kielce				4:04.80	726B	+0,70
	50m:	27.90	27.90	150m:	1:29.25	30.64	250m:	2:31.15	31.17	350m:	3:34.29	31.54
	100m:	58.61	30.71	200m:	1:59.98	30.73	300m:	3:02.75	31.60	400m:	4:04.80	30.51
16.	WI ZIK Jan				18	UKP Unia O wi cim				4:05.07	724B	+0,65
	50m:	27.75	27.75	150m:	1:29.55	31.07	250m:	2:32.03	30.99	350m:	3:34.23	31.08
	100m:	58.48	30.73	200m:	2:01.04	31.49	300m:	3:03.15	31.12	400m:	4:05.07	30.84
17.	ZDYBEL Adam				16	KS Delfin Gdynia				4:06.17	714B	+0,63
	50m:	27.42	27.42	150m:	1:28.55	31.07	250m:	2:31.30	31.51	350m:	3:35.02	31.98
	100m:	57.48	30.06	200m:	1:59.79	31.24	300m:	3:03.04	31.74	400m:	4:06.17	31.15
18.	JACKOWSKI Tomasz				19	KS Neptun widnica				4:06.81	708B	+0,64
	50m:	28.34	28.34	150m:	1:31.11	31.50	250m:	2:33.72	31.30	350m:	3:36.71	31.36
	100m:	59.61	31.27	200m:	2:02.42	31.31	300m:	3:05.35	31.63	400m:	4:06.81	30.10
19.	SZCZERBA Adam				19	KU AZS UMCS Lublin				4:07.08	706B	+0,63
	50m:	28.21	28.21	150m:	1:31.03	31.33	250m:	2:33.26	30.79	350m:	3:36.41	31.73
	100m:	59.70	31.49	200m:	2:02.47	31.44	300m:	3:04.68	31.42	400m:	4:07.08	30.67
20.	PŁATEK Maciej				19	UKP Unia O wi cim				4:07.53	702B	+0,70
	50m:	28.09	28.09	150m:	1:30.32	31.25	250m:	2:32.76	31.11	350m:	3:36.14	31.63
	100m:	59.07	30.98	200m:	2:01.65	31.33	300m:	3:04.51	31.75	400m:	4:07.53	31.39
21.	CIE LA Oskar				20	KU AZS UMCS Lublin				4:07.59	702R	+0,70
	50m:	29.15	29.15	150m:	1:32.03	31.66	250m:	2:34.69	31.42	350m:	3:37.41	31.49
	100m:	1:00.37	31.22	200m:	2:03.27	31.24	300m:	3:05.92	31.23	400m:	4:07.59	30.18
22.	CHAŁAT Stanisław				22	KU AZS UMCS Lublin				4:07.72	701R	+0,71
	50m:	28.96	28.96	150m:	1:30.85	31.25	250m:	2:33.71	31.57	350m:	3:36.56	31.50
	100m:	59.60	30.64	200m:	2:02.14	31.29	300m:	3:05.06	31.35	400m:	4:07.72	31.16
23.	LARY Jerzy				15	IUKS „Muszelka” Warszawa				4:08.14	697	+0,74
	50m:	28.52	28.52	150m:	1:30.51	31.30	250m:	2:33.75	31.61	350m:	3:37.06	31.64
	100m:	59.21	30.69	200m:	2:02.14	31.63	300m:	3:05.42	31.67	400m:	4:08.14	31.08
24.	NIESTUJ Piotr				19	St. Lok. SALOS Cortile Kielce				4:08.16	697	+0,62
	50m:	27.74	27.74	150m:	1:31.09	31.99	250m:	2:34.14	31.20	350m:	3:37.22	31.27
	100m:	59.10	31.36	200m:	2:02.94	31.85	300m:	3:05.95	31.81	400m:	4:08.16	30.94
25.	SOBIESZUK Kacper				19	KU AZS UMCS Lublin				4:08.57	693	+0,75
	50m:	28.15	28.15	150m:	1:31.71	32.11	250m:	2:35.41	31.56	350m:	3:38.77	31.18
	100m:	59.60	31.45	200m:	2:03.85	32.14	300m:	3:07.59	32.18	400m:	4:08.57	29.80
26.	RYNKIEWICZ Jakub				16	KU AZS UMCS Lublin				4:08.68	693	+0,73
	50m:	27.97	27.97	150m:	1:30.60	31.51	250m:	2:34.55	32.16	350m:	3:38.68	31.86
	100m:	59.09	31.12	200m:	2:02.39	31.79	300m:	3:06.82	32.27	400m:	4:08.68	30.00
27.	KALKAN Jakub				17	LKS Jedno 32 Przyszowice				4:09.43	686	+0,66
	50m:	28.80	28.80	150m:	1:32.03	31.65	250m:	2:35.54	31.81	350m:	3:39.04	31.91
	100m:	1:00.38	31.58	200m:	2:03.73	31.70	300m:	3:07.13	31.59	400m:	4:09.43	30.39
28.	KUCZAK Adam				21	AZS AWF Katowice				4:09.61	685	+0,62
	50m:	27.98	27.98	150m:	1:29.93	31.21	250m:	2:32.86	31.58	350m:	3:37.41	32.35
	100m:	58.72	30.74	200m:	2:01.28	31.35	300m:	3:05.06	32.20	400m:	4:09.61	32.20
29.	SZARPAK Marcin				20	AZS AWF Katowice				4:09.62	685	+0,71
	50m:	27.98	27.98	150m:	1:30.37	31.61	250m:	2:34.88	32.51	350m:	3:39.27	31.52
	100m:	58.76	30.78	200m:	2:02.37	32.00	300m:	3:07.75	32.87	400m:	4:09.62	30.35
30.	TYLICKI Mateusz				20	MKS „Astoria” Bydgoszcz				4:09.96	682	+0,65
	50m:	27.71	27.71	150m:	1:29.84	31.42	250m:	2:33.53	31.92	350m:	3:38.57	32.65
	100m:	58.42	30.71	200m:	2:01.61	31.77	300m:	3:05.92	32.39	400m:	4:09.96	31.39
31.	SYNOWIEC Mikołaj				19	UKS SMS Galicja Kraków				4:09.99	682	+0,70
	50m:	28.22	28.22	150m:	1:31.34	32.09	250m:	2:36.27	31.93	350m:	3:39.39	31.52
	100m:	59.25	31.03	200m:	2:04.34	33.00	300m:	3:07.87	31.60	400m:	4:09.99	30.60

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Pozycja					Wiek					Czas	Pkt.	CR
32.	WO NIAK Piotr				16	MTP Kormoran Olsztyn				4:10.84	675	+0,79
	50m:	29.31	29.31	150m:	1:32.34	31.79	250m:	2:36.65	32.19	350m:	3:41.13	32.13
	100m:	1:00.55	31.24	200m:	2:04.46	32.12	300m:	3:09.00	32.35	400m:	4:10.84	29.71
33.	GOŁACKI Sergiusz				17	UKS 190 Łódź				4:11.24	672	+0,57
	50m:	28.37	28.37	150m:	1:31.24	31.66	250m:	2:35.30	32.12	350m:	3:39.87	32.37
	100m:	59.58	31.21	200m:	2:03.18	31.94	300m:	3:07.50	32.20	400m:	4:11.24	31.37
34.	SYLDATK Wiktor				18	TP Skalar Słupsk				4:12.13	664	+0,70
	50m:	27.63	27.63	150m:	1:31.20	32.57	250m:	2:36.44	32.66	350m:	3:41.92	32.63
	100m:	58.63	31.00	200m:	2:03.78	32.58	300m:	3:09.29	32.85	400m:	4:12.13	30.21
35.	RODKIEWICZ Radosław				18	IUKS „Muszelka” Warszawa				4:12.47	662	+0,72
	50m:	27.91	27.91	150m:	1:30.68	31.97	250m:	2:35.96	32.87	350m:	3:41.34	32.42
	100m:	58.71	30.80	200m:	2:03.09	32.41	300m:	3:08.92	32.96	400m:	4:12.47	31.13
36.	MIENICKI Rafał				15	UKS 48 Warszawa ródmie cie				4:12.78	659	+0,78
	50m:	28.30	28.30	150m:	1:31.36	31.81	250m:	2:35.83	32.55	350m:	3:41.34	32.86
	100m:	59.55	31.25	200m:	2:03.28	31.92	300m:	3:08.48	32.65	400m:	4:12.78	31.44
37.	MUSZY SKI Jakub				20	MKS „Astoria” Bydgoszcz				4:13.34	655	+0,68
	50m:	28.07	28.07	150m:	1:29.57	31.13	250m:	2:33.26	32.20	350m:	3:39.72	33.68
	100m:	58.44	30.37	200m:	2:01.06	31.49	300m:	3:06.04	32.78	400m:	4:13.34	33.62
38.	SŁAWACKI Wojciech				16	KU AZS UMCS Lublin				4:13.47	654	+0,72
	50m:	28.16	28.16	150m:	1:31.46	31.85	250m:	2:36.18	32.48	350m:	3:41.25	32.26
	100m:	59.61	31.45	200m:	2:03.70	32.24	300m:	3:08.99	32.81	400m:	4:13.47	32.22
39.	LE NIAK Maksymilian				17	UKS 190 Łódź				4:13.67	652	+0,64
	50m:	27.89	27.89	150m:	1:31.16	31.99	250m:	2:35.75	32.43	350m:	3:41.69	33.25
	100m:	59.17	31.28	200m:	2:03.32	32.16	300m:	3:08.44	32.69	400m:	4:13.67	31.98
40.	BIELAWA Dominik				19	KS KSZO Ostrowiec w.				4:14.53	646	+0,67
	50m:	27.97	27.97	150m:	1:30.87	32.10	250m:	2:35.14	32.25	350m:	3:41.72	33.63
	100m:	58.77	30.80	200m:	2:02.89	32.02	300m:	3:08.09	32.95	400m:	4:14.53	32.81
41.	FILIPIAK Mikołaj				15	UKS abianka Gda sk				4:14.63	645	+0,80
	50m:	28.04	28.04	150m:	1:31.97	32.61	250m:	2:37.30	32.82	350m:	3:43.65	33.16
	100m:	59.36	31.32	200m:	2:04.48	32.51	300m:	3:10.49	33.19	400m:	4:14.63	30.98
42.	NOWACKI Jacek				16	MTP Kormoran Olsztyn				4:16.27	633	+0,77
	50m:	28.16	28.16	150m:	1:33.25	32.97	250m:	2:39.91	33.46	350m:	3:45.60	32.55
	100m:	1:00.28	32.12	200m:	2:06.45	33.20	300m:	3:13.05	33.14	400m:	4:16.27	30.67
43.	WODY SKI Bartosz				19	TP Olimpijczyk Aleksandrów Łódzki				4:16.85	628	+0,65
	50m:	28.33	28.33	150m:	1:31.20	31.86	250m:	2:36.96	32.79	350m:	3:43.95	33.29
	100m:	59.34	31.01	200m:	2:04.17	32.97	300m:	3:10.66	33.70	400m:	4:16.85	32.90
44.	GO CI SKI Jakub				16	UKS SMS Galicja Kraków				4:16.87	628	+0,70
	50m:	28.84	28.84	150m:	1:33.24	32.75	250m:	2:39.90	33.47	350m:	3:45.72	32.37
	100m:	1:00.49	31.65	200m:	2:06.43	33.19	300m:	3:13.35	33.45	400m:	4:16.87	31.15
45.	CZERNIAK Konrad				23	KU AZS UMCS Lublin				4:16.95	628	+0,74
	50m:	28.39	28.39	150m:	1:33.12	32.89	250m:	2:39.56	33.28	350m:	3:45.14	32.82
	100m:	1:00.23	31.84	200m:	2:06.28	33.16	300m:	3:12.32	32.76	400m:	4:16.95	31.81
46.	MOCHNAL Kacper				16	MKS Jedyńka Łódź				4:17.27	625	+0,62
	50m:	27.83	27.83	150m:	1:31.36	31.55	250m:	2:37.14	32.68	350m:	3:44.76	33.72
	100m:	59.81	31.98	200m:	2:04.46	33.10	300m:	3:11.04	33.90	400m:	4:17.27	32.51
47.	KRZYSZTY SKI Jan				19	UKS SMS Galicja Kraków				4:17.57	623	+0,69
	50m:	29.53	29.53	150m:	1:34.43	32.68	250m:	2:40.87	33.26	350m:	3:47.16	33.05
	100m:	1:01.75	32.22	200m:	2:07.61	33.18	300m:	3:14.11	33.24	400m:	4:17.57	30.41
48.	PLAGA Dawid				16	TP Skalar Słupsk				4:17.64	623	+0,74
	50m:	28.27	28.27	150m:	1:33.31	33.08	250m:	2:39.69	33.25	350m:	3:46.12	32.81
	100m:	1:00.23	31.96	200m:	2:06.44	33.13	300m:	3:13.31	33.62	400m:	4:17.64	31.52

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Konkurencja 21, M czyn, 400m dowolny, Eliminacje, 14 lat i starsi

Pozycja					Wiek					Czas	Pkt.	CR
49.	WALCZYSKO Jakub				21	KU AZS AGH Kraków				4:18.12	619	+0,68
	50m:	29.00	29.00	150m:	1:32.07	31.68	250m:	2:37.38	33.09	350m:	3:45.06	34.17
	100m:	1:00.39	31.39	200m:	2:04.29	32.22	300m:	3:10.89	33.51	400m:	4:18.12	33.06
50.	MA KA Filip				21	UKS 190 Łódź				4:18.67	615	+0,70
	50m:	28.01	28.01	150m:	1:30.88	32.33	250m:	2:37.64	33.54	350m:	3:45.75	33.93
	100m:	58.55	30.54	200m:	2:04.10	33.22	300m:	3:11.82	34.18	400m:	4:18.67	32.92
51.	DOMALEWSKI Bartłomiej				16	MTP Kormoran Olsztyn				4:19.25	611	+0,67
	50m:	30.02	30.02	150m:	1:36.33	33.31	250m:	2:42.07	32.50	350m:	3:47.54	32.54
	100m:	1:03.02	33.00	200m:	2:09.57	33.24	300m:	3:15.00	32.93	400m:	4:19.25	31.71
52.	KRUMPLEWSKI Gracjan				16	TP Skalar Słupsk				4:19.45	610	+0,77
	50m:	27.66	27.66	150m:	1:32.09	33.28	250m:	2:39.80	34.01	350m:	3:47.30	33.57
	100m:	58.81	31.15	200m:	2:05.79	33.70	300m:	3:13.73	33.93	400m:	4:19.45	32.15
53.	WYKR T Marcin				17	"Sikret" Gliwice				4:19.82	607	+0,76
	50m:	30.93	30.93	150m:	1:37.98	33.49	250m:	2:44.12	33.12	350m:	3:48.50	32.33
	100m:	1:04.49	33.56	200m:	2:11.00	33.02	300m:	3:16.17	32.05	400m:	4:19.82	31.32
54.	HEBEL Maciej				16	UKS abianka Gda sk				4:20.37	603	+0,70
	50m:	28.10	28.10	150m:	1:31.30	32.35	250m:	2:38.38	33.84	350m:	3:47.25	34.42
	100m:	58.95	30.85	200m:	2:04.54	33.24	300m:	3:12.83	34.45	400m:	4:20.37	33.12
55.	MIŁKOWSKI Mikołaj				14	UKS 48 Warszawa ródnie cie				4:21.12	598	+0,74
	50m:	29.37	29.37	150m:	1:34.26	32.84	250m:	2:40.57	33.09	350m:	3:47.99	33.60
	100m:	1:01.42	32.05	200m:	2:07.48	33.22	300m:	3:14.39	33.82	400m:	4:21.12	33.13
56.	CHAŁAT Wojciech				17	KU AZS UMCS Lublin				4:21.37	596	+0,75
	50m:	29.35	29.35	150m:	1:34.79	33.11	250m:	2:41.80	33.70	350m:	3:49.51	33.92
	100m:	1:01.68	32.33	200m:	2:08.10	33.31	300m:	3:15.59	33.79	400m:	4:21.37	31.86
57.	KUCHARSKI Paweł				16	"Sikret" Gliwice				4:21.38	596	+0,75
	50m:	29.82	29.82	150m:	1:36.53	33.52	250m:	2:44.23	33.67	350m:	3:50.44	32.21
	100m:	1:03.01	33.19	200m:	2:10.56	34.03	300m:	3:18.23	34.00	400m:	4:21.38	30.94
58.	DOBRINDT Mikołaj				18	MUKS "Pi tnastka"				4:21.50	596	+0,72
	50m:	28.45	28.45	150m:	1:32.12	32.56	250m:	2:39.15	33.75	350m:	3:48.27	34.79
	100m:	59.56	31.11	200m:	2:05.40	33.28	300m:	3:13.48	34.33	400m:	4:21.50	33.23
59.	KAPAŁA Bartosz				15	MTP Kormoran Olsztyn				4:21.84	593	+0,61
	50m:	30.11	30.11	150m:	1:37.64	33.78	250m:	2:44.82	33.35	350m:	3:50.15	32.17
	100m:	1:03.86	33.75	200m:	2:11.47	33.83	300m:	3:17.98	33.16	400m:	4:21.84	31.69
60.	SZWEDZKI Jakub				21	Mokotowski UKP Warszawianka- Wodny				4:22.47	589	+0,75
	50m:	29.67	29.67	150m:	1:35.51	33.36	250m:	2:42.49	33.57	350m:	3:50.23	33.64
	100m:	1:02.15	32.48	200m:	2:08.92	33.41	300m:	3:16.59	34.10	400m:	4:22.47	32.24
61.	NIEDZIAŁEK Michał				18	MTP Kormoran Olsztyn				4:22.73	587	+0,71
	50m:	30.16	30.16	150m:	1:36.25	33.13	250m:	2:43.14	33.12	350m:	3:50.12	33.51
	100m:	1:03.12	32.96	200m:	2:10.02	33.77	300m:	3:16.61	33.47	400m:	4:22.73	32.61
62.	TRYDULSKI Oskar				16	UKS „GIM 92 Ursynów"				4:22.94	586	+0,73
	50m:	29.03	29.03	150m:	1:34.64	33.15	250m:	2:41.79	33.50	350m:	3:49.76	34.37
	100m:	1:01.49	32.46	200m:	2:08.29	33.65	300m:	3:15.39	33.60	400m:	4:22.94	33.18
63.	KUBINIEC Mikołaj				17	KU AZS UMCS Lublin				4:23.45	582	+0,62
	50m:	28.45	28.45	150m:	1:33.28	33.02	250m:	2:40.88	33.78	350m:	3:49.67	34.56
	100m:	1:00.26	31.81	200m:	2:07.10	33.82	300m:	3:15.11	34.23	400m:	4:23.45	33.78
64.	YRO Ignacy				17	UKS „GIM 92 Ursynów"				4:24.58	575	+0,65
	50m:	30.56	30.56	150m:	1:37.04	33.53	250m:	2:44.61	33.73	350m:	3:51.89	33.38
	100m:	1:03.51	32.95	200m:	2:10.88	33.84	300m:	3:18.51	33.90	400m:	4:24.58	32.69
65.	NOWAK Jan				19	KU AZS UMCS Lublin				4:24.62	575	+0,76
	50m:	29.37	29.37	150m:	1:35.98	33.74	250m:	2:43.99	34.28	350m:	3:52.15	34.04
	100m:	1:02.24	32.87	200m:	2:09.71	33.73	300m:	3:18.11	34.12	400m:	4:24.62	32.47

2021 Główne Mistrzostwa Polski Seniorów i Młodzie owców
Lublin, 28.4. - 2.5.2021

Konkurencja 21, M czyzn, 400m dowolny, Eliminacje, 14 lat i starsi

Pozycja			Wiek				Czas				Pkt.	CR	
66.	KOZŁOWSKI Konrad		17				MTP Kormoran Olsztyn				4:25.15	571	+0,75
	50m:	29.27 29.27	150m:	1:33.86	32.87	250m:	2:41.25	33.80	350m:	3:50.48	34.66		
	100m:	1:00.99 31.72	200m:	2:07.45	33.59	300m:	3:15.82	34.57	400m:	4:25.15	34.67		
67.	JARCZEWSKI Franciszek		16				UKS 190 Łód				4:25.85	567	+0,67
	50m:	29.91 29.91	150m:	1:36.06	33.65	250m:	2:43.61	34.04	350m:	3:52.92	34.83		
	100m:	1:02.41 32.50	200m:	2:09.57	33.51	300m:	3:18.09	34.48	400m:	4:25.85	32.93		
68.	PIETRO Przemysław		14				UKS Olimpijczyk 23				4:27.33	557	+0,69
	50m:	29.79 29.79	150m:	1:35.68	33.46	250m:	2:44.59	34.24	350m:	3:53.74	34.33		
	100m:	1:02.22 32.43	200m:	2:10.35	34.67	300m:	3:19.41	34.82	400m:	4:27.33	33.59		
69.	POPIOŁEK Dawid		19				KU AZS UMCS Lublin				4:29.47	544	+0,68
	50m:	28.57 28.57	150m:	1:34.79	34.04	250m:	2:44.08	35.31	350m:	3:54.34	35.33		
	100m:	1:00.75 32.18	200m:	2:08.77	33.98	300m:	3:19.01	34.93	400m:	4:29.47	35.13		
70.	WÓJCIK Rafał		15				UKP Fala Kra nik				4:34.06	517	+0,73
	50m:	29.24 29.24	150m:	1:35.35	33.96	250m:	2:45.91	35.56	350m:	3:58.31	36.42		
	100m:	1:01.39 32.15	200m:	2:10.35	35.00	300m:	3:21.89	35.98	400m:	4:34.06	35.75		
71.	CHYCKI Kamil		16				KU AZS UMCS Lublin				4:35.79	508	+0,72
	50m:	29.70 29.70	150m:	1:38.69	34.85	250m:	2:48.68	35.27	350m:	4:01.15	36.76		
	100m:	1:03.84 34.14	200m:	2:13.41	34.72	300m:	3:24.39	35.71	400m:	4:35.79	34.64		
72.	KONIECZNY Mateusz		16				UKS NIKA Sport Team Kraków				4:43.16	469	+0,68
	50m:	31.32 31.32	150m:	1:43.26	36.37	250m:	2:56.03	36.36	350m:	4:09.23	36.48		
	100m:	1:06.89 35.57	200m:	2:19.67	36.41	300m:	3:32.75	36.72	400m:	4:43.16	33.93		