

2021 Główne Mistrzostwa Województwa Lubelskiego
Lublin, 18. - 19.6.2021

Konkurencja 11
18.06.2021 - 17:46

Kobiet, 400m zmienny

12 lat i starsi
Wyniki

Rekord LOZP 4:48.63 ZUKOWSKA Paula 03103 Olsztyn 15.05.2019

Punkty: FINA 2021

| Pozycja | | | Wiek | | | | | Czas | Pkt. | | |
|----------------|---|---------------|-------|-------------------|-------|-------|---------|----------------|-------|---------|-------|
| MŁODZIK | | | | | | | | | | | |
| 1. | BOCIANOWSKA Katarzyna | | 13 | KS „Wisła” Puławy | | | | 6:14.73 | 359 | | |
| | 50m: | 36.56 36.56 | 150m: | 2:12.71 | 51.89 | 250m: | 3:55.04 | 54.68 | 350m: | 5:32.74 | 43.12 |
| | 100m: | 1:20.82 44.26 | 200m: | 3:00.36 | 47.65 | 300m: | 4:49.62 | 54.58 | 400m: | 6:14.73 | 41.99 |
| 2. | JAKUBIAK Kalina | | 12 | MTP „Lublinianka” | | | | 6:18.51 | 348 | | |
| | 50m: | 39.25 39.25 | 150m: | 2:15.58 | 50.70 | 250m: | 3:55.51 | 52.69 | 350m: | 5:35.05 | 45.59 |
| | 100m: | 1:24.88 45.63 | 200m: | 3:02.82 | 47.24 | 300m: | 4:49.46 | 53.95 | 400m: | 6:18.51 | 43.46 |
| 3. | PR CIK Amelia | | 13 | UKP Bychawa | | | | 6:29.06 | 320 | | |
| | 50m: | 40.28 40.28 | 150m: | 2:15.66 | 47.29 | 250m: | 4:01.50 | 59.42 | 350m: | 5:45.22 | 44.79 |
| | 100m: | 1:28.37 48.09 | 200m: | 3:02.08 | 46.42 | 300m: | 5:00.43 | 58.93 | 400m: | 6:29.06 | 43.84 |
| DYSKW. | KOSTYŁA Kaja | | 12 | UKS "Pi tka" | | | | 6:02.54 | | | |
| | <i>G8 - Pływak uko czył wy cig w poło eniu na piersiach</i> | | | | | | | | | | |
| | 50m: | 41.06 41.06 | 150m: | 2:13.21 | 46.90 | 250m: | 3:50.99 | 52.86 | 350m: | 5:22.51 | 41.22 |
| | 100m: | 1:26.31 45.25 | 200m: | 2:58.13 | 44.92 | 300m: | 4:41.29 | 50.30 | 400m: | 6:02.54 | 40.03 |

JUNIOR MŁODSZY

| | | | | | | | | | | | |
|----|------------------|---------------|-------|---------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | KRÓL Gabriela | | 15 | KS „Wisła” Puławy | | | | 5:02.20 | 684 | | |
| | 50m: | 31.85 31.85 | 150m: | 1:49.16 | 40.26 | 250m: | 3:10.63 | 43.23 | 350m: | 4:28.67 | 34.85 |
| | 100m: | 1:08.90 37.05 | 200m: | 2:27.40 | 38.24 | 300m: | 3:53.82 | 43.19 | 400m: | 5:02.20 | 33.53 |
| 2. | K DZIOR Pola | | 14 | KS „OLIMPIA” Lublin | | | | 5:22.19 | 565 | | |
| | 50m: | 34.03 34.03 | 150m: | 1:54.42 | 42.42 | 250m: | 3:22.50 | 47.01 | 350m: | 4:45.88 | 37.63 |
| | 100m: | 1:12.00 37.97 | 200m: | 2:35.49 | 41.07 | 300m: | 4:08.25 | 45.75 | 400m: | 5:22.19 | 36.31 |
| 3. | KO CIOŁEK Otylia | | 15 | UKS Olimpicyk 23 | | | | 5:40.47 | 478 | | |
| | 50m: | 33.99 33.99 | 150m: | 1:58.72 | 42.97 | 250m: | 3:31.36 | 49.43 | 350m: | 5:01.20 | 40.38 |
| | 100m: | 1:15.75 41.76 | 200m: | 2:41.93 | 43.21 | 300m: | 4:20.82 | 49.46 | 400m: | 5:40.47 | 39.27 |
| 4. | ZIELI SKA Maja | | 14 | MTP „Lublinianka” | | | | 5:55.82 | 419 | | |
| | 50m: | 35.15 35.15 | 150m: | 2:06.12 | 48.66 | 250m: | 3:41.03 | 47.35 | 350m: | 5:13.13 | 43.50 |
| | 100m: | 1:17.46 42.31 | 200m: | 2:53.68 | 47.56 | 300m: | 4:29.63 | 48.60 | 400m: | 5:55.82 | 42.69 |
| 5. | SOSNÓWKA Milena | | 14 | UKP Fala Kra nik | | | | 5:56.70 | 416 | | |
| | 50m: | 34.97 34.97 | 150m: | 2:03.74 | 48.83 | 250m: | 3:41.72 | 52.47 | 350m: | 5:16.36 | 41.47 |
| | 100m: | 1:14.91 39.94 | 200m: | 2:49.25 | 45.51 | 300m: | 4:34.89 | 53.17 | 400m: | 5:56.70 | 40.34 |

| | | | | | | | | | |
|---------|-----------------|---------------|-------|-----------------|--|-------|--|-------|--|
| NIE UK. | WYŁUPEK Kasjana | | 14 | UKS „ORKA” Zamo | | | | | |
| | 50m: | 40.06 40.06 | 150m: | | | 250m: | | 350m: | |
| | 100m: | 1:31.71 51.65 | 200m: | | | 300m: | | 400m: | |

OPEN

| | | | | | | | | | | | |
|----|---------------|---------------|-------|---------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | KRÓL Gabriela | | 15 | KS „Wisła” Puławy | | | | 5:02.20 | 684 | | |
| | 50m: | 31.85 31.85 | 150m: | 1:49.16 | 40.26 | 250m: | 3:10.63 | 43.23 | 350m: | 4:28.67 | 34.85 |
| | 100m: | 1:08.90 37.05 | 200m: | 2:27.40 | 38.24 | 300m: | 3:53.82 | 43.19 | 400m: | 5:02.20 | 33.53 |
| 2. | BEDNARZ Julia | | 17 | UKS „ORKA” Zamo | | | | 5:07.29 | 651 | | |
| | 50m: | 33.15 33.15 | 150m: | 1:51.40 | 40.87 | 250m: | 3:12.67 | 41.59 | 350m: | 4:32.14 | 36.81 |
| | 100m: | 1:10.53 37.38 | 200m: | 2:31.08 | 39.68 | 300m: | 3:55.33 | 42.66 | 400m: | 5:07.29 | 35.15 |
| 3. | DRAGAN Julia | | 17 | KS „OLIMPIA” Lublin | | | | 5:11.95 | 622 | | |
| | 50m: | 34.35 34.35 | 150m: | 1:54.48 | 40.35 | 250m: | 3:19.51 | 44.82 | 350m: | 4:38.57 | 34.92 |
| | 100m: | 1:14.13 39.78 | 200m: | 2:34.69 | 40.21 | 300m: | 4:03.65 | 44.14 | 400m: | 5:11.95 | 33.38 |
| 4. | K DZIOR Pola | | 14 | KS „OLIMPIA” Lublin | | | | 5:22.19 | 565 | | |
| | 50m: | 34.03 34.03 | 150m: | 1:54.42 | 42.42 | 250m: | 3:22.50 | 47.01 | 350m: | 4:45.88 | 37.63 |
| | 100m: | 1:12.00 37.97 | 200m: | 2:35.49 | 41.07 | 300m: | 4:08.25 | 45.75 | 400m: | 5:22.19 | 36.31 |

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Konkurencja 11, Kobiet, 400m zmienny, OPEN

| Pozycja | | | Wiek | | | | | Czas | Pkt. | | |
|---------|---|---------------|-------|--------------------|-------|-------|---------|----------------|-------|---------|-------|
| 5. | KOWALSKA Zuzanna | | 16 | KU AZS UMCS Lublin | | | | 5:29.77 | 526 | | |
| | 50m: | 34.44 34.44 | 150m: | 1:58.14 | 42.83 | 250m: | 3:28.29 | 49.03 | 350m: | 4:53.61 | 36.78 |
| | 100m: | 1:15.31 40.87 | 200m: | 2:39.26 | 41.12 | 300m: | 4:16.83 | 48.54 | 400m: | 5:29.77 | 36.16 |
| 6. | KO CIOŁEK Otylia | | 15 | UKS Olimpijczyk 23 | | | | 5:40.47 | 478 | | |
| | 50m: | 33.99 33.99 | 150m: | 1:58.72 | 42.97 | 250m: | 3:31.36 | 49.43 | 350m: | 5:01.20 | 40.38 |
| | 100m: | 1:15.75 41.76 | 200m: | 2:41.93 | 43.21 | 300m: | 4:20.82 | 49.46 | 400m: | 5:40.47 | 39.27 |
| 7. | ZIELI SKA Maja | | 14 | MTP „Lublinianka” | | | | 5:55.82 | 419 | | |
| | 50m: | 35.15 35.15 | 150m: | 2:06.12 | 48.66 | 250m: | 3:41.03 | 47.35 | 350m: | 5:13.13 | 43.50 |
| | 100m: | 1:17.46 42.31 | 200m: | 2:53.68 | 47.56 | 300m: | 4:29.63 | 48.60 | 400m: | 5:55.82 | 42.69 |
| 8. | SOSNÓWKA Milena | | 14 | UKP Fala Kra nik | | | | 5:56.70 | 416 | | |
| | 50m: | 34.97 34.97 | 150m: | 2:03.74 | 48.83 | 250m: | 3:41.72 | 52.47 | 350m: | 5:16.36 | 41.47 |
| | 100m: | 1:14.91 39.94 | 200m: | 2:49.25 | 45.51 | 300m: | 4:34.89 | 53.17 | 400m: | 5:56.70 | 40.34 |
| 9. | BOCIANOWSKA Katarzyna | | 13 | KS „Wisła” Puławy | | | | 6:14.73 | 359 | | |
| | 50m: | 36.56 36.56 | 150m: | 2:12.71 | 51.89 | 250m: | 3:55.04 | 54.68 | 350m: | 5:32.74 | 43.12 |
| | 100m: | 1:20.82 44.26 | 200m: | 3:00.36 | 47.65 | 300m: | 4:49.62 | 54.58 | 400m: | 6:14.73 | 41.99 |
| 10. | JAKUBIAK Kalina | | 12 | MTP „Lublinianka” | | | | 6:18.51 | 348 | | |
| | 50m: | 39.25 39.25 | 150m: | 2:15.58 | 50.70 | 250m: | 3:55.51 | 52.69 | 350m: | 5:35.05 | 45.59 |
| | 100m: | 1:24.88 45.63 | 200m: | 3:02.82 | 47.24 | 300m: | 4:49.46 | 53.95 | 400m: | 6:18.51 | 43.46 |
| 11. | PR CIK Amelia | | 13 | UKP Bychawa | | | | 6:29.06 | 320 | | |
| | 50m: | 40.28 40.28 | 150m: | 2:15.66 | 47.29 | 250m: | 4:01.50 | 59.42 | 350m: | 5:45.22 | 44.79 |
| | 100m: | 1:28.37 48.09 | 200m: | 3:02.08 | 46.42 | 300m: | 5:00.43 | 58.93 | 400m: | 6:29.06 | 43.84 |
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| | <i>G8 - Pływak uko czył wy cig w poło eniu na piersiach</i> | | | | | | | | | | |
| | 50m: | 41.06 41.06 | 150m: | 2:13.21 | 46.90 | 250m: | 3:50.99 | 52.86 | 350m: | 5:22.51 | 41.22 |
| | 100m: | 1:26.31 45.25 | 200m: | 2:58.13 | 44.92 | 300m: | 4:41.29 | 50.30 | 400m: | 6:02.54 | 40.03 |
| NIE UK. | WYŁUPEK Kasjana | | 14 | UKS „ORKA” Zamo | | | | | | | |
| | 50m: | 40.06 40.06 | 150m: | | | 250m: | | | 350m: | | |
| | 100m: | 1:31.71 51.65 | 200m: | | | 300m: | | | 400m: | | |