

2021 Główne Mistrzostwa Województwa Lubelskiego
Lublin, 18. - 19.6.2021

Konkurencja 14
19.06.2021 - 9:15

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Rekord LOZP 4:18.01 BARZYCKA Paulina 01403 Ostrowiec Sw. 05.04.2008

Punkty: FINA 2021

Pozycja			Wiek					Czas	Pkt.	
MŁODZIK										
1.	SIEK Antonina		13	KS „OLIMPIA” Lublin				5:14.50	425	
	50m:	35.19 35.19	150m:	1:54.10	40.73	250m:	3:16.05	40.95	350m:	4:35.64 39.40
	100m:	1:13.37 38.18	200m:	2:35.10	41.00	300m:	3:56.24	40.19	400m:	5:14.50 38.86
2.	ADAMEK Emilia		13	MTP „Lublinianka”				5:21.89	396	
	50m:	36.21 36.21	150m:	1:57.26	40.88	250m:	3:19.36	41.40	350m:	4:42.60 41.79
	100m:	1:16.38 40.17	200m:	2:37.96	40.70	300m:	4:00.81	41.45	400m:	5:21.89 39.29
3.	MAZUREK Dagmara		12	UKS Olimpijczyk 23				5:22.35	394	
	50m:	34.53 34.53	150m:	1:53.45	40.72	250m:	3:17.66	42.79	350m:	4:42.82 42.20
	100m:	1:12.73 38.20	200m:	2:34.87	41.42	300m:	4:00.62	42.96	400m:	5:22.35 39.53
4.	FR CZEK Łucja		13	UKP Bychawa				5:27.40	376	
	50m:	36.58 36.58	150m:	1:59.94	42.31	250m:	3:24.74	42.39	350m:	4:50.05 41.92
	100m:	1:17.63 41.05	200m:	2:42.35	42.41	300m:	4:08.13	43.39	400m:	5:27.40 37.35
5.	WIT Oliwia		13	KS „Wisła” Puławy				5:33.32	357	
	50m:	35.91 35.91	150m:	1:59.73	42.71	250m:	3:25.06	42.33	350m:	4:50.95 41.66
	100m:	1:17.02 41.11	200m:	2:42.73	43.00	300m:	4:09.29	44.23	400m:	5:33.32 42.37
6.	DEPUTAT Klaudia		13	KS „Wisła” Puławy				5:44.81	322	
	50m:	34.93 34.93	150m:	2:02.41	44.93	250m:	3:33.39	46.43	350m:	5:03.80 45.98
	100m:	1:17.48 42.55	200m:	2:46.96	44.55	300m:	4:17.82	44.43	400m:	5:44.81 41.01
7.	PR CIK Amelia		13	UKP Bychawa				5:52.97	300	
	50m:	36.83 36.83	150m:	2:05.26	44.57	250m:	3:36.73	45.48	350m:	5:09.12 45.24
	100m:	1:20.69 43.86	200m:	2:51.25	45.99	300m:	4:23.88	47.15	400m:	5:52.97 43.85
8.	STARKIEWICZ Zuzanna		12	KU AZS UMCS Lublin				6:19.43	242	
	50m:	37.79 37.79	150m:	2:15.46	50.75	250m:	3:57.56	51.33	350m:	5:37.50 49.37
	100m:	1:24.71 46.92	200m:	3:06.23	50.77	300m:	4:48.13	50.57	400m:	6:19.43 41.93
9.	FUS Hanna		12	MTP „Lublinianka”				6:22.70	235	
	50m:	41.67 41.67	150m:	2:19.42	49.77	250m:	4:00.11	50.00	350m:	5:41.02 50.54
	100m:	1:29.65 47.98	200m:	3:10.11	50.69	300m:	4:50.48	50.37	400m:	6:22.70 41.68
JUNIOR MŁODSZY										
1.	CICH Kinga		14	RWKS Sparta Biłgoraj				4:55.90	510	
	50m:	32.18 32.18	150m:	1:44.04	36.65	250m:	2:59.86	38.20	350m:	4:18.08 39.59
	100m:	1:07.39 35.21	200m:	2:21.66	37.62	300m:	3:38.49	38.63	400m:	4:55.90 37.82
2.	GAWĘŁKO Zuzanna		15	KS „Wisła” Puławy				4:55.94	510	
	50m:	32.54 32.54	150m:	1:46.74	37.66	250m:	3:02.99	38.38	350m:	4:19.31 38.08
	100m:	1:09.08 36.54	200m:	2:24.61	37.87	300m:	3:41.23	38.24	400m:	4:55.94 36.63
3.	ZIELI SKA Maja		14	MTP „Lublinianka”				5:15.12	422	
	50m:	34.42 34.42	150m:	1:53.85	40.41	250m:	3:14.56	40.14	350m:	4:34.75 40.13
	100m:	1:13.44 39.02	200m:	2:34.42	40.57	300m:	3:54.62	40.06	400m:	5:15.12 40.37
4.	GRABOWSKA Amelia		14	KS „OLIMPIA” Lublin				5:17.93	411	
	50m:	33.37 33.37	150m:	1:51.96	40.03	250m:	3:13.87	41.27	350m:	4:36.74 41.72
	100m:	1:11.93 38.56	200m:	2:32.60	40.64	300m:	3:55.02	41.15	400m:	5:17.93 41.19
5.	ROCZON Jagoda		14	Uks 51				5:53.01	300	
	50m:	39.47 39.47	150m:	2:08.50	45.45	250m:	3:40.72	45.94	350m:	5:11.50 44.39
	100m:	1:23.05 43.58	200m:	2:54.78	46.28	300m:	4:27.11	46.39	400m:	5:53.01 41.51

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OPEN

1.	BEDNARZ Julia	17	UKS „ORKA” Zamo	4:35.19	634
	50m: 32.04 32.04	150m: 1:41.28 34.90	250m: 2:51.03 34.89	350m: 4:00.99 34.84	
	100m: 1:06.38 34.34	200m: 2:16.14 34.86	300m: 3:26.15 35.12	400m: 4:35.19 34.20	
2.	DWOJAK Wiktoria	17	KU AZS UMCS Lublin	4:41.16	594
	50m: 31.75 31.75	150m: 1:42.91 36.00	250m: 2:54.92 36.16	350m: 4:06.88 35.89	
	100m: 1:06.91 35.16	200m: 2:18.76 35.85	300m: 3:30.99 36.07	400m: 4:41.16 34.28	
3.	DOMORADZKA Aleksandra	18	KU AZS UMCS Lublin	4:43.47	580
	50m: 32.22 32.22	150m: 1:45.70 36.67	250m: 2:58.24 35.97	350m: 4:09.49 35.09	
	100m: 1:09.03 36.81	200m: 2:22.27 36.57	300m: 3:34.40 36.16	400m: 4:43.47 33.98	
4.	KOWALSKA Zuzanna	16	KU AZS UMCS Lublin	4:44.48	574
	50m: 32.70 32.70	150m: 1:44.83 36.45	250m: 2:57.70 36.39	350m: 4:09.87 36.09	
	100m: 1:08.38 35.68	200m: 2:21.31 36.48	300m: 3:33.78 36.08	400m: 4:44.48 34.61	
5.	KARWOWSKA Wiktoria	17	KU AZS UMCS Lublin	4:44.71	572
	50m: 32.04 32.04	150m: 1:43.10 36.37	250m: 2:55.27 36.55	350m: 4:08.89 36.67	
	100m: 1:06.73 34.69	200m: 2:18.72 35.62	300m: 3:32.22 36.95	400m: 4:44.71 35.82	
6.	BURDYN Dominika	16	KU AZS UMCS Lublin	4:46.39	562
	50m: 31.92 31.92	150m: 1:43.57 36.17	250m: 2:57.80 37.33	350m: 4:11.34 36.83	
	100m: 1:07.40 35.48	200m: 2:20.47 36.90	300m: 3:34.51 36.71	400m: 4:46.39 35.05	
7.	MALINO Julia	17	UKS „ORKA” Zamo	4:50.83	537
	50m: 32.54 32.54	150m: 1:45.22 37.38	250m: 2:59.81 37.62	350m: 4:14.76 37.60	
	100m: 1:07.84 35.30	200m: 2:22.19 36.97	300m: 3:37.16 37.35	400m: 4:50.83 36.07	
8.	CICH Kinga	14	RWKS Sparta Biłgoraj	4:55.90	510
	50m: 32.18 32.18	150m: 1:44.04 36.65	250m: 2:59.86 38.20	350m: 4:18.08 39.59	
	100m: 1:07.39 35.21	200m: 2:21.66 37.62	300m: 3:38.49 38.63	400m: 4:55.90 37.82	
9.	GAWĘŁKO Zuzanna	15	KS „Wisła” Puławy	4:55.94	510
	50m: 32.54 32.54	150m: 1:46.74 37.66	250m: 3:02.99 38.38	350m: 4:19.31 38.08	
	100m: 1:09.08 36.54	200m: 2:24.61 37.87	300m: 3:41.23 38.24	400m: 4:55.94 36.63	
10.	CIOCH-GRADZIK Wiktoria	18	KU AZS UMCS Lublin	4:58.12	498
	50m: 34.00 34.00	150m: 1:49.53 38.24	250m: 3:04.47 36.93	350m: 4:20.52 38.22	
	100m: 1:11.29 37.29	200m: 2:27.54 38.01	300m: 3:42.30 37.83	400m: 4:58.12 37.60	
11.	PYSZNIAK Alicja	16	KU AZS UMCS Lublin	4:58.23	498
	50m: 33.44 33.44	150m: 1:47.68 37.46	250m: 3:03.53 37.98	350m: 4:20.51 38.83	
	100m: 1:10.22 36.78	200m: 2:25.55 37.87	300m: 3:41.68 38.15	400m: 4:58.23 37.72	
12.	WARCHAŁOWSKA Paulina	16	KU AZS UMCS Lublin	4:59.32	493
	50m: 34.09 34.09	150m: 1:49.27 37.79	250m: 3:05.14 37.85	350m: 4:21.31 37.81	
	100m: 1:11.48 37.39	200m: 2:27.29 38.02	300m: 3:43.50 38.36	400m: 4:59.32 38.01	
13.	SIEK Antonina	13	KS „OLIMPIA” Lublin	5:14.50	425
	50m: 35.19 35.19	150m: 1:54.10 40.73	250m: 3:16.05 40.95	350m: 4:35.64 39.40	
	100m: 1:13.37 38.18	200m: 2:35.10 41.00	300m: 3:56.24 40.19	400m: 5:14.50 38.86	
14.	ZIELI SKA Maja	14	MTP „Lublinianka”	5:15.12	422
	50m: 34.42 34.42	150m: 1:53.85 40.41	250m: 3:14.56 40.14	350m: 4:34.75 40.13	
	100m: 1:13.44 39.02	200m: 2:34.42 40.57	300m: 3:54.62 40.06	400m: 5:15.12 40.37	
15.	GRABOWSKA Amelia	14	KS „OLIMPIA” Lublin	5:17.93	411
	50m: 33.37 33.37	150m: 1:51.96 40.03	250m: 3:13.87 41.27	350m: 4:36.74 41.72	
	100m: 1:11.93 38.56	200m: 2:32.60 40.64	300m: 3:55.02 41.15	400m: 5:17.93 41.19	
16.	MITUŁA Magdalena	17	KS „OLIMPIA” Lublin	5:20.41	401
	50m: 35.47 35.47	150m: 1:56.58 41.18	250m: 3:18.87 41.25	350m: 4:41.06 40.58	
	100m: 1:15.40 39.93	200m: 2:37.62 41.04	300m: 4:00.48 41.61	400m: 5:20.41 39.35	
17.	ADAMEK Emilia	13	MTP „Lublinianka”	5:21.89	396
	50m: 36.21 36.21	150m: 1:57.26 40.88	250m: 3:19.36 41.40	350m: 4:42.60 41.79	
	100m: 1:16.38 40.17	200m: 2:37.96 40.70	300m: 4:00.81 41.45	400m: 5:21.89 39.29	
18.	MAZUREK Dagmara	12	UKS Olimpijczyk 23	5:22.35	394
	50m: 34.53 34.53	150m: 1:53.45 40.72	250m: 3:17.66 42.79	350m: 4:42.82 42.20	
	100m: 1:12.73 38.20	200m: 2:34.87 41.42	300m: 4:00.62 42.96	400m: 5:22.35 39.53	

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Pozycja			Wiek				Czas	Pkt.
19.	FR	CZEK Łucja	13	UKP Bychawa			5:27.40	376
	50m:	36.58 36.58	150m:	1:59.94 42.31	250m:	3:24.74 42.39	350m:	4:50.05 41.92
	100m:	1:17.63 41.05	200m:	2:42.35 42.41	300m:	4:08.13 43.39	400m:	5:27.40 37.35
20.	WIT	Oliwia	13	KS „Wisła” Puławy			5:33.32	357
	50m:	35.91 35.91	150m:	1:59.73 42.71	250m:	3:25.06 42.33	350m:	4:50.95 41.66
	100m:	1:17.02 41.11	200m:	2:42.73 43.00	300m:	4:09.29 44.23	400m:	5:33.32 42.37
21.	DEPUTAT	Klaudia	13	KS „Wisła” Puławy			5:44.81	322
	50m:	34.93 34.93	150m:	2:02.41 44.93	250m:	3:33.39 46.43	350m:	5:03.80 45.98
	100m:	1:17.48 42.55	200m:	2:46.96 44.55	300m:	4:17.82 44.43	400m:	5:44.81 41.01
22.	PR	CIK Amelia	13	UKP Bychawa			5:52.97	300
	50m:	36.83 36.83	150m:	2:05.26 44.57	250m:	3:36.73 45.48	350m:	5:09.12 45.24
	100m:	1:20.69 43.86	200m:	2:51.25 45.99	300m:	4:23.88 47.15	400m:	5:52.97 43.85
23.	ROCZON	Jagoda	14	Uks 51			5:53.01	300
	50m:	39.47 39.47	150m:	2:08.50 45.45	250m:	3:40.72 45.94	350m:	5:11.50 44.39
	100m:	1:23.05 43.58	200m:	2:54.78 46.28	300m:	4:27.11 46.39	400m:	5:53.01 41.51
24.	STARKIEWICZ	Zuzanna	12	KU AZS UMCS Lublin			6:19.43	242
	50m:	37.79 37.79	150m:	2:15.46 50.75	250m:	3:57.56 51.33	350m:	5:37.50 49.37
	100m:	1:24.71 46.92	200m:	3:06.23 50.77	300m:	4:48.13 50.57	400m:	6:19.43 41.93
25.	FUS	Hanna	12	MTP „Lublinianka”			6:22.70	235
	50m:	41.67 41.67	150m:	2:19.42 49.77	250m:	4:00.11 50.00	350m:	5:41.02 50.54
	100m:	1:29.65 47.98	200m:	3:10.11 50.69	300m:	4:50.48 50.37	400m:	6:22.70 41.68
PK	POLA	SKA Aleksandra	21	UKS GOS Raszyn			4:22.61	730
	50m:	29.35 29.35	150m:	1:35.03 33.18	250m:	2:41.48 33.32	350m:	3:49.53 34.29
	100m:	1:01.85 32.50	200m:	2:08.16 33.13	300m:	3:15.24 33.76	400m:	4:22.61 33.08
PK	KULIK	Julia	16	UKS GOS Raszyn			4:33.90	643
	50m:	30.37 30.37	150m:	1:38.92 34.82	250m:	2:48.91 34.85	350m:	3:59.72 35.14
	100m:	1:04.10 33.73	200m:	2:14.06 35.14	300m:	3:24.58 35.67	400m:	4:33.90 34.18
PK	ROMANIUK	Matylda	17	UKP „Polonia Warszawa”			4:44.29	575
	50m:	32.26 32.26	150m:	1:44.94 36.68	250m:	2:57.49 36.17	350m:	4:09.55 35.80
	100m:	1:08.26 36.00	200m:	2:21.32 36.38	300m:	3:33.75 36.26	400m:	4:44.29 34.74
PK	WI	CKOWSKA Alicja	18	UKS Delfin Garwolin			4:51.98	531
	50m:	32.74 32.74	150m:	1:45.35 37.06	250m:	3:00.69 37.91	350m:	4:16.43 38.11
	100m:	1:08.29 35.55	200m:	2:22.78 37.43	300m:	3:38.32 37.63	400m:	4:51.98 35.55
PK	MARKOWSKA	Ewa	40	iSwim Białystok			6:50.56	191
	50m:	42.63 42.63	150m:	2:25.32 53.00	250m:	4:13.29 54.66	350m:	6:01.00 53.77
	100m:	1:32.32 49.69	200m:	3:18.63 53.31	300m:	5:07.23 53.94	400m:	6:50.56 49.56
PK	SZEMBERG	Anna	72	Warsaw Masters Team			9:38.19	68
	50m:	1:04.61 1:04.61	150m:	3:31.78 1:14.48	250m:	5:59.24 1:14.40	350m:	8:26.30 1:13.77
	100m:	2:17.30 1:12.69	200m:	4:44.84 1:13.06	300m:	7:12.53 1:13.29	400m:	9:38.19 1:11.89