

2021 Główny Mistrzostwa Województwa Lubelskiego
Lublin, 18. - 19.6.2021

Konkurencja 15 M czyzn, 400m dowolny 12 lat i starsi
19.06.2021 - 9:40 Wyniki

Rekord LOZP 3:50.57 WITKOWSKI Jan 01003 London (GBR) 16.05.2016

Punkty: FINA 2021

Pozycja			Wiek					Czas	Pkt.
MŁODZIK									
1.	CHARKOT Krzysztof	13	UKS „ORKA” Zamo					4:39.75	486
	50m: 31.77 31.77	150m: 1:43.35	36.04	250m: 2:56.68	37.73	350m: 4:07.91	35.77		
	100m: 1:07.31 35.54	200m: 2:18.95	35.60	300m: 3:32.14	35.46	400m: 4:39.75	31.84		
2.	KOBAK Nataniel	13	RWKS Sparta Biłgoraj					4:48.95	441
	50m: 31.53 31.53	150m: 1:44.49	36.70	250m: 2:59.34	37.32	350m: 4:13.96	36.75		
	100m: 1:07.79 36.26	200m: 2:22.02	37.53	300m: 3:37.21	37.87	400m: 4:48.95	34.99		
3.	JAGOSIAK Miłosz	13	RWKS Sparta Biłgoraj					5:00.56	392
	50m: 32.59 32.59	150m: 1:48.90	38.93	250m: 3:07.21	39.33	350m: 4:25.08	38.85		
	100m: 1:09.97 37.38	200m: 2:27.88	38.98	300m: 3:46.23	39.02	400m: 5:00.56	35.48		
4.	FRONCZEK Miłosz	13	KU AZS UMCS Lublin					5:10.67	355
	50m: 35.95 35.95	150m: 1:54.75	39.82	250m: 3:14.88	40.20	350m: 4:33.93	38.96		
	100m: 1:14.93 38.98	200m: 2:34.68	39.93	300m: 3:54.97	40.09	400m: 5:10.67	36.74		
5.	KULANIN Kornel	12	RWKS Sparta Biłgoraj					5:37.31	277
	50m: 35.05 35.05	150m: 1:59.58	43.07	250m: 3:26.10	43.53	350m: 4:54.42	43.91		
	100m: 1:16.51 41.46	200m: 2:42.57	42.99	300m: 4:10.51	44.41	400m: 5:37.31	42.89		
6.	BARABAN Damian	13	KS „Wisła” Puławy					5:49.16	250
	50m: 37.10 37.10	150m: 2:06.53	44.75	250m: 3:36.29	45.50	350m: 5:06.16	45.19		
	100m: 1:21.78 44.68	200m: 2:50.79	44.26	300m: 4:20.97	44.68	400m: 5:49.16	43.00		
7.	FRONCZEK Błażej	12	KU AZS UMCS Lublin					5:52.06	244
	50m: 37.33 37.33	150m: 2:08.48	46.52	250m: 3:40.66	45.49	350m: 5:10.44	44.01		
	100m: 1:21.96 44.63	200m: 2:55.17	46.69	300m: 4:26.43	45.77	400m: 5:52.06	41.62		
8.	WOŁOSZKO Jakub	13	MTP „Lublinianka”					5:57.06	234
	50m: 38.84 38.84	150m: 2:08.93	46.37	250m: 3:43.71	46.59	350m: 5:18.96	46.30		
	100m: 1:22.56 43.72	200m: 2:57.12	48.19	300m: 4:32.66	48.95	400m: 5:57.06	38.10		
9.	GRABOWSKI Igor	12	UKS Olimpijczyk 23					6:04.31	220
	50m: 39.73 39.73	150m: 2:11.07	46.08	250m: 3:46.82	48.22	350m: 5:21.09	46.56		
	100m: 1:24.99 45.26	200m: 2:58.60	47.53	300m: 4:34.53	47.71	400m: 6:04.31	43.22		
10.	BIGOS Maciej	13	UKS „ORKA” Zamo					6:50.28	154
	50m: 41.91 41.91	150m: 2:27.10	54.35	250m: 4:13.38	53.83	350m: 6:00.19	53.29		
	100m: 1:32.75 50.84	200m: 3:19.55	52.45	300m: 5:06.90	53.52	400m: 6:50.28	50.09		
11.	KIELMAS Igor	12	UKS Olimpijczyk 23					7:05.39	138
	50m: 45.17 45.17	150m: 2:30.77	51.66	250m: 4:21.54	54.86	350m: 6:13.35	54.11		
	100m: 1:39.11 53.94	200m: 3:26.68	55.91	300m: 5:19.24	57.70	400m: 7:05.39	52.04		
12.	WOŁOSZYN Maciej	12	UKS „ORKA” Zamo					7:09.38	134
	50m: 44.16 44.16	150m: 2:30.44	55.15	250m: 4:23.78	57.82	350m: 6:15.96	54.96		
	100m: 1:35.29 51.13	200m: 3:25.96	55.52	300m: 5:21.00	57.22	400m: 7:09.38	53.42		
13.	GAŁ ZKA Szymon	12	UKS Olimpijczyk 23					7:26.28	119
	50m: 47.06 47.06	150m: 2:40.91	57.89	250m: 4:36.17	58.02	350m: 6:32.36	57.02		
	100m: 1:43.02 55.96	200m: 3:38.15	57.24	300m: 5:35.34	59.17	400m: 7:26.28	53.92		

JUNIOR MŁODSZY

1.	PONIEWA Oliwier	14	KS „OLIMPIA” Lublin					4:25.64	568
	50m: 30.58 30.58	150m: 1:38.00	33.80	250m: 2:45.51	33.93	350m: 3:54.10	33.73		
	100m: 1:04.20 33.62	200m: 2:11.58	33.58	300m: 3:20.37	34.86	400m: 4:25.64	31.54		
2.	WÓJCIK Rafał	15	UKP Fala Krańnik					4:29.03	547
	50m: 29.82 29.82	150m: 1:37.21	34.03	250m: 2:46.84	35.03	350m: 3:55.79	34.19		
	100m: 1:03.18 33.36	200m: 2:11.81	34.60	300m: 3:21.60	34.76	400m: 4:29.03	33.24		

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Konkurencja 15, Chłopców, 400m dowolny, JUNIOR MŁODSZY

Pozycja			Wiek					Czas	Pkt.
3.	KOZAK Jan		15	KS „OLIMPIA” Lublin				4:38.35	494
	50m:	31.73 31.73	150m:	1:40.78 35.27	250m:	2:51.68 35.57	350m:	4:03.86 36.23	
	100m:	1:05.51 33.78	200m:	2:16.11 35.33	300m:	3:27.63 35.95	400m:	4:38.35 34.49	
4.	LUPA Olaf		15	UKS „ORKA” Zamo				4:42.98	470
	50m:	31.30 31.30	150m:	1:43.16 36.43	250m:	2:56.63 36.56	350m:	4:09.18 36.21	
	100m:	1:06.73 35.43	200m:	2:20.07 36.91	300m:	3:32.97 36.34	400m:	4:42.98 33.80	
5.	GORDZIEJKO Konrad		15	MTP „Lublinianka”				4:46.34	453
	50m:	31.45 31.45	150m:	1:43.15 36.13	250m:	2:56.76 36.23	350m:	4:11.49 36.88	
	100m:	1:07.02 35.57	200m:	2:20.53 37.38	300m:	3:34.61 37.85	400m:	4:46.34 34.85	
6.	BUCO Paweł		14	UKP Fala Kra nik				4:47.06	450
	50m:	30.78 30.78	150m:	1:41.18 35.97	250m:	2:54.76 37.15	350m:	4:10.30 38.17	
	100m:	1:05.21 34.43	200m:	2:17.61 36.43	300m:	3:32.13 37.37	400m:	4:47.06 36.76	
7.	OBSZY SKI Bartłomiej		14	RWKS Sparta Biłgoraj				4:47.29	449
	50m:	31.67 31.67	150m:	1:44.81 37.46	250m:	2:58.71 36.97	350m:	4:12.97 36.98	
	100m:	1:07.35 35.68	200m:	2:21.74 36.93	300m:	3:35.99 37.28	400m:	4:47.29 34.32	
8.	LIPI SKI Szymon		14	UKP Bychawa				4:59.75	395
	50m:	32.90 32.90	150m:	1:46.68 37.35	250m:	3:03.61 38.51	350m:	4:23.44 40.50	
	100m:	1:09.33 36.43	200m:	2:25.10 38.42	300m:	3:42.94 39.33	400m:	4:59.75 36.31	
9.	BRONISZ Karol		14	Uks Skarpa Lublin				5:00.51	392
	50m:	31.57 31.57	150m:	1:48.43 38.77	250m:	3:07.19 39.56	350m:	4:25.00 38.78	
	100m:	1:09.66 38.09	200m:	2:27.63 39.20	300m:	3:46.22 39.03	400m:	5:00.51 35.51	
10.	GO CI SKI Jakub		14	Uks 51				5:08.16	364
	50m:	32.71 32.71	150m:	1:50.91 39.55	250m:	3:10.37 39.91	350m:	4:30.27 38.55	
	100m:	1:11.36 38.65	200m:	2:30.46 39.55	300m:	3:51.72 41.35	400m:	5:08.16 37.89	
11.	CAP Cezary		14	KS Narwal Mi dzyrzec Podl.				5:17.86	331
	50m:	34.15 34.15	150m:	1:53.91 40.21	250m:	3:17.01 41.00	350m:	4:40.17 41.04	
	100m:	1:13.70 39.55	200m:	2:36.01 42.10	300m:	3:59.13 42.12	400m:	5:17.86 37.69	

OPEN

1.	JAKIMIAK Jakub		18	KS Narwal Mi dzyrzec Podl.				4:03.67	736
	50m:	28.78 28.78	150m:	1:30.95 31.33	250m:	2:33.24 31.11	350m:	3:35.08 30.60	
	100m:	59.62 30.84	200m:	2:02.13 31.18	300m:	3:04.48 31.24	400m:	4:03.67 28.59	
2.	CHODULSKI Jakub		21	KU AZS UMCS Lublin				4:04.37	730
	50m:	28.24 28.24	150m:	1:29.67 30.92	250m:	2:31.90 31.01	350m:	3:34.08 31.05	
	100m:	58.75 30.51	200m:	2:00.89 31.22	300m:	3:03.03 31.13	400m:	4:04.37 30.29	
3.	RADZIKOWSKI Henry		19	KU AZS UMCS Lublin				4:05.52	720
	50m:	28.09 28.09	150m:	1:29.93 31.01	250m:	2:32.04 30.96	350m:	3:34.51 31.33	
	100m:	58.92 30.83	200m:	2:01.08 31.15	300m:	3:03.18 31.14	400m:	4:05.52 31.01	
4.	SŁAWACKI Wojciech		16	KU AZS UMCS Lublin				4:09.62	685
	50m:	27.96 27.96	150m:	1:30.44 31.47	250m:	2:34.41 32.30	350m:	3:38.36 31.96	
	100m:	58.97 31.01	200m:	2:02.11 31.67	300m:	3:06.40 31.99	400m:	4:09.62 31.26	
5.	ADAMCZYK Jan		18	KU AZS UMCS Lublin				4:14.68	645
	50m:	27.72 27.72	150m:	1:30.80 32.55	250m:	2:36.75 33.25	350m:	3:42.58 32.99	
	100m:	58.25 30.53	200m:	2:03.50 32.70	300m:	3:09.59 32.84	400m:	4:14.68 32.10	
6.	MRÓZ Adam		18	KU AZS UMCS Lublin				4:20.74	601
	50m:	29.21 29.21	150m:	1:35.41 33.64	250m:	2:42.17 33.24	350m:	3:48.09 32.65	
	100m:	1:01.77 32.56	200m:	2:08.93 33.52	300m:	3:15.44 33.27	400m:	4:20.74 32.65	
7.	SUCHA SKI Filip		16	Uks 51				4:22.36	590
	50m:	28.82 28.82	150m:	1:34.23 33.45	250m:	2:41.91 33.84	350m:	3:49.46 33.99	
	100m:	1:00.78 31.96	200m:	2:08.07 33.84	300m:	3:15.47 33.56	400m:	4:22.36 32.90	
8.	KUBINIEC Mikołaj		17	KU AZS UMCS Lublin				4:24.69	574
	50m:	27.85 27.85	150m:	1:32.87 33.37	250m:	2:42.20 34.50	350m:	3:51.63 34.88	
	100m:	59.50 31.65	200m:	2:07.70 34.83	300m:	3:16.75 34.55	400m:	4:24.69 33.06	

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Konkurencja 15, M czyzn, 400m dowolny, OPEN

Pozycja			Wiek				Czas	Pkt.
9.	LED	Maciej	16	KU AZS UMCS Lublin	4:24.94	573		
	50m:	29.77 29.77	150m:	1:37.00 34.23	250m:	2:45.42 34.37	350m:	3:54.03 34.26
	100m:	1:02.77 33.00	200m:	2:11.05 34.05	300m:	3:19.77 34.35	400m:	4:24.94 30.91
10.	PONIEWA	Oliwier	14	KS „OLIMPIA” Lublin	4:25.64	568		
	50m:	30.58 30.58	150m:	1:38.00 33.80	250m:	2:45.51 33.93	350m:	3:54.10 33.73
	100m:	1:04.20 33.62	200m:	2:11.58 33.58	300m:	3:20.37 34.86	400m:	4:25.64 31.54
11.	SZYCHIEWICZ	Ernest	17	KS „OLIMPIA” Lublin	4:28.02	553		
	50m:	30.07 30.07	150m:	1:37.01 33.56	250m:	2:45.76 34.42	350m:	3:54.97 34.79
	100m:	1:03.45 33.38	200m:	2:11.34 34.33	300m:	3:20.18 34.42	400m:	4:28.02 33.05
12.	WÓJCIK	Rafał	15	UKP Fala Kra nik	4:29.03	547		
	50m:	29.82 29.82	150m:	1:37.21 34.03	250m:	2:46.84 35.03	350m:	3:55.79 34.19
	100m:	1:03.18 33.36	200m:	2:11.81 34.60	300m:	3:21.60 34.76	400m:	4:29.03 33.24
13.	CHYCKI	Kamil	16	KU AZS UMCS Lublin	4:35.74	508		
	50m:	30.32 30.32	150m:	1:39.48 34.91	250m:	2:50.66 36.12	350m:	4:02.62 36.32
	100m:	1:04.57 34.25	200m:	2:14.54 35.06	300m:	3:26.30 35.64	400m:	4:35.74 33.12
14.	KOZAK	Jan	15	KS „OLIMPIA” Lublin	4:38.35	494		
	50m:	31.73 31.73	150m:	1:40.78 35.27	250m:	2:51.68 35.57	350m:	4:03.86 36.23
	100m:	1:05.51 33.78	200m:	2:16.11 35.33	300m:	3:27.63 35.95	400m:	4:38.35 34.49
15.	CHARKOT	Krzysztof	13	UKS „ORKA” Zamo	4:39.75	486		
	50m:	31.77 31.77	150m:	1:43.35 36.04	250m:	2:56.68 37.73	350m:	4:07.91 35.77
	100m:	1:07.31 35.54	200m:	2:18.95 35.60	300m:	3:32.14 35.46	400m:	4:39.75 31.84
16.	LUPA	Olaf	15	UKS „ORKA” Zamo	4:42.98	470		
	50m:	31.30 31.30	150m:	1:43.16 36.43	250m:	2:56.63 36.56	350m:	4:09.18 36.21
	100m:	1:06.73 35.43	200m:	2:20.07 36.91	300m:	3:32.97 36.34	400m:	4:42.98 33.80
17.	GORDZIEJKO	Konrad	15	MTP „Lublinianka”	4:46.34	453		
	50m:	31.45 31.45	150m:	1:43.15 36.13	250m:	2:56.76 36.23	350m:	4:11.49 36.88
	100m:	1:07.02 35.57	200m:	2:20.53 37.38	300m:	3:34.61 37.85	400m:	4:46.34 34.85
18.	BUCO	Paweł	14	UKP Fala Kra nik	4:47.06	450		
	50m:	30.78 30.78	150m:	1:41.18 35.97	250m:	2:54.76 37.15	350m:	4:10.30 38.17
	100m:	1:05.21 34.43	200m:	2:17.61 36.43	300m:	3:32.13 37.37	400m:	4:47.06 36.76
19.	OBSZY	SKI Bartłomiej	14	RWKS Sparta Biłgoraj	4:47.29	449		
	50m:	31.67 31.67	150m:	1:44.81 37.46	250m:	2:58.71 36.97	350m:	4:12.97 36.98
	100m:	1:07.35 35.68	200m:	2:21.74 36.93	300m:	3:35.99 37.28	400m:	4:47.29 34.32
20.	KOBAK	Nataniel	13	RWKS Sparta Biłgoraj	4:48.95	441		
	50m:	31.53 31.53	150m:	1:44.49 36.70	250m:	2:59.34 37.32	350m:	4:13.96 36.75
	100m:	1:07.79 36.26	200m:	2:22.02 37.53	300m:	3:37.21 37.87	400m:	4:48.95 34.99
21.	LIPI	SKI Szymon	14	UKP Bychawa	4:59.75	395		
	50m:	32.90 32.90	150m:	1:46.68 37.35	250m:	3:03.61 38.51	350m:	4:23.44 40.50
	100m:	1:09.33 36.43	200m:	2:25.10 38.42	300m:	3:42.94 39.33	400m:	4:59.75 36.31
22.	BORSUK	Piotr	18	UKP Fala Kra nik	4:59.85	395		
	50m:	31.45 31.45	150m:	1:47.50 39.10	250m:	3:05.14 38.59	350m:	4:22.79 38.71
	100m:	1:08.40 36.95	200m:	2:26.55 39.05	300m:	3:44.08 38.94	400m:	4:59.85 37.06
23.	BRONISZ	Karol	14	Uks Skarpa Lublin	5:00.51	392		
	50m:	31.57 31.57	150m:	1:48.43 38.77	250m:	3:07.19 39.56	350m:	4:25.00 38.78
	100m:	1:09.66 38.09	200m:	2:27.63 39.20	300m:	3:46.22 39.03	400m:	5:00.51 35.51
24.	JAGOSIAK	Miłosz	13	RWKS Sparta Biłgoraj	5:00.56	392		
	50m:	32.59 32.59	150m:	1:48.90 38.93	250m:	3:07.21 39.33	350m:	4:25.08 38.85
	100m:	1:09.97 37.38	200m:	2:27.88 38.98	300m:	3:46.23 39.02	400m:	5:00.56 35.48
25.	GO CI	SKI Jakub	14	Uks 51	5:08.16	364		
	50m:	32.71 32.71	150m:	1:50.91 39.55	250m:	3:10.37 39.91	350m:	4:30.27 38.55
	100m:	1:11.36 38.65	200m:	2:30.46 39.55	300m:	3:51.72 41.35	400m:	5:08.16 37.89
26.	FRONCZEK	Miłosz	13	KU AZS UMCS Lublin	5:10.67	355		
	50m:	35.95 35.95	150m:	1:54.75 39.82	250m:	3:14.88 40.20	350m:	4:33.93 38.96
	100m:	1:14.93 38.98	200m:	2:34.68 39.93	300m:	3:54.97 40.09	400m:	5:10.67 36.74

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Konkurencja 15, M czynn, 400m dowolny, OPEN

Pozycja			Wiek					Czas	Pkt.
27.	GOGACZ Sebastian		45	UKS „Trójka” Puławy				5:11.03	354
	50m: 36.20	36.20	150m: 1:55.10	39.74	250m: 3:13.15	38.85	350m: 4:32.97	40.21	
	100m: 1:15.36	39.16	200m: 2:34.30	39.20	300m: 3:52.76	39.61	400m: 5:11.03	38.06	
28.	CAP Cezary		14	KS Narwał Mi dzyrzec Podl.				5:17.86	331
	50m: 34.15	34.15	150m: 1:53.91	40.21	250m: 3:17.01	41.00	350m: 4:40.17	41.04	
	100m: 1:13.70	39.55	200m: 2:36.01	42.10	300m: 3:59.13	42.12	400m: 5:17.86	37.69	
29.	LIPI SKI Cezary		49	Masters Avia widnik				5:22.84	316
	50m: 36.97	36.97	150m: 1:57.13	40.40	250m: 3:17.86	40.88	350m: 4:41.59	42.34	
	100m: 1:16.73	39.76	200m: 2:36.98	39.85	300m: 3:59.25	41.39	400m: 5:22.84	41.25	
30.	KULANIN Kornel		12	RWKS Sparta Biłgoraj				5:37.31	277
	50m: 35.05	35.05	150m: 1:59.58	43.07	250m: 3:26.10	43.53	350m: 4:54.42	43.91	
	100m: 1:16.51	41.46	200m: 2:42.57	42.99	300m: 4:10.51	44.41	400m: 5:37.31	42.89	
31.	BARABAN Damian		13	KS „Wisła” Puławy				5:49.16	250
	50m: 37.10	37.10	150m: 2:06.53	44.75	250m: 3:36.29	45.50	350m: 5:06.16	45.19	
	100m: 1:21.78	44.68	200m: 2:50.79	44.26	300m: 4:20.97	44.68	400m: 5:49.16	43.00	
32.	FRONCZEK Bła ej		12	KU AZS UMCS Lublin				5:52.06	244
	50m: 37.33	37.33	150m: 2:08.48	46.52	250m: 3:40.66	45.49	350m: 5:10.44	44.01	
	100m: 1:21.96	44.63	200m: 2:55.17	46.69	300m: 4:26.43	45.77	400m: 5:52.06	41.62	
33.	WOŁOSZKO Jakub		13	MTP „Lublinianka”				5:57.06	234
	50m: 38.84	38.84	150m: 2:08.93	46.37	250m: 3:43.71	46.59	350m: 5:18.96	46.30	
	100m: 1:22.56	43.72	200m: 2:57.12	48.19	300m: 4:32.66	48.95	400m: 5:57.06	38.10	
34.	GRABOWSKI Igor		12	UKS Olimpijczyk 23				6:04.31	220
	50m: 39.73	39.73	150m: 2:11.07	46.08	250m: 3:46.82	48.22	350m: 5:21.09	46.56	
	100m: 1:24.99	45.26	200m: 2:58.60	47.53	300m: 4:34.53	47.71	400m: 6:04.31	43.22	
35.	BIGOS Maciej		13	UKS „ORKA” Zamo				6:50.28	154
	50m: 41.91	41.91	150m: 2:27.10	54.35	250m: 4:13.38	53.83	350m: 6:00.19	53.29	
	100m: 1:32.75	50.84	200m: 3:19.55	52.45	300m: 5:06.90	53.52	400m: 6:50.28	50.09	
36.	KIELMAS Igor		12	UKS Olimpijczyk 23				7:05.39	138
	50m: 45.17	45.17	150m: 2:30.77	51.66	250m: 4:21.54	54.86	350m: 6:13.35	54.11	
	100m: 1:39.11	53.94	200m: 3:26.68	55.91	300m: 5:19.24	57.70	400m: 7:05.39	52.04	
37.	WOŁOSZYN Maciej		12	UKS „ORKA” Zamo				7:09.38	134
	50m: 44.16	44.16	150m: 2:30.44	55.15	250m: 4:23.78	57.82	350m: 6:15.96	54.96	
	100m: 1:35.29	51.13	200m: 3:25.96	55.52	300m: 5:21.00	57.22	400m: 7:09.38	53.42	
38.	GAŁ ZKA Szymon		12	UKS Olimpijczyk 23				7:26.28	119
	50m: 47.06	47.06	150m: 2:40.91	57.89	250m: 4:36.17	58.02	350m: 6:32.36	57.02	
	100m: 1:43.02	55.96	200m: 3:38.15	57.24	300m: 5:35.34	59.17	400m: 7:26.28	53.92	
PK	BOLEK Stanisław		16	UKP „Polonia Warszawa”				4:16.50	631
	50m: 28.71	28.71	150m: 1:32.58	32.56	250m: 2:37.92	32.68	350m: 3:44.21	33.39	
	100m: 1:00.02	31.31	200m: 2:05.24	32.66	300m: 3:10.82	32.90	400m: 4:16.50	32.29	
PK	PROCNAŁ Adam		17	SP Motyl MOSiR Stalowa Wola				4:25.78	567
	50m: 29.40	29.40	150m: 1:36.41	33.89	250m: 2:44.68	34.37	350m: 3:53.77	34.47	
	100m: 1:02.52	33.12	200m: 2:10.31	33.90	300m: 3:19.30	34.62	400m: 4:25.78	32.01	