

2021 Memoriał Henryka Kosakowskiego
Lublin, 26.6.2021

Konkurencja 29
26.06.2021 - 17:02

Kobiet, 400m zmienny

12 lat i starsi
Wyniki

Rekord LOZP 4:48.63 ZUKOWSKA Paula 03103 Olsztyn 15.05.2019

Punkty: FINA 2021

Pozycja			Wiek			Czas	Pkt.	
MŁODZIK								
1.	SZABAŁA Antonina		12	UKS "Pi tka"		5:35.82	498	
	50m: 33.37	33.37	150m: 1:58.82	45.13	250m: 3:31.45	48.94	350m: 4:58.71	37.75
	100m: 1:13.69	40.32	200m: 2:42.51	43.69	300m: 4:20.96	49.51	400m: 5:35.82	37.11
2.	GR CZAK Oliwia		13	KS „OLIMPIA” Lublin		5:39.01	485	
	50m: 36.04	36.04	150m: 2:00.79	43.23	250m: 3:30.69	48.80	350m: 5:00.91	40.64
	100m: 1:17.56	41.52	200m: 2:41.89	41.10	300m: 4:20.27	49.58	400m: 5:39.01	38.10
3.	MICHALUK Wiktoria		13	MKS Juwenia Białystok		6:02.43	396	
	50m: 37.51	37.51	150m: 2:11.13	48.46	250m: 3:49.63	51.97	350m: 5:23.67	42.23
	100m: 1:22.67	45.16	200m: 2:57.66	46.53	300m: 4:41.44	51.81	400m: 6:02.43	38.76
4.	SZKIŁ D Klaudia		12	MKS Juwenia Białystok		6:05.25	387	
	50m: 38.10	38.10	150m: 2:11.29	44.88	250m: 3:51.90	53.93	350m: 5:27.18	39.51
	100m: 1:26.41	48.31	200m: 2:57.97	46.68	300m: 4:47.67	55.77	400m: 6:05.25	38.07
5.	KOSTYŁA Kaja		12	UKS "Pi tka"		6:09.35	375	
	50m: 40.93	40.93	150m: 2:15.78	49.83	250m: 3:56.11	52.60	350m: 5:28.79	40.31
	100m: 1:25.95	45.02	200m: 3:03.51	47.73	300m: 4:48.48	52.37	400m: 6:09.35	40.56

JUNIOR

1.	CIOCH-GRADZIK Wiktoria		18	KU AZS UMCS Lublin		5:13.26	614	
	50m: 32.88	32.88	150m: 1:52.51	41.69	250m: 3:19.09	46.13	350m: 4:39.74	34.97
	100m: 1:10.82	37.94	200m: 2:32.96	40.45	300m: 4:04.77	45.68	400m: 5:13.26	33.52
2.	K DZIOR Pola		14	KS „OLIMPIA” Lublin		5:25.21	549	
	50m: 36.51	36.51	150m: 2:00.48	43.64	250m: 3:28.82	46.24	350m: 4:51.09	37.15
	100m: 1:16.84	40.33	200m: 2:42.58	42.10	300m: 4:13.94	45.12	400m: 5:25.21	34.12
3.	MACIAK Aleksandra		14	MKS Juwenia Białystok		6:27.70	324	
	50m: 40.55	40.55	150m: 2:21.22	55.11	250m: 4:06.18	53.94	350m: 5:44.94	44.52
	100m: 1:26.11	45.56	200m: 3:12.24	51.02	300m: 5:00.42	54.24	400m: 6:27.70	42.76

OPEN

1.	CIOCH-GRADZIK Wiktoria		18	KU AZS UMCS Lublin		5:13.26	614	
	50m: 32.88	32.88	150m: 1:52.51	41.69	250m: 3:19.09	46.13	350m: 4:39.74	34.97
	100m: 1:10.82	37.94	200m: 2:32.96	40.45	300m: 4:04.77	45.68	400m: 5:13.26	33.52
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	100m: 1:16.84	40.33	200m: 2:42.58	42.10	300m: 4:13.94	45.12	400m: 5:25.21	34.12
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	50m: 33.37	33.37	150m: 1:58.82	45.13	250m: 3:31.45	48.94	350m: 4:58.71	37.75
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8.	MACIAK Aleksandra		14	MKS Juwenia Białystok				6:27.70	324	
	50m:	40.55 40.55	150m:	2:21.22 55.11	250m:	4:06.18 53.94	350m:	5:44.94 44.52		
	100m:	1:26.11 45.56	200m:	3:12.24 51.02	300m:	5:00.42 54.24	400m:	6:27.70 42.76		