

2021 Memoriał Henryka Kosakowskiego
Lublin, 26.6.2021

Event 29 Women, 400m Medley 12 years and older
26.06.2021 - 17:02 Results
Rekord LOZP 4:48.63 ZUKOWSKA Paula 03103 Olsztyn 15.05.2019
Points: FINA 2021

Rank			Age					Time	Pts	
MŁODZIK										
1.	SZABALA Antonina		12	UKS "Piatka"				5:35.82	498	
	50m:	33.37 33.37	150m:	1:58.82	45.13	250m:	3:31.45	48.94	350m:	4:58.71 37.75
	100m:	1:13.69 40.32	200m:	2:42.51	43.69	300m:	4:20.96	49.51	400m:	5:35.82 37.11
2.	GRACZAK Oliwia		13	KS „OLIMPIA” Lublin				5:39.01	485	
	50m:	36.04 36.04	150m:	2:00.79	43.23	250m:	3:30.69	48.80	350m:	5:00.91 40.64
	100m:	1:17.56 41.52	200m:	2:41.89	41.10	300m:	4:20.27	49.58	400m:	5:39.01 38.10
3.	MICHALUK Wiktoria		13	MKS Juwenia Białystok				6:02.43	396	
	50m:	37.51 37.51	150m:	2:11.13	48.46	250m:	3:49.63	51.97	350m:	5:23.67 42.23
	100m:	1:22.67 45.16	200m:	2:57.66	46.53	300m:	4:41.44	51.81	400m:	6:02.43 38.76
4.	SZKILADZ Klaudia		12	MKS Juwenia Białystok				6:05.25	387	
	50m:	38.10 38.10	150m:	2:11.29	44.88	250m:	3:51.90	53.93	350m:	5:27.18 39.51
	100m:	1:26.41 48.31	200m:	2:57.97	46.68	300m:	4:47.67	55.77	400m:	6:05.25 38.07
5.	KOSTYLA Kaja		12	UKS "Piatka"				6:09.35	375	
	50m:	40.93 40.93	150m:	2:15.78	49.83	250m:	3:56.11	52.60	350m:	5:28.79 40.31
	100m:	1:25.95 45.02	200m:	3:03.51	47.73	300m:	4:48.48	52.37	400m:	6:09.35 40.56
JUNIOR										
1.	CIOCH-GRADZIK Wiktoria		18	KU AZS UMCS Lublin				5:13.26	614	
	50m:	32.88 32.88	150m:	1:52.51	41.69	250m:	3:19.09	46.13	350m:	4:39.74 34.97
	100m:	1:10.82 37.94	200m:	2:32.96	40.45	300m:	4:04.77	45.68	400m:	5:13.26 33.52
2.	KEDZIOR Pola		14	KS „OLIMPIA” Lublin				5:25.21	549	
	50m:	36.51 36.51	150m:	2:00.48	43.64	250m:	3:28.82	46.24	350m:	4:51.09 37.15
	100m:	1:16.84 40.33	200m:	2:42.58	42.10	300m:	4:13.94	45.12	400m:	5:25.21 34.12
3.	MACIAK Aleksandra		14	MKS Juwenia Białystok				6:27.70	324	
	50m:	40.55 40.55	150m:	2:21.22	55.11	250m:	4:06.18	53.94	350m:	5:44.94 44.52
	100m:	1:26.11 45.56	200m:	3:12.24	51.02	300m:	5:00.42	54.24	400m:	6:27.70 42.76
OPEN										
1.	CIOCH-GRADZIK Wiktoria		18	KU AZS UMCS Lublin				5:13.26	614	
	50m:	32.88 32.88	150m:	1:52.51	41.69	250m:	3:19.09	46.13	350m:	4:39.74 34.97
	100m:	1:10.82 37.94	200m:	2:32.96	40.45	300m:	4:04.77	45.68	400m:	5:13.26 33.52
2.	KEDZIOR Pola		14	KS „OLIMPIA” Lublin				5:25.21	549	
	50m:	36.51 36.51	150m:	2:00.48	43.64	250m:	3:28.82	46.24	350m:	4:51.09 37.15
	100m:	1:16.84 40.33	200m:	2:42.58	42.10	300m:	4:13.94	45.12	400m:	5:25.21 34.12
3.	SZABALA Antonina		12	UKS "Piatka"				5:35.82	498	
	50m:	33.37 33.37	150m:	1:58.82	45.13	250m:	3:31.45	48.94	350m:	4:58.71 37.75
	100m:	1:13.69 40.32	200m:	2:42.51	43.69	300m:	4:20.96	49.51	400m:	5:35.82 37.11
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	50m:	36.04 36.04	150m:	2:00.79	43.23	250m:	3:30.69	48.80	350m:	5:00.91 40.64
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	50m:	37.51 37.51	150m:	2:11.13	48.46	250m:	3:49.63	51.97	350m:	5:23.67 42.23
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	50m:	38.10 38.10	150m:	2:11.29	44.88	250m:	3:51.90	53.93	350m:	5:27.18 39.51
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	100m:	1:25.95 45.02	200m:	3:03.51	47.73	300m:	4:48.48	52.37	400m:	6:09.35 40.56

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Lublin, 26.6.2021

Event 29, Women, 400m Medley, OPEN

Rank	Age								Time	Pts		
8.	MACIAK Aleksandra			14	MKS Juvenia Bialystok			6:27.70	324			
	50m:	40.55	40.55	150m:	2:21.22	55.11	250m:	4:06.18	53.94	350m:	5:44.94	44.52
	100m:	1:26.11	45.56	200m:	3:12.24	51.02	300m:	5:00.42	54.24	400m:	6:27.70	42.76