

2021 Memoriał Henryka Kosakowskiego
Lublin, 26.6.2021

Konkurencja 30
26.06.2021 - 17:09

Mężczyzn, 400m zmienny

12 lat i starsi
Wyniki

Rekord LOZP 4:19.87 ŚWITKOWSKI Jan 01003 Szczecin 28.05.2016
Punkty: FINA 2021

Pozycja Wiek Czas Pkt.

MŁODZIK

1.	FRONCZEK Miłosz	13	KU AZS UMCS Lublin	6:14.63	275
	50m: 42.01 42.01	150m: 2:22.96 46.95	250m: 4:06.36 55.30	350m: 5:39.30 40.17	
	100m: 1:36.01 54.00	200m: 3:11.06 48.10	300m: 4:59.13 52.77	400m: 6:14.63 35.33	
2.	SKOCZYLAS Bartosz	12	KU AZS UMCS Lublin	6:14.72	275
	50m: 42.34 42.34	150m: 2:23.03 48.95	250m: 4:03.97 53.29	350m: 5:38.39 39.96	
	100m: 1:34.08 51.74	200m: 3:10.68 47.65	300m: 4:58.43 54.46	400m: 6:14.72 36.33	

JUNIOR

1.	MRÓZ Adam	18	KU AZS UMCS Lublin	4:38.59	670
	50m: 29.09 29.09	150m: 1:39.24 36.67	250m: 2:54.45 39.47	350m: 4:06.65 33.09	
	100m: 1:02.57 33.48	200m: 2:14.98 35.74	300m: 3:33.56 39.11	400m: 4:38.59 31.94	
2.	KOZAK Jan	15	KS „OLIMPIA” Lublin	5:38.70	373
	50m: 31.64 31.64	150m: 1:58.87 49.81	250m: 3:35.08 49.01	350m: 5:03.69 39.39	
	100m: 1:09.06 37.42	200m: 2:46.07 47.20	300m: 4:24.30 49.22	400m: 5:38.70 35.01	
3.	SZESZEL Tomasz	14	MKS Juwenia Białystok	5:39.32	371
	50m: 35.66 35.66	150m: 2:06.25 47.87	250m: 3:38.20 45.80	350m: 5:04.57 39.09	
	100m: 1:18.38 42.72	200m: 2:52.40 46.15	300m: 4:25.48 47.28	400m: 5:39.32 34.75	

OPEN

1.	MRÓZ Adam	18	KU AZS UMCS Lublin	4:38.59	670
	50m: 29.09 29.09	150m: 1:39.24 36.67	250m: 2:54.45 39.47	350m: 4:06.65 33.09	
	100m: 1:02.57 33.48	200m: 2:14.98 35.74	300m: 3:33.56 39.11	400m: 4:38.59 31.94	
2.	RADZIKOWSKI Henry	19	KU AZS UMCS Lublin	4:48.73	602
	50m: 30.52 30.52	150m: 1:42.84 38.08	250m: 3:01.83 43.01	350m: 4:17.58 32.00	
	100m: 1:04.76 34.24	200m: 2:18.82 35.98	300m: 3:45.58 43.75	400m: 4:48.73 31.15	
3.	KOZAK Jan	15	KS „OLIMPIA” Lublin	5:38.70	373
	50m: 31.64 31.64	150m: 1:58.87 49.81	250m: 3:35.08 49.01	350m: 5:03.69 39.39	
	100m: 1:09.06 37.42	200m: 2:46.07 47.20	300m: 4:24.30 49.22	400m: 5:38.70 35.01	
4.	SZESZEL Tomasz	14	MKS Juwenia Białystok	5:39.32	371
	50m: 35.66 35.66	150m: 2:06.25 47.87	250m: 3:38.20 45.80	350m: 5:04.57 39.09	
	100m: 1:18.38 42.72	200m: 2:52.40 46.15	300m: 4:25.48 47.28	400m: 5:39.32 34.75	
5.	FRONCZEK Miłosz	13	KU AZS UMCS Lublin	6:14.63	275
	50m: 42.01 42.01	150m: 2:22.96 46.95	250m: 4:06.36 55.30	350m: 5:39.30 40.17	
	100m: 1:36.01 54.00	200m: 3:11.06 48.10	300m: 4:59.13 52.77	400m: 6:14.63 35.33	
6.	SKOCZYLAS Bartosz	12	KU AZS UMCS Lublin	6:14.72	275
	50m: 42.34 42.34	150m: 2:23.03 48.95	250m: 4:03.97 53.29	350m: 5:38.39 39.96	
	100m: 1:34.08 51.74	200m: 3:10.68 47.65	300m: 4:58.43 54.46	400m: 6:14.72 36.33	