

2021 Memoriał Henryka Kosakowskiego
Lublin, 26.6.2021

Konkurencja 5 Kobiet, 400m dowolny 12 lat i starsi
26.06.2021 - 9:55 Wyniki

Rekord LOZP 4:18.01 BARZYCKA Paulina 01403 Ostrowiec Sw. 05.04.2008

Punkty: FINA 2021

Pozycja			Wiek			Czas	Pkt.	
MŁODZIK								
1.	BATYRA Julia		13	Uks Skarpa Lublin		5:10.55	441	
	50m:	35.62 35.62	150m:	1:54.82 39.59	250m:	3:14.35 39.73	350m:	4:32.76 38.73
	100m:	1:15.23 39.61	200m:	2:34.62 39.80	300m:	3:54.03 39.68	400m:	5:10.55 37.79
2.	ADAMEK Emilia		13	MTP „Lublinianka”		5:19.89	403	
	50m:	36.21 36.21	150m:	1:57.26 40.91	250m:	3:19.07 40.98	350m:	4:41.05 40.83
	100m:	1:16.35 40.14	200m:	2:38.09 40.83	300m:	4:00.22 41.15	400m:	5:19.89 38.84
3.	TKACZYK Aleksandra		12	UKS Olimpijczyk 23		6:03.01	276	
	50m:	39.42 39.42	150m:	2:12.62 46.65	250m:	3:46.20 47.21	350m:	5:19.00 46.25
	100m:	1:25.97 46.55	200m:	2:58.99 46.37	300m:	4:32.75 46.55	400m:	6:03.01 44.01

JUNIOR

1.	KULIK Julia		16	UKS GOS Raszyn		4:34.15	641	
	50m:	30.41 30.41	150m:	1:38.74 34.45	250m:	2:48.33 35.09	350m:	3:59.41 35.47
	100m:	1:04.29 33.88	200m:	2:13.24 34.50	300m:	3:23.94 35.61	400m:	4:34.15 34.74
2.	CIOCH-GRADZIK Wiktoria		18	KU AZS UMCS Lublin		4:35.84	629	
	50m:	32.87 32.87	150m:	1:42.96 35.15	250m:	2:53.15 35.11	350m:	4:02.49 34.32
	100m:	1:07.81 34.94	200m:	2:18.04 35.08	300m:	3:28.17 35.02	400m:	4:35.84 33.35
3.	SIWKO Natalia		17	KU AZS UMCS Lublin		4:36.00	628	
	50m:	31.94 31.94	150m:	1:41.82 35.14	250m:	2:52.51 35.26	350m:	4:02.97 35.03
	100m:	1:06.68 34.74	200m:	2:17.25 35.43	300m:	3:27.94 35.43	400m:	4:36.00 33.03
4.	MAGIEREK Karolina		15	UKS GOS Raszyn		4:56.87	505	
	50m:	33.17 33.17	150m:	1:47.48 37.70	250m:	3:01.55 37.11	350m:	4:18.18 38.56
	100m:	1:09.78 36.61	200m:	2:24.44 36.96	300m:	3:39.62 38.07	400m:	4:56.87 38.69
5.	PANASIUK Natalia		16	KS „OLIMPIA” Lublin		5:04.48	468	
	50m:	34.97 34.97	150m:	1:52.68 39.22	250m:	3:11.10 39.26	350m:	4:29.42 39.32
	100m:	1:13.46 38.49	200m:	2:31.84 39.16	300m:	3:50.10 39.00	400m:	5:04.48 35.06
6.	MACIAK Aleksandra		14	MKS Juwenia Białystok		5:05.36	464	
	50m:	33.85 33.85	150m:	1:50.40 39.21	250m:	3:08.98 39.69	350m:	4:27.88 39.71
	100m:	1:11.19 37.34	200m:	2:29.29 38.89	300m:	3:48.17 39.19	400m:	5:05.36 37.48
7.	WA KOWICZ Małgorzata		14	KS „OLIMPIA” Lublin		5:10.02	443	
	50m:	34.88 34.88	150m:	1:52.24 39.14	250m:	3:11.46 39.63	350m:	4:31.60 39.90
	100m:	1:13.10 38.22	200m:	2:31.83 39.59	300m:	3:51.70 40.24	400m:	5:10.02 38.42
8.	RADZISZEWSKA Weronika		14	MKS Juwenia Białystok		5:26.19	380	
	50m:	36.97 36.97	150m:	1:58.38 41.44	250m:	3:22.28 42.18	350m:	4:45.74 41.48
	100m:	1:16.94 39.97	200m:	2:40.10 41.72	300m:	4:04.26 41.98	400m:	5:26.19 40.45

OPEN

1.	POLA SKA Aleksandra		21	UKS GOS Raszyn		4:21.21	741	
	50m:	29.72 29.72	150m:	1:36.34 33.61	250m:	2:43.37 33.42	350m:	3:49.80 33.10
	100m:	1:02.73 33.01	200m:	2:09.95 33.61	300m:	3:16.70 33.33	400m:	4:21.21 31.41
2.	KULIK Julia		16	UKS GOS Raszyn		4:34.15	641	
	50m:	30.41 30.41	150m:	1:38.74 34.45	250m:	2:48.33 35.09	350m:	3:59.41 35.47
	100m:	1:04.29 33.88	200m:	2:13.24 34.50	300m:	3:23.94 35.61	400m:	4:34.15 34.74
3.	CIOCH-GRADZIK Wiktoria		18	KU AZS UMCS Lublin		4:35.84	629	
	50m:	32.87 32.87	150m:	1:42.96 35.15	250m:	2:53.15 35.11	350m:	4:02.49 34.32
	100m:	1:07.81 34.94	200m:	2:18.04 35.08	300m:	3:28.17 35.02	400m:	4:35.84 33.35
4.	SIWKO Natalia		17	KU AZS UMCS Lublin		4:36.00	628	
	50m:	31.94 31.94	150m:	1:41.82 35.14	250m:	2:52.51 35.26	350m:	4:02.97 35.03
	100m:	1:06.68 34.74	200m:	2:17.25 35.43	300m:	3:27.94 35.43	400m:	4:36.00 33.03

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Konkurencja 5, Kobiet, 400m dowolny, OPEN

Pozycja			Wiek				Czas				Pkt.	
5.	MAGIEREK Karolina		15				UKS GOS Raszyn				4:56.87	505
	50m:	33.17	33.17	150m:	1:47.48	37.70	250m:	3:01.55	37.11	350m:	4:18.18	38.56
	100m:	1:09.78	36.61	200m:	2:24.44	36.96	300m:	3:39.62	38.07	400m:	4:56.87	38.69
6.	PANASIUK Natalia		16				KS „OLIMPIA” Lublin				5:04.48	468
	50m:	34.97	34.97	150m:	1:52.68	39.22	250m:	3:11.10	39.26	350m:	4:29.42	39.32
	100m:	1:13.46	38.49	200m:	2:31.84	39.16	300m:	3:50.10	39.00	400m:	5:04.48	35.06
7.	MACIAK Aleksandra		14				MKS Juwenia Białystok				5:05.36	464
	50m:	33.85	33.85	150m:	1:50.40	39.21	250m:	3:08.98	39.69	350m:	4:27.88	39.71
	100m:	1:11.19	37.34	200m:	2:29.29	38.89	300m:	3:48.17	39.19	400m:	5:05.36	37.48
8.	WA KOWICZ Małgorzata		14				KS „OLIMPIA” Lublin				5:10.02	443
	50m:	34.88	34.88	150m:	1:52.24	39.14	250m:	3:11.46	39.63	350m:	4:31.60	39.90
	100m:	1:13.10	38.22	200m:	2:31.83	39.59	300m:	3:51.70	40.24	400m:	5:10.02	38.42
9.	BATYRA Julia		13				Uks Skarpa Lublin				5:10.55	441
	50m:	35.62	35.62	150m:	1:54.82	39.59	250m:	3:14.35	39.73	350m:	4:32.76	38.73
	100m:	1:15.23	39.61	200m:	2:34.62	39.80	300m:	3:54.03	39.68	400m:	5:10.55	37.79
10.	ADAMEK Emilia		13				MTP „Lublinianka”				5:19.89	403
	50m:	36.21	36.21	150m:	1:57.26	40.91	250m:	3:19.07	40.98	350m:	4:41.05	40.83
	100m:	1:16.35	40.14	200m:	2:38.09	40.83	300m:	4:00.22	41.15	400m:	5:19.89	38.84
11.	RADZISZEWSKA Weronika		14				MKS Juwenia Białystok				5:26.19	380
	50m:	36.97	36.97	150m:	1:58.38	41.44	250m:	3:22.28	42.18	350m:	4:45.74	41.48
	100m:	1:16.94	39.97	200m:	2:40.10	41.72	300m:	4:04.26	41.98	400m:	5:26.19	40.45
12.	TKACZYK Aleksandra		12				UKS Olimpijczyk 23				6:03.01	276
	50m:	39.42	39.42	150m:	2:12.62	46.65	250m:	3:46.20	47.21	350m:	5:19.00	46.25
	100m:	1:25.97	46.55	200m:	2:58.99	46.37	300m:	4:32.75	46.55	400m:	6:03.01	44.01