

2021 Memoriał Henryka Kosakowskiego
Lublin, 26.6.2021

Event 6 Men, 400m Freestyle 12 years and older
26.06.2021 - 10:07 Results

Rekord LOZP 3:50.57 WITKOWSKI Jan 01003 London (GBR) 16.05.2016

Points: FINA 2021

Rank			Age			Time			Pts
MŁODZIK									
1.	ZLOMANCZUK	Jakub	13	UKS "Piatka"		5:00.80			391
	50m:	32.59	32.59	150m:	1:48.91	39.65	250m:	3:06.59	38.35
	100m:	1:09.26	36.67	200m:	2:28.24	39.33	300m:	3:46.53	39.94
							350m:	4:25.96	39.43
							400m:	5:00.80	34.84
2.	SCIOCH	Grzegorz	13	Uks Skarpa Lublin		5:11.75			351
	50m:	33.00	33.00	150m:	1:50.16	39.28	250m:	3:10.07	40.64
	100m:	1:10.88	37.88	200m:	2:29.43	39.27	300m:	3:50.68	40.61
							350m:	4:31.78	41.10
							400m:	5:11.75	39.97
3.	SKOCZYLAS	Bartosz	12	KU AZS UMCS Lublin		5:24.38			312
	50m:	35.69	35.69	150m:	1:58.96	41.77	250m:	3:22.07	41.38
	100m:	1:17.19	41.50	200m:	2:40.69	41.73	300m:	4:04.34	42.27
							350m:	4:45.40	41.06
							400m:	5:24.38	38.98
4.	GARWOLINSKI	Adam	13	Uks Skarpa Lublin		6:41.64			164
	50m:	45.51	45.51	150m:	2:29.06	52.80	250m:	4:14.33	52.65
	100m:	1:36.26	50.75	200m:	3:21.68	52.62	300m:	5:06.51	52.18
							350m:	5:56.70	50.19
							400m:	6:41.64	44.94
JUNIOR									
1.	RYNKIEWICZ	Jakub	16	KU AZS UMCS Lublin		4:08.99			690
	50m:	28.15	28.15	150m:	1:31.41	32.05	250m:	2:34.94	31.58
	100m:	59.36	31.21	200m:	2:03.36	31.95	300m:	3:06.70	31.76
							350m:	3:38.57	31.87
							400m:	4:08.99	30.42
2.	KUBINIEC	Mikolaj	17	KU AZS UMCS Lublin		4:23.68			581
	50m:	30.17	30.17	150m:	1:36.38	33.19	250m:	2:43.01	33.69
	100m:	1:03.19	33.02	200m:	2:09.32	32.94	300m:	3:16.87	33.86
							350m:	3:51.13	34.26
							400m:	4:23.68	32.55
3.	CHALAT	Wojciech	17	KU AZS UMCS Lublin		4:29.15			546
	50m:	29.97	29.97	150m:	1:37.37	34.38	250m:	2:46.22	34.44
	100m:	1:02.99	33.02	200m:	2:11.78	34.41	300m:	3:20.88	34.66
							350m:	3:55.21	34.33
							400m:	4:29.15	33.94
4.	SLEDZ	Maciej	16	KU AZS UMCS Lublin		4:36.16			506
	50m:	30.06	30.06	150m:	1:39.11	34.92	250m:	2:50.71	36.19
	100m:	1:04.19	34.13	200m:	2:14.52	35.41	300m:	3:26.94	36.23
							350m:	4:01.97	35.03
							400m:	4:36.16	34.19
5.	MROZ	Adam	18	KU AZS UMCS Lublin		4:39.92			485
	50m:	29.33	29.33	150m:	1:39.71	36.60	250m:	2:55.26	39.55
	100m:	1:03.11	33.78	200m:	2:15.71	36.00	300m:	3:34.96	39.70
							350m:	4:07.66	32.70
							400m:	4:39.92	32.26
6.	PONIEWAZ	Oliwier	14	KS „OLIMPIA" Lublin		4:41.15			479
	50m:	33.05	33.05	150m:	1:45.58	36.84	250m:	2:58.66	36.14
	100m:	1:08.74	35.69	200m:	2:22.52	36.94	300m:	3:34.92	36.26
							350m:	4:11.25	36.33
							400m:	4:41.15	29.90
7.	PASZKOWSKI	Blazej	15	UKP Fala Krasnik		4:44.84			461
	50m:	32.49	32.49	150m:	1:45.27	36.69	250m:	2:58.59	36.63
	100m:	1:08.58	36.09	200m:	2:21.96	36.69	300m:	3:35.03	36.44
							350m:	4:11.24	36.21
							400m:	4:44.84	33.60
8.	HAJDUKIEWICZ	Szymon	14	MKS Juvenia Bialystok		5:00.70			391
	50m:	32.47	32.47	150m:	1:48.54	38.65	250m:	3:06.25	39.20
	100m:	1:09.89	37.42	200m:	2:27.05	38.51	300m:	3:45.35	39.10
							350m:	4:24.48	39.13
							400m:	5:00.70	36.22
9.	JEDRUCH	Bartlomiej	16	KS „OLIMPIA" Lublin		5:05.44			374
	50m:	34.36	34.36	150m:	1:51.97	39.33	250m:	3:12.16	39.82
	100m:	1:12.64	38.28	200m:	2:32.34	40.37	300m:	3:51.28	39.12
							350m:	4:30.21	38.93
							400m:	5:05.44	35.23
10.	WOLINSKI	Maksymilian	14	UKS "Piatka"		5:31.34			292
	50m:	35.32	35.32	150m:	1:57.51	42.42	250m:	3:22.71	42.65
	100m:	1:15.09	39.77	200m:	2:40.06	42.55	300m:	4:05.59	42.88
							350m:	4:49.64	44.05
							400m:	5:31.34	41.70

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OPEN

1.	RYNKIEWICZ Jakub	16	KU AZS UMCS Lublin	4:08.99	690
	50m: 28.15 28.15	150m: 1:31.41	32.05 250m: 2:34.94	31.58	350m: 3:38.57 31.87
	100m: 59.36 31.21	200m: 2:03.36	31.95 300m: 3:06.70	31.76	400m: 4:08.99 30.42
2.	KUBINIEC Mikołaj	17	KU AZS UMCS Lublin	4:23.68	581
	50m: 30.17 30.17	150m: 1:36.38	33.19 250m: 2:43.01	33.69	350m: 3:51.13 34.26
	100m: 1:03.19 33.02	200m: 2:09.32	32.94 300m: 3:16.87	33.86	400m: 4:23.68 32.55
3.	CHALAT Wojciech	17	KU AZS UMCS Lublin	4:29.15	546
	50m: 29.97 29.97	150m: 1:37.37	34.38 250m: 2:46.22	34.44	350m: 3:55.21 34.33
	100m: 1:02.99 33.02	200m: 2:11.78	34.41 300m: 3:20.88	34.66	400m: 4:29.15 33.94
4.	SLEDZ Maciej	16	KU AZS UMCS Lublin	4:36.16	506
	50m: 30.06 30.06	150m: 1:39.11	34.92 250m: 2:50.71	36.19	350m: 4:01.97 35.03
	100m: 1:04.19 34.13	200m: 2:14.52	35.41 300m: 3:26.94	36.23	400m: 4:36.16 34.19
5.	MROZ Adam	18	KU AZS UMCS Lublin	4:39.92	485
	50m: 29.33 29.33	150m: 1:39.71	36.60 250m: 2:55.26	39.55	350m: 4:07.66 32.70
	100m: 1:03.11 33.78	200m: 2:15.71	36.00 300m: 3:34.96	39.70	400m: 4:39.92 32.26
6.	PONIEWAZ Oliwier	14	KS „OLIMPIA” Lublin	4:41.15	479
	50m: 33.05 33.05	150m: 1:45.58	36.84 250m: 2:58.66	36.14	350m: 4:11.25 36.33
	100m: 1:08.74 35.69	200m: 2:22.52	36.94 300m: 3:34.92	36.26	400m: 4:41.15 29.90
7.	PASZKOWSKI Blazej	15	UKP Fala Krasnik	4:44.84	461
	50m: 32.49 32.49	150m: 1:45.27	36.69 250m: 2:58.59	36.63	350m: 4:11.24 36.21
	100m: 1:08.58 36.09	200m: 2:21.96	36.69 300m: 3:35.03	36.44	400m: 4:44.84 33.60
8.	HAJDUKIEWICZ Szymon	14	MKS Juvenia Białystok	5:00.70	391
	50m: 32.47 32.47	150m: 1:48.54	38.65 250m: 3:06.25	39.20	350m: 4:24.48 39.13
	100m: 1:09.89 37.42	200m: 2:27.05	38.51 300m: 3:45.35	39.10	400m: 5:00.70 36.22
9.	ZLOMANCZUK Jakub	13	UKS "Piatka"	5:00.80	391
	50m: 32.59 32.59	150m: 1:48.91	39.65 250m: 3:06.59	38.35	350m: 4:25.96 39.43
	100m: 1:09.26 36.67	200m: 2:28.24	39.33 300m: 3:46.53	39.94	400m: 5:00.80 34.84
10.	JEDRUCH Bartłomiej	16	KS „OLIMPIA” Lublin	5:05.44	374
	50m: 34.36 34.36	150m: 1:51.97	39.33 250m: 3:12.16	39.82	350m: 4:30.21 38.93
	100m: 1:12.64 38.28	200m: 2:32.34	40.37 300m: 3:51.28	39.12	400m: 5:05.44 35.23
11.	SCIOCH Grzegorz	13	Uks Skarpa Lublin	5:11.75	351
	50m: 33.00 33.00	150m: 1:50.16	39.28 250m: 3:10.07	40.64	350m: 4:31.78 41.10
	100m: 1:10.88 37.88	200m: 2:29.43	39.27 300m: 3:50.68	40.61	400m: 5:11.75 39.97
12.	SKOCZYLAS Bartosz	12	KU AZS UMCS Lublin	5:24.38	312
	50m: 35.69 35.69	150m: 1:58.96	41.77 250m: 3:22.07	41.38	350m: 4:45.40 41.06
	100m: 1:17.19 41.50	200m: 2:40.69	41.73 300m: 4:04.34	42.27	400m: 5:24.38 38.98
13.	WOLINSKI Maksymilian	14	UKS "Piatka"	5:31.34	292
	50m: 35.32 35.32	150m: 1:57.51	42.42 250m: 3:22.71	42.65	350m: 4:49.64 44.05
	100m: 1:15.09 39.77	200m: 2:40.06	42.55 300m: 4:05.59	42.88	400m: 5:31.34 41.70
14.	GARWOLINSKI Adam	13	Uks Skarpa Lublin	6:41.64	164
	50m: 45.51 45.51	150m: 2:29.06	52.80 250m: 4:14.33	52.65	350m: 5:56.70 50.19
	100m: 1:36.26 50.75	200m: 3:21.68	52.62 300m: 5:06.51	52.18	400m: 6:41.64 44.94